



# Eating Disorders Webinar Series

February 25, 2021 | March 4, 2021 | March 11, 2021

## DETAILS & LOGISTICS

**Time:** 11:00am—12:00pm EST  
**Where:** Virtual (*Adobe Connect webinar*)

## COURSE DESCRIPTION

Over 30 million people in the US struggle with disordered eating. Many minority groups including males, people of color, and individuals in larger bodies remain undiagnosed and do not receive the clinical care they need. It is important that clinical providers and community leaders be able to recognize the signs and symptoms of eating disorders to get more individuals the support they need and help reduce the stigma around eating disorders. This webinar series is led by experts from [Rock Recovery](#), a DC Metro area-based nonprofit that supports the journey to freedom from disordered eating through affordable clinical recovery and community empowerment programs.

## OBJECTIVES

- Provide an introduction to understanding the presentation and process of diagnosing eating disorders as well as information about the prevalence of eating disorders in minority communities.
- Identify the role of trauma, anxiety, and cultural messages in the development of eating disorders, and outline various trauma-informed interventions used in the treatment of eating disorders.
- Provide illustrations and an overview of how shame surrounding eating disorders presents in faith-based settings and outline strategies and best practices for removing mental health stigma and caring for congregants - mind, body and spirit.

## WHO SHOULD ATTEND?

Behavioral health care professionals, medical professionals, faith leaders and clergy, and community advocates.

## SPEAKERS:

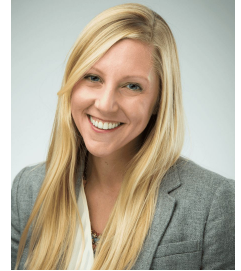
**Christie Dondero-Bettwy**  
Executive Director

**Meredith Riddick, LPC, CEDS-S**  
Clinical Program Director

**Kate Jarvi, LPC**  
Clinical Program Manager

**Kristyn Soto, MS**  
Director of Community Partnerships

**Rev. Erin Bair, M.Div.**  
Rector, St. Michael's Anglican Church



**February 25, 2021**  
**Marginalized Voices - Understanding the Presentation and Prevalence of Eating Disorders (11:00am—12:00pm)**  
[REGISTER](#)

**March 4, 2021**  
**Symptom Substitution, Trauma and the Hidden Addiction of Eating Disorders (11:00am—12:00pm)**  
[REGISTER](#)

**March 11, 2021**  
**Breaking through Shame - How Faith Communities Can Remove Mental Health Stigma and Support those with Eating Disorders (11:00am—12:00pm)**  
[REGISTER](#)

**Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145**