



**Enhanced Illness Management and Recovery (E-IMR)
Learning Collaborative for Community Support Programs (CSP)
Apply by August 19, 2019 4:00 pm CT**

E-IMR: A Top Training Priority for Great Lakes MHTTC

Based on results of a needs assessment conducted among behavioral health providers across the Great Lakes Mental Health Technology Transfer Center (MHTTC) region (that includes Minnesota, Wisconsin, Illinois, Michigan, Indiana, and Ohio) **Illness Management and Recovery (IMR)** was identified as the top training priority for working with adults with serious mental illnesses (SMI) among providers who responded to the survey.

IMR is a person-centered, flexible intervention designed to help people living with serious mental illness set and achieve personally meaningful goals and develop mastery over their psychiatric illness. As an evidence-based practice, IMR has been demonstrated effective for those with schizophrenia and serious mood disorders. When IMR is employed effectively, clients can make progress toward personal recovery.

E-IMR, or Enhanced Illness Management and Recovery combines IMR with Integrated Dual Disorders Treatment (IDDT) for use with individuals with co-occurring disorders (mental illness and substance use disorder) and is ideally suited to Community Support Programs (CSP).

Learning Collaborative for Community Support Programs

The Great Lakes MHTTC is offering a 13-month learning collaborative that will include a series of training and technical assistance activities (using evidence-based implementation strategies) to a maximum of 12 Community Support Programs (CSP).

The goal of the learning collaborative will be to equip CSP practitioners with the skills to provide individual and group skills training to clients with SMI. The Great Lakes MHTTC will deliver an intensive training and technical assistance product leading to improved skills among practitioners and enhanced client outcomes. Three groups of consultation cohorts of practitioners (8–9 individuals per cohort) will be recruited. A typical training group is limited to 25–30 participants.

The collaborative includes:

1. Two-day workshop in **Wausau, WI on September 26–27, 2019**.
2. Monthly phone/video 2-hour consultation plus 1-hour Applied Learning Lab (ALL) consultation (months 2–5)
3. Two-day workshop plus 1-hour phone/video consultation plus 1-hour ALL consultation (month 6)
4. One-hour phone/video consultation plus 1-hour ALL consultation (months 7–13).

Who should apply?

Wisconsin CSP practitioners (who work with adults with serious mental illness and who have co-occurring substance use disorders) are eligible to apply to participate in the learning collaborative.



Participant Expectations:

- Send a team of 2-3 people to the initial two-day training **planned to take place in Wausau on September 26-27, 2019**. *Teams should consist of at least one practitioner and supervisor. Agency leaders who will assist in implementation of the practice are also ideal team participants.*
- Practitioners should come with experience working with the population of individuals with serious mental illnesses as well as some clinical background. Master's level clinicians are preferred.
- Participate actively in on-site training as well as ongoing monthly consultation calls (months two through 13).
- Commitment from agency leadership to participate in a long-term training and technical assistance project.

Benefits for Provider Agencies and Individual Practitioners:

- High-quality training and technical assistance in implementation
- Potential for practitioner certification
- 24 Continuing Education Units (CEUs)
- Improved service delivery for adults with SMI

Cost:

There is **no cost for organizations to participate in the learning collaborative**. Organizations are responsible for the cost of travel for their teams to attend two, two-day training events in the central Wisconsin area.

Sponsors:

The Great Lakes Mental Health Technology Transfer Center (MHTTC) is partnering with the Wisconsin Department of Health Services (DHS), Division of Care and Treatment Services (DCTS), Bureau of Prevention Treatment and Recovery in this initiative.

The Application & Selection Process:

The Great Lakes Mental Health Technology Transfer Center (MHTTC) will coordinate a committee to review applications and select up to 12 CSPs to participate in the learning collaborative.

Learning Collaborative Faculty:

Training will be conducted by trainers from the Minnesota Center for Chemical and Mental Health under the direction of Julie Rohovit.

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Timeline:

August 2019-September 2020

Introductory Webinar	August 19, 2019 (date TBD)
Application Available	August 1, 2019
Application Deadline	August 19, 2019
Participant Selection/Notification	August 26, 2019
Kick-Off Two-Day Initial Training	September 26-27, 2019
Monthly Phone / Video Consultation	October 2019 – February 2020
Follow-Up Two Day Training	March 2020 (date TBD)
Monthly Phone / Video Consultation	April – September 2020

For More Information:

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