



# Maternal Child Mental Health in the Black Community

May 6, 2021 | Health Equity Webinar Series

## DETAILS & LOGISTICS

**Time:** 12:00pm—1:00pm EDT  
**Where:** Virtual (*Adobe Connect webinar*)

## COURSE DESCRIPTION

800,000 new mothers are affected by a maternal mental health disorder each year in the United States. Black women are at an increased risk for developing these disorders due to chronic environmental stressors and lack of social support. This webinar will explore the unique experiences of Black pregnant and postpartum women who are facing mental health issues and address treatment options.

## OBJECTIVES

- Identify the signs and symptoms of maternal mental health issues
- Discuss common mental health issues in childhood
- Discuss the importance of addressing the mother-child dyad during treatment
- Discuss available treatments to help heal the dyad when problems present

## WHO SHOULD ATTEND?

Mental health providers, advocates, and others who work on behalf of African American families, women, children and youth affected by mental illness.

**HOST: Annelle Primm, M.D., MPH** is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.



## SPEAKER:



**Tiffani Bell MD, FAPA**, Diplomate of ABOM, ABLM serves as the Eastern Trustee on the Executive Board for Black Psychiatrists of America (BPA). She is a Quadruple Board Certified Physician who specializes in Adult Psychiatry, Child and Adolescent Psychiatry, Lifestyle Medicine and Obesity

Medicine. Dr. Bell received her Bachelor of Science from Norfolk State University. She earned her Medical Degree from Medical College of Virginia/VCU School of Medicine. Thereafter, she completed both residency and fellowship at Wake Forest School of Medicine. She will be attending Harvard T. H. Chan school of Public Health this fall to further her education and advocacy for obesity medicine and mental health. Dr. Bell has worked in academic medicine, where she received Outstanding Teaching Faculty of the Year in 2020 and has held leadership positions in several national organizations including currently serving as a Delegate from the American Psychiatric Association (APA) to the American Medical Association (AMA), Young Physicians' Section. She previously served as the Residency Fellow Member representative for BPA, was selected to be an APA/SAMHSA Fellow and served on the AMA's Minority Affairs Section, Governing Council. Dr. Bell also received the National Medical Association's Post-Graduate Section "Top Physician under 40" Emerging Leader award in 2020. Dr. Bell is an author and public speaker who is passionate about education, tackling stigma and implementing policies that promote improved access to care. Her special interests include minority mental health and the intersection between mental health, nutrition, and obesity prevention and treatment.

Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145

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