

Medications for those with Co-occurring Substance Use Disorders and Psychiatric Disorders

July 13, 2020 @ Noon | Virtual Webinar



New England (HHS Region 1)

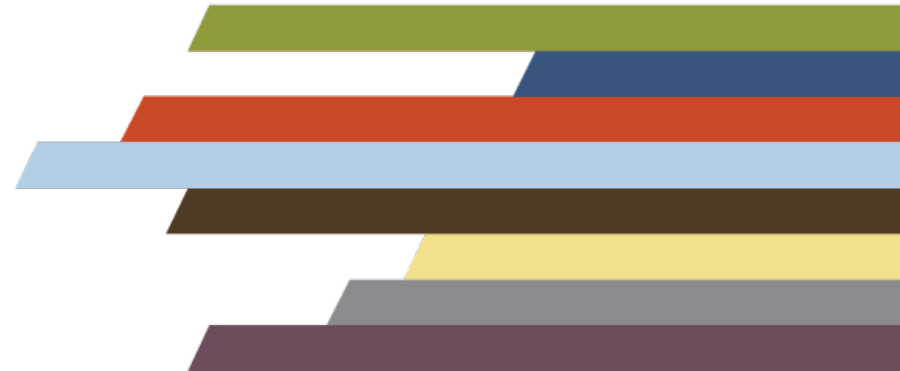
MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Presenters:

Kevin P. Hill, MD, MHS
and
Matcheri S. Keshavan, MD



Housekeeping Information



Participant microphones will be muted at entry – you will be able to unmute during the discussion portion of our webinar.



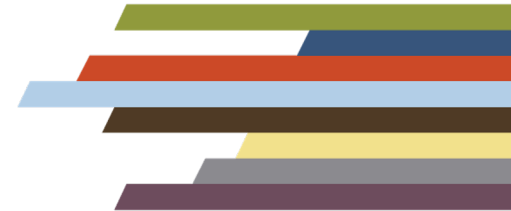
If you have questions during the webinar, please use the chat box or the “raise hand” feature during discussion to have your microphone unmuted.



This session is being recorded and it will be available on the MHTTC website within 24 hours of the close of this presentation.



If you have questions after this session, please e-mail: newengland@mhttcnetwork.org.



Meet our Presenter

Kevin P. Hill, MD, MHS

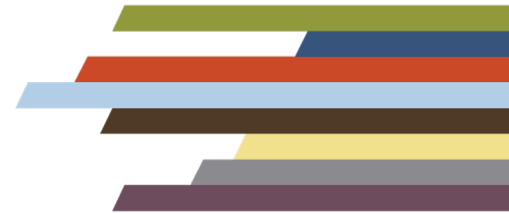
and

Matcheri S. Keshavan, MD

Big Numbers

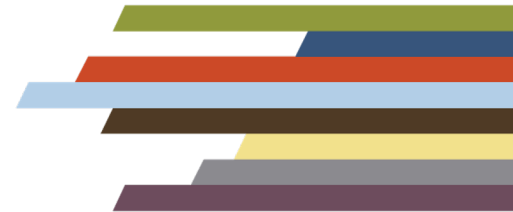
- 7.7 million adults with SUDs and psychiatric disorders.
- They often travel together: 37.9% of those with SUDs have a psychiatric disorder, 18.2% of those with a psychiatric disorder have a SUD.
- Most don't get what they need: only 9.1% receive treatment for both, 52.5% received treatment for neither.

(Han et al. 2017)



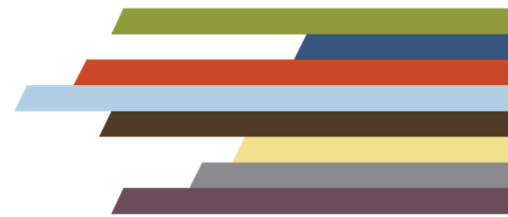
Big Barriers

- To getting help: Cost, not aware of resources, stigma, did not think it necessary, and many more.
- To doing well: Multiple issues (medical, social), advanced stage.
- High degree of difficulty!



Labor Intensive

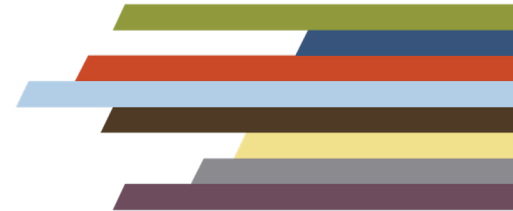
- Thorough Evaluation: Frame the issues for each patient (What, if anything, is the major problem in their eyes?) and treat all disorders.
- Alliance, communication with family and other treaters, biochemical verification of substance use.
- Comprehensive treatment plan: Behavioral (individual, group, mutual help) and psychopharmacological treatments.



Medications for AUD



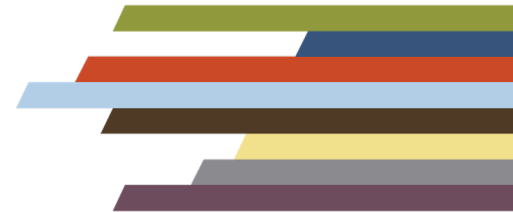
- Disulfiram
- Naltrexone
- Acamprosate



Medications for OUD



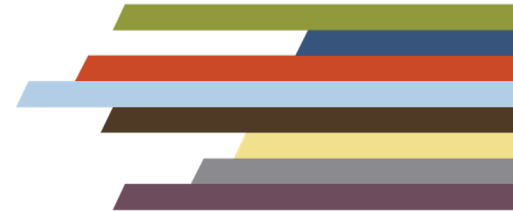
- Buprenorphine
- Methadone
- Naltrexone



Medications for CUD (No FDA-Approved Meds)

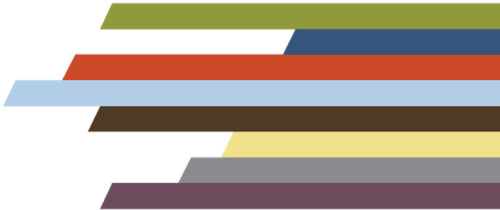


- N-acetylcysteine
- Gabapentin
- Cannabidiol



Conclusions



- Important to be comfortable treating all types of psychiatric disorders while knowing where to get consultation. Never worry alone!
 - Recognize and accept degree of difficulty.
 - These patients can do well!
- 



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Questions?

Visit: <http://www.mhttcnetwork.org/newengland>

E-mail: newengland@mhttcnetwork.org

Kevin P. Hill, MD, MHS

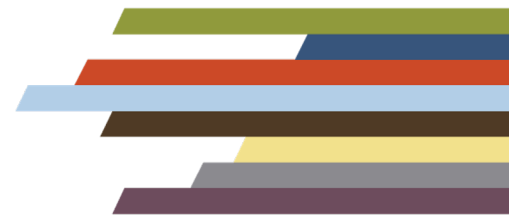
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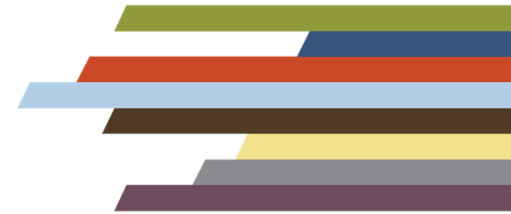


OUR TEAM

Yale Program for Recovery
and Community Health

in partnership with

C4 Innovations,
Harvard University
Department of Psychiatry,
and Center for Educational
Improvement

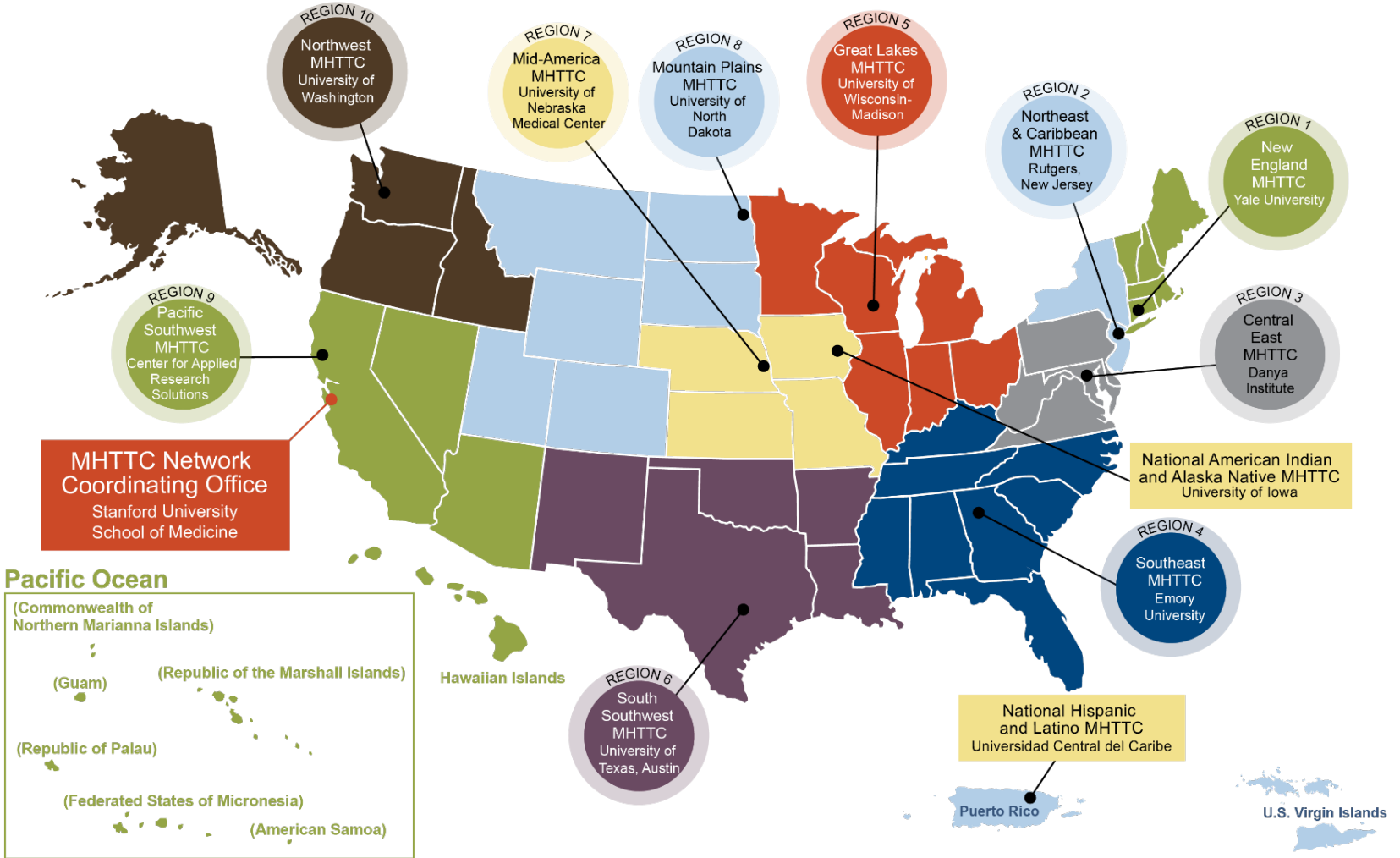




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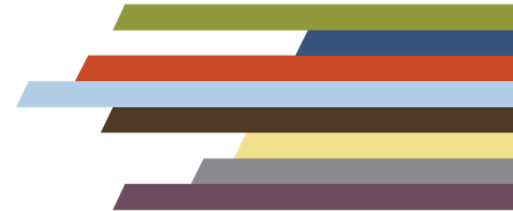
New England MHTTC

Mission

To use evidence-based means to disseminate evidence-based practices across the New England region.

Area of Focus

Recovery-Oriented Practices, including Recovery Support Services, within the Context of Recovery-Oriented Systems of Care.





Ensuring Inclusion

To ensure the responsiveness of our work, we will actively develop and maintain a network of government officials, policy makers, system leaders, administrators, community stakeholders, providers, researchers, youth and adults, and family members from each of the six states to guide the New England MHTTC's activities.

Resilience & Recovery



Resilience and recovery are based on respect.

Resilience and recovery emerge from hope.

Resilience and recovery are family- and person-driven.

Resilience and recovery occur via many pathways.

Resilience and recovery are community- based and promoted through collaboration.

Resilience and recovery are holistic.

Resilience and recovery are supported by peers and allies.

Resilience and recovery are supported through relationships and social networks.

Resilience and recovery are culturally-based and influenced.

Resilience and recovery are supported by addressing trauma.

Resilience and recovery involve individual, family, and community strengths and responsibility.

Upcoming Events

JUL



16

C-TLC | Back to School: Opening up with Optimism and Connection

As schools prepare to return to learning—in the classroom and virtually, they can help create a

JUL



22

Peer Support Services to Address the Wellness of People Who Experience SMI

Martha Barbone , CPS will be leading the webinar "Peer Support Services to Address the Health and

AUG



25

C-TLC | School and Community-based Trauma-skilled Practices Supporting Youth Workshop

Join us for a one-day virtual workshop to help your community to alleviate trauma, toxic stress, and



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Visit www.mhttcnetwork.org/newengland to register.

Outreach, Outreach, Outreach



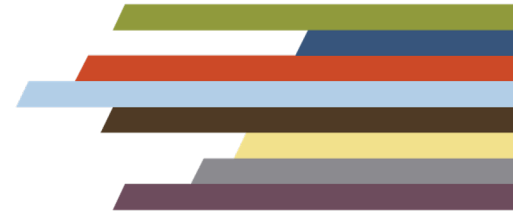
Newsletter

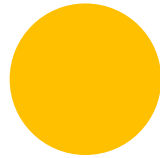
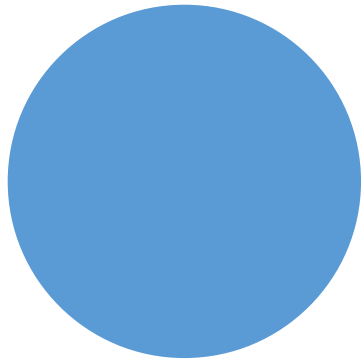
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Facebook: Like and share our posts
([Facebook.com/NewEnglandMHTTC](https://www.facebook.com/NewEnglandMHTTC))

Products, Curriculum, Materials

Share MHTTC information with your networks by distributing flyers, sharing on your website, including announcements in newsletters, talking about MHTTC at staff meetings, etc.





To learn more about us

<https://mhttcnetwork.org/centers/new-england-mhttc/home>

