The National American Indian and Alaska Native MHTTC works with organizations and treatment practitioners involved in the delivery of mental health services to American Indian and Alaska Native individuals, families, and tribal and urban Indian communities to strengthen their capacity to deliver effective evidence-based and experience-based practices. This includes the full continuum of services spanning mental illness, prevention, treatment, and recovery support. The center also includes a K-12 School-Based Program, which is focused on providing training and technical assistance on culturally-informed school-based and community-based mental health services that serve Native students.

The Mission:

The Center strengthens and promotes systematic behavioral health practice changes that both honor and contribute to the health and well-being of Native communities and individuals by:

- Building of collaborative relationships and networks
- Supporting research and dissemination of knowledge that expand treatment and behavioral health services
- Strengthening of standards of care and programming options
- Development of leadership within an expanding service workforce
- Renovation of a sustainable organizational infrastructure
- Supporting integration of tradition-based healing practices

A LOOK AT YEAR 1

Number of events: 53
Number of mentors/mentees enrolled in Leadership Academy: 22
Number of participants: 895
Number of collaborations with outside organizations: 33

Notable Programs & Projects:

- "Healing the Returning Warrior" Curriculum
- Honoring our Relations: Increasing Knowledge of our Native LGBTQ/Two-Spirit Wellness Curriculum
- Suicide Response Team
- Sioux City Homelessness Project
- Native American Treatment Improvement Protocol
- Nationwide Listening Sessions
- Crisis and Resiliency Team Technical Assistance Project
- Native Youth Telehealth Project
Feedback from Year 1 Participants:

“This meeting promotes collaboration and input from all departments and most importantly the tribal members.”

“I'm a stay home mom, but [the training] opened my eyes to how to better recognize & help with crises in my community.”

“All of the topics were relevant in my work. I was appreciative of learning more about innovation in Indian country to address addiction prevention.”

“As a student, trainings such as the one provided enhance my general knowledge and cultural competence and will help shape me into a better social worker.”

“[I appreciated] the wealth of knowledge in the room and the generosity with which people shared. This training has planted so many seeds that I hope will strengthen my work in youth substance use prevention.”

Year 1 Website Analytics:

Number of pageviews: 4,504
Pages per session: 9.88

New and Returning Visitors:

New Visitor, 59.10%
Returning Visitor, 40.90%

Examples of Year 1 Products:

To view our products and programs, or contact us, please visit: www.mhttcnetwork.org/native