



## Anxiety in the Black Community

April 15, 2021 | Health Equity Webinar Series

### DETAILS & LOGISTICS

**Time:** 11:00am—12:00pm ET  
**Where:** Virtual (*Adobe Connect webinar*)

### COURSE DESCRIPTION

Over the past two years, anxiety disorders among Black Americans have risen at disproportionate rates. This webinar will examine symptoms, causes, and risk factors for this community, and discuss treatment options for addressing these disorders.

### OBJECTIVES

- Define the types of anxiety disorders
- Identify the signs and symptoms of anxiety disorders
- Discuss pharmacologic treatment
- Discuss non-pharmacologic treatment

### WHO SHOULD ATTEND?

Mental health professionals, mental health advocates and others that work on behalf of adults with mental illness.

**HOST: Annelle Primm, M.D., MPH** is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.



### SPEAKER:



**Topaz Sampson, MD** is a board certified, forensic-trained adult psychiatrist. She is the Secretary of the Black Psychiatrists of America, Inc. (BPA). Before her role as Secretary of the BPA, Dr. Sampson served as

Member-In-Training Trustee. Dr. Sampson received her Bachelor of Science degree from Spelman College. She earned her medical degree from Wright State University Boonshoft School of Medicine. Dr. Sampson completed her general psychiatry residency training at Baylor College of Medicine's Menninger Department of Psychiatry and Behavioral Sciences. Thereafter, she returned to her home state of New York to complete her Forensic Psychiatry Fellowship at SUNY Upstate Medical University. She has had the distinguished honor of serving as the National President of the Student National Medical Association (SNMA) during her last year in medical school. While in residency she was inducted into the Gold Humanism Honor Society, served as Chief Resident and upon graduation was awarded the Eugen Kahn Award for Excellence. While attending the BPA Transcultural Psychiatry Conference in 2018, she was awarded the Distinguished Jeanne Spurlock, M.D. Memorial Award for "outstanding" qualities in Psychiatry during residency. Dr. Sampson is very proud to have testified as an expert witness in New York state several times for various forensic psychiatry assessments. She also co-authored a peer reviewed article entitled, *Management of Suicidal Adolescents Presenting to the Emergency Department* published in *Adolescent Psychiatry*. She presently works with Array Behavioral Care providing Telepsychiatry services, which allows her to bring her personal mission to life: serving the underserved.

Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145

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