



Youth Mental Health Stigma

April 6, 2022

DETAILS & LOGISTICS

Time: 11:00am—12:30pm EST
Where: Virtual (Zoom webinar)

COURSE DESCRIPTION

Stigma – which involves labeling, stereotyping, and discriminating – is a major barrier to mental health help-seeking, psychiatric service engagement, and full inclusion in society. Stigma is particularly detrimental to young people (e.g., adolescents and young adults) who are just developing their attitudes and identities, making this an ideal time to interrupt the stigma process. Both public stigma (e.g., negative stereotypes about mental illness among peers) and internalized stigma (e.g., integrating stereotypes into one's identity; fears of disclosing one's mental health concerns) can interfere with overall youth mental health. This webinar will discuss ways to reduce stigma via a multipronged approach, including efforts that are youth-driven and have an intersectional lens.

OBJECTIVES

- Conceptualize and define youth mental health stigma
- Understand the unique impact of stigma on youth
- Discuss efforts to combat youth mental health stigma

SPEAKER



Joseph DeLuca, Ph.D., is an NIMH-T32 Postdoctoral Fellow at the Icahn School of Medicine at Mount Sinai in New York City, specializing in psychosis-risk and the early stages of psychosis. He earned his Ph.D. in Clinical Psychology

at the City University of New York Graduate Center and completed his predoctoral internship at the University of Maryland School of Medicine. Dr. DeLuca's research and clinical interests include screening and treatment for psychosis-spectrum symptoms, particularly with youth and families, as well as stigma, the role of culture and context in psychosis, and the intersection of mental illness and the criminal justice system.

WHO SHOULD ATTEND?

Mental health professionals, mental health advocates, mental health graduate students, people with lived mental health experience, young people interested in mental health, and others who work with/on behalf of youth diagnosed with mental illness

Certificates of attendance will be available to viewers of 50% (45 minutes) or more of the live webinar via email within 30 business days following the event. CEUs are not available for this session.

This webinar will be recorded and archived on the Central East MHTTC website

Registration questions, Training@danyainstitute.org

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