



## State Mental Health Profile 2019: Indiana

### Mental Health Infrastructure

Indiana has a non-profit run behavioral health system where county tax levies provide additional resources for recovery supports in all 92 counties in the State. The primary funding comes from both federal and state resources. As time has passed, most organizations are now relying heavily on Medicaid funding to pay for services. Currently each of the 24 Community Mental Health Centers has a local board that governs the organizations.

The boards plan, evaluate, and fund the continuum of services provided by each organization. These services include both mental health and addiction services for persons of all ages. Services provided are typically based on the needs of the community. Even though there is a prescribed continuum to provide services, volumes vary based on service demands from the local communities.

These entities have provided the Medicaid Rehabilitation Option services since 1993. This model has provided services to those who most need case management, daily living supports and other services that help keep citizens in the community rather than in some form of institutional setting.

Indiana is also a state that adopted Medicaid expansion through Hoosier Assurance Plan a few years ago. As people who never were on any form of coverage have been enrolled it has reduced the level of charity care provided by centers. The Hoosier Assurance Plan has brought services to many that either received limited services or never sought service at all because they did not have the resources to pay for them.

Community Mental Health Centers have now expanded services by being more integrated with health care. This has been accomplished by integrating into primary care clinics, becoming

Federally Qualified Health Centers, integrating primary care in to behavioral health clinics and participating in CCBHC pilot projects. Overall, this has brought better care to the residents of the state to be able to go to one place for all their service needs.

As with many of states, Indiana is a complex state for behavioral health services and continues to develop new avenues to provide services. The opiate crisis has brought much more attention to the need for services within the state. Indiana ranks 36<sup>th</sup> of the 50 states in the number of opiate deaths per 100,000 of population.

### Funding

#### FY2018 SAMHSA Funding-

##### Formula Funding:

SAPT Block Grant	\$32,514,482
CMHS Block Grant	\$12,300,809
PATH	\$ 1,011,476
PAIMI	\$ 592,729
Subtotal of Formula Funding	\$46, 419,496

##### Discretionary Funding:

Mental health	\$11,850,504
Substance Abuse Prevention	\$ 5,914,130
Substance Abuse Treatment	\$33,668,431
Subtotal of Discretionary Funding	\$51,433,065

##### Total Funding:

Total Mental Health Funds	\$25,755,518
Total Substance Abuse Funds	\$72,097,043
Total Funds	\$97,852,561

### Planning

Mental Health and Addiction Planning and Advisory Council

[https://www.in.gov/fssa/dmha/files/FFY\\_2014-2015\\_Block\\_Grant\\_Application\\_-\\_Draft.pdf](https://www.in.gov/fssa/dmha/files/FFY_2014-2015_Block_Grant_Application_-_Draft.pdf)



## Major Conferences

Indiana Council Quarterly Training Conferences

### Indiana Technical Assistance Centers

National Survey on Drug Use and Health (NSDUH) Indiana

<https://www.samhsa.gov/data/report/2016-2017-nsduh-state-specific-tables>

Indiana 2017 Mental Health National Outcome Measures (NOMS)

<https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/Indiana-2017.pdf>

SAMHSA: Behavioral Health Barometer Indiana, Volume 4

[https://www.samhsa.gov/data/sites/default/files/2015\\_Indiana\\_BHBarometer.pdf](https://www.samhsa.gov/data/sites/default/files/2015_Indiana_BHBarometer.pdf)

### Indiana Division of Mental Health and Addiction Contacts

<https://www.in.gov/fssa/dmha/index.htm>

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### Indiana Council of CMHCs, Inc.

[www.iccmhc.org](http://www.iccmhc.org)

The Indiana Council of Community Mental Health Centers (Indiana Council) is a nonprofit, professional trade association representing all certified community mental health providers across the state. We serve our members while promoting comprehensive and accessible community mental health and addiction services for all citizens in Indiana.

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### Family and Consumer-run Organizations

NAMI Indiana

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Mental Health America (MHA) of Indiana

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Indiana Federation of Families for Children's Mental Health

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