



# A New Tool: Assessing the Individual Provider and Collective Well-being of Healthcare Professionals and Organizations

April 5, 2022

## DETAILS & LOGISTICS

**Time:** 12:00pm—1:30pm EDT

**Where:** Virtual (*Zoom webinar*)

## COURSE DESCRIPTION

**Well-being** is a state of feeling satisfied, fulfilled, and having a sense of meaning or purpose. Within the work context, well-being is an important factor in employee morale, productivity, and retention. Individual employees can take steps to improve their well-being, but organizations also play a large role in promoting and sustaining the well-being of their staff. The first step to improving well-being is to assess current strengths and needs from both an individual and organizational perspective. This webinar will introduce a new online platform that offers a comprehensive approach to workplace well-being. Individuals can explore the self-paced well-being workbook that includes self-assessments and strategies for improvement. Separately, this tool also gives organizations the ability to assess organizational well-being via confidential employee feedback and provide resources to inform improvement plans.

## OBJECTIVES

- Understand how well-being impacts individuals and workplaces
- Learn how to assess and address individual well-being with the online Individual Provider well-being workbook
- Learn how to assess and address organizational well-being with the Organizational Well-being Inventory (OWBI) and associated resource center

## WHO SHOULD ATTEND?

Physicians, nurses, mental health providers, support staff, administrators and other primary health care providers

## SPEAKERS:



**Kristin M. Scardamalia, PhD, SSP, LP** Assistant Professor, National Center for School Mental Health, University of Maryland School of Medicine



**Dominique Charlot-Swilley, Ph.D.** Director, Provider Wellbeing Practice and Expert Advisor/Technical Assistance of HealthySteps for Early Childhood Innovation Network (ECIN); Assistant Professor, Center for Child and Human Development, Georgetown University



**Oscar Morgan** Interim Executive Director, Danya Institute & Project Director, Central East MHTTC

## PARTNERS:

University of Maryland School of Medicine, MedStar Health, Georgetown University Hospital and 3C Institute

Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145

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