



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Our Mission and Scope

The core mission of the New England Mental Health Technology Transfer Center (New England MHTTC) is to disseminate evidence-based practices across the region. To ensure the responsiveness of our work, we actively develop and maintain a network of government officials, policymakers, administrators, and community stakeholders, providers, researchers, youth and adults, and family members from each of the six states in the region to guide our activities. Together with our partners, we work to:

- Elevate the lived experience of individuals and family members throughout all workforce development activities.
- Strengthen the mental health continuum.
- Ensure access to recovery-oriented, person-centered, trauma-informed, and culturally competent mental health care.
- Promote awareness and implementation of evidence-based practices.
- Foster local leadership development, training, expertise and capacity.

We are guided by the **New England Advisory Team (NEAT)**, comprised of key stakeholders from across the region. Members help to identify priority need areas and guide all of the training, technical assistance, and knowledge dissemination activities of the New England MHTTC.

Our Principles

Resilience and Recovery

- Resilience and recovery are based on respect.
- Resilience and recovery emerge from hope.
- Resilience and recovery are family- and person-driven.
- Resilience and recovery occur via many pathways.
- Resilience and recovery are holistic.
- Resilience and recovery are community-based and promoted through collaboration.
- Resilience and recovery are supported by peers and allies.
- Resilience and recovery are supported through relationships and social networks.
- Resilience and recovery are culturally-based and influenced.
- Resilience and recovery are supported by addressing trauma.
- Resilience and recovery involve individual, family, and community strengths and responsibility.



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YEAR ONE HIGHLIGHTS: New England MHTTC, 2019

SAMHSA #1H79SM081775-01

New England Mental Health Technology Transfer Center

Areas of Focus: Recovery-Oriented Practices, including Recovery Support Services, within the Context of Recovery-Oriented Systems of Care

Yale Program for Recovery and Community Health
in partnership with
C4 Innovations and Harvard University Department of Psychiatry

Yale Program for Recovery and Community Health

- Visited NE States: Rhode Island, Maine, NH (2 visits), MA & CT
- Established collaboration to do a Children's Learning Community in Year 2
- Coordinated all NEAT Meetings
- Recovering Citizenship III; Boundary Crossings: Systems, Communities and Expertise
- PCRP Implementation Series
- Financial health and mental health; making the connections
- Established collaboration with Hispanic MHTTC & Region MHTTC for Latino Initiative

C4 Innovations

- Conducted a needs assessment
- Set up communication systems
- Completed site visits
- EBP webcast series (MI, SBIRT, TIC)
- Suicide Prevention (Networking & Symposium Activities)
- Partnerships (Tribal Health, Great Lakes MHTTC)

Harvard University Department of Psychiatry

- Conference (in collaboration with DMH/MAPNET): "First Episode Psychosis – the Why, What, and How of Implementing Evidence-Based Practice." (March 2019)
- Clinical Brief: School and work coaching with youth at clinical high risk for psychosis (April 2019)
- Psychopharmacology Consultation Line (May 2019)
- Webinar: Acceptance and Commitment Therapy for Early Psychosis (May 2019)
- Psychopharmacology Consultation Line (July 2019)
- Webinar: Affirming Gender Identity in Clinical Practice (July 2019)
- Attended networking events in NH & RI: Mental Health Association of Rhode Island Meeting (April 2019), Westbridge Center-NH Meeting (June 2019), NAMI-NH Meeting (July 2019)

Childhood-Trauma Learning Collaborative (C-TLC)

- Established the C-TLC
- Began School Recruitment and Outreach Efforts
- Furthering Compassionate Schools: Use of the S-CCATE
- Kick-Off Event: Compassionate Schools, Trauma, Neurobiology, & Impact of Opioid Epidemic
- Webinar Series: Offering practical solutions to support children, youth and school communities impacted by trauma
- National MHTTC Engagement: Attended national SMH conference; assisted with developing After A School Tragedy; provided input to National School MH Curriculum



Year Two Activities: New England MHTTC, 2019

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Yale Program for Recovery and Community Health

- Recovery-oriented Systems of Care Series with Larry Davidson
- *African American Millennial Men and Woman of Color Project*, in collaboration with UMass Boston, 10/15/19; Keynote address: Chyrell Bellamy, Accessing Behavioral Health Recovery
- *Implementado una cultura de recuperación en comunidades Hispánicas y Latinas (Implementing Mental Health Recovery in Hispanic and Latino Communities)* – a partnership between the National Hispanic and Latino MHTTC, the Northeast and Caribbean MHTTC, and the New England MHTTC
- Launch of the Person-Centered Recovery Planning (CPRP) Learning Collaborative
- Lived Experience Transformational Leadership Academy – LET(s) LEAD activities
- Products development: Advance Directives, Citizenship Brief, Bilingual Facts Sheets, Recovery-oriented systems of care (online curriculum)
- Sponsored Activities
 - October 3, 2019: 2019 CT APSE, Employment First in Action!
 - November 1-3, 2019: ISPS – US 18th Annual Meeting: Psychosis, Citizenship, and Belonging: Forging Pathways toward Inclusion and Healing

C4 Innovations

- Continue to work with Yale to maintain and engage NEAT members with a focus on developing relationships and supporting products related to children's mental health, suicide prevention, and tribal mental health.
- Ongoing web updates and improvements, social media presence and enhancements
- Disseminate bi-monthly e-newsletters
- Learning collaborative support activities:
 - Fall 2019: TIC implementation with Great Lakes TTC
 - Winter 2020: TIC supervision with tribal communities
 - Ongoing: Suicide prevention
 - Spring 2020: Convene a gathering that highlights best practices in the homeless services field, as a way for mental health providers to consider wholistic approaches to recovery-oriented care and adaptation of best practices to specific/marginalized populations.

Harvard University Department of Psychiatry

- Webinars/Web-based discussions, Consultation Lines, and Monthly Calls, topics to include, payment issues with early psychosis care, psychopharmacology, CBT, family therapy, and neuropsychology
- Training Opportunities: Early psychosis/clinical high-risk program start-up considerations
- Clinical briefs development, topics to include, supporting students at clinical high risk for psychosis, cognitive remediation, cultural considerations and early psychosis; cognition; adherence

Childhood-Trauma Learning Collaborative (C-TLC)

- Offer Heart Centered Learning® School Stipends
- Development of Fellow Action Plans
- C-TLC Webinar Series & *Mindfulness Practices* Book Study
- In-Person Professional Development Training with C-TLC Fellows
- Community Building/Resource Sharing Online through Basecamp Platform
- Furthering Compassionate Schools: Re-administration of the S-CCATE
- Supporting National MHTTC School Mental Health Curriculum Development