



Building Protective Factors for Yourself and the School Community: The Administrators' Series



AWSP, MHTTC, Northwest PBIS & Sound Supports

**Building Protective Factors for Yourself and the School Community:
The School Leader Series**

Part 3: Live Q&A with Series Presenters and Guest School Leaders

Helpful Links & Resources:

- School Leader Series Resources:
 - Presentation Slides: <https://bit.ly/school-leader-3>
 - Access all powerpoints & recordings from the School Leader Series here: <https://tinyurl.com/NWSchoolLeaderSeries>
 - Stay in touch & sign up for our School Mental Health newsletter: <https://tinyurl.com/smh-news>

- Northwest MHTTC Well Being Series Resources:
 - Learn more about the Well Being Series & access all event recordings here: <https://bit.ly/Well-beingNW>
 - Livestreamed DBT STEPS-A lessons & Q&A sessions: <https://mhttcnetwork.org/centers/northwest-mhttc/student-life-skills-survive-thrive-during-covid-19-beyond>
 - LEARN Saves Lives Suicide Prevention Training: <https://mhttcnetwork.org/centers/northwest-mhttc/product/learnr-saves-lives-suicide-prevention-training-parentscaregivers>

- Upcoming Events:
 - Hope & Cope 2020, a Free Webinar for Youth 14 - 21: <https://mhttcnetwork.org/centers/northwest-mhttc/event/hope-cope-2020-free-webinar-youth-age-14-21>
 - Resources for Supporting the Mental Health and Well-being of Children and Families During COVID-19: <https://mhttcnetwork.org/centers/northwest-mhttc/event/resources-supporting-mental-health-and-well-being-children-and>

- Additional Resources (on next page)

- Association of Washington School Principals Summer Conference: <https://www.awsp.org/professional-learning/training-conferences/awsp-wasa-summer-conference>
- CASEL SEL Standards State Scan: <https://casel.org/wp-content/uploads/2018/09/csi-scorecard-sept2018.pdf>
- DBT In Schools: <https://www.dbtinschools.com/>
- Forefront Suicide Prevention Center: <http://www.intheforefront.org>
- Morning Mindfulness Video: Jefferson-Lincoln's SEL Program: <https://www.youtube.com/watch?v=X95oVsu-2hs>
- Research-Validated Tier 3 Wraparound Resources:
 - National Wraparound Initiative: <https://nwi.pdx.edu/>
 - “The Wraparound Process: A Tier 3 Component of Schoolwide PBIS” by Eric Bruns: <https://depts.washington.edu/wrapeval/sites/default/files/presentations/4.The%20Wraparound%20ProcessA%20Tier%203%20Component%20of%20School-wide%20PBISEricBruns%20T3W%20for%20NWPBIS.pdf>

The School Leader Series is part of **The Well-Being Series - Connections During COVID-19: Mental Wellness Webinars for Families and Educators**. Click [here](#) to learn more about our series of webinars for kids, parents, and educators, focusing on mental wellness and suicide prevention.

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Disclaimer: The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).