



## Geriatric Mental Health in the Black Community

June 30, 2022 | Health Equity Webinar Series

### DETAILS & LOGISTICS

**Time:** 12:00pm—1:00pm EDT

**Where:** Virtual (*Zoom webinar*)

### COURSE DESCRIPTION

There are significant unmet mental health needs among African Americans as well as geriatric populations. As a result, the intersectional demographic of Black seniors experiences a double whammy of their mental health concerns being unaddressed. Perceptions of mental illness and stigma associated with mental health care serve as barriers to utilization of mental health services in this population. This webinar will review the CDC study, *The State of Mental Health and Aging in America*, as a backdrop for discussion of the landscape of mental health among older adults in Black communities. The presenter will also address effective psychiatric treatment strategies for this population.

### OBJECTIVES

- Discuss depression disorder, anxiety disorder and dementia
- Describe geriatric African Americans' perceptions about mental illness
- List treatment options for mental health care in geriatric populations

### WHO SHOULD ATTEND?

Clinicians, caseworkers, peer recovery support staff, administrators, and others who work on behalf of adults with mental illnesses and/or co-occurring substance use disorders.

### SPEAKER:



**Michael Ingram, MD**, is the Director of Behavioral Health at Great Lakes Bay Health Care. He is the former Medical Director of the Behavioral Unit at McLaren Bay In-Patient Psychiatric Unit, and the former Vice President at Michigan Psychiatric and Behavioral Associates. He attended college at Michigan State University, and also graduated with a degree from the Lyman Briggs School (College) in Microbiology. He continued his education graduating from the Michigan State University College of Human Medicine, followed by a Residency in Psychiatry at Lafayette Clinic and Wayne State University. He received board recertification by the American Board of Neurology and Psychiatry (ABNP) in 2009, and was accepted as a Fellow of the American Psychiatric Association (FAPA) in 2016.



**HOST: Anelle Primm, M.D., MPH** is the Senior Medical Director of the Steve Fund, an organization focused on the mental health of young people of color. She is also a member of the Black Psychiatrists of America Council of Elders.

**Certificates of attendance** will be available to viewers of 50% (30 minutes) or more of the live webinar via email within 30 business days following the event. CEUs are not available for this session.

This webinar will be recorded and archived on the Central East MHTTC website.

**Registration questions, [training@danyainstitute.org](mailto:training@danyainstitute.org) 240-645-1145**

**[REGISTER NOW](#)**