

Day 1 February 23, 2022 - General Mental Health

# Megan Devine, LPC

### Documentary work:

• Speaking Grief | Megan Devine, LPC

#### Books:

• <u>It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand</u>. Sounds True Press, 2017.

#### Podcasts:

• Here After with Megan Devine. (2021-Present), iHeart.

## Selected Popular Articles:

- "How to Support Grieving People During the Holidays." Psychology Today, December 2017.
- "How to Help a Grieving Friend." Psychology Today, September 2017.

Learn more about Megan here: <u>megandevine.co</u>
Follow Refuge in Grief on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u>, and <u>YouTube</u>!

# Robyn Douglas, MA

#### Selected Scholarly Articles:

- "Racial, Ethnic, and Neighborhood Income Disparities in Childhood Posttraumatic Stress and Grief: Exploring Indirect Effects Through Trauma Exposure and Bereavement."
   Journal of Traumatic Stress, 2021.
- Associations between adolescents' prosocial experiences and mental health during the <u>COVID-19 pandemic | SpringerLink</u> Current Psychology, 2022.

Email: <u>Douglard@tamu.edu</u> Website: <u>Robynddouglas.com</u> Follow Robyn on <u>Twitter!</u>

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## Julie Kaplow PhD, ABPP

## Organizations & Associations:

- Julie Kaplow, PhD, ABPP | Lucine Center
- Trauma and Grief Center at the Hackett Center for Mental Health

#### Documentary work:

Speaking Grief | Julie Kaplow, PhD

## Books (Co-authored):

• <u>Collaborative treatment of traumatized children and teens: the trauma systems therapy approach.</u> Guilford Press, 2007.

### Selected Scholarly Articles:

- "The Interplay between Posttraumatic Stress and Grief Reactions in Traumatically Bereaved Adolescents: When Trauma, Bereavement, and Adolescence Converge." Adolescent Psychiatry, 2017.
- "<u>Do Circumstances of the Death Matter? Identifying Socioenvironmental Risks for Grief-Related Psychopathology in Bereaved Youth.</u>" *Journal of Traumatic Stress*, 2014.
- "Age of onset of child maltreatment predicts long-term mental health outcomes." Journal of Abnormal Psychology, 2007.
- "A 12-year prospective study of the long-term effects of early child physical maltreatment on psychological, behavioral, and academic problems in adolescence." Archives of Pediatrics & Adolescent Medicine, 2002.
- "The prospective relation between dimensions of anxiety and the initiation of adolescent alcohol use." Journal of Clinical Child Psychology, 2001.

Email: jkaplow@mmhpi.org Website: www.tagcenter.org Follow Julie on Twitter!

# Sherman A. Lee, PhD

#### **Projects**

- The Pandemic Grief Project
- The Coronavirus Anxiety Project

#### Selected Scholarly Articles:

- "The Utility of the Pandemic Grief Scale in Identifying Functional Impairment from COVID-19 Bereavement." Journal of Palliative Medicine, 2021.
- "COVID-19 Bereavement in Ten Latin American Countries: Measurement Invariance of the Pandemic Grief Scale and Its Relation to Suicidal Ideation." OMEGA – Journal of Death and Dying, 2021.

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- "Fear and Psychopathology During the COVID-19 Crisis: Neuroticism, Hypochondriasis, Reassurance-Seeking, and Coronaphobia as Fear Factors." OMEGA – Journal of Death and Dying, 2020.
- "Clinically significant fear and anxiety of COVID-19: A psychometric examination of the Coronavirus Anxiety Scale." Psychiatry Research, 2020.
- "Social isolation as a means of reducing dysfunctional coronavirus anxiety and increasing psychoneuroimmunity." Brain, Behavior, and Immunity, 2020.
- "Coronavirus Anxiety Scale: A brief mental health screener for COVID-19 related anxiety." Death Studies, 2020.
- "The Dark Tetrad and callous reactions to mourner grief: Patterns of annoyance, boredom, entitlement, schadenfreude, and humor." Personality and Individual Differences, 2019.

Email:sherman,lee@cnu.edu Follow Christopher Newport University on Facebook and Twitter!

# Erin Emery-Tiburcio, PhD, ABPP

Selected Scholarly Articles:

- "The many faces of religious coping in late life: Conceptualization, measurement, and links to well-being." Aging International, 2004.
- "The BRIGHTEN Program: Implementation and Evaluation of a Program to Bridge Resources of an Interdisciplinary Geriatric Health Team via Electronic Networking." The Gerontologist, 2012.
- "Who am I with Parkinson's Disease? A Psychologist Response to Chaplain Intervention in the Context of Identity Theory." Journal of Health Care Chaplaincy, 2013.
- "Community Long-Term Care Teams: Assessing Team Fitness." Clinical Gerontologist, 2011.

Follow Erin on Twitter!

# Erica G. Srinivasan, PhD

Selected Scholarly Articles:

- "Bereavement and the Oregon death with dignity act: How does assisted death impact grief?" Death Studies, 2018.
- "Learning through loss: Implementing lossography narratives in death education." Gerontology and Geriatrics Education, 2014.

#### Selected Book Chapters:

 "Suffering a death wish: The psychology of medical aid-in-dying." In Neimeyer, R. (Ed.), New techniques of grief therapy: Bereavement and beyond (pp. 55-61). New York, NY: Routledge, 2022.

# MHTTC GSVLI 2022 Curriculum Vitae & Resources Shared Day 1 February 23, 2022 - General Mental Health (continued)

"Assisted death and suicide: comparing grief reactions." In N. Thompson, G. Cox & R. Stevenson (Eds.), <u>Handbook of traumatic loss: A guide to theory and practice</u> (pp. 33-46). New York, NY: Routledge, 2017.

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# Noni Gaylord-Harden, PhD

Selected Scholarly Articles:

- "Coping socialization in African American families: A latent profile analysis." Journal of Family Psychology, 2022.
- "Examining the pathologic adaptation model of community violence exposure in justice involved adolescents: The moderating and mediating effects of moral disengagement."
   Journal of Child & Adolescent Trauma, 2022.
- "Addressing the Inappropriate Use of Force by Police in the United States and Beyond:
   A Behavioral and Social Science Perspective. Report of the Police Violence Commission
   International Society for Research on Aggression." Aggressive Behavior, 2021.
- "Coping and adaptation in challenging environments: Introduction to the special issue on development of boys and young men of color." Journal of Applied Developmental Psychology, 2021.
- "Hyperarousal and hypervigilance in African American male adolescents exposed to community violence." Journal of Applied Developmental Psychology, 2020.
- "The prevalence and longitudinal patterns of continuous community violence exposure and trauma-related symptoms in serious male adolescent offenders." Journal of Traumatic Stress, 2020.

Follow Noni on Twitter!

## Lise Van Susteren, MD

#### Book:

Emotional Inflammation: Discover Your Triggers. Sounds True Press, 2020.

## Report:

• "The Psychological Effects of Climate Warming on the U.S. - Why the US Mental Health System Is Not Prepared." *National Wildlife Federation, 2011.* 

#### Co-Founded Organizations:

- Climate Psychiatry Alliance
- Climate Psychology Alliance
- Interfaith Moral Action on Climate

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# Monique Minahan

#### Books:

- The Grief Practice: Stories of Surviving Loss & Practices for Supporting Loss. 2019.
- The Unedited Heart: Letters on Loss. 2016.

### Organizations:

• The Grief Practice

Website: thegriefpractice.com Follow Monique on Facebook, Twitter, and Instagram!

# Roshni Kavate, BSN

## Organizations:

https://www.cardamomandkavate.com/

## Community Cookbook/Zine:

Mending a Broken Heart.

Follow Roshni on Facebook and Twitter!

# Monique Castro, LMFT

## Organizations:

- Indigenous Circle of Wellness
- The California Native Vote Project
- So'oh-Shinálí Sister Project

Email: <u>info@iocwellness.com</u> Website: <u>www.iocwellness.com</u> Follow Indigenous Circle of Wellness on <u>Facebook</u> and <u>Twitter!</u>

## Day 2 February 24, 2022 - School Mental Health

## Candice Rose Valenzuela, MA

https://www.candicerosevalenzuela.com/

## Selected Popular Articles:

- "Diagnosing the Black body: Race, culture and power in schizophrenia diagnosis."
   Medium.
- "Social Justice Education needs Trauma Informed Care, now more than ever: A
  response to "The Future of Healing: Shifting from Trauma Informed Care to Healing
  Centered Engagement" by Dr. Shawn Ginwright." Medium.
- Space for Young Black Women: An Interview with Candice Valenzuela Rethinking Schools
- Cells in the Body of the Earth: Living with Violence, Article, Feminism and Religion, Claremont Graduate University

Follow Candice on Facebook and Twitter!

# Rozlyn Kwong, LMFT, IFEC MHS, RFP II

## Organization:

Sycamores

#### Webinars:

 <u>Beyond "Sorry for Your Loss:" Supporting Students on Their Grief Journey.</u> Grief Sensitivity Virtual Learning Institute, 2020.

Email: <u>ClinicalTraining@sycamores.org</u>, <u>RKwong@sycamores.org</u> Follow Sycamores on <u>Facebook</u> and <u>Twitter!</u>

# Jillian Blueford, PhD, LPC, NCC, CT

## Selected Scholarly Articles:

- "Resolving Value Conflicts with Physician-Assisted Death: A Systemic Application of the Counselor Values-Based Conflict Model. Professional Counselor, 2018.
- "Using an attachment lens to conceptualize grief: Practical implications for human services professionals." Journal of Human Services, 2019.
- "Creating a System of Care for Early Adolescents Grieving a Death-Related Loss."

  Journal of Child and Adolescent Counseling, 2021.
- "Counselor preparedness to counsel grieving clients: Insights and implications." Death Studies, 2021.
- "Trauma-Informed Grief Counseling With Older BIPOC Individuals." Adultspan, 2021.

Follow Jillian on Twitter!

Day 2 February 24, 2022 - School Mental Health (continued)

# Polly Y. Gipson, PhD

## Selected Scholarly Articles:

- "Columbia-suicide severity rating scale: predictive validity with adolescent psychiatric emergency patients." Pediatric Emergency Care, 2015.
- "Emotional Suppression Mediates the Relation Between Adverse Life Events and Adolescent Suicide: Implications for Prevention." *Prevention Science*, 2014.
- "Teen Options for Change: An Intervention for Young Emergency Patients Who Screen Positive for Suicide Risk." Psychiatric Services, 2015.
- "Identifying adolescents at highly elevated risk for suicidal behavior in the emergency department." Journal of Child and Adolescent Psychopharmacology, 2015.
- "Gender differences in early risk factors for adolescent depression among low-income urban children." Cultural Diversity and Ethnic Minority Psychology, 2006.

Email: <a href="mailto:pollyg@umich.edu">pollyg@umich.edu</a> Follow University of Michigan Health on <a href="mailto:Facebook">Facebook</a> and <a href="mailto:Twitter">Twitter</a>!

# Saun-Toy Latifa Trotter, MA

#### Presentation:

• On the Front Lines: The Provider and Educator Perspective. Kaiser Permanente Institute for Health Policy Forum.

Follow Saun-Toy on Twitter!

# Sharim Hannegan-Martinez, PhD

#### Scholarly Articles:

"From Punk Love to Compa Love: A Pedagogical Paradigm to Intervene on Trauma."
 The Urban Review. 2019

## Books (Co-authored):

 Half an Inch from the Edge: Teacher Education, Teaching, and Student Learning for Social Transformation. Rowman & Littlefield Publishers, 2019

## **Book Chapters:**

 "Teaching to Save Our Lives" in <u>Why We Teach Now</u>, Ed. Sonia Nieto. Teachers College Press, 2014.

#### Co-Founded Organizations:

People's Education Movement Bay Area

Follow Sharim on Twitter!

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# Stephanie Cariaga, PhD

Selected Scholarly Articles:

- "Research as Healing." Rethinking Schools, 2015.
- "<u>Towards Self-Recovery: Cultivating Love with Young Women of Color Through Pedagogies of Bodymindspirit.</u>" *The Urban Review*, 2019.
- "A Praxis of Critical Race Love Toward the Abolition of Cisheteropatriarchy in Educational Justice Formations." Educational Studies A Journal of the American Educational Studies Association, 2021.
- "Crisis, Change, and Canceling the Teacher Performance Assessment." Rethinking Schools, 2020.
- "Collaborating to Capture Community Resilience: Storytelling as Resistance and Research as Healing." Rethinking Schools, 2015.

Follow Stephanie on **Instagram!** 

# Justin Grinage, PhD

Selected Scholarly Articles:

- "Reopening racial wounds: Whiteness, melancholia, and affect in the English classroom." English Education, 2019.
- "Endless mourning: Racial melancholia, black grief, and the transformative possibilities for racial justice in education." Harvard Educational Review, 2019
- "Reterritorializing locations of home: Examining the psychopolitical dimensions of race talk in the classroom." Journal of Curriculum Theorizing, 2014.

Email: grin0060@umn.edu Follow Justin on Twitter!

# Paulina Isabel Almarosa, LCSW

Organizations Founded:

- Latinx Grief
- @latinxgrief | Linktree

Follow Latinx Grief on **Instagram!** 

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## Michael Hannon, PhD

Co-Founded Organizations:

- Great Expectations Teaching and Advocacy Center
- Autism Fathers Group- AJ Drexel Autism Institute Fathers Autism Support Group

### Selected Scholarly Articles:

- "The intentionality of confronting racism, systemic oppression, and cyclical trauma in counselor education: A self-study." Teaching and Supervision in Counseling, 2021.
- "The experiences of school counselors as Anti-Bullying Specialists: A phenomenological study." Professional School Counseling, 2019.
- "Microaggression experiences of fathers with children with autism spectrum disorder." The Family Journal: Counseling and Therapy for Couples and Families, 2019.
- "School counselors, multiple student deaths, and grief: A narrative inquiry." Journal of Counseling and Development, 2019.
- "Acknowledging intersectionality: An autoethnography of a Black school counselor educator and father of a student with autism." Journal of Negro Education, 2017.

Follow Montclair State University on Facebook and Twitter!

# Resources Shared in the Chat Box During the 2nd GSVLI (February 23 & 24, 2022)

#### Articles

- How Do We Deal with Trauma and Grief After Violence?
- Sitting Down to Dinner with Ecogrief
- Intimate Partner Violence and Disenfranchised Grief Unrecognized Loss Social Work Today
- Transnational Grief Looks Different When You're Undocumented
- Families and children with hearing loss: grief and coping
- Best Practices For Grief: Parental Incarceration
- Grieving an Incarcerated Loved One The American Academy of Bereavement
- https://vownow.org/2020/02/relief-and-grief-after-leaving-an-abuser
- How People Of Color Can Experience Grief Differently Than White People | HuffPost Life
- Resources to Support Children's Emotional Well-Being Amid Anti-Black Racism, Racial Violence, and Trauma - Child Trends
- Resources for Talking about Race, Racism and Racialized Violence with Kids Center for Racial Justice in Education
- Talking with children about race and racism: it's never too early | YaleNews

## Organizations & Projects

- Summary Project Fleur-de-lis
- Heard Alliance at Stanford www.heardalliance.org
- Judi's House https://judishouse.org/research-tools/cbem/cbem-race-ethnicity/
- The Trauma Stewardship Institute
- The School Crisis Recovery & Renewal Project (NCTSN)
  - Memorialization and Commemoration
  - School Crisis Recovery & Renewal Resources
  - Voices from the field https://schoolcrisishealing.org/scrr-blog/
- National Center for School Crisis and Bereavement
  - o Teacher Training Modules | National Center for School Crisis and Bereavement
  - Coalition to Support Grieving Students | National Center for School Crisis and Bereavement

#### Resources for grief support in Spanish

- Eluna Network
- It's OK That You're Not OK: Now Available in Spanish! Refuge In Grief

## Videos

Dr. Robert Neimeyer on making-meaning within our own grief.

#### **Fact Sheets**

- Grief Fact Sheet #4: Cultural Responsiveness | Mental Health Technology Transfer
   Center (MHTTC) Network
- Grief Fact Sheet #5: Evidence-Based Treatments for Grief | Mental Health Technology
   Transfer Center (MHTTC) Network

#### Grief + Policy

- Pregnancy Loss Policy
- Paid Leave After Miscarriage: Why We Need It in the US | Vogue

#### Books

- Superhero Grief (Series in Death, Dying, and Bereavement) 1st Edition
- Humanizing Grief in Higher Education: Narratives of Allyship and Hope
- The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma: van der Kolk MD, Bessel: 9780143127741: Amazon.com: Books
- The Wild Edge of Sorrow: Rituals of Renewal and the Sacred Work of Grief: Weller, Francis, Lerner, Michael
- Feeling Power: Emotions and Education: Boler, Megan, Greene, Maxine
- Grieving: Dispatches from a Wounded Country: Rivera Garza, Cristina, Booker, Sarah:
- Finding Meaning: The Sixth Stage of Grief: Kessler, David
- The Grieving Brain HarperCollins
- Finding Refuge
- Grieving While Black by Breeshia Wade: 9781623175511 | PenguinRandomHouse.com: Books
- Learning from Loss by Brittany R. Collins. A Trauma-Informed Approach

#### Guides

- <u>Discussion with Fellow Educators About Grief Losses During the Pandemic</u> (NCSCB)
- RITUALIZING REMEMBRANCE in our SCHOOL CULTURES: Día de los muertos (SCRR)

#### Podcasts // Episodes

- Grief Out Loud | Podcast on Spotify
  - o Episode: Grief At School
- Good Mourning Grief Podcast
- What's Your Grief Podcast

#### Books for Children

- The Rabbit Listened https://www.youtube.com/watch?v=rBjAWkog9n0
- A Book List to Help Navigate Grief with Young People (School Crisis Recovery & Renewal Project) <a href="https://schoolcrisishealing.org/scrr-blog/">https://schoolcrisishealing.org/scrr-blog/</a>
- Hamilton's Academy of Grief & Loss Books for Grieving Children

#### Youth Voice + Grief

- November GSVLI: Listening & Loving A Conversation with Youth Leaders about Grief and Healing | Mental Health Technology Transfer Center (MHTTC) Network
- <u>September GSVLI: Listening & Loving: A Conversation with Youth Leaders about Grief</u> and Healing | Mental Health Technology Transfer Center (MHTTC) Network
- This Message from Kurdish Students to Las Vegas Victims will make you Weep. | elephant journal

A special thank you to GSVLI participant Michelle Dillon for helping compile the incredible resources participants shared with one another during the 2nd GSVLI