

MIND STRETCH: How do these words make you feel?



The Rose That grew From Concrete

Autobiographical

Did u Hear about THE rose That grew from a crack
in the concrete

Proving Nature's Laws wrong it learned 2 walk
WITHOUT Having Feet

Funny it seems But By Keeping it's Dreams
it learned 2 Breathe fresh air

Long Live THE rose That grew from concrete
When no one else even cared!

Healing

SCHOOL COMMUNITIES
Shifting the Dominant Paradigm
to Center Student Wellness

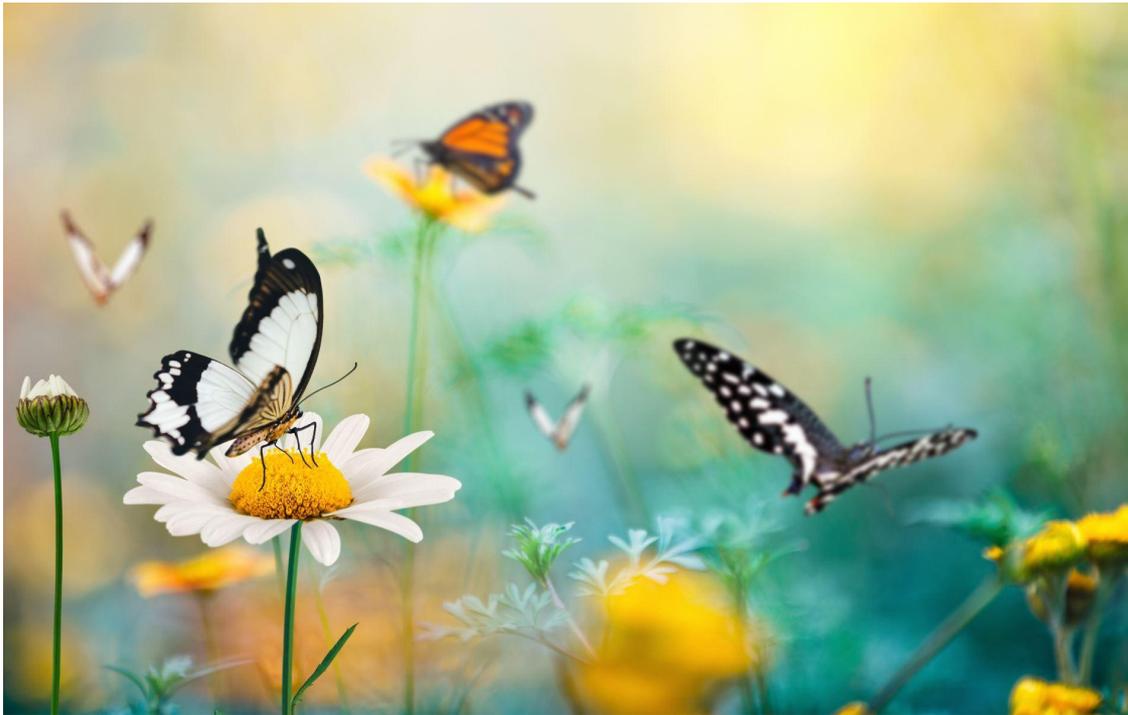
 **MHTTC**
Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Shifting the Dominant Paradigm to Center Student Wellness

Session One
February 8th 2022

Introductions: Waterfall in the Chat Box



- Who are you?
- What role do you play in supporting mental health?
- Where are you joining us from?

Today's Tech Logistics

To ensure the best audio quality for the duration of our session, **please mute mics when not speaking for best sound quality.**

If available, you can click on "CC" on the bar at the bottom of the screen for **closed captioning.**

If you have a link to resources you'd like to share or questions for the group...chat! **Chat is the best option.**

We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information email.

If you have audio or technical issues during the session, the chat box is open for you to communicate with us so we may assist you. **Please private chat us.**

Follow us on social media!   @MHTTCNetwork  @healingschoolcommunities

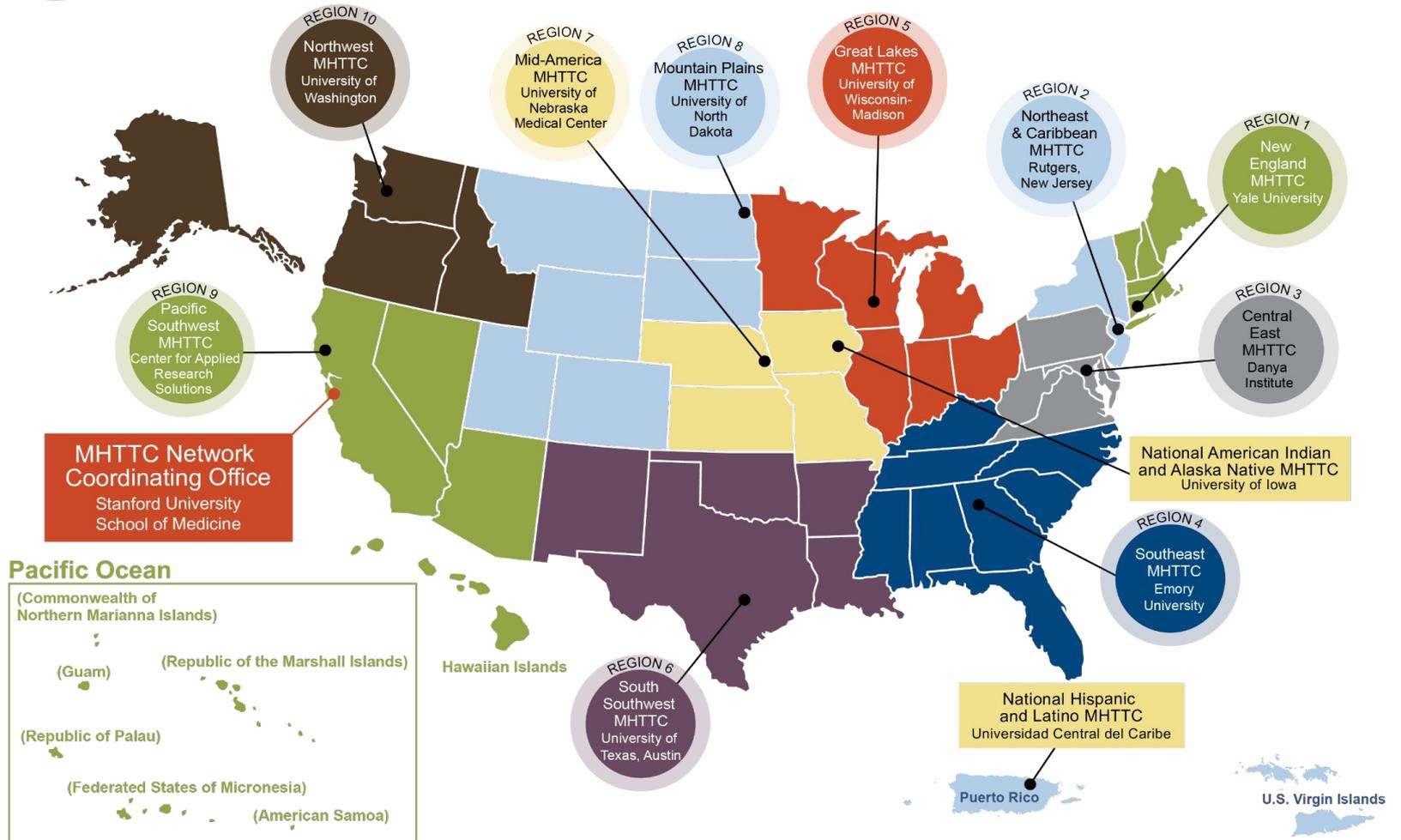
Visit our website at www.mhttcnetwork.org



MHTTC

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MHTTC Network



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At the time of this presentation, Miriam Delphin-Rittmon served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of the moderator and panelists and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

Healing School Communities

A Community of Practice

This teamlet represents **historically targeted populations** that are vulnerable to **systemic, interpersonal and internalized racial violence**, including, but not limited to, the following populations:

- Black and African American
- American Indian, Alaska Native and Indigenous/First Nations
- Asian, Asian American, and Pacific Islander
- Hispanic and Latinx
- Middle Eastern and Arab
- Immigrant and Migrant populations
- Other marginalized communities

Healing School Communities

A Community of Practice

This CoP is designed to help students, families, educators, and school mental health professionals **navigate the ongoing impact of racial violence on student mental health by:**

- ❑ Naming and examine the organizational structures that lead to Racial Violence within School Communities.
- ❑ Exploring the various mental health implications of racial violence on school ecosystems.
- ❑ Identifying and elevating community strengths, wisdom and voice as effective strategies for healing and place them at the center in supporting mental health.
- ❑ Becoming familiar with resources and tools to address the detrimental effects of racial violence in schools, that further build protective factors, power and agency.

Healing

SCHOOL COMMUNITIES Shifting the Dominant Paradigm to Center Student Wellness



Session One: Shifting the Dominant Paradigm to Center Student Wellness

Tue. 8 Feb. 2021

Session Three: Developing and Implementing Culturally Responsive Curricula

Tue. 22 Feb. 2021

Session Five: Interrupting/Examining the Impact of Oppression and Resistance on Student Wellness

Tue. 8 Mar. 2021

Session Seven: Implementation and Action

Tue. 22 Mar. 2021

Tue. 15 Feb. 2021

Session Two: Beyond Schooling: Toward Models of Education & Youth Protection

Tue. 1 Mar. 2021

Session Four: Cultivating Joy and Healing Through Pedagogy and Practice

Tue. 15 Mar. 2021

Session Six: Centering Wellness While Humanizing School Systems Change

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

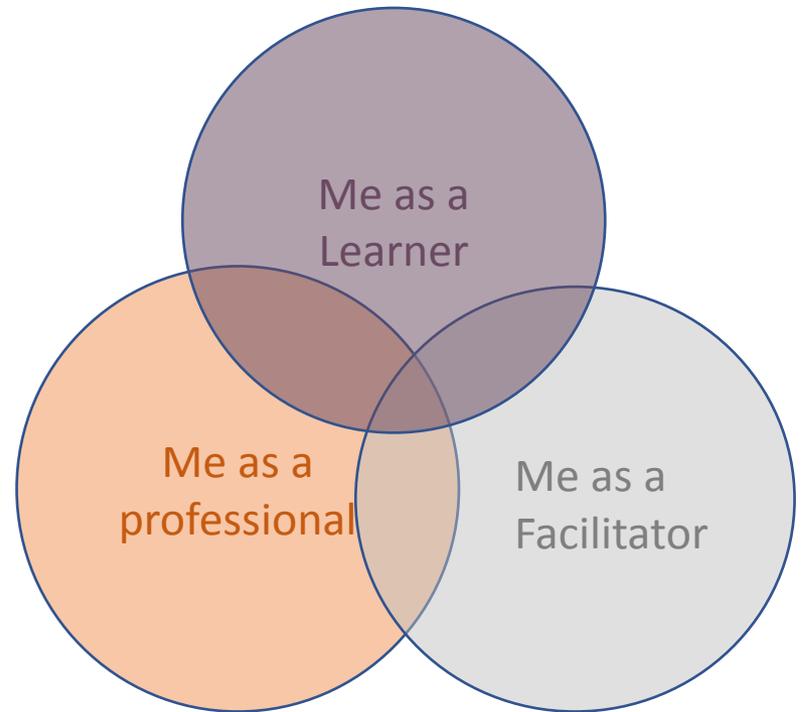
PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

What Today's Session Might Feel Like?



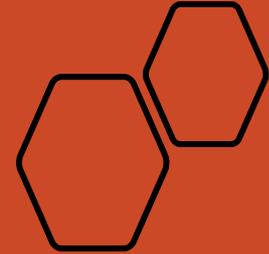


SETTLING INTO WHOLENESS

Art by: Faviana Rodriguez



Young people know intuitively that they must figure out how to become adults, but that their schools are designed to infantilize them, to simplify and standardize their verbal expression, to restrict and control their bodies, to crush independent, nonconforming thought. Never the less, nearly everyone they trust tells them, school is the only way out of poverty and dependency.- **Jay Gillen**



Brandon Santiago
Ghetto Youth Films

A Community of Practice



Our goal is to **build a network of support** among school communities that **strengthens our capacity to lead** in challenging racial violence and forging school cultures and climates of healing and wellness





Dr. Tiffani Marie



Noor Jones-Bey



Jerica Coffey

Healing School Communities

Faculty Members



Dr. Kenjus Watson



Jorge Santos



Art by: Faviana Rodriguez

Our hopes. Our needs.

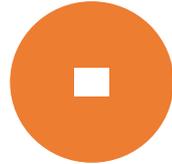
Small Group Discussion

1. You will be invited to join a breakout group.
2. Open the Jamboard link dropped in the chat.
3. Identify the following roles within your small group:
 - Note taker
 - Timekeeper
 - Presenter
4. Within your small group, discuss your hopes and needs regarding this Community of Practice

Engaging in Generative Conversation



Image by Molly Costello in collaboration with Lifted Voices



Though this should feel therapeutic, this is not therapy



This is an experiment (moving something we treasure in person to virtual), so let's be patient and flexible



There is always enough time for the right work



There is a conversation that only the people in this room right now can have. Find It.

Small Group Share Out

- What do you hope to **feel**, **learn** and **share** in this Community of Practice?
- What do you need in order to feel **safe** and **generative** in this space?



Session Debrief

What's coming up for you - mind, body and heart?

How did today's session expand your understanding of what young people need?

How will you put what you learned today into practice?

What questions and needs do you still have?

Home Study: What resonated with you from this week's session?

Questions to ponder, be in conversation about and or journal between sessions.

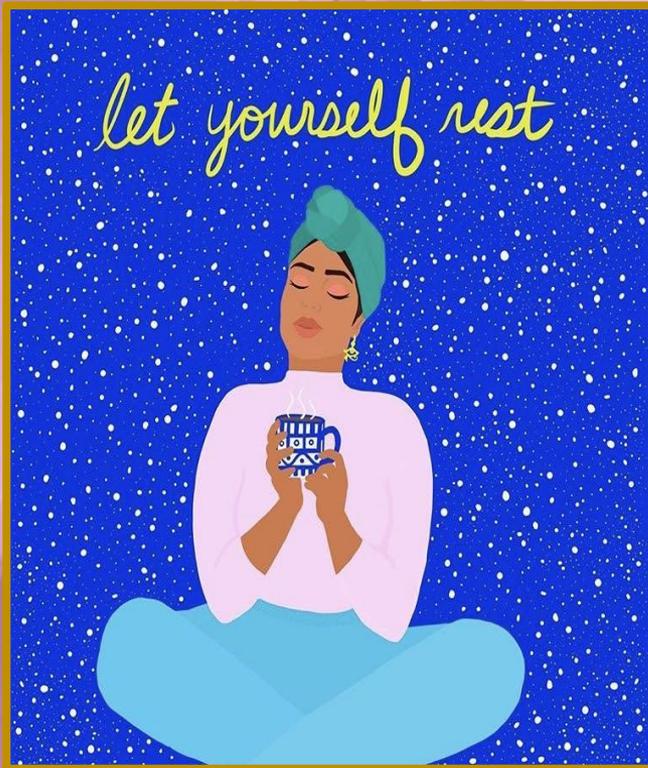
How did it feel in your body to be a part of this conversation?

What surprised you or challenged you from this week's session?

How are the themes from this week's session showing up in your work or personal lives?

What did this session's content make you wonder?

- Feel free to write directly into our jamboard on the designated page or in your own journal.
- Upload texts, images, poetry, video clips, quotes or other resources that come to mind when exploring the content of this week's session.



Closing Practice



THANK YOU.

For joining. For trusting us. For building with us.
For creating this community.



Healing

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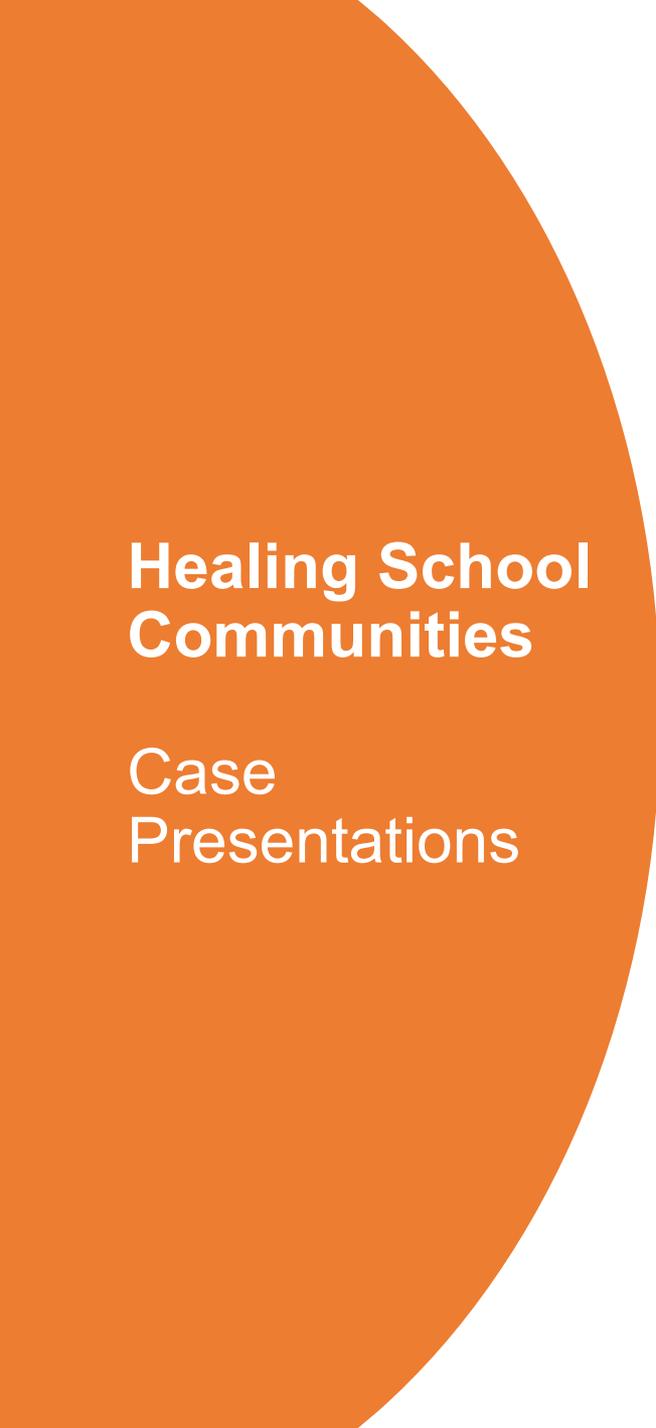
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Register here:
<https://bit.ly/healing-school-communities>

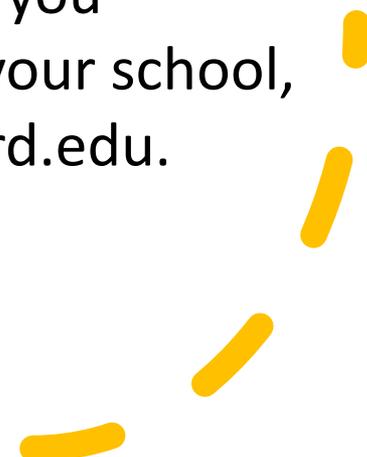


Healing School Communities

Case Presentations

We would like to share case studies so participants can discuss solutions to real-world experiences during breakout sessions.

If you are open to sharing a dilemma related to racial violence that you experienced or witnessed in your school, please email rcanelo@stanford.edu.



Evaluation Information

- The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.
- At the end of today's training please take a moment to complete a [brief](#) survey about today's training.



Connect with the MHTTC in your region



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COMMUNICATION ▾

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To jump to a specific center, click the center's name. To save a center as your default center, select the center by clicking the photo, then click the Save button at the bottom of the page

Centers Across The Network



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