



## How to Talk to Youth about Race and Racial Trauma

May 25, 2022

### DETAILS & LOGISTICS

**Time:** 1:00pm—2:00pm EDT

**Where:** Virtual (*Zoom webinar*)

### COURSE DESCRIPTION

Research has indicated that youth experience racism, prejudice, and bias as early as preschool. For many, their interpersonal experiences of racism, prejudice and bias can be quite disorienting, and can influence functioning, particularly for youth who have experienced other traumas. In this webinar, attendees will have the opportunity to reflect on their experiences and feelings related to recent and past events and learn strategies for navigating discussions specific to race, experiences of discrimination, and racial trauma with youth.

### OBJECTIVES

- Define racial trauma and be able to identify consequences specific to racial stress for children and adolescents
- Learn how research specific to racial identity, racial socialization, and racial trauma suggest parents, teachers, and providers talk with children and adolescents about race, discrimination, and racial trauma
- Identify a minimum of three specific strategies for discussing race, racial discrimination, and racial trauma with youth and their families

### WHO SHOULD ATTEND?

Mental health professionals, parents and caregivers of youth, school staff and educators, individuals working directly with youth

### SPEAKERS:



**Dr. Nicole Cammack** is a licensed Clinical Psychologist in Washington, DC and in the state of Maryland. She received her bachelor's degree from Howard University and her master's and Ph.D. in Clinical Psychology from The George Washington

University. Throughout her career, Dr. Cammack has focused on identifying ways to address the cultural and systemic issues that impact Black mental health and wellness. This passion led to the development of Black Mental Wellness, Corp. of which she is the President and CEO.



**Dr. Danielle Busby** was born in Detroit, MI and raised in the Detroit metropolitan area. She received her B.A. in Psychology from the University of Michigan, and her master's and Ph.D. in Clinical Psychology from The George Washington University.

Currently, Dr. Busby is an Assistant Professor at the University of Texas Medical Branch (UTMB). In this role, she primarily serves youth and families experiencing a range of mental health concerns through the Texas Child Health Access Through Telemedicine (TCHATT) program. Dr. Busby's expertise is in trauma-informed assessment and intervention; evidence-based clinical practices; and suicide risk assessment and intervention. She is passionate about decreasing barriers to mental health service use for underserved patient populations and is committed to continuously bridging the gap between research and clinical practice.

Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145

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