

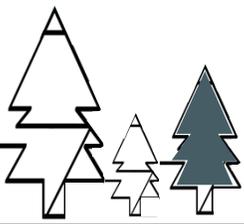
Behavioral Health Screening Best Practices In Indian Health Care

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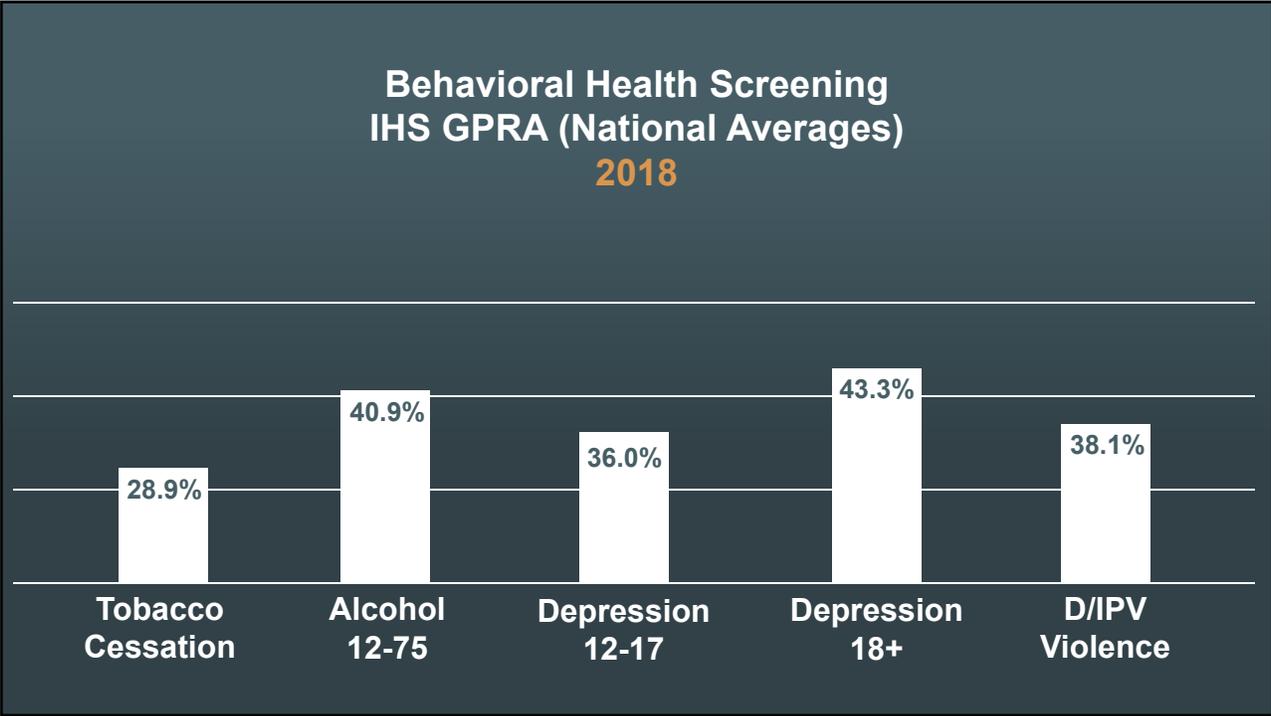
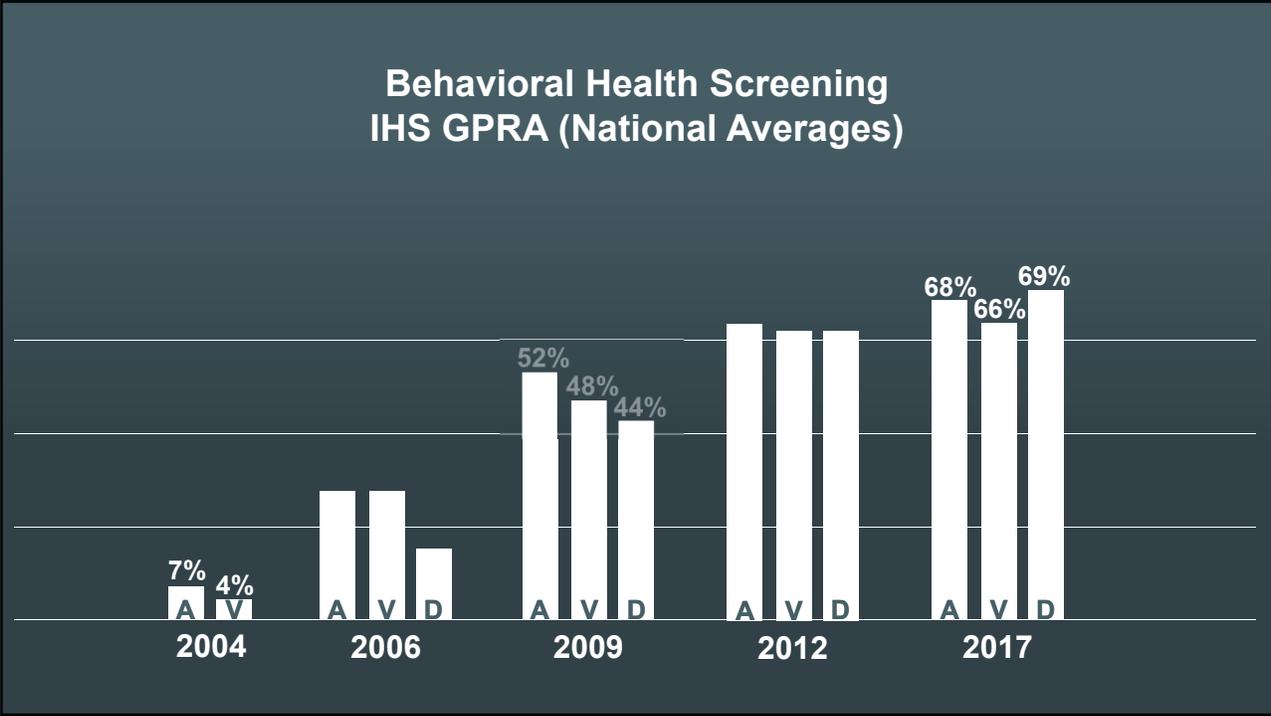
The illustration features a stylized building on the left with a signpost showing a red arrow pointing right. Above the building is a circular logo with a red square inside. To the right of the building is a silhouette of a family consisting of a man, a woman, and two children.

Behavioral Health Screening

- ▶ IHS/GPRA Performance
- ▶ National IHS/ASPE Best Practice Evaluation
- ▶ RSBCIHI Project with ScreenDox



The illustration shows three stylized evergreen trees of varying sizes and shades of green, positioned at the bottom center of the slide.



IHS/ASPE National Behavioral Health Screening Best Practice Evaluation



**16 Health Centers
10 States**



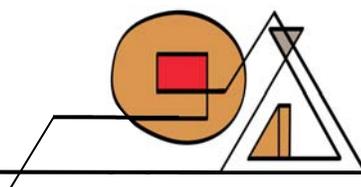
**Medical
Administration
Behavioral Health
Data Entry**



**Barriers
Best Practices**

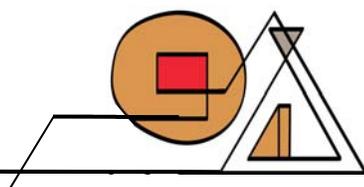
Screening Barriers

- ▶ Not enough staff to always complete screens
- ▶ Staff doesn't receive enough training (resistant)
- ▶ Lack of standardized process



Screening Barriers

- ▶ Community norms often don't see the problem
- ▶ Referral resources are sometimes limited
- ▶ Patients don't always answer truthfully



**While numerous barriers existed,
the sites were able to screen their patients and document the screenings
successfully enough to be
considered high-performers by the IHS.**

Best Practices (Recommendations)

- ▶ Require staff to screen
- ▶ Standardize the screening process
- ▶ Train staff on screening procedures



Best Practices (Recommendations)

- ▶ Screen all patients during each visit
- ▶ Screen even if referral resources are unavailable
- ▶ Improve staff communication



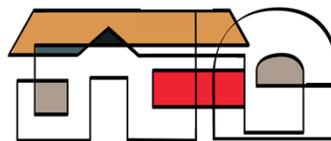
One participant said: [We screen everyone] because you never know when you're going to hit somebody that has problems. Domestic violence or alcohol or even all three screenings...it is a respecter of no person or status. It doesn't matter if you have a diamond necklace or if you have an old ragged t-shirt, you're going to get screened.

Benefits to Using Best Practices

▼
It is easier to screen everyone

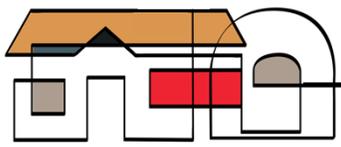
▼
Staff grows more comfortable with the questions and competency increases over time

▼
Patients grow accustomed to being screened

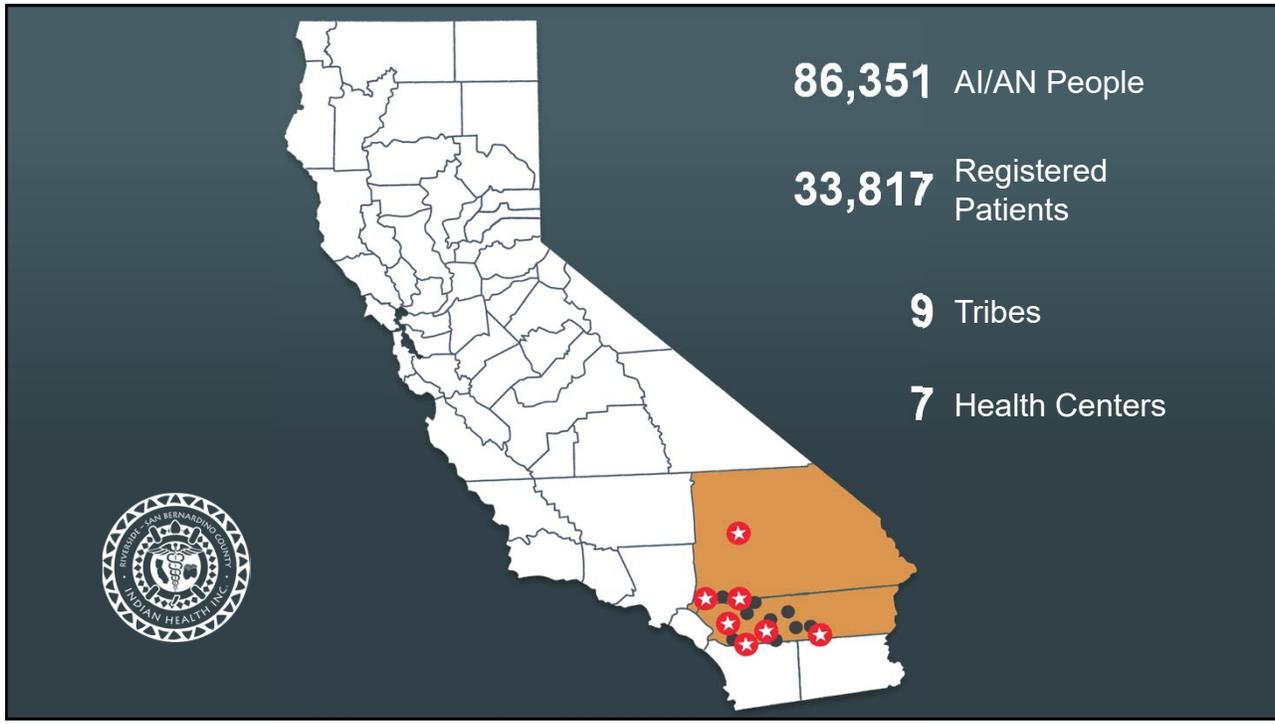


Benefits to Using Best Practices

- ▼ Patients don't feel "singled out"
- ▼ Screening at each visit increases the chances of identifying people with problems
- ▼ People's circumstances change



Application of Recommended Practices
 by
 Riverside-San Bernardino County Indian Health



Screening Policy

All medical department patients, regardless of gender identity, sexual orientation, race or ethnicity, insurance coverage, purpose of the visit, or physical/mental disability will be screened for behavioral health problems, according to the following pre-established parameters and settings, at every visit, during the vital routine using ScreenDox:

Behavioral Health Problem	Screening Frequency	Age
Tobacco Use	Annually	12
Alcohol Use	Quarterly	12
Non-Medical Drug Use	Quarterly	12
Depression	Every Visit	12
Suicidal Ideation	Every Visit	12
Domestic/Intimate Partner Violence	Every Visit	12



ScreenDox

Electronic Behavioral Health Screening Application

Benefits
Screens every patient as frequently as needed without dependence on staff
Tracks which patients need to be screened
Scores standardized tools
Exports results to EHR (RPMS & NextGen)
Results are immediately available in the EHR for the medical visit
Standardizes screening process across all departments and health centers
Real-time patient information and prevalence rate reports



Riverside-San Bernardino County Indian Health, Inc.

38,580

Screens

15,768

Unique Patients



4,254 (26.9%)

Patients screened positive for
depressive symptoms.

2,218 patients (14%) screened
positive for depression with a
PHQ-9 score of 10 or higher.



791
Patients screened positive for suicidal ideation.



230
Patients screened positive for domestic/intimate partner violence.



1,663
Patients screened positive for an alcohol problem.



6,090
Patients screened for drug use starting October 2019.

436 patients screened positive for depression drug use problem.

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screendox.com