



# MHTTC

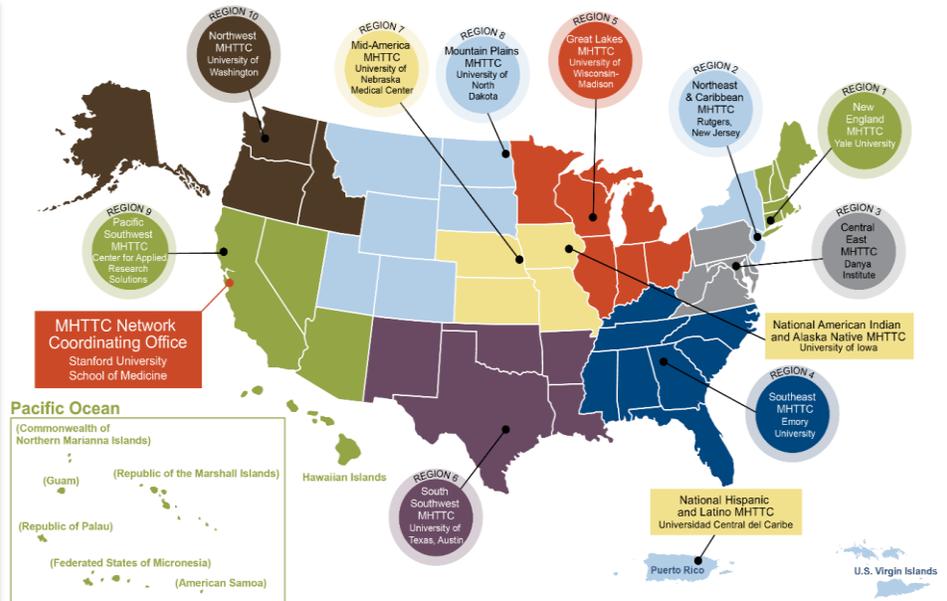
Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Reach of the MHTTC Network 2019-2020

Comprised of 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, a National Coordinating Office, the MHTTC Network's purpose is technology transfer – accelerating adoption and implementation of evidence-based practices for mental health prevention, treatment, and recovery.

We provide training and technical assistance, develop products and resources, and foster regional and national alliances.

This year, much of our work shifted to respond to COVID-19—increased need for mental health services; ramp up to telehealth and resulting changes in clinical priorities; grief, loss, and bereavement; and the effects of numerous societal stressors.



### 400+

PRODUCTS & RESOURCES DEVELOPED



### 767

TRAINING & TECHNICAL ASSISTANCE SERVICES PROVIDED



### 75,324

PARTICIPANTS REACHED



### 146

COLLABORATIONS WITH NATIONAL, STATE, AND LOCAL ORGANIZATIONS

## RESPONDING TO COVID-19: IMPACT ON MENTAL HEALTH



### Curated Web Pages with a Focus on COVID-19

As our Network adapted to the COVID-19 pandemic, we created specialty webpages highlighting MHTTC products, resources, and events related to COVID-19, as well as other resources from reputable national organizations. In addition to a general COVID-19 page, they cover grief, loss, and bereavement, intimate partner violence (IPV) and child abuse, mental health disparities, telehealth, and provider well-being.



### Mental Health Equity and Cultural Diversity Resources

The COVID-19 pandemic highlighted existing racial inequities in mental health. To highlight our work in this area, the MHTTC Network's Cultural Responsiveness Working Group compiled products and resources on cultural responsiveness, racial equity, and cultural diversity for the mental health workforce.



### National Series Addressing Key Topics During COVID-19

In addition to providing region-focused services, collaboratively, our Network hosted several national learning series, *Clinical Innovations in Telehealth*, *Working at the Intersection of IPV and Mental Health*, and *Preventing and Responding to Family Violence During COVID-19*.

## RESILIENCE

We are all feeling the effects of the past year's events, including the global pandemic, isolation and loss, economic hardship, and a push for social justice and reform. Our Network persevered and adapted to further our mission of supporting the mental health workforce during these unprecedented times.

Pivoted in person trainings to virtual platforms

Hosted 273 virtual events related to COVID-19 with 56,403 participants reached

Developed 245 products related to COVID-19

Responded to SAMHSA Leadership requests for specific resources

Developed listening and support sessions to help states, systems, and providers

Gauged need for clinical topics specific to COVID-19

## FEEDBACK AND PARTICIPANT DATA

95% were very satisfied or satisfied with the overall quality of MHTTC Network events.

97% would recommend MHTTC Network events to their colleagues.

### Evaluation Summary

94% agreed or strongly agreed that MHTTC Network events would benefit professional development and/or practice.

88% agreed or strongly agreed that they expected to use information from MHTTC Network events.

“It was very important for me to be reminded why it is I do what I do. The presenters were wonderful and grounding. It was good to see their perspective. It was also great to see success from another state.

The links to various resources assisted me by increasing my capacity to provide supports and resources to colleagues. Being able to spend several days with an expert in the field and real-time feedback was great.

There were several moments from all of the speakers that both informed me and opened new inspiration. This, combined with interactions with others - various kinds of experienced people and professionals - made it a unique event.

— PARTICIPANTS & STAKEHOLDERS

## WEBSITE ANALYTICS

1,413,206

PAGE VIEWS

[WWW.MHTTCNETWORK.ORG](http://WWW.MHTTCNETWORK.ORG)



174

COUNTRIES REPRESENTED BY WEBSITE USERS

## ONLINE COURSES

HealthKnowledge

The MHTTC Network has 7 courses available on the TTCs' online course platform, [www.HealtheKnowledge.org](http://www.HealtheKnowledge.org). All courses are free for certificate of completion or \$5 per continuing education hour.

- Building Capacity of School Personnel to Promote Positive Mental Health in Children and Youth
- CBT for Psychosis
- Empowering Wellness in Mental Health: Helping People with Their Lifestyle Changes-A Self-paced Interactive Course for All Professionals
- Suicide Prevention Across the Educational Continuum: A Five-Part Series
- The Psychiatrist's Guide to Population Management of Diabetes
- Violence Risk Assessment and Management
- Wellness Matters: Self-Care for Mental Health Providers

### Questions?

Contact your Regional Center or National Focus Area Center [www.MHTTCnetwork.org](http://www.MHTTCnetwork.org) – click on 'Your MHTTC' or contact the MHTTC Network Coordinating Office [networkoffice@mhttcnetwork.org](mailto:networkoffice@mhttcnetwork.org) (650) 721-8692

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