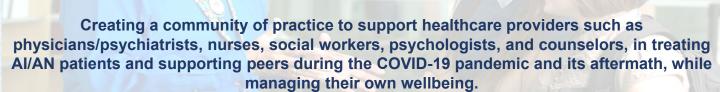
MENTAL HEALTH & RESILIENCY TELEECHO

Launch Date: September 24, 2020 2nd and 4th Thursdays of each month 2pm ET / 1pm CT / 12pm MT / 11pm PT / 10am AK





Interactive, case-based learning with an emphasis on working through real patient and system level challenges



Focused on skills and knowledge for community-level COVID-19 response



Builds a network of public health peers working in Al/AN communities around the country

Curriculum Modules:

- Provider and Staff Self-Care
- Provider and Patient Resiliency
- Mental Health Disorders
- Trauma Informed Care
- Suicide Prevention
- Evidence-based and Practice-basedTreatment Modalities

SIGN UP FOR LISTSERV NOTICES

Medical Directors

Jasen Christensen, DOPsychiatry and Addiction Medicine Specialist

Meg Shuttleworth, LPCC, MA, PhD (Neuroscience)

Mental Health Counselor





