



Northwest (HHS Region 10)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The Psychiatrist's Guide to Population Management of Diabetes eCourse

This 3-hour, self-paced course is designed for psychiatric prescribers who treat patients with serious mental illness. The course aims to increase prescriber knowledge of and confidence in identification and management of diabetes and other cardiovascular risk factors.

Based on a Population Management approach, this course will provide strategies to:

- Identify care gaps and stratify risks related to diabetes in a population with serious mental illness;
- Address prevention of diabetes through strategies to support health behavior change that are feasible in specialty mental health settings; and
- Describe treatment options for Type 2 diabetes, including goals of diabetes care for patients with serious mental illness.

Trainers:

- **Lydia Chwastiak MD, MPH** is a psychiatrist and internal medicine physician and Professor in the Department of Psychiatry at the University of Washington School of Medicine. Dr. Chwastiak is also Co-Director of the Northwest MHTTC.
- **Martha Ward MD** is a psychiatrist and internal medicine physician and Associate Professor in the Departments of Medicine and Psychiatry and Behavioral Sciences at Emory University School of Medicine.
- **Alyson Myers MD** is a psychiatrist and endocrinologist and Associate Professor at the Donald and Barbara Zucker School of Medicine. Dr. Myers is also the Medical Director of the Inpatient Diabetes Unit at North Shore University Hospital.

3.0 Hour Certificate of Completion Available

To Register, go to:
<http://bit.ly/Diabetes-nw>

Learn more about the Northwest MHTTC at:
www.mhttcnetwork.org/northwest



Each self-paced training module includes:

- Real case vignettes
- A 3-item assessment to guide your learning
- Interactive practical exercises with feedback

SAMHSA
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UW Medicine

DEPARTMENT OF PSYCHIATRY
AND BEHAVIORAL SCIENCES