

# About Us

**The Mental Health Technology Transfer Center (MHTTC) Network is about technology transfer.**

We disseminate and implement evidence-based practices for mental disorders into our field.

**Our target workforce includes** behavioral health and primary care providers, school and social service staff, and others whose work has the potential to improve behavioral health outcomes for individuals with or at risk of developing serious mental illnesses.



# Contact Us

**Visit our website**

**[MHTTCnetwork.org/northwest](http://MHTTCnetwork.org/northwest)**



**Reach us**

**[northwest@mhttcnetwork.org](mailto:northwest@mhttcnetwork.org)**

**206-744-9327**

**Follow us**

**[@NorthwestMHTTC](https://www.instagram.com/NorthwestMHTTC)**



**W** UNIVERSITY of WASHINGTON **SAMHSA**  
PSYCHIATRY & BEHAVIORAL SCIENCES Substance Abuse and Mental Health  
School of Medicine Services Administration

*This work is supported by grant SM 081721 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.*

Northwest (HHS Region 10)  
**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

**PROUDLY SERVING**  
**ALASKA, IDAHO**  
**OREGON & WASHINGTON**

# Focus Areas

## Evidence-Based Practices for Psychosis



Including CBT for psychosis and assertive community treatment (ACT).

**National Area of Focus**

## Integrated Care



Integrating mental health, substance abuse, and primary care services to care for people with multiple healthcare needs.

## Peer Recovery Support



Social support services provided by peers, designed and delivered by people with lived experience.

## School Mental Health



Provide training, build infrastructure, and promote mental health services in schools and systems.

*...and many more!*

# Free Resources

## Online, self-paced courses

- Violence Risk Assessment and Management
- The Psychiatrist's Guide to Population Management of Diabetes
- CBT for Psychosis ePrimer

*...and more in development.*

## Live, informative webinars

- Peer Support
- Crisis Response
- Integrated Care
- Cultural Context

## Available on our website

- Recordings of webinars
- Research and Practice Briefs
- Curated Resource Library
- Training announcements



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# Our Goals

## Access



Ensure availability and delivery of free, publicly-available training and TA to Region 10 providers.

## Workforce



Heighten awareness, knowledge, and skills of the workforce addressing the needs of individuals with mental illness.

## Practices



Accelerate adoption and implementation of mental health-related EBPs and other relevant and effective practices across Region 10.

## Connections



Foster alliances with culturally diverse practitioners, researchers, policy makers, family members, and consumers of mental health services.