TOP 5 MOST VIEWED PRODUCT PAGES (YEAR 3)

2. Compassion Fatigue Resilience Series: Self-Regulation
3. Compassion Fatigue Resilience Series: Self-Care Resources for the Mental Health Workforce Serving Region 9
4. Agricultural Workers in Pacific Southwest SAMHSA Region 9: Trauma Informed Suicide Prevention: Leading
5. School District, County, and State Systems Part 3: Risk and Assessment

TOP 5 DOWNLOADED PRODUCTS (YEAR 3)

1. Virtual Learning Guide
2. School Mental Health Crisis Leadership Lessons: Voices of Experience from Leaders in the Pacific Southwest Region
3. School Mental Health Wellness Wednesdays (Slides and Handouts)
4. School Mental Health Crisis Leadership Lessons: Voices of Experience from Leaders in the Pacific Southwest Region - Reflection Worksheet
5. Telehealth Clinical and Technical Considerations for Mental Health Providers

RESPONDENT PROFESSION

<table>
<thead>
<tr>
<th>CORE</th>
<th>SCHOOL MENTAL HEALTH</th>
<th>WELLNESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>857 Social Worker</td>
<td>122 Social Worker</td>
<td>65 Social Worker</td>
</tr>
<tr>
<td>533 Counselor</td>
<td>74 Counselor</td>
<td>46 Counselor</td>
</tr>
<tr>
<td>195 Educator</td>
<td>48 Educator</td>
<td>11 Educator</td>
</tr>
</tbody>
</table>

PARTICIPANT FEEDBACK

"The best part was the continued focus on self-care as well as how to apply these practices to the peer staff that I supervise while maintaining my own healthy boundaries.
Filling Your Cup: Self Care with and for Youth Peers"

"It gave me the language to bring up this topic in the workspace. It also enabled me to take a deeper dive into what is available for grief in my district and where we can improve...It was great to connect with people from all over the region and hear what’s happening in different agencies/districts...I learned how to take steps to implement more in depth grieving processes in the workplace. I learned from my lab colleagues that we were really all in it together, making observations, engaging in discussion, and learning how to create plans together.
School Mental Health Grief Readiness Lab"

"Thank you all for this incredible training and learning and growing experience! I will continue to soak in and reflect on these learnings for some time I think. Also, this was the best training I have attended on zoom throughout the pandemic! I really appreciated how you all embodied the TIRO principles- this helped me to feel more grounded and connected and thus get more out of the learning and healing experience!
TIRO Spring Seminar Practice Lab"
**Targeted TA**

<table>
<thead>
<tr>
<th>GPRA Events</th>
<th>GPRA Event Participants</th>
<th>GPRA Survey Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>48 CORE</td>
<td>3,479 CORE</td>
<td>1,091 CORE</td>
</tr>
<tr>
<td>34 SMH</td>
<td>3,749 SMH</td>
<td>613 SMH</td>
</tr>
<tr>
<td>9 WN</td>
<td>1,261 WN</td>
<td>246 WN</td>
</tr>
</tbody>
</table>

90% of survey respondents expect to use the information gained.

**Y3 Learning Series:**

- **Bold Conversations (CORE)**
- **Discussions That Matter (CORE & SMH)**
- **Trauma Informed & Resilience Oriented Health Care Leadership Seminar (Wellness)**
- **We are the Pillars: A Podcast Club for Providers (Wellness)**
- **Enhancing MTSS - Integrating Student Mental Health and Wellness through Systems, Data, and Practices (SMH)**
- **Supporting (Im)migrant School Mental Health Community of Practice (SMH)**
- **School Mental Health Grief Readiness Lab (SMH)**

**Advisory Board**

We have an operating Advisory Board that meets quarterly. Below are the number of representatives by state/region.

- **2** California
- **3** Nevada
- **2** Arizona
- **1** Hawaii
- **2** Pacific Territories

**MHTTC National Network Collaborations**

Our region is excited to be a part of numerous collaborations with the NCO.

**Workgroups**

- Healing School Communities After Racial Violence
- Grief Counseling
- Hispanic & Latino National Task Force
- First Episode Psychosis
- Mental Health & Equity
- Cultural Responsiveness
- Workforce Development

**National Events & Programming**

- Grief Sensitivity Virtual Learning Institute
- School Mental Health Best Practices: Always and Now Module 8-Part Learning Series

**National Products**

- National School Mental Health Implementation Guidance Modules
- Classroom WISE

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