

**Welcome
Day 2**

Grief Sensitivity Virtual Learning Institute

**School Mental Health Workforce
February 24, 2022**

9:00am-2:45pm PT ○ 10:00am-3:45pm MT

11:00am-4:45pm CT ○ 12:00-5:45pm ET



MHTTC

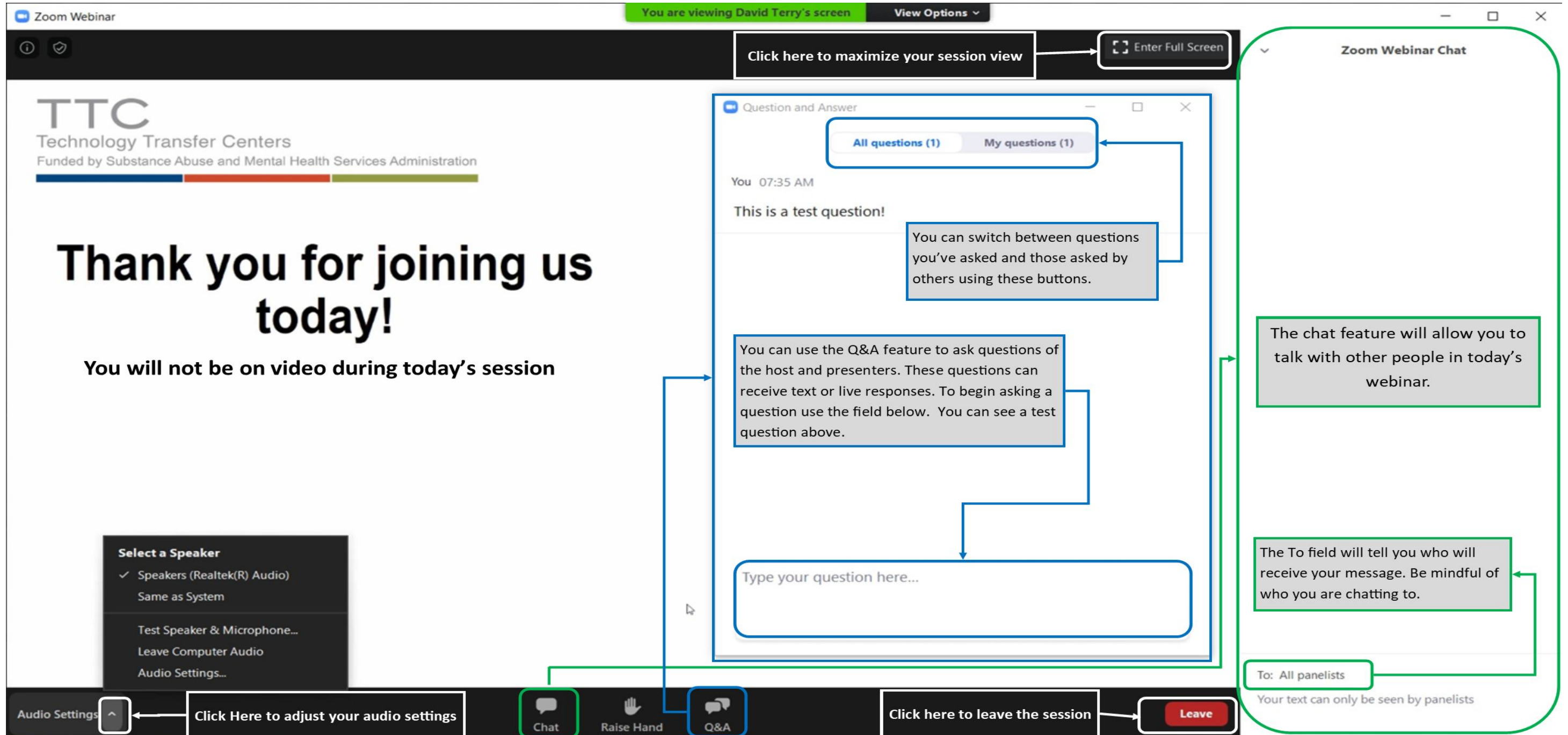
Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Please Note

- All attendees are muted
- Today's session will be recorded

Get to know the Zoom Webinar interface



The screenshot shows a Zoom Webinar interface with several key components and annotations:

- Top Bar:** Includes "Zoom Webinar", "You are viewing David Terry's screen", and "View Options".
- Header:** "TTC Technology Transfer Centers" logo and "Funded by Substance Abuse and Mental Health Services Administration".
- Main Content:** "Thank you for joining us today!" and "You will not be on video during today's session".
- Q&A Panel:** A "Question and Answer" window is open, showing a test question: "This is a test question!". It includes tabs for "All questions (1)" and "My questions (1)". A text input field at the bottom says "Type your question here...".
- Chat Panel:** A "Zoom Webinar Chat" window is open on the right, showing "To: All panelists" and "Your text can only be seen by panelists".
- Bottom Bar:** Contains "Audio Settings", "Chat", "Raise Hand", "Q&A", and "Leave" buttons.

Annotations:

- "Click here to maximize your session view" points to the "Enter Full Screen" button.
- "You can switch between questions you've asked and those asked by others using these buttons." points to the "All questions (1)" and "My questions (1)" tabs.
- "You can use the Q&A feature to ask questions of the host and presenters. These questions can receive text or live responses. To begin asking a question use the field below. You can see a test question above." points to the "Type your question here..." input field.
- "The chat feature will allow you to talk with other people in today's webinar." points to the chat window.
- "The To field will tell you who will receive your message. Be mindful of who you are chatting to." points to the "To: All panelists" field.
- "Click here to leave the session" points to the "Leave" button.
- "Click Here to adjust your audio settings" points to the "Audio Settings" button.

Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Have a question for the session's GSVLI faculty? Use the Q & A button
- Have a comment or link for all attendees? Use the chat and write to "all attendees"
- At the end of today's training please complete a **brief** survey about today's training.
- You will receive an email on how to access a certificate of attendance; must attend at least half of today's event (2hrs).

- This event is closed captioned!



- Follow us on social media:



@MHTTCNetwork

Please Note:
Session recordings and slides will be posted on our website within 2 weeks.

Disclaimer

This presentation was prepared for the MHTTC Network under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). All material appearing in this presentation, except that taken directly from copyrighted sources, is in the public domain and may be reproduced or copied without permission from SAMHSA or the authors. Citation of the source is appreciated. Do not reproduce or distribute this presentation for a fee without specific, written authorization from the MHTTC Network Coordinating Office. This presentation will be recorded and posted on our website.

At the time of this presentation, Dr. Miriam E. Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services (DHHS) and the Administrator of SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of DHHS or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

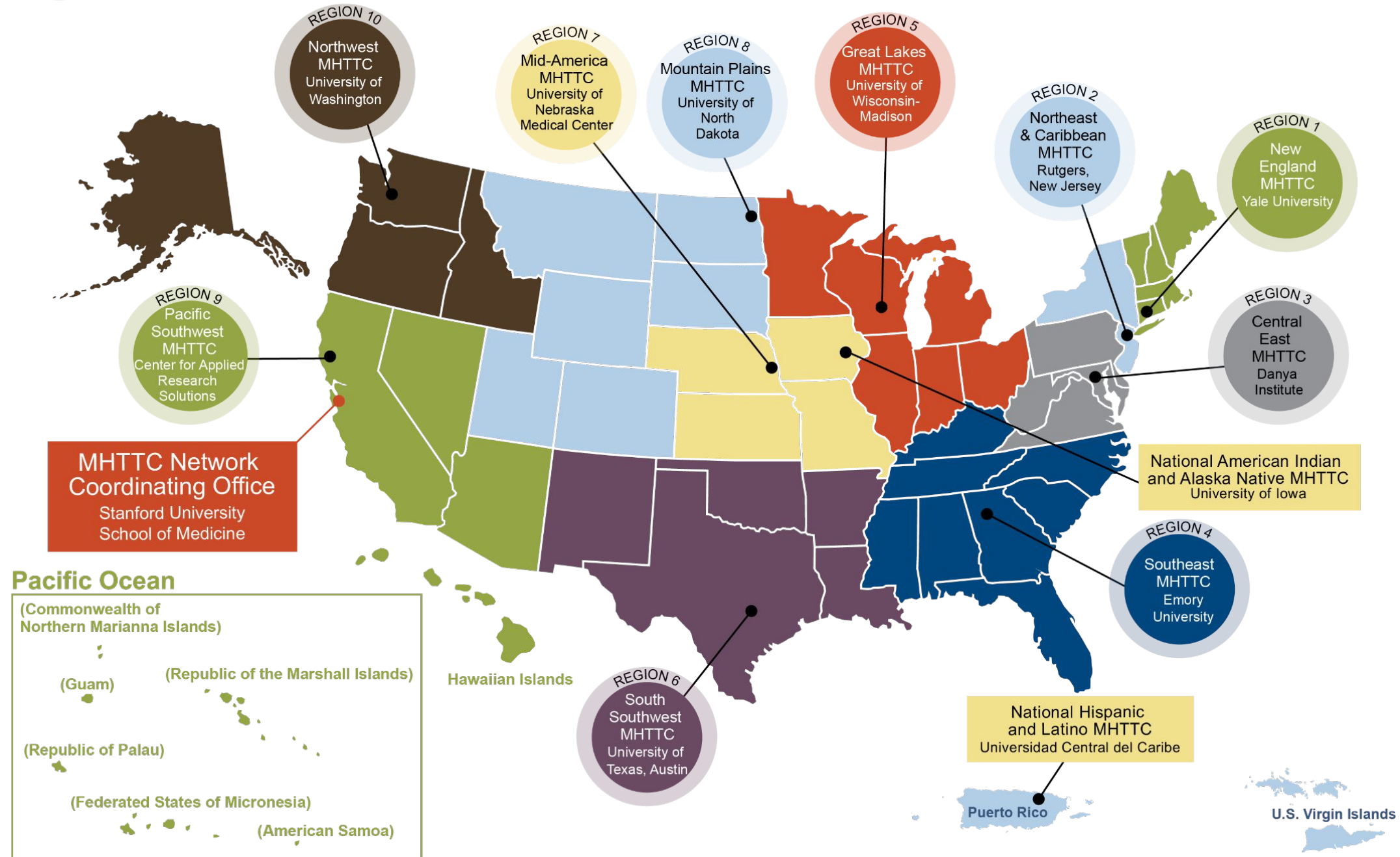
Connect with Your MHTTC at www.mhttcnetwork.org



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

MHTTC Network



The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

**STRENGTHS-BASED
AND HOPEFUL**

**INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES**

**HEALING-CENTERED AND
TRAUMA-RESPONSIVE**

**INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS**

**PERSON-FIRST AND
FREE OF LABELS**

**NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS**

**RESPECTFUL, CLEAR
AND UNDERSTANDABLE**

**CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS**

A HUGE GSVLI thank you to

Each regional MHTTC for funding speakers and ensuring this learning experience was possible

To all the GSVLI faculty whose wisdom, experience, and guidance contributed to our collective grief sensitivity learning

To the MHTTC Grief Coordination Group who planned this GSVLI

- Leora Wolf-Prusan, Pacific Southwest MHTTC
- Teresa Brewington, American Indian & Alaska Native MHTTC
- Erin Briley, Mountain Plains MHTTC
- Jennifer Baran-Prall, South Southwest MHTTC
- Felicia Benson & Jessica Gonzalez, MHTTC Network Coordinating Office
- Erika Franta & Shelbie Johnson, Mid-America MHTTC

To our session hosts, moderators & tech support

- Leora Wolf-Prusan, Pacific Southwest MHTTC
- Christina Clayton, Northwest MHTTC
- Teresa Brewington, American Indian & Alaska Native MHTTC
- Martha Staeheli, New England MHTTC
- Oriana Ides, Pacific Southwest MHTTC
- Jessica Gonzalez, the Network Coordinating Office
- Erin Briley, Mountain Plains MHTTC
- Jennifer Baran-Prall, South Southwest MHTTC
- Felicia Benson, Network Coordinating Office
- Heather Gotham, Network Coordinating Office



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SAMHSA

Substance Abuse and Mental Health
Services Administration

Welcome to the MHTTC Grief Sensitivity Virtual Learning Institute 2022!

We're so happy to be in learning with you.

This Year's Theme:

Where We Are Now & Where We Can Go With Our Practice?

We pay respects to those who have come before us and have created, contributed, and advocated for grief justice.

Like Dr. Maria Yellow Horse Brave Heart teaches us:

“We define [historical trauma] as cumulative emotional and psychological wounding across generations, including one’s own lifespan, because everything up to a minute ago is history. It is all historical.

What’s happened in your own personal history, as well as what’s happened in the generational line of your parents, grandparents, and in your community—great grandparents, great great grandparents—is all meaningful.

The historical unresolved grief goes along with that trauma” (1998, 1999, 2000).

We gather here at GSVLI to engage in our own grief sensitivity, which is personal, professional, individual, and collective work.

GSVLI Day 2 - What might today feel like?

Opening & Welcome	MHTTC Staff	9:00 am- 9:20 am PT // 10:00 am -10:20 am MT // 11:00 am- 11:20 am CT // 12 pm- 12:20 pm ET
Keynote	Candice Valenzuela	9:20 am - 9:40 am PT // 10:20 am -10:40 pm MT // 11:20 am - 11:40 am CT // 12:20 pm -12:40 pm ET
Session 1: Evidence Based Practices & Community Defined Evidence	Rozlyn Kwong, Jillian Blueford, & Polly Gipson	9:45 am - 11:00 am PT // 10:45 am -12 pm MT // 11:45 am - 1:00 pm CT //12:45 pm -2pm ET
Session 2: New Directions	Saun-Toy Latifa Trotter, Sharim Hannegan-Martinez, Stephanie Cariaga	11:10 am- 12:25 pm PT // 12:10 pm - 1:25 pm MT // 1:10 pm -2:25 pm CT // 2:10 pm - 3:25 pm ET
Session 3: Lived Experience, Culture & Grief	Justin Grinage, Paulina Isabel Almarosa, Michael Hannon	12:35 pm- 1:50 pm PT // 1:30 pm - 2:55 pm MT // 2:35 pm - 3:50 pm CT // 3:35 pm - 4:50 pm ET
Closing	Candice Valenzuela	1:55 pm - 2:15 pm PT // 2:55 pm - 3: 15 pm MT // 3:55 pm - 4:15 pm CT // 4:55 pm - 5:15 pm ET
Optional practice: Somatic integration & regulation	Monique Minahan	2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

Want to learn more?

Fact Sheets

- We have a series of fact sheets focused on addressing various grief-related topics
 - [Defining Grief](#)
 - [Responses to Grief Across the Lifespan](#)
 - [Preventive Strategies and Protective Factors](#)
 - [Cultural Responsiveness](#)
 - [Evidence-Based Treatments for Grief](#)

Resources

- *Responding to COVID-19: Grief, Loss, and Bereavement* - visit our webpage for events and resources:
<https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19-grief-loss-and-bereavement>
- GSVLI 2022 Faculty Curriculum Vitae

Resourcing yourself

- Be sensitive to your own grief and reactions throughout the Learning Institute. Take breaks, stretch, drink lots of water...
- **Helplines and Support**
 - **National Suicide Hotline** - 1-800-273-8255
 - **NAMI** - 1-800-950-NAMI (6264) or info@nami.org
 - **Mental Health America**- 1-800-273-TALK (8255), text MHA to 741741
 - **SAMHSA's National Helpline** - referral and information - 1-800-662-HELP (4357)
 - **SAMHSA's Disaster Distress Helpline** - 1-800-985-5990 or text TalkWithUs to 66746

Keynote Speaker

Candice Valenzuela, MA

9:20 am PT - 9:40 am PT / 10:20 am -10:40 pm MT / 11:20 am - 11:40 am CT / 12:20 pm -12:40 pm ET



Candice Valenzuela, MA

Candice Rose Valenzuela is a mother, educator, lecturer, writer, coach and community wellness advocate. Candice has worked at the intersection of urban education and holistic health for 12 years, serving in a variety of roles from teen health educator, to Special Education teacher and instructional coach, before finding her calling in teacher support and wellness.

She got her Master's degree in East-West Psychology from the California Institute for Integral Studies, and studied cultural healing practices with healers in Los Angeles, the Bay Area, and Oaxaca. Her passion is to transform school communities into authentic spaces of healing and liberation by strengthening their greatest asset: their community of teachers.

Candice has facilitated healing circles, provided professional development, lectured and coached teachers and administrators at public schools, universities, retreats and conferences in the Bay Area and Los Angeles.

Her expertise is integrating critical pedagogy, culturally responsive teaching, and youth empowerment with holistic, mindful frameworks for healing.

Opening: Inviting the Spirit of Grief

Grief Sensitivity Institute Day 2

Candice Valenzuela, MA, MFTI, YT- 200



Grounding: The true spirit of grief

What does grief **invite** us to?

What is its wisdom?

Where does it live in you, your work, and your communities?

What happens when **we** invite in grief?

What invited **you** to this conversation?



NATURE TIMELAPSE
RELAXATION FOR YOUR SOUL

4K
HDR

A close-up photograph of several purple flowers with yellow centers, resting on a white, textured surface. The flowers are in various stages of bloom, with some petals fully open and others still budding. The background is softly blurred, emphasizing the flowers in the foreground.

Grief invites us to restore connection

Grief tells us what we **value**; what is most important

Grief tells us **how we love**; what we'll do to show our
love

Grief is ***the story within our skin*** of how we are
connected; the story of what was lost, the story of what
remains, and the story of what is still needed



**JOIN
BEFRIEND
GENTLE
CONSENT**

Coming up next...

Day 2- February 24, 2022
 School Mental Health

Evidence-Based & Culturally-Defined Practices

9:45-11:00am PT / 10:45-12:00pm MT / 11:45-1:00pm CT / 12:45-2:00pm ET

Hear from faculty who are contributing to the grief counseling field through equitable research design and implementation, and share new practices that are timely for the populations of our providers-you!- are serving.

Session 1: Evidence Based Practices & Community Defined Evidence	Rozlyn Kwong, Jillian Blueford, & Polly Gipson	9:45 am - 11:00 am PT // 10:45 am -12 pm MT // 11:45 am - 1:00 pm CT //12:45 pm -2pm ET
Session 2: New Directions	Saun-Toy Latifa Trotter, Sharim Hannegan-Martinez, Stephanie Cariaga	11:10 am- 12:25 pm PT // 12:10 pm - 1:25 pm MT // 1:10 pm -2:25 pm CT // 2:10 pm - 3:25 pm ET
Session 3: Lived Experience, Culture & Grief	Justin Grinage, Paulina Isabel Almarosa, Michael Hannon	12:35 pm- 1:50 pm PT // 1:35 pm - 2:50 pm MT // 2:35 pm - 3:50 pm CT // 3:35 pm - 4:50 pm ET
Closing	Candice Valenzuela	1:55 pm - 2:15 pm PT // 2:55 pm - 3: 15 pm MT // 3:55 pm - 4:15 pm CT // 4:55 pm - 5:15 pm ET
Optional practice: Somatic integration & regulation	Monique Minahan	2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

Day 2- February 24, 2022

School Mental Health

Evidence-Based & Culturally-Defined Practices

9:45-11:00am PT / 10:45-12:00pm MT / 11:45-1:00pm CT / 12:45-2:00pm ET

Hear from faculty who are contributing to the grief counseling field through equitable research design and implementation, and share new practices that are timely for the populations of our providers-you!- are serving.



Rozlyn Kwong, LMFT,
IFEC MHS, RFP II



Jillian M. Blueford, PhD,
LPC, NCC, CT



Polly Gipson, PhD

Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Have a question for the session's GSVLI faculty? Use the Q & A button
- Have a comment or link for all attendees? Use the chat and write to "all attendees"
- At the end of today's training please complete a **brief** survey about today's training.
- You will receive an email on how to access a certificate of attendance; must attend at least half of today's event (2hrs).

- This event is closed captioned!



- Follow us on social media:



@MHTTCNetwork

Please Note:
Session recordings and slides will be posted on our website within 2 weeks.



UNIVERSITY *of*
DENVER

SchoolCounseling@Denver

**“May there be
comfort in knowing
that someone so special
will never be forgotten.”**

—JULIE HÉBERT





Advent Health
Hospice Care
Central Florida



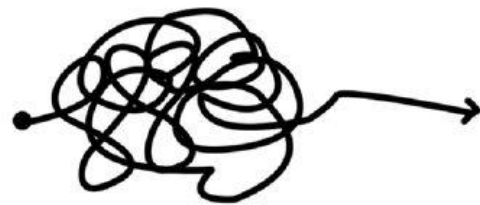
NEW HOPE
Where Grieving Hearts Heal **For Kids**

TRUSTING
THE PROCESS

HOW WE
WANT
GRIEF TO
WORK



HOW GRIEF
ACTUALLY
WORKS



Grief Sensitivity Virtual Learning Institute: Evidence-Based & Culturally-Defined Practice

Polly Gipson, Ph.D.

Clinical Associate Professor

Associate Chair, Diversity, Equity, & Inclusion

Director, Trauma and Grief Clinic

Department of Psychiatry

February 24, 2022





My **mission in life** is not merely to survive, but **to thrive**; and to do so with some passion, some compassion, some humor, and some style.

— *Maya Angelou* —

AZ QUOTES

A piece of yellow paper with the words "MY STORY..." written in a dark, textured font. The paper is held up by a wooden clothespin. The background is a dark wooden surface with several other clothespins scattered around. The lighting is warm and focused on the paper.

MY
STORY...

Do I Matter?



Do I Belong?



?



Am I Safe?

pollyg@umich.edu





MHTTC Grief Sensitivity Virtual Learning Institute

Rozlyn Kwong, LMFT – Implementation Specialist



Sycamores
a better life



Hathaway Center For Excellence

The Hathaway Center for Excellence, a Research and Training Institute, serves to promote learning as leaders in behavioral healthcare through trauma-informed, best practice implementation to advance the field and strengthen the workforce and communities. The Hathaway Center for Excellence offers methods, products and resources that are centered on evidence-based practices and implementation science principles, and it specializes in a wide variety of training and consultation topics, including Trauma-Informed, School-Based Mental Health Practice and Implementation.

<https://institute.hathaway-sycamores.org/>



Hathaway Center
for Excellence

A PROGRAM OF SYCAMORES



Sycamores
a better life



Grief Sensitivity

- Who am I?
 - Rozlyn Kwong, LMFT
 - Implementation Specialist @ Sycamores and Hathaway Center for Excellence
- What brings me to my grief work?
 - Personal experience of losses
 - Witnessed the impact of grief on youth functioning
 - Observed the fear in talking about grief, providers included



Self-Perceived Barriers



Grief Sensitivity – Where We Are Now & Where We Can Go With Our Practice



- Building Awareness:
 - From Self-Perceived Barriers
 - To Grief Sensitivity
- Evolving:
 - Interplay of trauma and grief
 - Screening and assessment
 - Clinical practice in grief support
 - Training and implementation support for service providers



Grief
Sensitivity



Sycamores
a better life

Q & A



PHONE

(626) 395-7100



EMAIL

ClinicalTraining@sycamores.org

RKwong@sycamores.org



Hathaway Center
for Excellence

A PROGRAM OF SYCAMORES



Sycamores
a better life

Coming up next...



Day 2- February 24, 2022
School Mental Health

New Directions

11:10-12:25pm PT / 12:10-1:25pm MT / 1:10-2:25pm CT / 2:10-3:25pm ET

Faculty share how they are expanding the grief and bereavement fields, new ways of understanding grief sensitivity, new language, and invitations for the traditional field's expansion; the sessions also include what we have learned and are learning from COVID-19 and pan/syndemic grief sensitivity.

Session 2: New Directions	Saun-Toy Latifa Trotter, Sharim Hannegan-Martinez, Stephanie Cariaga	11:10 am- 12:25 pm PT // 12:10 pm - 1:25 pm MT // 1:10 pm - 2:25 pm CT // 2:10 pm - 3:25 pm ET
Session 3: Lived Experience, Culture & Grief	Justin Grinage, Paulina Isabel Almarosa, Michael Hannon	12:35 pm- 1:50 pm PT // 1:35 pm - 2:50 pm MT // 2:35 pm - 3:50 pm CT // 3:35 pm - 4:50 pm ET
Closing	Candice Valenzuela	1:55 pm - 2:15 pm PT // 2:55 pm - 3: 15 pm MT // 3:55 pm - 4:15 pm CT // 4:55 pm - 5:15 pm ET
Optional practice: Somatic integration & regulation	Monique Minahan	2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

Day 2- February 24, 2022

School Mental Health

New Directions

11:10-12:25pm PT / 12:10-1:25pm MT / 1:10-2:25pm CT / 2:10-3:25pm ET

Faculty share how they are expanding the grief and bereavement fields, new ways of understanding grief sensitivity, new language, and invitations for the traditional field's expansion; the sessions also include what we have learned and are learning from COVID-19 and pan/syndemic grief sensitivity.



Saun-Toy Trotter, MA



Sharim Hannegan-Martinez,
PhD



Stephanie Cariaga, PhD

Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Have a question for the session's GSVLI faculty? Use the Q & A button
- Have a comment or link for all attendees? Use the chat and write to "all attendees"
- At the end of today's training please complete a **brief** survey about today's training.
- You will receive an email on how to access a certificate of attendance; must attend at least half of today's event (2hrs).

- This event is closed captioned!

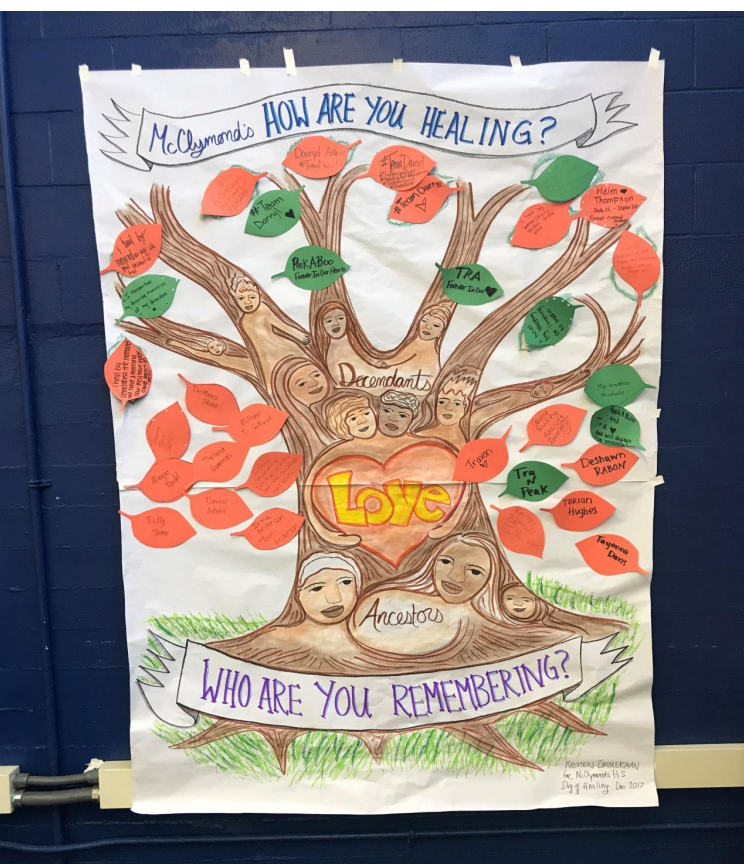


- Follow us on social media:



@MHTTCNetwork

Please Note:
Session recordings and slides will be posted on our website within 2 weeks.




- Saun-Toy Latifa Trotter, LMFT
- Healer, Psychotherapist, Program Manager, Artist
- Trauma Informed Systems Trainer and Coach
- Mother, Daughter, Wife, Aunt, Friend
- Grieving

Sombonfu Some

- For my people, the Dagara tribe of Burkina Faso in West Africa, we see that in life it is necessary to grieve those things that no longer serve us and let them go. When I grieve I am surrounded by family reassuring me that the grieving is worthwhile and I can grieve as much as I want.
- We experience conflicts, loved ones die or suffer, dreams never manifest, illnesses occur, relationships break up, and there are unexpected natural disasters. It is so important to have ways to release those pains to keep clearing ourselves. Hanging on to old pain just makes it grow until it smothers our creativity, our joy, and our ability to connect with others. It may even kill us.
- Often my community uses grief rituals to heal wounds and open us to spirit's call.

Coming up next...



Day 2- February 24, 2022
School Mental Health

Lived Experience, Culture & Grief

12:35-1:55pm PT / 1:35-2:55pm MT / 2:35-3:55pm CT / 3:35-4:55pm ET

Faculty might be grievors themselves with stories and wisdom to share to providers to inform their practices; faculty will also share what and how we can learn from those with lived experience, different cultural grief narratives, and needs to inform our practice.

Session 3: Lived Experience, Culture & Grief	Justin Grinage, Paulina Isabel Almarosa, Michael Hannon	12:35 pm- 1:50 pm PT // 1:35 pm - 2:50 pm MT // 2:35 pm - 3:50 pm CT // 3:35 pm - 4:50 pm ET
Closing	Candice Valenzuela	1:55 pm - 2:15 pm PT // 2:55 pm - 3: 15 pm MT // 3:55 pm - 4:15 pm CT // 4:55 pm - 5:15 pm ET
Optional practice: Somatic integration & regulation	Monique Minahan	2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

Day 2- February 24, 2022

School Mental Health

Lived Experience, Culture & Grief

12:35-1:55pm PT / 1:35-2:55pm MT / 2:35-3:55pm CT / 3:35-4:55pm ET

Faculty might be grievors themselves with stories and wisdom to share to providers to inform their practices; faculty will also share what and how we can learn from those with lived experience, different cultural grief narratives, and needs to inform our practice.



Justin Grinage, PhD



Paulina Almarosa, LCSW



Michael Hannon, PhD

Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- Have a question for the session's GSVLI faculty? Use the Q & A button
- Have a comment or link for all attendees? Use the chat and write to "all attendees"
- At the end of today's training please complete a **brief** survey about today's training.
- You will receive an email on how to access a certificate of attendance; must attend at least half of today's event (2hrs).

- This event is closed captioned!



- Follow us on social media:



@MHTTCNetwork

Please Note:
Session recordings and slides will be posted on our website within 2 weeks.

New Directions in Theorizing Racial Trauma in Education

Justin Grinage, Ph.D.

Assistant Professor, Literacy Education

Department of Curriculum & Instruction



UNIVERSITY OF MINNESOTA

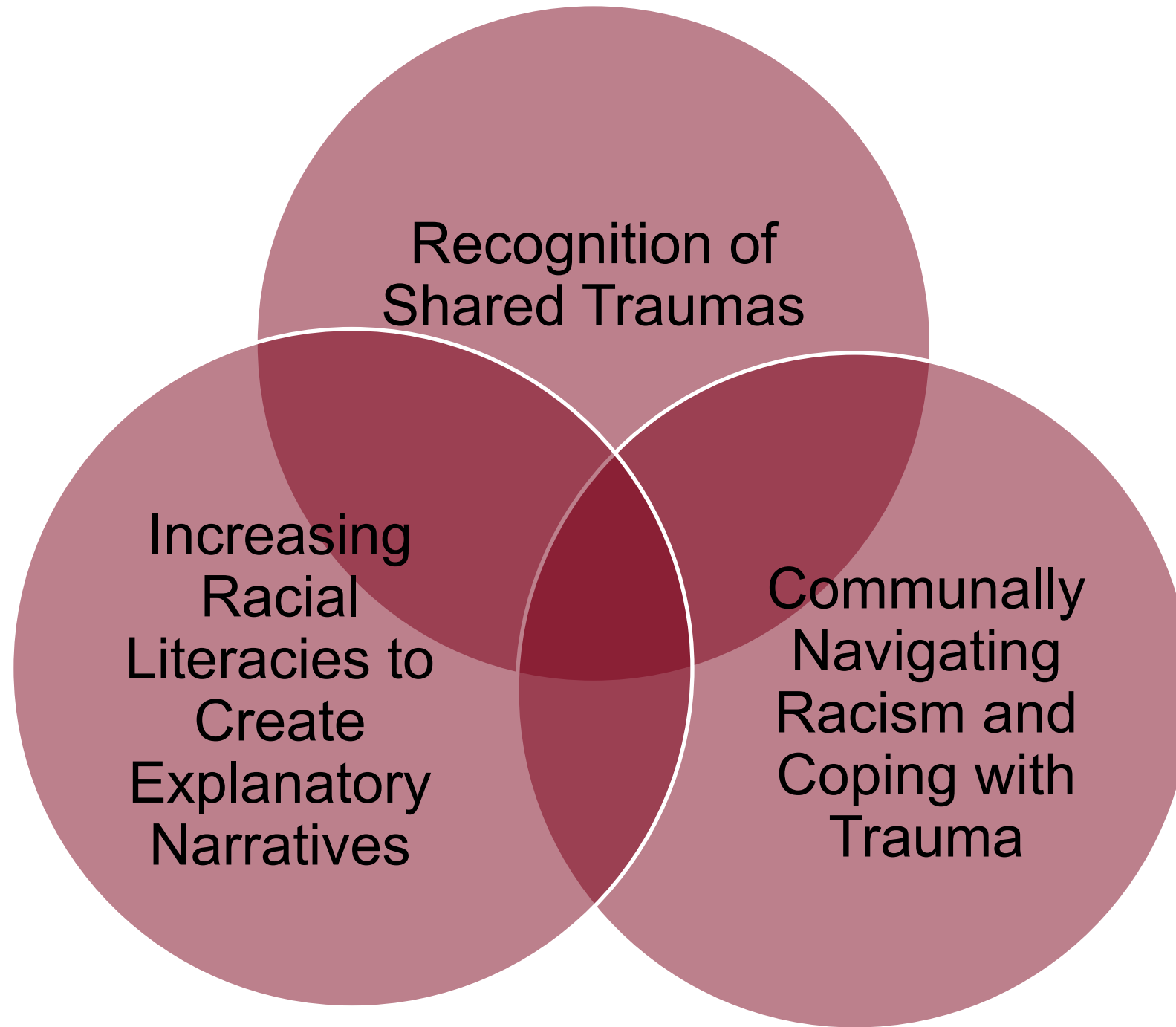
Driven to Discover®

Research Context

- Ethnographic study in a 12th grade ELA classroom at Sumner High School
- Mr. Turner's class: **33** students- **16** students of color, **17** white
- **Cultural insider**: previous relationship with participants and the research setting
- **Black Racial Bonding** with 5 students



Process of Collective Resistance



Coalition Building

- What specific actions will I take to be anti-racist inside and outside my classroom/school?
- How can I focus my curriculum to include agency while resisting deficit thinking?
- How can I encourage my colleagues to adopt anti-racist practices?
- How can I use critical literacy to empower my students to resist racial trauma?
- How can I provide spaces to increase my own racial literacy?
- How can I provide myself with time for critical self-reflection?



Contact Information

Thank you!

Email:

grin0060@umn.edu

References

Grinage, J. (2018). Socializing with the ghosts of our racial past: Embracing traumatic teaching and learning in literacy education. Scholars Speak Out. *Journal of Language and Literacy*, 1-9.

Grinage, J. (2019). Endless mourning: Racial melancholia, black grief, and the transformative possibilities for racial justice in education. *Harvard Educational Review*, 89(2), 227-250.





UNIVERSITY OF MINNESOTA

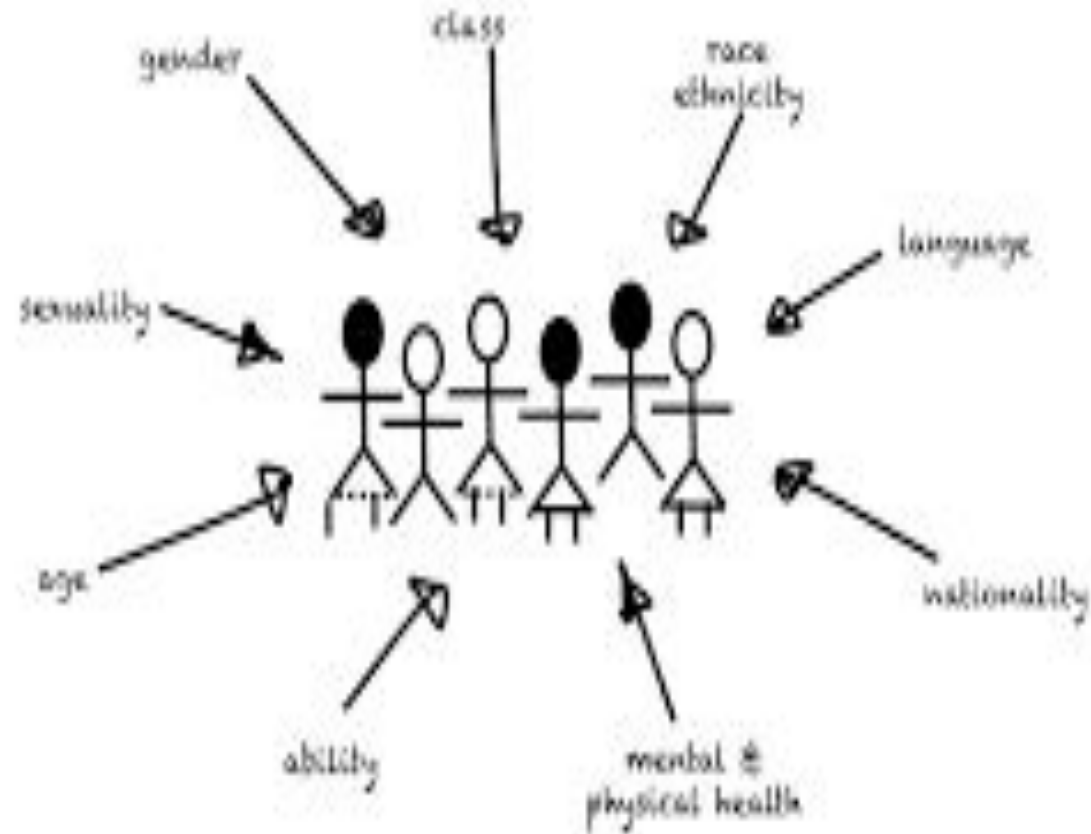
Driven to Discover[®]

Crookston Duluth Morris Rochester Twin Cities

The University of Minnesota is an equal opportunity educator and employer.

The Intersection of Race, Gender, Ability Status, Parenthood & Grief

INTERSECTIONALITY





Being the Right Kind of Help...



Paulina Isabel Almarosa



Born In Cuernavaca, Morelos
Mexico



From Grief to Degrees to Grief



Psychotherapist, Grief Artist,
Advocate & Storyteller



Latinx Grief & Counseling Contigo



Grief Sensitivity is...

- Inclusive & affirming of non-death losses
- Curious about the whole person & their history
- Understanding of the multitude of factors that impact a person's grief response (e.g. Immigration, Trauma hx, Culture, SES)
- Compassionate and Honest



Closing Speaker

Candice Valenzuela, MA



Candice Valenzuela, MA

Candice Rose Valenzuela is a mother, educator, lecturer, writer, coach and community wellness advocate. Candice has worked at the intersection of urban education and holistic health for 12 years, serving in a variety of roles from teen health educator, to Special Education teacher and instructional coach, before finding her calling in teacher support and wellness.

She got her Master's degree in East-West Psychology from the California Institute for Integral Studies, and studied cultural healing practices with healers in Los Angeles, the Bay Area, and Oaxaca. Her passion is to transform school communities into authentic spaces of healing and liberation by strengthening their greatest asset: their community of teachers.

Candice has facilitated healing circles, provided professional development, lectured and coached teachers and administrators at public schools, universities, retreats and conferences in the Bay Area and Los Angeles.

Her expertise is integrating critical pedagogy, culturally responsive teaching, and youth empowerment with holistic, mindful frameworks for healing.

Closing: the Spirit of Grief

Grief Grief Sensitivity Institute Day 2
Candice Valenzuela, MA, MFTI, YT- 200



Re- Grounding: Journeying With Grief

What is alive in you now?

What are you holding from your journey today?

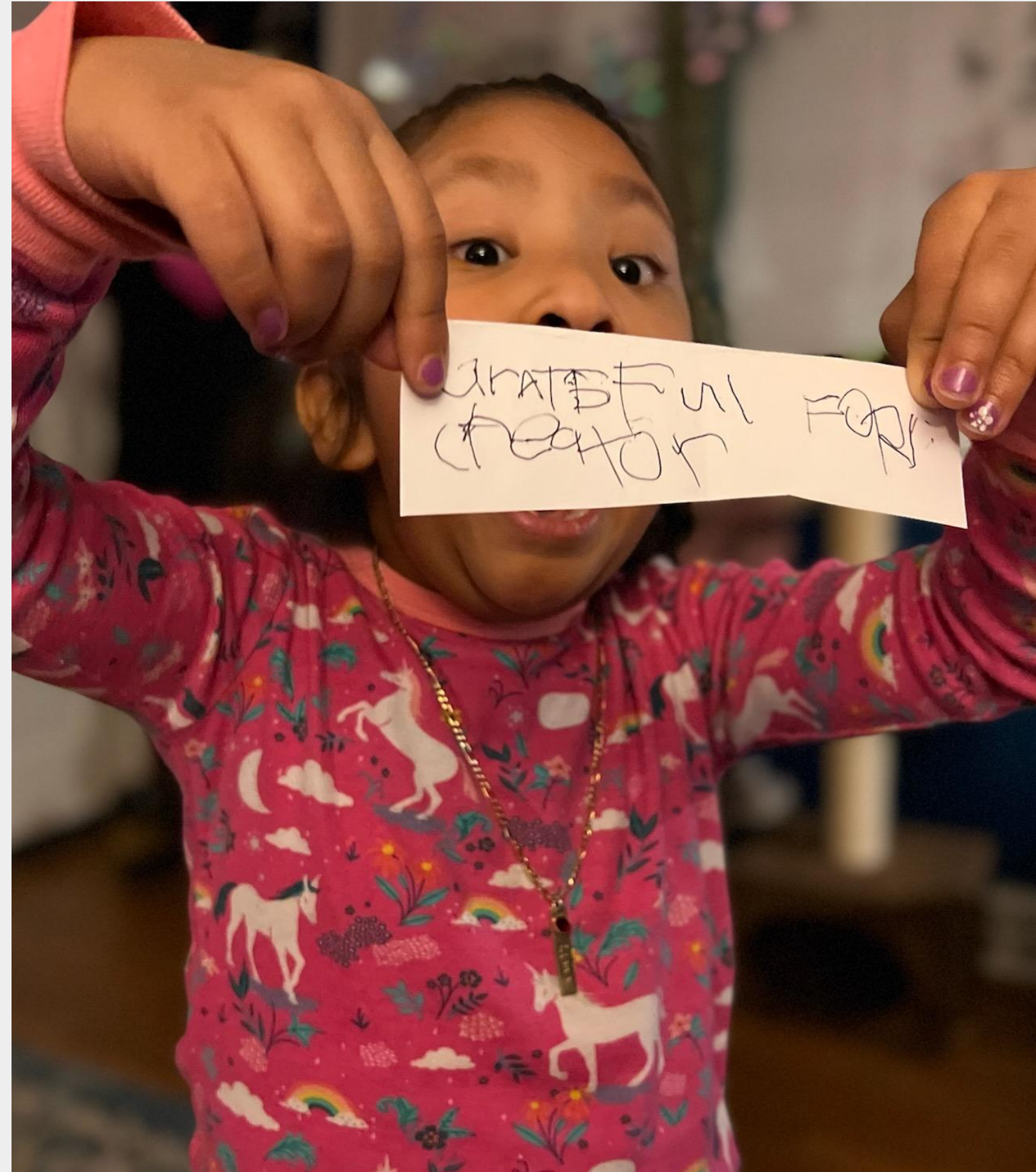
As we close the conference, what are you leaving behind?



Grief holds twinship with

JOY

When we remember the fragility of all that is, and our place of connection within it, we rejoice for this opportunity to be alive right now.



Thank you!

IG@breath_werk

fb@teachershealingteachers

medium.com/@candicerose

Where is healing happening in our
bodies, our schools, and our young
people... and how do we

*nurture
that?*

 *Candice Rose
Valenzuela*





THANK
YOU

Next Steps

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

Please take a moment to complete a **brief** survey about today's training.

- *2 parts to the survey, please complete both*

Day 2 Survey:

ttc-gpra.org/GPRAOnline/PCS?e=0088220156&n=M



Coming up next...

Optional practice: Somatic integration & regulation

Monique Minahan

2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

A HUGE GSVLI thank you to

Each regional MHTTC for funding speakers and ensuring this learning experience was possible

To all the GSVLI faculty whose wisdom, experience, and guidance contributed to our collective grief sensitivity learning

To the MHTTC Grief Coordination Group who planned this GSVLI

- Leora Wolf-Prusan, Pacific Southwest MHTTC
- Teresa Brewington, American Indian & Alaska Native MHTTC
- Erin Briley, Mountain Plains MHTTC
- Jennifer Baran-Prall, South Southwest MHTTC
- Felicia Benson & Jessica Gonzalez, MHTTC Network Coordinating Office
- Erika Franta & Shelbie Johnson, Mid-America MHTTC

To our session hosts, moderators & tech support

- Leora Wolf-Prusan, Pacific Southwest MHTTC
- Christina Clayton, Northwest MHTTC
- Teresa Brewington, American Indian & Alaska Native MHTTC
- Martha Staeheli, New England MHTTC
- Oriana Ides, Pacific Southwest MHTTC
- Jessica Gonzalez, the Network Coordinating Office
- Erin Briley, Mountain Plains MHTTC
- Jennifer Baran-Prall, South Southwest MHTTC
- Felicia Benson, Network Coordinating Office
- Heather Gotham, Network Coordinating Office



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

SAMHSA

Substance Abuse and Mental Health
Services Administration



Optional extension practice:
Moving with and through our GSVLI experience
Somatic integration work with Monique Minahan
of The Grief Practice

2:20 pm - 2:45 pm PT // 3:20 pm - 3:45 MT // 4:20 pm - 4:45 CT // 5:20 pm - 5:45 pm ET

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

Please take a moment to complete a **brief** survey about today's training.



Day 2 Survey:
ttc-gpra.org/GPRAOnline/PCS?e=0088220156&n=M