



T1



SMH AROUND CAMPUS

# Teachers, School Staff, and School Mental Health



T2



T3



**SMH AROUND CAMPUS**

## Examples at School Where Teachers and School Staff Support School Mental Health



**CLASSROOM**



**STUDENT  
SERVICES ROOM**



**CAMPUS SPACES**



SPECTRUM  
OF STUDENT  
SUPPORT:

**T1**

**T2**

**T3**



# CLASSROOM



SMH FOR ALL STUDENTS

SMH FOR SOME STUDENTS

SMH FOR A FEW STUDENTS



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# CLASSROOM



## EXAMPLES OF SMH FOR ALL STUDENTS

### TEACHER'S SMH RESOURCES

- GREETES EACH STUDENT BY NAME
- POSTS CLASSROOM EXPECTATIONS AND OTHER VISUAL AIDS FOR SOCIAL EMOTIONAL LEARNING
- IMPLEMENT EVIDENCE-INFORMED SEL PRACTICE/CURRICULUM

T1



### SMH ALLIES IN CLASS

- **SCHOOL COUNSELOR:** PRESENTS UPSTANDER AWARD IN CLASS
- **PRINCIPAL:** SUPPORTS PROFESSIONAL DEVELOPMENT
- **SCHOOL RESOURCE OFFICER:** STOPS TO SAY GOOD MORNING EACH DAY





# CLASSROOM



## EXAMPLES OF SMH FOR SOME STUDENTS

### TEACHER'S TARGETED RESOURCES

T2

- OFFERS TEST COMPLETION WITHOUT TIME LIMITS
- POSTS TO STUDENT BEHAVIOR CHART
- USES CHECK IN CHECK OUT



### SMH ALLIES IN CLASS

- **SCHOOL COUNSELOR:** COLLECTS REFERRALS FOR SKILLS GROUP
- **PRINCIPAL:** FACILITATES PEER CIRCLES IN CLASS
- **SCHOOL RESOURCE OFFICER:** TEACHES MEDIATION SKILLS TO CLASS



# CLASSROOM



## EXAMPLES OF SMH FOR A FEW STUDENTS

### TEACHER'S INTENSIVE RESOURCES

- GIVES DISCRETE HALL PASS FOR STUDENT PRESCRIPTION MANAGEMENT APPOINTMENT
- ESTABLISHES BEHAVIOR CONTRACT
- SUPPORTS IEP/504 PLANS

T3



### SMH ALLIES IN CLASS

- **SCHOOL COUNSELOR:** DISCUSSES BEHAVIOR INTERVENTION PLAN WITH TEACHER
- **PRINCIPAL:** OFFERS ALTERNATIVES TO SUSPENSION
- **SCHOOL RESOURCE OFFICER:** USES TRAUMA-INFORMED COMMUNICATION TO ENGAGE STUDENT IN NEED



# STUDENT SERVICES ROOM

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# STUDENT SERVICES ROOM

## EXAMPLES OF SMH FOR ALL STUDENTS

### MENTAL HEALTH SPECIALIST/ COUNSELOR'S UNIVERSAL RESOURCES

**T1**

- DESIGNATES QUIET WELLNESS SPACE FOR ALL STUDENTS
- SUPPORTS SCHOOL'S POSITIVE DISCIPLINE PRACTICES
- FOCUSES ON SMH, NOT ACADEMIC COUNSELING

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# STUDENT SERVICES ROOM

## EXAMPLES OF SMH FOR SOME STUDENTS



### MH SPECIALIST/COUNSELOR'S TARGETED RESOURCES

T2

- OFFERS SOCIAL EMOTIONAL SKILLS GROUPS
- RESPONDS TO SMH REFERRALS
- LEADS RESTORATIVE JUSTICE PROGRAM



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# STUDENT SERVICES ROOM



## EXAMPLES OF SMH FOR A FEW STUDENTS

### MH SPECIALIST/COUNSELOR'S INTENSIVE RESOURCES

T3

- PROVIDES WARM HANDOFF/LINKAGE TO COMMUNITY MH PROVIDER
- COORDINATES WITH STUDENT SUPPORT TEAM
- PROVIDES SMALL GROUP, INDIVIDUAL STUDENT, OR FAMILY SESSIONS



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# CAMPUS SPACES

## EXAMPLES OF SMH FOR ALL STUDENTS

### SMH UNIVERSAL RESOURCES

- DISPLAYS CELEBRATE CULTURAL DIVERSITY AND CULTURAL IDENTITY
- OPTIONS FOR ROUTINE PHYSICAL MOVEMENT (OUTDOORS)
- CLUBS AND PROGRAMS OFFER EXTRACURRICULAR ACTIVITIES

T1



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# CAMPUS SPACES

## EXAMPLES OF SMH FOR SOME STUDENTS

### SMH TARGETED RESOURCES

- OLDER STUDENTS PEER MENTOR NEW AND/OR YOUNGER STUDENTS
- STUDENT-LED MENTAL HEALTH AWARENESS CLUBS
- CHILDCARE CENTER ON CAMPUS FOR PARENTING TEENS

T2



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# CAMPUS SPACES

## EXAMPLES OF SMH FOR A FEW STUDENTS

### SMH INTENSIVE RESOURCES

- THERAPY ANIMALS ON CAMPUS
- WRAPAROUND SUPPORTS AVAILABLE TO MEET RANGE OF BASIC NEEDS
- CRISIS RESPONSE TEAM INCLUDES SCHOOL AND COMMUNITY PARTNERS

T3



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