



OVER THE COURSE OF PROJECT YEAR 1



1,705

Number of individuals who have received our robust newsletter.

4.6/5



The average satisfaction score we received from our small group trainings for the mental health workforce.



Created a series of downloadable resources and short videos with tips for employers working with Youth and Young Adults.

CORE & SMH INDICATOR SUMMARY



EFFECTIVENESS OUR LEARNING OPPORTUNITIES

Over 87% of respondents reported increased effectiveness in the area in which they were trained by our Center.

87%

OUR 4 PROJECT OBJECTIVES

1 Heighten Adoption and Implementation of Evidence-based Mental Health Services

Implementation Strategy: Individual Technical Assistance - Offering intensive TTA to requestors whose need fell firmly within the scope of the MHTTC.

- » Outreach and Support Calls: 58
- » Brief Face-to-Face Meetings: 28
- » Onsite and Offsite Consultation: 17

2 Increase the Awareness, Knowledge, and Skills of the Mental Health Workforce

Implementation Strategy: Dissemination of Information - Our Center has made various products, webinars, and resources to the mental health workforce available through our website.



10,737

Number of page views on our website over the course of Project Year 1

1,245

Number of total website visitors over the course of Project Year 1

3 Ensure Public Availability and Delivery of TTA to Mental Health Field



700

Number of times our products have been downloaded from our website.



200

Number of mental health workforce participants who attended our Summer Learning Institute in June 2019.

4 Foster and Leverage Regional and National Alliances and Partnerships



Implementation Strategy: The PSMHTTC is guided by an advisory board that meets quarterly and has actively pursued opportunities to collaborate with other Centers and the NCO.

OVERALL CUMULATIVE DATA

8 Number of Core Products Developed in Year 1

Reaching a total of 677 people. (this number is from online downloads and does not include any onsite hard copies that were distributed at events or tables)

28 Total Number of Core Events Hosted by PSMHTTC During Project Year 1

These trainings engaged over 600 participants.

100 Number of Core Technical Assistance Activities Led by PSMHTTC

These activities engaged 117 members.

RANKED OCCUPATIONAL ROLE

We began our work with strong existing relationships with the region's school-based workforce which ranked below by occupation.

- #1 Education Agency (e.g. SEA, LEA, or ISD), School, or School-Based Organization
- #2 Mental or Behavioral Health Provider Clinical
- #3 State or Island Government Employee
- #4 Community-Based Organization
- #5 Mental or Behavioral Health Provider Non-Clinical
- #6 District, Region, or County Employee



Pacific Southwest (HHS Region 9)

**MHTTC**

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

The Pacific Southwest Mental Health Technology Transfer Center (PSMHTTC) provides training and technical assistance (TTA) that strengthens school mental health services in its region through increased capacity to identify, assess, and refer students with mental health challenges. The Center also prioritizes the support of schools in the adoption of evidence-based, trauma-informed practices at the state, district, and classroom levels. The PSMHTTC region includes Arizona, California, Hawaii, Nevada, and the Pacific Jurisdictions.

SCHOOL MENTAL HEALTH HIGHLIGHTS

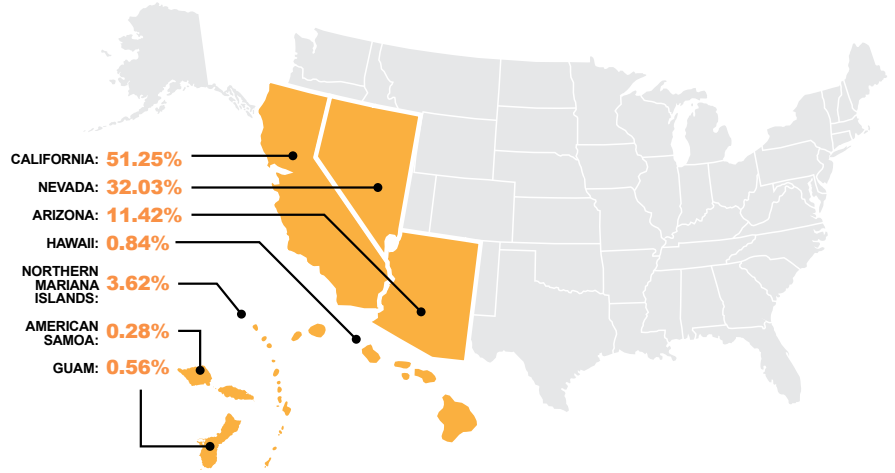
WHO WE SERVED IN YEAR 1

In response to evidence of disparity in mental health access, use, and outcomes across racial and ethnic groups in the region, the demographic data collected by the PSMHTTC is used to inform the development of services that are appropriate and effective for all participants. Performance monitoring by racial and ethnic identification, as well as other demographic categories contribute to improved strategies and equitable outcomes for diverse mental health service recipients and practitioners.

MHTTC REGION 9:  
RESPONDENTS BY STATE/ISLAND

Throughout Year 1, we have engaged educators, district leaders, and school-based clinical staff from around the region through distance learning activities, onsite-trainings, and consultation to schools or districts who request specialized training. Across these learning modalities, we provided ninety-two (92) TTA events to a cross-section of 1,157 members of the school mental health field, and disseminated best-practice information on school-based mental health to nearly 2,000 people each month in our newsletter.

Feedback surveys were administered to 625 participants at the end of all fourteen (14) school mental health-related trainings in Year 1 for quality control and to learn about needs of the school mental health workforce. The data represented in this resource are based on feedback provided by the 407 participants who responded to a post-event survey following the trainings. While school mental health professionals from across the county participated in our trainings, the infographics below represent respondents to the survey within the Pacific Southwest region.



92

Total number of Training & Technical Assistance (TTA) services provided

1,157

Total number of school mental health professionals who received TTA services

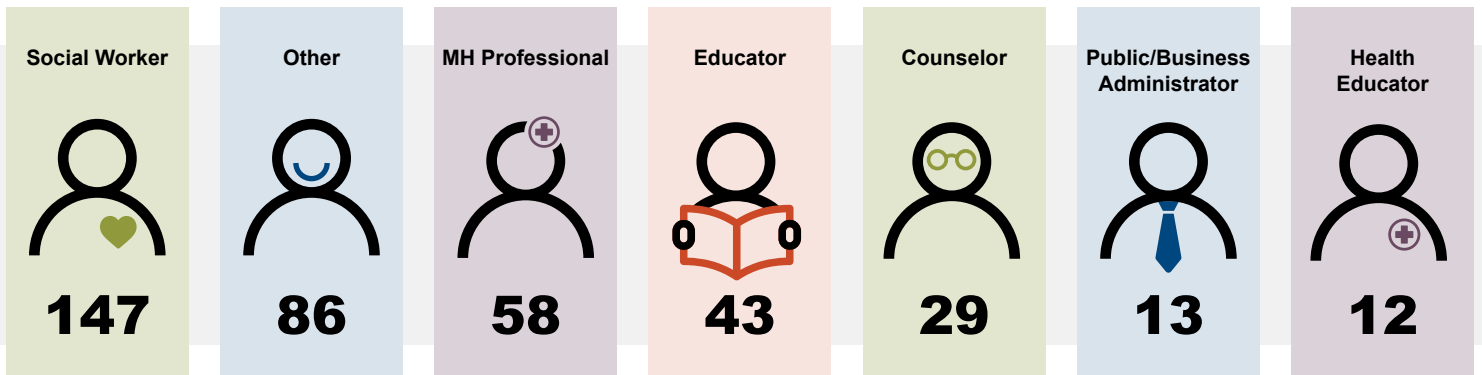
5,759

Number of clicked products and resources accessed through our website and social media (YouTube, Twitter, Facebook)

1,705

Number of people who received our monthly newsletter

SNAPSHOT OF RESPONDENT PROFESSION



RESPONDENT GENDER



309

Woman



98

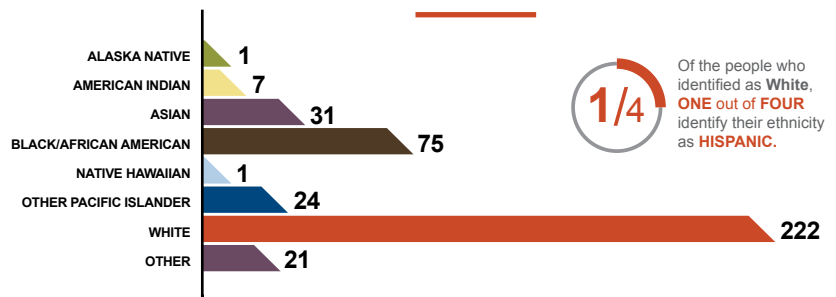
Man



4

Transgender

RESPONDENT RACE



1/4

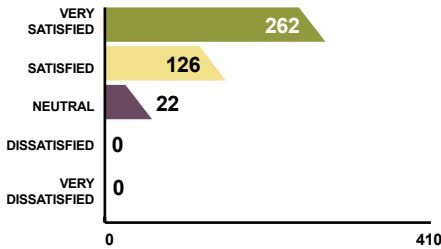
Of the people who identified as White, ONE out of FOUR identify their ethnicity as HISPANIC.



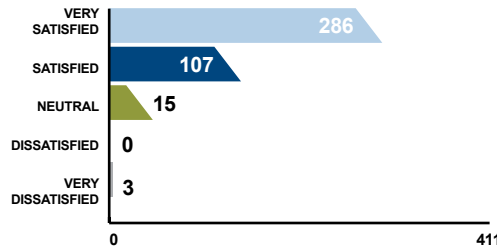
The infographics below are based on feedback provided by the 407 participants who responded to a post-event survey following trainings on the following topics:

- Trauma-Informed Crisis Readiness, Response, and Recovery for the School Mental Health Workforce
- Engaging Stakeholders: School Mental Health Referral Pathways
- Educator Literacy and Leadership in School-Based Mental Health

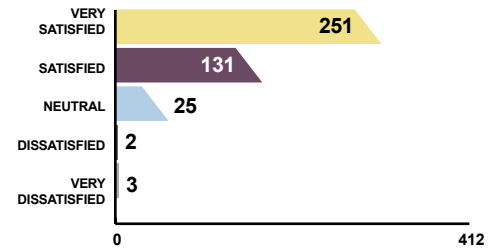
### How satisfied are you with the overall quality of this training?



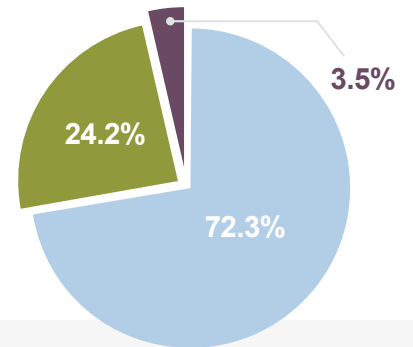
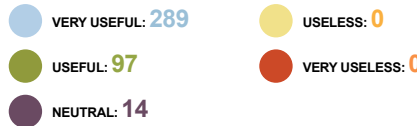
### How satisfied are you with the quality of the instruction?



### How satisfied are you with the quality of the training materials?

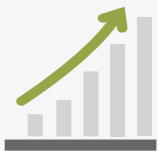


### How useful was the information you received from the instructor?



### TOP 3 OUTCOMES REPORTED BY RESPONDENTS

In addition to quantitative data on satisfaction and usefulness, rich qualitative data was collected. When prompted to identify the most useful outcome of the training, participants' responses clearly show three outcomes:



#### Capacity Built

The learning event increased respondents' skills and/or knowledge in the topic.



*We train other school districts. This training gave me a different perspective on trauma informed practice.*

- Trauma Training Participant



*It opened up more information to how I can better help myself and standards with their care.*

- Trauma Training Participant



#### Resources

Supporting materials provided in the training was used in respondents' work and/or shared with colleagues.



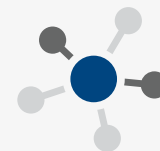
*I'm appreciative all resources and being introduced to the different organizations.*

- Trauma Training Participant



*"I learned a lot of information that I hope to take with me in my future school counseling career to enhance the school setting, and to help students more past trauma in a positive beneficial way.*

- Educator Mental Health Literacy Training Participant



#### Connection

Respondents forged connections with fellow participants at MHTTC learning events and intend to collaborate in future work.



*Identifying ways I can create an environment that allows folks to bring their views, also recognizing the areas of growth I have as a leader to be more of a conduit to help reach a healing point for our organization.*

- Referral Pathways Training Participant



*Obtaining knowledge that can be passed on to staff members and positively impact children.*

- Educator Mental Health Literacy Training Participant