

MENTAL HEALTH & RESILIENCY TELEECHO

Launch Date: September 24, 2020

2nd and 4th Thursdays of each month

2pm ET / 1pm CT / 12pm MT / 11pm PT / 10am AK



Creating a community of practice to support healthcare providers such as physicians/psychiatrists, nurses, social workers, psychologists, and counselors, in treating AI/AN patients and supporting peers during the COVID-19 pandemic and its aftermath, while managing their own wellbeing.



Interactive, case-based learning with an emphasis on working through real patient and system level challenges



Focused on skills and knowledge for community-level COVID-19 response



Builds a network of public health peers working in AI/AN communities around the country

Curriculum Modules:

- **Provider and Staff Self-Care**
- **Provider and Patient Resiliency**
- **Mental Health Disorders**
- **Trauma Informed Care**
- **Suicide Prevention**
- **Evidence-based and Practice-based Treatment Modalities**

SIGN UP FOR LISTSERV NOTICES

Medical Directors

Jasen Christensen, DO
Psychiatry and Addiction Medicine Specialist

Meg Shuttleworth, LPCC, MA, PhD (Neuroscience)
Mental Health Counselor



Moving knowledge, not patients.
echo.unm.edu