

# ADVANCE DIRECTIVES ONLINE RESOURCES

*Links to these websites are for informational and educational purposes only. If you are looking for legal advice please seek out a legal professional. These websites do not necessarily represent the opinions of SAMHSA's MHTTC network or the Yale Program for Recovery and Community Health.*

## **Bazon Center for Mental Health Law**

Individuals with mental illness and intellectual disabilities deserve to be treated with respect and dignity, which is why the Bazon Center works to ensure that individuals at all income levels have access to community-mental health services that will enable them to live and work independently in the community.

- [Bazon Center for Mental Health law - Advance Directives: Overview](#)
- [Power in Planning: Self-Determination Through Psychiatric Advance Directives](#)
- [Psychiatric Advance Directives Form](#)

## **Mental Health America**

MHA is a nationwide, community based non-profit organization dedicated to providing information, support and advocacy to people living with mental health concerns.

- [Psychiatric Advance Directives: Taking Charge of Your Care](#)

## **National Disability Rights Network**

Use this resource when looking where to go to find your local advocacy office.

NDRN is the nonprofit membership organization for the federally mandated Protection and Advocacy (P&A) Systems and Client Assistance Programs (CAP). There is a P&A/CAP agency in every state and U.S. territory as well as one serving the Native American population in the four corners region. Collectively, the P&A/CAP network is the largest provider of legally based advocacy services to people with disabilities in the United States.

- [National Disability Rights Network: Member Agencies](#)

## **The National Alliance on Mental Illness (NAMI)**

NAMI, the National Alliance on Mental Illness, is a grassroots, nationwide mental health organization dedicated to building better lives for Americans living with mental health disabilities.

- [Psychiatric Advance Directives \(PAD\)](#)

## **National Mental Health Consumers' Self-Help Clearinghouse**

The National Mental Health Consumers' Self-Help Clearinghouse is a peer-run national technical assistance and resource center that fosters recovery, self-determination, and community inclusion.

- [Mental Health – Psychiatric Advance Directives](#)
- [Mental Health – Psychiatric Advance Directives Video](#)

## **National Resource Center**

Developed by the Bazelon Center and the Department of Psychiatry at Duke University Medical Center, the National Resource Center on Psychiatric Advance Directives (NRC-PAD) offers timely, state-by-state information about Psychiatric Advance Directives for people receiving mental health services, their family members, clinicians, and policymakers.

- [State by State Information](#)
- [Getting Started](#)
- [Videos](#)

## **Yale Program for Recovery and Community Health (PRCH)**

PRCH works to transform behavioral health programs, agencies, and systems to be culturally responsive and re-oriented to facilitating the recovery and social inclusion of the individuals, families, and communities they serve.

Advance Directives Contacts:      Maria O'Connell, Ph.D.      [maria.oconnell@yale.edu](mailto:maria.oconnell@yale.edu)  
Stephanie Lanteri      [stephanie.sangsgterlanteri@yale.edu](mailto:stephanie.sangsgterlanteri@yale.edu)

## ***SELECTED STATE SPECIFIC RESOURCES AND TOOLKITS***

We have gathered some resources and helpful toolkits from various states. See links below and check out the National Resource Center for more State by State information.

## **National Resource Center**

Developed by the Bazelon Center and the Department of Psychiatry at Duke University Medical Center, the National Resource Center on Psychiatric Advance Directives (NRC-PAD) offers timely, state-by-state information about Psychiatric Advance Directives for people receiving mental health services, their family members, clinicians, and policymakers.

- [State by State Information](#)

## **CONNECTICUT**

### **The State of Connecticut Department of Mental Health and Addiction Services (DMHAS)**

- [Advance Directives](#)

### **Connecticut Legal Rights Project**

Connecticut Legal Rights Project, Inc., (CLRP) is a statewide non-profit agency which provides legal services to low income individuals with mental health conditions, who reside in hospitals or the community, on matters related to their treatment, recovery, and civil rights.

- [CLRP Brochures](#)

- [New Class Helps Law Students Improve Their Technology Skills](#)
- [Connecticut Toolkit](#)

## **Disability Rights Connecticut**

- **Disability Rights Connecticut** (DRCT) supports people with disabilities through legal and policy advocacy, education, monitoring, and investigation. DRCT addresses abuse, neglect, discrimination, and challenges with access to assistive technology, community integration, voting, and rights protection issues.

## **MAINE**

### **Disability Rights Maine (DRM)**

DRM provides advocacy services to individuals with mental illness under the federal PAIMI program. The federal PAIMI statute and regulations provides that the rights of individuals with mental illness are to be protected through activities that ensure the enforcement of their rights under the Constitution and Federal and State statutes, to investigate instances of abuse and neglect and to engage in outreach and monitoring activities.

- [Mental Health Advocacy](#)
- [Advance Health Care Directives](#)

### **Maine Substance Abuse and Mental Health Services**

- [Advance Health Care Directives](#)

## **MASSACHUSETTS**

Does not have a statute for PAD but they do have laws around appointing a health care proxy. A health care proxy would be a person that you appoint who would be in charge of making physical and mental health care decisions when you deemed unable to make them for yourself.

### **Disability Law Center**

The Disability Law Center (DLC) is the Protection and Advocacy agency for Massachusetts. DLC is a private, non-profit organization responsible for providing protection and advocacy for the rights of Massachusetts residents with disabilities.

- [Disability Law Center Home](#)

### **Honoring Choices Massachusetts**

- [Health Care Proxy Toolkit](#)

## **Massachusetts Medical Society**

- [Health Care Proxy Document](#)

## **NEW HAMPSHIRE**

New Hampshire does not have a statute for PAD but they do have a Durable Power of Attorney Statute. With a Durable Power of Attorney for Health Care, you can appoint a person to act as your agent and make health care decisions for you if you are unable to make them for yourself.

### **Disability Rights Center New Hampshire**

Disability Rights Center New Hampshire is this state's designated Protection and Advocacy agency. They provide information, referral, advice, legal representation, and advocacy to individuals with disabilities on a wide range of disability-related problems including special education, accessibility, employment discrimination, home and community-based services and Medicaid. They also work on systemic issues via litigation, investigations, monitoring and other policy change efforts, which are all focused on improving the lives of people with disabilities across New Hampshire.

- [Disability Rights Center NH - Home](#)

### **Advance Care Planning Guide by the Foundation for Healthy Communities:**

- [Advance Care Planning Guide](#)

## **New Jersey**

### **New Jersey Division of Mental Health and Addiction Services**

- [Psychiatric Advance Directives](#)

### **Disability Rights New Jersey**

- [Psychiatric Advance Directive Instructions](#)

## **North Carolina**

- [North Carolina Evidence Based Practices Center – Crisis Navigation Project](#)
- [AvanceCare - Psychiatric Advance Directives](#)
- [New Push to Help Mental Health Patients Determine Their Treatment in Emergencies](#)

## **RHODE ISLAND**

There is no statute for PAD in Rhode Island, but you can appoint a Durable Power of Attorney for Health Care in the event that you are unable to make choices for your own care.

### **Rhode Island Disability Law Center (RIDLC)**

RIDLC is a federally funded, independent, nonprofit law office designated as the Protection and Advocacy (P&A) System for Rhode Island residents with disabilities. As a P&A agency, they promote the civil rights of individuals with disabilities by providing individual representation, advocating for systems change, and reviewing abuse and neglect investigations.

- [Rhode Island Disability Law Center](#)

### **Rhode Island Durable Power of Attorney for Health Care Form**

- [Power of Attorney Form](#)

## **VERMONT**

### **Vermont Department of Mental Health**

- [Vermont Psychiatric Care Hospital Procedure: Advance Directives](#)

### **Disability Rights Vermont**

Disability Rights Vermont is a statewide agency dedicated to advancing the rights of people with disabilities and mental health issues.

- [Q&A About Advance Directives for Psychiatric Care](#)
- [Vermont Advance Directive Form](#)

### **Vermont Ethics Network (VEN)**

VEN offers tools and guidance for documenting health care decisions, and works to increase awareness of ethical issues and choices in health and health care.

- [Psychiatric Advance Directives](#)
- [Frequently Asked Questions About Advance Directives](#)

### **Vermont Ethics Network Advance Directive Form**

- [Advance Directive Long Form](#)