



**MHTTC**

**Mental Health Technology Transfer Center Network**

Funded by Substance Abuse and Mental Health Services Administration

## **First Episode Psychosis and Clinical High Risk**

### **National Stakeholders and Key Resources**

**January 2020**

The following is a brief list of national stakeholders and key resources related to first episode psychosis and/or clinical high risk.\*

- **PEPPNET (Psychosis-Risk and Early Psychosis Program Network)**
  - National steering committee of clinicians, educators, policy leaders, government agencies and researchers who are leading community implementation efforts for early psychosis and psychosis risk programs. Through meetings, subgroups, a national listserv and website, PEPPNET supports the development and dissemination of evidence-based best practices and evaluation standards.
  - Key Resources: Active listserv, monthly webinars, white paper, videos, Training & Technical Assistance Workgroup, annual conference
  - <http://med.stanford.edu/peppnet.html>
  
- **EPINET (Early Psychosis Intervention Network)**
  - In 2019, the National Institute of Mental Health (NIMH) awarded six research grants (5 regional hubs, 1 coordinating center) for studies to develop a learning health care system for the treatment of early psychosis. The awards are part of a research initiative called [Early Psychosis Intervention Network \(EPINET\)](#), which aims to develop models for the effective delivery of coordinated specialty care (CSC) for early psychosis. Each regional hub will have one or more studies focused on reducing delays in accessing care, improving cognitive functioning, preventing suicide, increasing treatment adherence, and sustaining clinical gains. Each program will use standard clinical measures and uniform data collection. The EPINET National Data Coordinating Center will enable large-scale, practice-based research using data shared by the regional hubs. Susan Azrin is the project officer.
  - Key Resources: In a few years, they will have research results and resources
  
- **NASMHPD (National Association of State Mental Health Program Directors)**
  - *Early Intervention in Psychosis* virtual resource center provides reliable information for practitioners, policymakers, individuals, families, and communities to foster more widespread adoption and utilization of early intervention programming for persons at risk for (or experiencing a first episode of) psychosis. The site includes information from a national RWJF-funded demonstration to identify and prevent the onset of psychotic illness – the Early Detection and Intervention for the Prevention of Psychosis Program (EDIPPP) – as well as other early intervention initiatives.
  - Key Resources: The website is a virtual resource center
  - <https://www.nasmhpd.org/content/early-intervention-psychosis-eip>
  - <https://www.nasmhpd.org/content/2019-ta-and-training-resources-first-episode-psychosis-now-available>

- **NTTAC (National Training and Technical Assistance Center for Child, Youth & Family Mental Health)**
  - SAMHSA-funded TA Center that provides training and TA around the following content areas: Clinical Best Practices, Wraparound, & Workforce Development; Cultural and Linguistic Competence; Early Intervention & Behavioral Health Integration; Family Engagement & Leadership, Policy, System Design, & Financing; Tribal Systems of Care Support; and Youth Engagement & Leadership.
  - Key Resources: Clinical High Risk Learning Community, ending September 2020.
  - <https://www.samhsa.gov/nttac>
  
- **SMI Adviser**
  - SAMHSA-funded Clinical Support System for Serious Mental Illness. For clinicians, they offer access to education, data, and consultations so you can make evidence-based treatment decisions. For individuals, families, friends, people who have questions, or people who care for someone with SMI, they offer access to resources and answers from a national network of experts.
  - Key Resources: Live webinars, free recorded on-demand webinars with continuing education, and a repository of print materials on their website.
  - <https://smiadviser.org/>
  
- **MHTTC Network**
  - SAMHSA-funded training and technical assistance network of 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office. The Network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. They work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals.
  - Key Resources: In person and virtual training events, recorded webinars, resources.
  - <https://mhttcnetwork.org/>
  
- **NAMI**
  - NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. They have a strong interest in FEP.
  - Key Resources: Website section with resources for patients, family, loved ones; discussion groups
  - <https://www.nami.org/Learn-More/Mental-Health-Conditions/Early-Psychosis-and-Psychosis/Discuss>

### **National Early Psychosis Models and Resources**

- **EASA (Early Assessment and Support Alliance) and EASA Center of Excellence**
  - EASA is a network of programs and individuals across Oregon who are focused on providing rapid identification, support, assessment and treatment for teenagers and young adults who are experiencing the early signs of psychosis. The EASA Center for Excellence (collaboration between Portland State University and Oregon Health & Science University) provides training and support for program development and quality improvement for EASA programs statewide as well as for national programs.

- Key Resources: Manuals, practice guidelines, toolkits, recorded webinar series, implementation resources.
- <http://www.easacommunity.org/>
- **NAVIGATE**
  - NAVIGATE is a comprehensive Coordinated Specialty Care (CSC) program designed to provide early and effective treatment to individuals who have experienced a first episode of psychosis. Implemented at 20 sites.
  - Key Resources: Videos, manuals
  - <https://navigateconsultants.org>
- **OnTrackNY**
  - OnTrackNY is a comprehensive, multidisciplinary team-based model for first episode psychosis in New York State.
  - Key Resources: Manuals, videos
  - <https://www.ontrackny.org/>

### **International Organizations**

- **IEPA Early Intervention in Mental Health**
  - IEPA is an international network of clinicians, researchers, administrators, policy makers, and individuals with an interest in the field of early intervention in psychiatry. There is North American representation on their advisory council.
  - Key Resources: Website resources, conference in October 2020 in Rio, Brazil, quarterly online journal – *Early Intervention in Psychiatry*
  - <https://iepa.org.au/>
  - <http://www.iepaconference.org/iepa12/>

### **Book**

- Hardy, K. V., Ballon, J. S., Noordsy, D. L., & Adelsheim, S. (Eds.). (2019). *Intervening early in psychosis*. Washington, DC: American Psychiatric Association.

\*Clinical high risk programs and first episode psychosis programs are most often separate. There are key issues about funding, training, etc. For more information, see the following white paper written with partners from PEPPNET, EASA, Northeast Ohio Medical University, Columbia University/New York State Psychiatric Institute and SAMHSA related to the continuum from systems of care to CHR to FEP:

[https://med.stanford.edu/peppnet/education/\\_jcr\\_content/main/download/file.res/Integration-of-Early-Psychosis-Services-in-SoC-Framework-Final.pdf](https://med.stanford.edu/peppnet/education/_jcr_content/main/download/file.res/Integration-of-Early-Psychosis-Services-in-SoC-Framework-Final.pdf)