



**¡Unidos! Celebrating Mental Health Resiliency in
El Paso's Hispanic Community
Educational Symposium on Trauma and Resiliency**

August 4, 2023

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|-------------------|--|
| 8:00AM – 9:00AM | Registration |
| 9:00AM - 9:30AM | Welcome <ul style="list-style-type: none">• Diane Arms, MA
National Hispanic and Latino MHTTC |
| 9:10AM – 9:30AM | Post Traumatic Response and Developing a Safe Space <ul style="list-style-type: none">• Diana Parra, PhD |
| 9:30AM – 10:15AM | Opening Key Note Presentation <ul style="list-style-type: none">• Congresswoman Veronica Escobar |
| 10:15AM – 10:30AM | Morning Break / Networking - Exhibition Hall |
| 10:30AM – 11:45AM | Break Out Sessions (Simultaneously): <ul style="list-style-type: none">• Dr. Diana Parra Perez, PhD - Finding Health and Wellness as a Mental Health Provider after a community trauma• Julie Priego, M.S - Connecting Families in Times of Crisis• Dr. Nancy Razo, PhD – Building Resilient Students |
| 11:45AM – 12:00PM | Networking - Exhibition Hall |
| 12:00PM – 1:30PM | Working Lunch and Panel – Behind the Scenes Synergy <ul style="list-style-type: none">• Diane Arms, NHLMHTTC, MA - Moderator
NHLMHTTC• Cathy Gaytan, LCSW-S - Chief Executive Officer
El Paso Child Guidance Center• Elia Martinez – Chief of Human Service
Del Sol Medical Center• Rene Hurtado – Chief of Staff
Emergence Health Network• Pastor Michael Grady – Board Member,
Border Network of Human Rights |
| 1:30PM – 1:45PM | Afternoon Break / Networking - Exhibition Hall |



National Hispanic and Latino

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

1:45PM – 3:45PM

Table Talks – What is resiliency?

Mental Health Providers

Families

Educators/Administrators

Other

3:45PM – 4:15PM

Celebration and Evaluation

4:30PM – 5:00PM

Networking – Exhibition Hall