



Southeast (HHS Region 4)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



From Cultural Competence to Structural Competence – Strategies for Achieving Mental Health Equity

**Wednesday, March 4, 2020
2:00 - 3:30 PM ET**

Presented by Dr. Ruth Shim

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Description

Disparities in mental health and mental healthcare have been a persistent and unremitting issue despite concerted efforts on multiple fronts to address the problem. The enduring nature of these problematic differences compels us to evaluate factors that led to our present state, and consider new evidence and new strategies to reduce and eliminate mental health disparities. This webinar will reframe the issue via a journey from cultural competence to structural competence (through cultural humility), address new trends in research in the field, and offer innovative solutions that providers and policymakers can adopt to more effectively address mental health disparities and inequities going forward. By the end of the webinar, participants will be able to:

- To consider the role of disparities and inequities in mental health care and outcomes
- To understand the difference between cultural and structural competence
- To consider your role in addressing inequities in mental health care

About the Presenter

Dr. Shim received an MPH in health policy from Rollins School of Public Health at Emory University and an MD from Emory University School of Medicine. She is a member of the Board of Trustees of the Robert Wood Johnson Foundation and the American Association of Community Psychiatrists. She serves on the Editorial Boards of Psychiatric Services, Community Mental Health Journal, and American Psychiatric Publishing, and is co-editor of the book, *The Social Determinants of Mental Health*, and an upcoming book on social justice and mental health, to be published early 2021. She is a 2018-2019 Fellow of the Executive Leadership in Academic Medicine (ELAM) Program, and an at-large member of the National Academies of Sciences, Engineering, and Medicine Forum on Mental Health and Substance Use Disorders. Dr. Shim's research focuses on mental health disparities and inequities, and she provides clinical psychiatric care in the UC Davis Early Diagnosis and Preventative Treatment (EDAPT) Clinic.

