

Back to School After COVID-19: Open Up with Optimism and Connection

Date: July 16, 2020 @ 4:00 p.m. | Virtual Webinar



New England (HHS Region 1)

MHTTC

Mental Health Technology Transfer Center Network

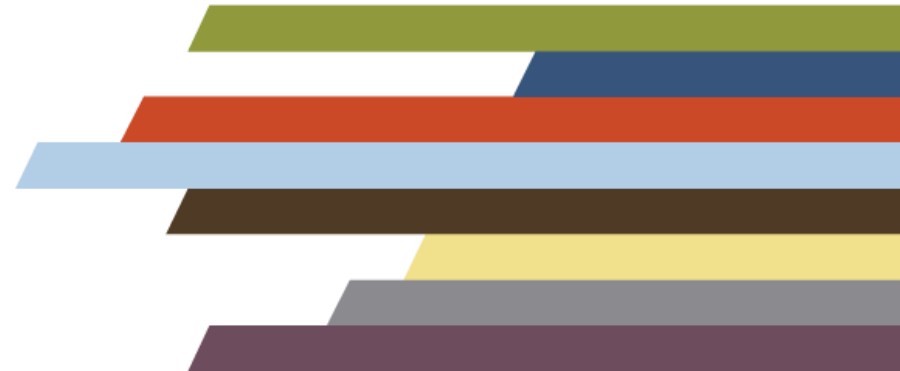
Funded by Substance Abuse and Mental Health Services Administration

Presenters

Christine Mason, PhD

Martha Staeheli, PhD

Steve Gross, MSW



Housekeeping Information



Participant microphones will be muted at entry – you will be able to unmute during the discussion portion of our webinar.



If you have questions during the webinar, please use the chat box or the “raise hand” feature during discussion to have your microphone unmuted.



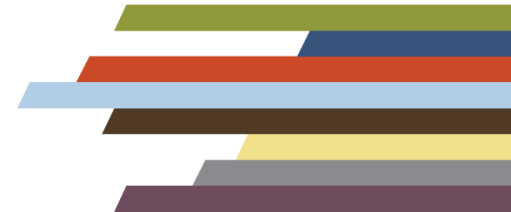
This session is being recorded and it will be available on the MHTTC website within 24 hours of the close of this presentation.



Information about CEUs will be sent in a follow-up e-mail.



If you have questions after this session, please e-mail: newengland@mhttcnetwork.org.



Today's Presenters

Dr. Christine Mason Dr. Martha Staeheli Steve Gross, MSW



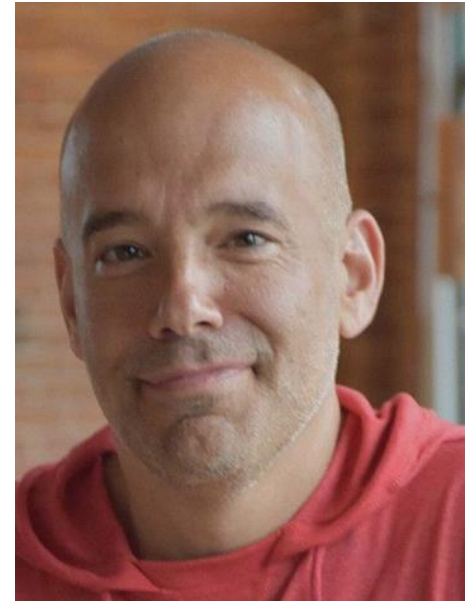
**New England Mental
Health Technology
Transfer Center**

Director, Childhood-Trauma
Learning Collaborative



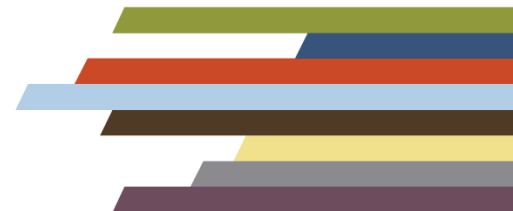
**New England Mental
Health Technology
Transfer Center**

Director, School Mental
Health Initiative



**Life is Good
Playmakers Foundation**

Founder & Chief
Playmaker





Our results

16,000 Playmakers, teachers, social workers, counselors, nurses and other childcare professionals working across the US and Haiti.

One Million Kids are helped each year to heal from traumatic experiences thanks to Playmakers.

80%

of Playmakers told us they're using a Playmaker-approved approach nearly every week.

96%

of Playmakers report that our program has a positive impact on the social, emotional, and physical well-being of the kids they care for.

Teacher Burnout

is one of the biggest challenges facing early childhood education. Over 40% of teachers leave the profession within five years, according to the National Education Association. Being a Playmaker reduces teachers' level of burnout and increases their sense of efficacy in the classroom.

Self Care

is an important component of success and retention in the childcare profession. Our program has been proven to increase resiliency among staff, who in turn also report a reduction of post-traumatic stress symptoms such as anxiety, depression, and withdrawal in the children they serve.

87%

of Playmakers said that they practice self-care on a weekly or daily basis.

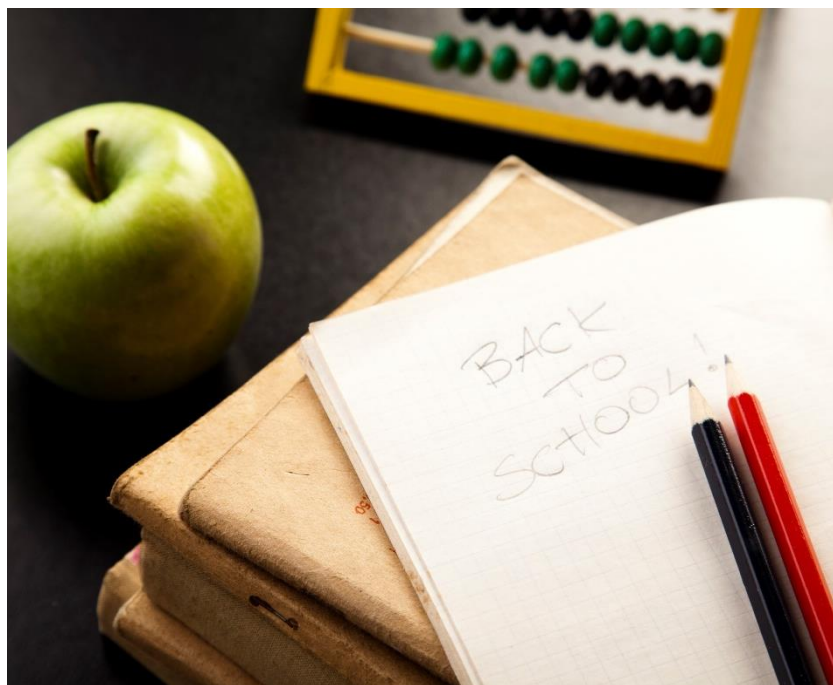
95%

of Playmakers say their training has had a positive impact on their life at work.

96%

of Playmakers report that the Playmaker program has had a positive impact on their everyday life.

Back to School After COVID-19: Supporting Staff and Student Mental Health Needs



1. Foster safety and equity.
2. Build community.
3. Work with community partners to support student and staff mental health.
4. Acknowledge and address grief.
5. Re-establish routine and connection.
6. Use mindfulness to teach self-regulation at home and at school.
7. Create a vision for a better future together.

Visit the New England MHTTC [website](#) to access our companion toolkit to help you vision for a return to school this fall.



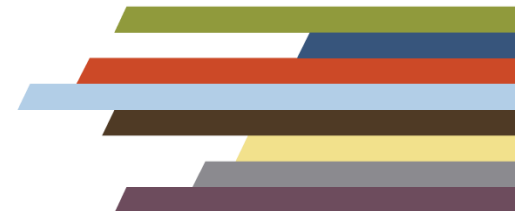
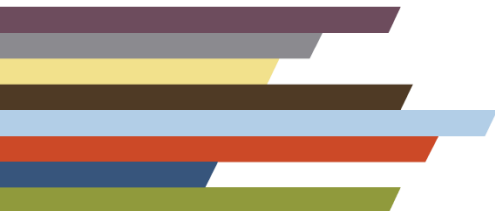
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Back to School After COVID-19: Opening Up with Optimism and Connection



Gain Access to our Resources

Topics

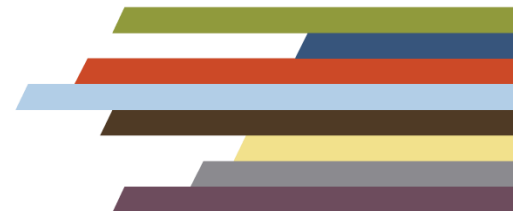
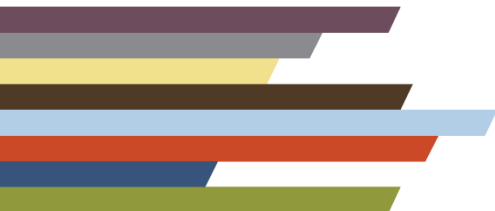
- Visioning
- Mental Health Support Systems
- Trauma-Informed Practices
- Mindfulness
- Social Emotional Learning
- Equity in Education

Resources

- Researchers to answer questions/find resources
- Community of trauma-informed educators
- Webinars
- Articles
- Curricula
- Programs & Interventions



Center for Educational Improvement event participants, like you, can join select resource teams on our Basecamp platform.





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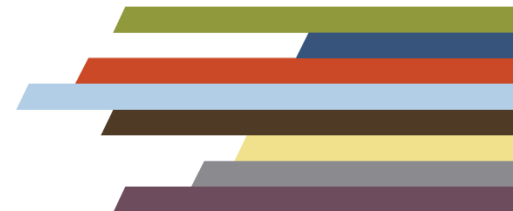


Childhood-Trauma Learning Collaborative (C-TLC)

Is your school trauma-informed? Are you/your colleagues looking for mental health resources to better support your students?

Join the Center for Educational Improvement (CEI) for a series of online events hosted by the [New England Mental Health Technology Transfer Center \(New England MHTTC\)](#).

Our complimentary webinar series is designed to strengthen mental health supports that address the needs of children who have experienced/are at risk of experiencing significant trauma.





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Childhood-Trauma Learning Collaborative (C-TLC)



**UPCOMING VIRTUAL TRAINING:
Tuesday, August 25, 9:00 am – 4:00 pm**

School and Community-based Trauma-skilled Practices Supporting Youth: The Compassionate School Mental Health Model

Join us for a one-day virtual workshop that will help your community to alleviate trauma, toxic stress, and mental health challenges for youth and those who work with them.

Who Should Attend? School Administrators, Educators, School-and Community-based Mental Health Service Providers, and service providers in community-based organizations, hospitals, or police departments working with youth in **Maine**.

For more on Life is Good Playmakers:

» <https://www.lifeisgood.com/kidsfoundation/playmakers-work.html>

Social Media:

 [LifelsGoodCoPlaymakers](#)

 [LifelsGoodPlaymakers](#)

 [Life-Is-Good-Playmakers](#)

 [LiGPlaymakers](#)



Online course offerings:

» *Playmaker 101: The Healing Power of Optimism. Starts August 10th*

<https://www.eventbrite.com/e/playmaker-101-the-healing-power-of-optimism-registration-105028946406?aff=Webinar>

» *Open up with Optimism: A webinar for teachers and educational professionals. August 27th*

<https://www.eventbrite.com/e/open-up-with-optimism-tickets-112685583614?aff=Webinar>



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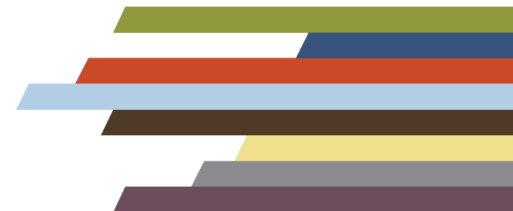


**Thank you for
attending!**

Questions? Contact Us:

Center for Educational Improvement

info@edimprovement.org



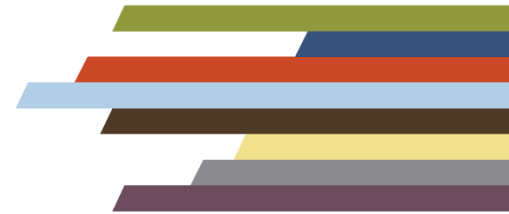


OUR TEAM

Yale Program for Recovery
and Community Health

in partnership with

C4 Innovations,
Harvard University
Department of Psychiatry,
and Center for Educational
Improvement





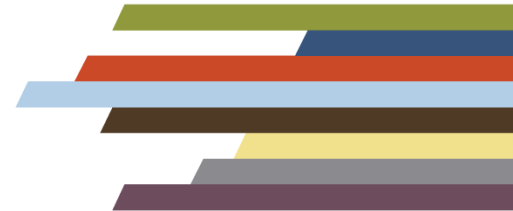
New England MHTTC

Mission

To use evidence-based means to disseminate evidence-based practices across the New England region.

Area of Focus

Recovery-Oriented Practices, including Recovery Support Services, within the Context of Recovery-Oriented Systems of Care.





Ensuring Inclusion

To ensure the responsiveness of our work, we will actively develop and maintain a network of government officials, policy makers, system leaders, administrators, community stakeholders, providers, researchers, youth and adults, and family members from each of the six states to guide the New England MHTTC's activities.

Resilience & Recovery



Resilience and recovery are based on respect.

Resilience and recovery emerge from hope.

Resilience and recovery are family- and person-driven.

Resilience and recovery occur via many pathways.

Resilience and recovery are community-based and promoted through collaboration.

Resilience and recovery are holistic.

Resilience and recovery are supported by peers and allies.

Resilience and recovery are supported through relationships and social networks.

Resilience and recovery are culturally-based and influenced.

Resilience and recovery are supported by addressing trauma.

Resilience and recovery involve individual, family, and community strengths and responsibility.

Upcoming Events

JUN



24

EPLC Online Discussion Series | Payment Decision Support Tool for Coordinated Specialty Care

6/24 Session - Sustained implementation of Coordinated Specialty Care (CSC) calls for innovative

JUN



30

Discussão-Provedores de Saúde Mental da Comunidade Brasileira e Portuguesa

Vamos conversar! Você é um profissional da saúde mental? A população que você atende inclui

JUL



01

Supporting Staff in these Extraordinary Times

As agency leaders, directors, and supervisors, how do we stay grounded and focused during these



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Visit www.mhttcnetwork.org/newengland to register.

Outreach, Outreach, Outreach



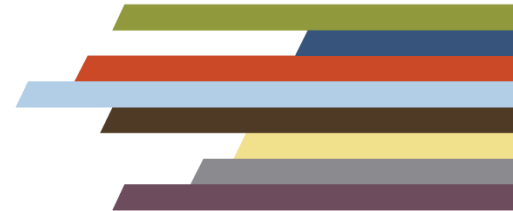
Newsletter

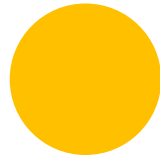
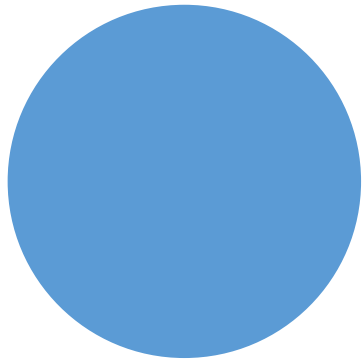
Twitter: Follow us and retweet our posts (@NE_MHTTC)

Facebook: Like and share our posts
([Facebook.com/NewEnglandMHTTC](https://www.facebook.com/NewEnglandMHTTC))

Products, Curriculum, Materials

Share MHTTC information with your networks by distributing flyers, sharing on your website, including announcements in newsletters, talking about MHTTC at staff meetings, etc.





To learn more about us

<https://mhttcnetwork.org/centers/new-england-mhttc/home>

