



Pacific Southwest (HHS Region 9)

Northwest (HHS Region 10)

MHTTC

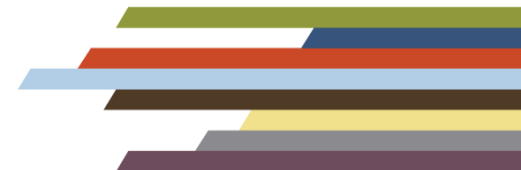
Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Interconnected Systems Framework (ISF)

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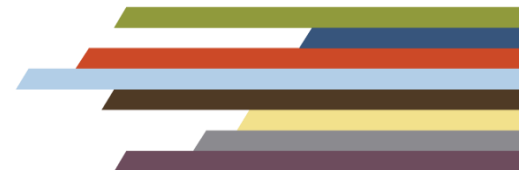
School Mental Telehealth

A Think Tank

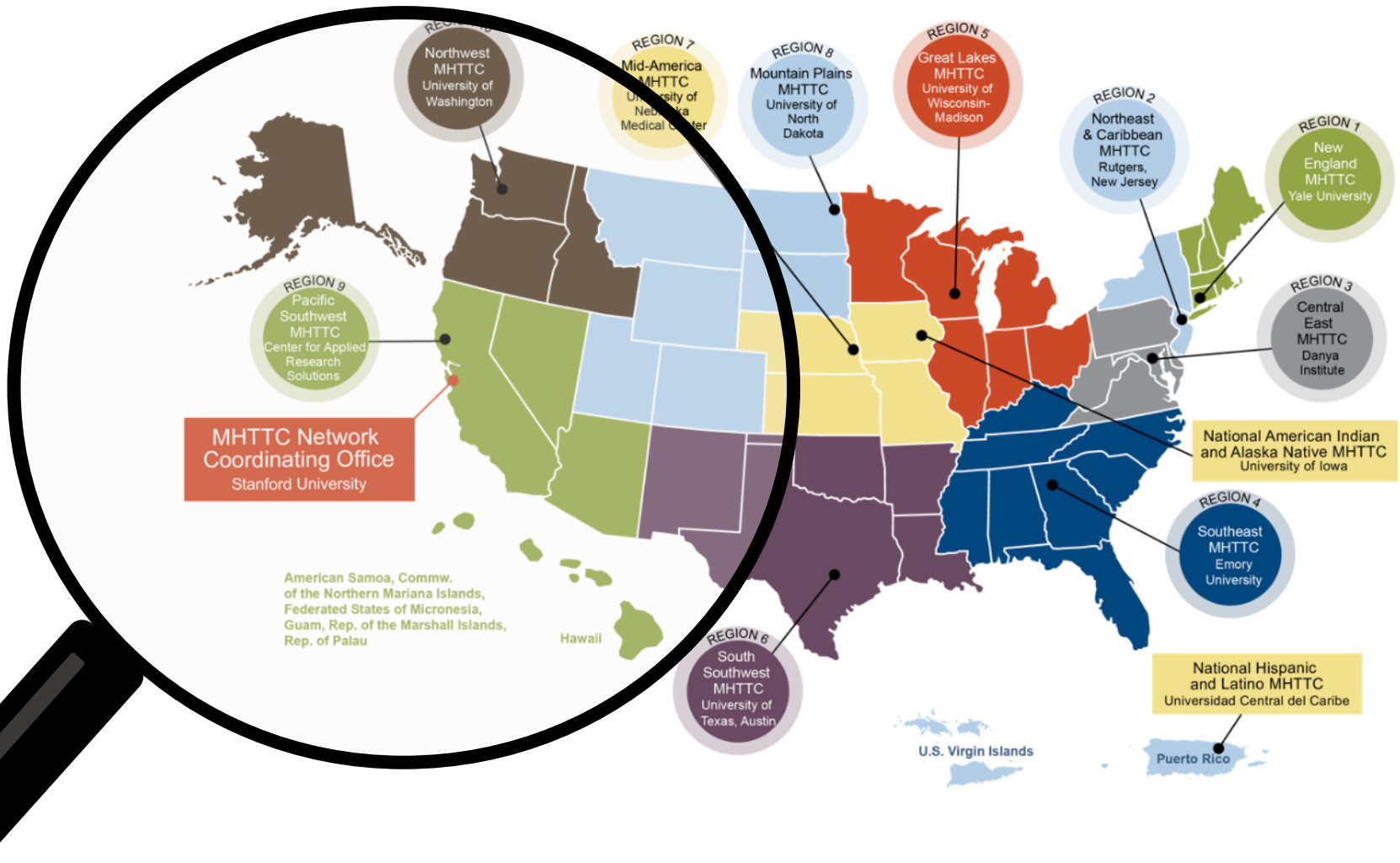


DISCLAIMER

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Pacific Southwest & Northwest Mental Health Technology Transfer Centers (MHTTCs)



Mental Health Technology Transfer Center (MHTTC)

Our Role

We offer a collaborative MHTTC model in order to provide training, technical assistance (TTA), and resource dissemination that supports the mental health workforce to adopt and effectively implement evidence-based practices (EBPs) across the mental health continuum of care.

Our Goal

To promote evidence-based, culturally appropriate mental health prevention, treatment, and recovery strategies so that providers and practitioners can start, strengthen, and sustain them effectively.



Mental Health Technology Transfer Centers (MHTTC)

Services Available

No-cost training, technical assistance, and resources

Webinars

Newsletter

Affinity-group
Learning

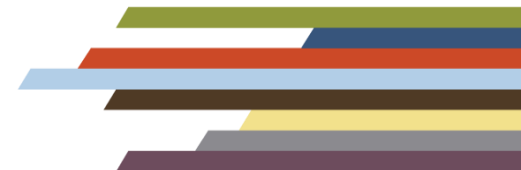
Online Courses

Tools

Regional Trainings

Individual
Coaching

Individual
Consultation



Our Purpose

Identify

More questions than answers

Tiered support

1-3 questions that because of urgency and equity do need response

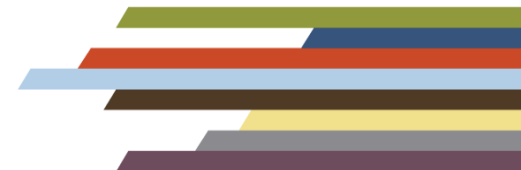
Commit & Contribute

2-3 collective and sub collective actions

Create

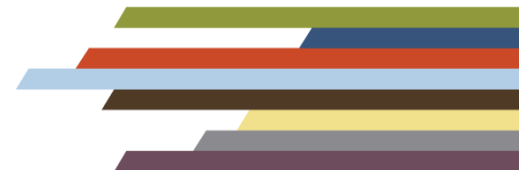
A time for people to identify what they need + resource share

- Skills
- Knowledge
- Tools
- Other

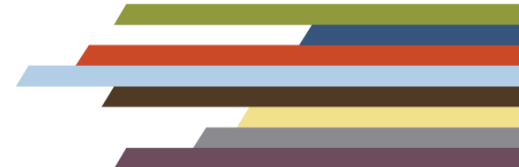


Our Time Together

- Welcome & Introductions (MHTTCs)
- Grounding: Interconnected Systems Framework
 - Poll: Where do we sense our greatest needs?
 - Stage Setting w/Susan Barrett
- Breakouts for small group discussions
 - Introductions - 1 celebration/1 challenge/ 1 consideration in the practice w/ the step
 - Identify 1 challenge they want to bring back to the group to work on
 - What has been the most helpful / supportive for you?
- Whole Group Share Out
- Commitments & Next Steps
- Close



Poll





Setting the Stage with Susan





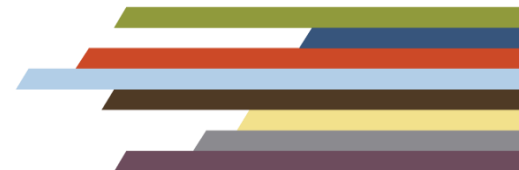
Susan Barrett, MA

sbarrett@odu.edu

Susan Barrett, MA, is the Mrs. Barrett serves as a Director for the Center for Social Behavior Supports Center (CSBS) at Old Dominion University and an Implementer Partner with the U.S. National Technical Assistance Center on Positive Behavioral Interventions and Supports (PBIS). She assists with large-scale implementation of PBIS, partners with researchers to evaluate the impact of PBIS on students, school staff and school communities. and serves on the Association of Positive Behavior Supports Board of Directors. She also co-leads the development of the Interconnected Systems Framework, a mental health and PBIS expansion effort. Susan has been published in the areas of large-scale adoption of PBIS, mental health, cost-benefit analysis, advanced tier system development, and adoption of evidence-based practices in schools.

The Interconnected Systems Framework (ISF)

- Deliberate application of the multi-tiered PBIS Framework for all social-emotional-behavioral (SEB) interventions (e.g. Mental Health, Social Emotional Instruction, Trauma-Informed Practices, Bully Prevention, etc.)
- Aligning all SEB related initiatives through **one system at the state/regional, district and school level**
- Active participation of Family and Youth is a central feature of the ISF



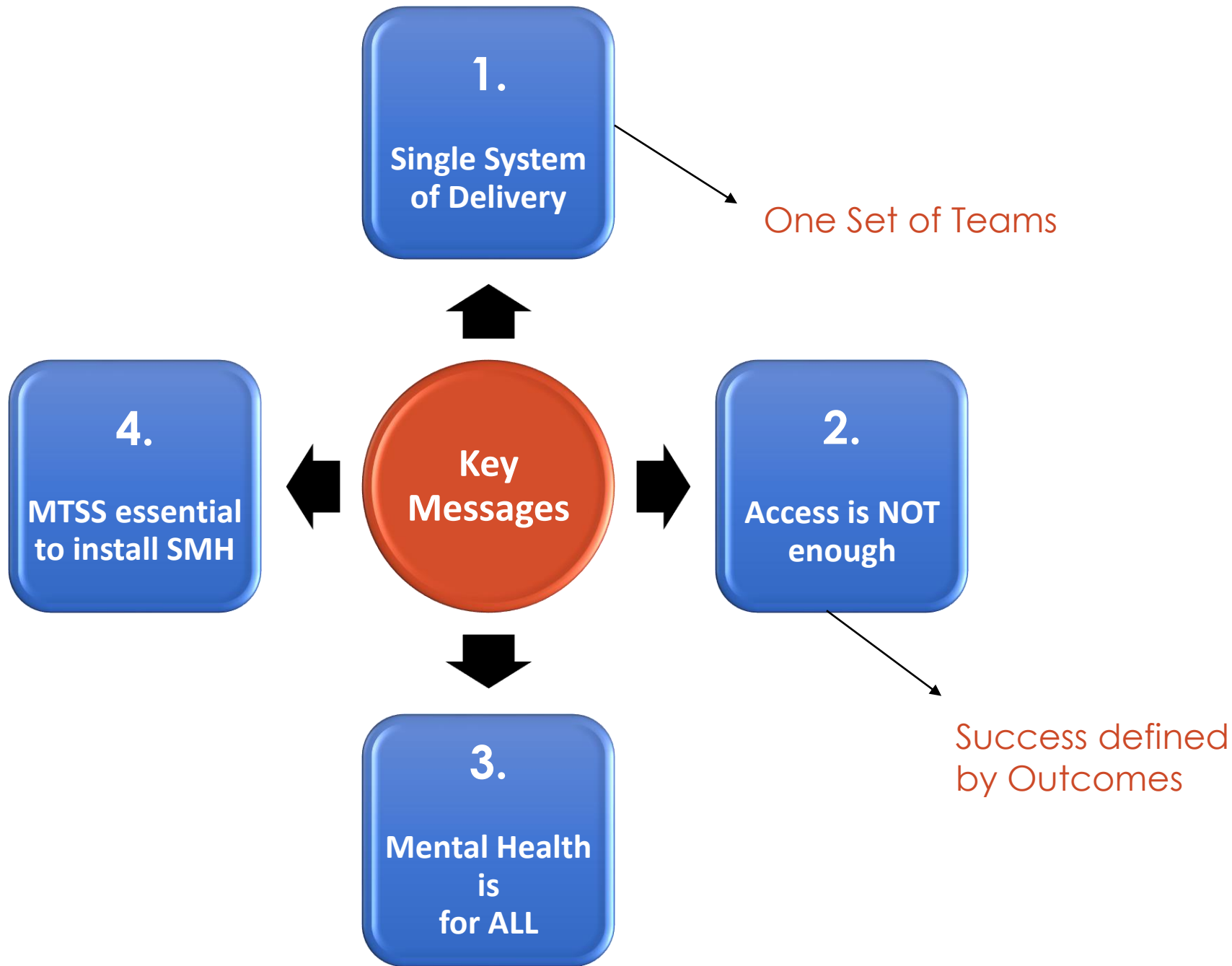
ISF Defined

- **Structure** and **process** for education and mental health systems to interact in most effective and efficient way.
- Guided by **key stakeholders** in education and mental health/community systems.
- Key stakeholders have the **authority** to reallocate resources, change role and function of staff, and change policy.



Benefits of ISF

- Uncovering students with mental health needs earlier
- Linking students with needs to evidence-based interventions
- Data tracking system to ensure youth receiving interventions are showing improvement
- Expanded roles for clinicians to support adults as well as students across all tiers of support.
- Healthier school environment



Observation Before, During and After

1. Schools are primary care and basic service providers.
 - Food
 - Shelter
 - Safety
 - Mental Health and Wellness
 - Education
2. Caring, compassionate, extraordinary humans everywhere!!
 - Crisis has led to innovation
3. Range of coping strategies and responses
 - Hyper mode has led to a Tsunami of resources
 - Time to organize and sort
 - Match to specific need



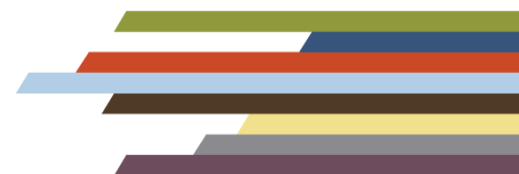
Observation Before, During and After

4. COVID-19 impacting Black, Brown and migrant communities and our vulnerable populations at higher rate than others

- Rooted in social inequalities (e.g. residential segregation, differential access to healthcare and treatment)
- Agility of our social safety net
- Communities impacted by flood, fire, water source

5. Wave of MH needs are and will be staggering

- CAUTION : Not everyone negatively impacted, experts need to assist us to distinguish between trauma and stress – focus on resilience (protective factors and healing aspects of our brain)
- Resist the temptation to add
- Let MH leaders lead and build capacity for ALL



Observation Before, During and After

6. Opportunity, Opportunity, Opportunity to...

- Pause and Reset
- Focus on prevention science/developing/ prioritizing pro-social communities to build a resilient community
- Acceleration of interest for integrated approaches- how do WE as MH champions prepare ?
- Now more than ever...
 - Mental health is everyone's job
 - Systems and structures promote wellness (policy, funding, etc) need to be addressed
 - Healthy workforce essential
 - Can't talk about academic rigor without talking about how we develop relationships, teaching social emotional behavior competencies, establish a culture of wellness
 - Teaching SEB is instructional time

7. Planning with Intention

- We need to plan for the next 36 months (expect a rolling phased in approach and expect to go back to shelter in place)
- Continuity of education = Continuity of care and support for ALL
 - Teaming processes and procedures are key to response
 - Develop /share creative ways to uncover needs (check in protocol and response for ALL, SOME, FEW)
 - Aggregate and analyze data in real time





Breaking into Our Discussion Groups



Whole Group Share Out

Each small group shares out

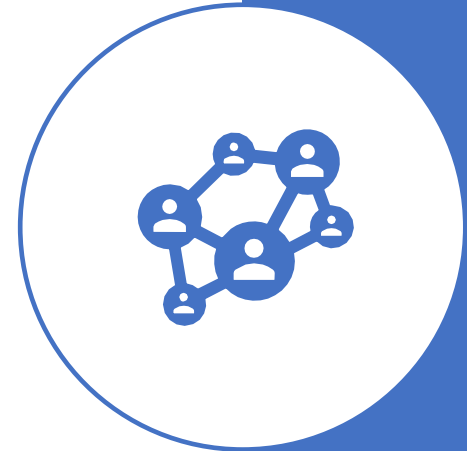
- 1 challenge they want to bring back to the group to work on

OR

- What are issues you feel need urgently addressing, and why?

OR

- What has been the most helpful / supportive for you and those you serve?





Commitments & Closing



Pacific Southwest MHTTC

Contact Info

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Website: <https://mhttcnetwork.org/pacificsouthwest>

Join the PacSW MHTTC Newsletter!

<https://tinyurl.com/pacsw-mh-news>

**Let us know about your
TTA needs and topic interests.**

www.surveymonkey.com/r/MHTTCneedsassessment



Northwest MHTTC

Contact Info

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Join the NW MHTTC School Mental Health Newsletter!

<https://tinyurl.com/nw-smh-news>



Thank you for attending!

We need to hear from you to keep bringing you these no-cost resources!

Please take a few minutes to give us your feedback! We use it to plan our future events—and we are required to include it in our reports for our funder, SAMHSA.

The feedback form will appear on your screen when the webinar ends, and is also included in the follow-up email sent immediately following the webinar.



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Funded by Substance Abuse and Mental Health Services Administration

SAMHSA's mission is to reduce
the impact of substance abuse and
mental illness on America's communities.

www.samhsa.gov

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