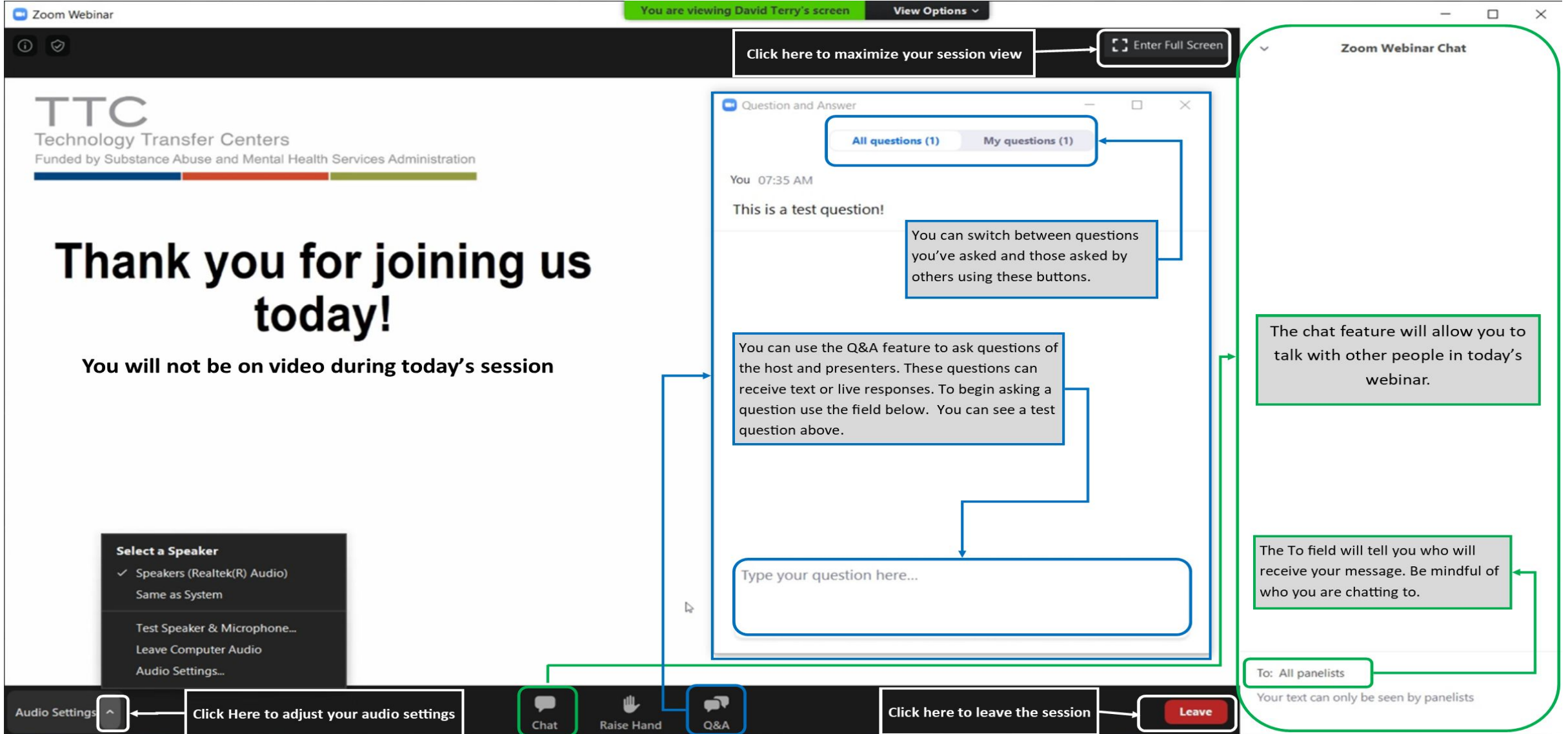


# Please Note:

- All attendees are muted
- Today's session will be recorded

## Get to know the Zoom Webinar interface



The screenshot shows a Zoom Webinar interface with the following elements and annotations:

- Zoom Webinar Header:** Includes "Zoom Webinar", "You are viewing David Terry's screen", and "View Options".
- Session Controls:**
  - "Click here to maximize your session view" points to the "Enter Full Screen" button.
  - "Click here to adjust your audio settings" points to the "Audio Settings" button in the bottom toolbar.
  - "Click here to leave the session" points to the "Leave" button in the bottom toolbar.
- Main Content Area:**
  - Logo for "TTC Technology Transfer Centers" with the text "Funded by Substance Abuse and Mental Health Services Administration".
  - Large text: "Thank you for joining us today!"
  - Text: "You will not be on video during today's session".
- Question and Answer (Q&A) Window:**
  - Buttons for "All questions (1)" and "My questions (1)".
  - Text: "You can switch between questions you've asked and those asked by others using these buttons." (points to the buttons).
  - Text: "You can use the Q&A feature to ask questions of the host and presenters. These questions can receive text or live responses. To begin asking a question use the field below. You can see a test question above." (points to the question input field).
  - Text: "This is a test question!" (shown in a question card).
  - Input field: "Type your question here..."
- Zoom Webinar Chat Window:**
  - Text: "The chat feature will allow you to talk with other people in today's webinar." (points to the chat area).
  - Text: "The To field will tell you who will receive your message. Be mindful of who you are chatting to." (points to the "To" field).
  - Text: "To: All panelists" (shown in the chat input field).
  - Text: "Your text can only be seen by panelists" (shown below the chat input field).
- Bottom Toolbar:**
  - Buttons for "Audio Settings", "Chat", "Raise Hand", "Q&A", and "Leave".

**WELCOME to  
the closing of  
Day 2 of our  
Institute-  
We've Made it!**

---





MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Grief Sensitivity Virtual Learning Institute:

*Listening & Loving: A Conversation with Youth Leaders  
about Grief and Healing*

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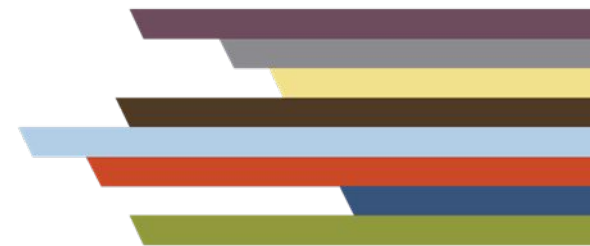
Friday, November 13, 2020

1:50-2:45pm PT/ 2:50-3:45pm MT/ 3:50-4:45 CT/  
4:50-5:45pm ET

**RYSE Youth**

RYSE Youth Center

<https://rysecenter.org/>



# Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- All attendees are muted and cannot share video.
- Have a question for the presenters? Use the Q&A
- Have a comment or link for all attendees? Use the Chat
- At the end of today's training please take a moment to complete a **brief** survey about today's training.
- You will receive an email on how to access a certificate of attendance; must attend at least half of the session.

• This event is closed captioned!

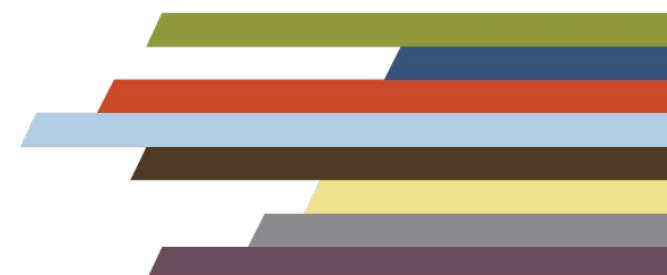


• Follow us on social media



@MHTTCNetwork

**Please Note:**  
**Session recording and slide deck will be posted on our website within a week.**



# Additional Information on Grief

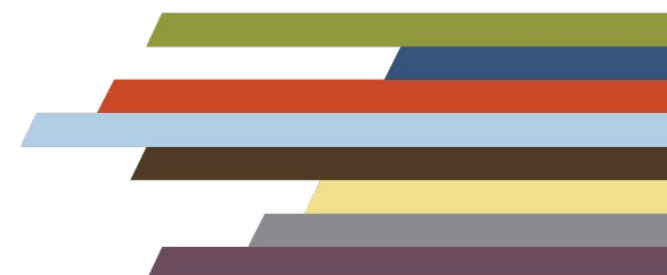
## Fact Sheets

- Just released a series of fact sheets focused on addressing various grief-related topics
  - [Defining Grief](#)
  - [Responses to Grief Across the Lifespan](#)
  - [Preventive Strategies and Protective Factors](#)
  - [Cultural Responsiveness](#)
  - [Evidence-Based Treatments for Grief](#)



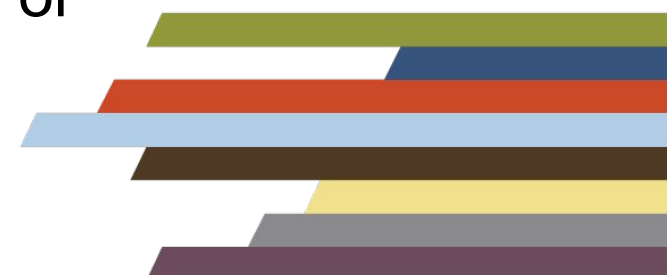
## Webpage

- *Responding to COVID-19: Grief, Loss, and Bereavement* - visit our webpage for events and resources
- <https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19-grief-loss-and-bereavement>



# Grief and Self-Care

- Be sensitive to your own grief and reactions throughout the Learning Institute. Take breaks, stretch, drink lots of water...
- **Helplines and Support**
  - **National Suicide Hotline** - 1-800-273-8255
  - **NAMI** - 1-800-950-NAMI (6264) or [info@nami.org](mailto:info@nami.org)
  - **Mental Health America**- 1-800-273-TALK (8255), text MHA to 741741
  - **SAMHSA's National Helpline** - referral and information - 1-800-662-HELP (4357)
  - **SAMHSA's Disaster Distress Helpline** - 1-800-985-5990 or text TalkWithUs to 66746



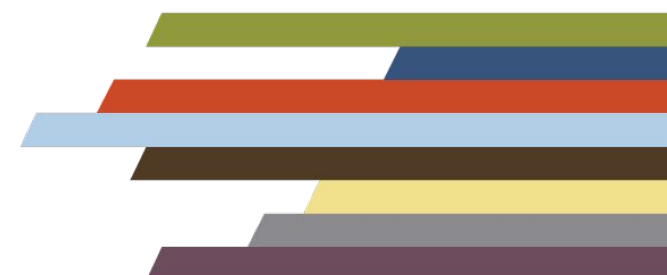


MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

- The MHTTC Network accelerates the adoption and implementation of mental health related evidence-based practices across the nation
  - Develops and disseminates resources
  - Provides free local and regional training and technical assistance
  - Heightens the awareness, knowledge, and skills of the mental health workforce
- 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office
- [www.mhttcnetwork.org](http://www.mhttcnetwork.org)



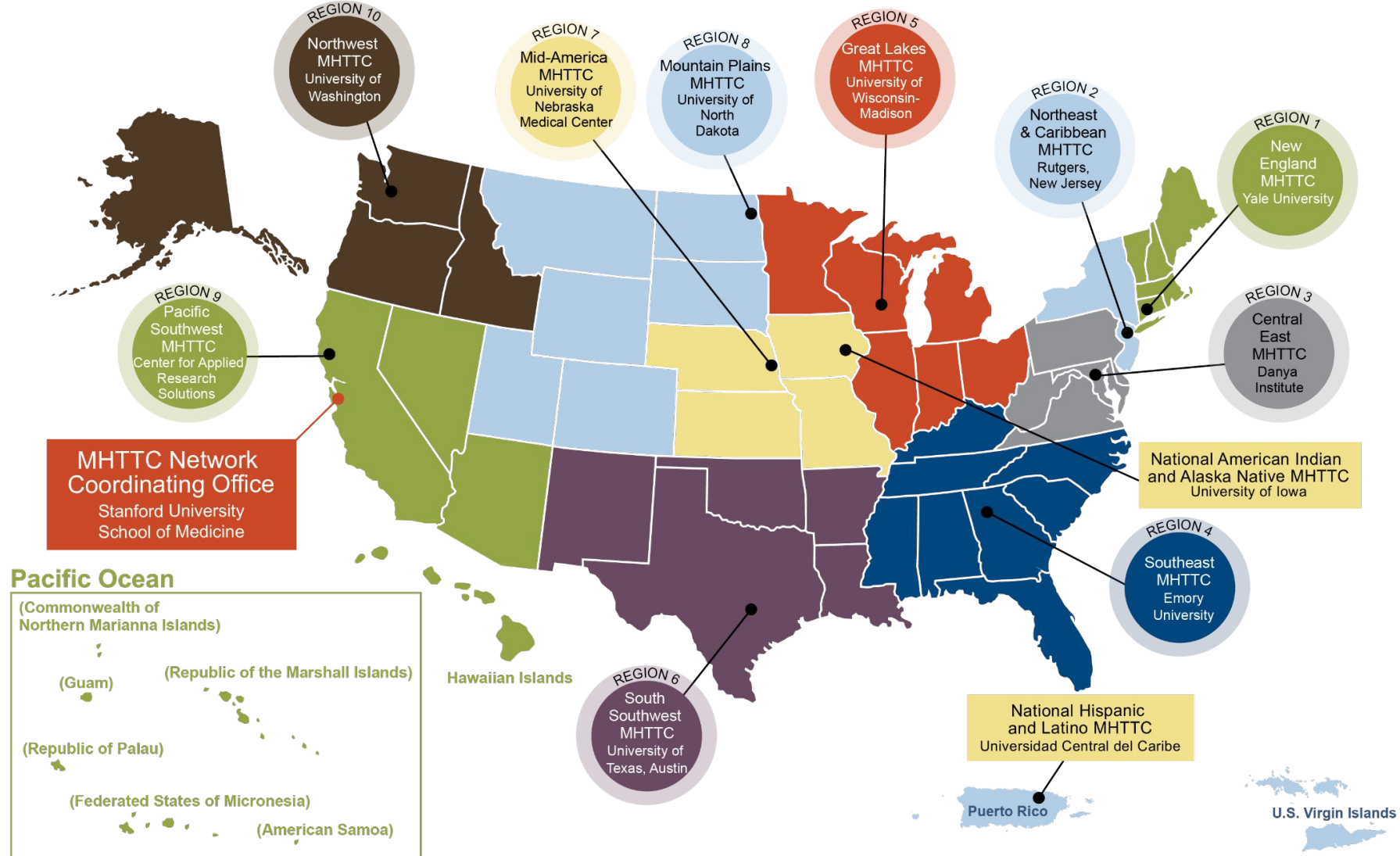
# Connect with Your MHTTC at [www.mhttcnetwork.org](http://www.mhttcnetwork.org)



**MHTTC**

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**MHTTC Network**

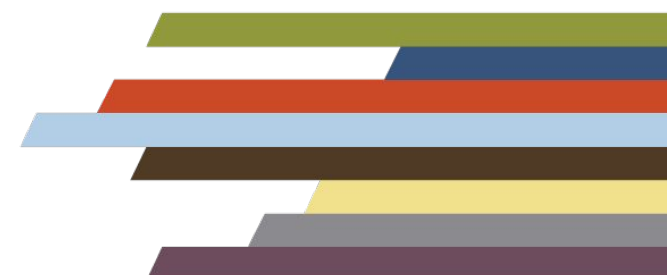


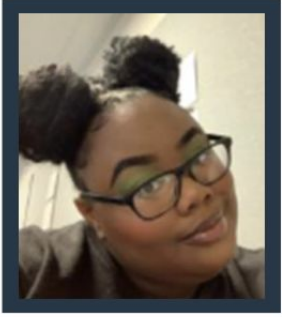


# Disclaimer

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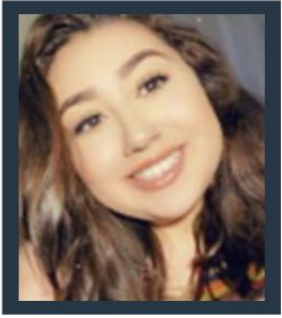
At the time of this presentation, Elinore F. McCance-Katz served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.



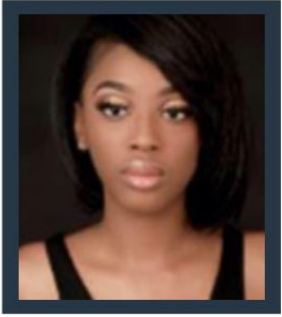


**Speaker Bios:**

Latrinity Gulley has been a RYSE member since 2018 and is currently a student at Contra Costa College studying Psychology. She has been a part of the Community Leadership Institute (CLI), which is a program that teaches young leaders grassroots organizing. With CLI, she volunteered at various community organizations, including Safe Return. While working to clean up community parks and trails, she simultaneously started the first-ever Black Student Union at her high school. Mental health is essential to Latrinity because of her own struggles and having someone to talk to about what she is going through has been crucial to her healing process. When she gets her degree, she hopes that she will be able to be there for people who too struggle with mental health.



Monica Tello has been a RYSE member since 2018 and is currently a student at Contra Costa College, exploring her career options, with plans to transfer to a university. While in high school, she spent a year volunteering at an animal shelter. Mental health is important to Monica because when she first started coming to RYSE she was going through the “worst year of her life” and having someone to talk to was essential for her to keep pushing and moving forward. “I believe everyone deserves that opportunity.”



Carizma Hughes has been a RYSE member since 2016 and is currently a student at Los Medanos College with plans to transfer to a university to study Elementary Education. She has been a mentor for Project WHAT!, a youth-led program that helps children of incarcerated parents build community by sharing their experiences through storytelling and creative work. She has also facilitated several groups to develop best practices in serving children of incarcerated parents.



Marissa Snoddy is a Licensed Marriage and Family Therapist and the Clinical Director at RYSE Center in Richmond, CA where she leads and provides trauma-informed, culturally relevant, youth and healing-centered therapeutic and integrative supports and programs for young people. She believes healing is essential to liberation, therefore mental health systems must be transformed to be racially just, affirming, and accessible. In addition to her work at RYSE, Marissa Snoddy is an adjunct faculty at the California Institute of Integral Studies in the MA in Counseling Psychology-Drama Therapy program.

# Our Listening Session Speakers

<https://rysecenter.org/>





# Discussion with RYSE

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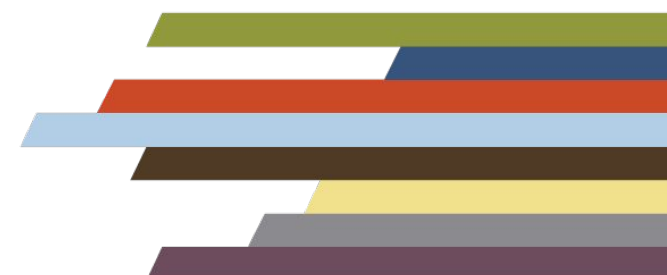
<https://rysecenter.org/>

# Evaluation Information

The MHTTC Network is funded through SAMHSA to provide this training. As part of receiving this funding we are required to submit data related to the quality of this event.

At the end of today's training please take a moment to complete a **brief** survey about today's training.

**<http://bit.ly/GSVLIClosingEval>**





 MHTTC  
*Grief Sensitivity  
Virtual Learning Institute*

A two-part series for those supporting individuals  
experiencing grief and loss during COVID-19 and beyond

 [bit.ly/mhttc-grief-sensitivity-training](https://bit.ly/mhttc-grief-sensitivity-training)

**Recordings for each session will be made available on our website:**

**<https://bit.ly/mhttc-grief-sensitivity-training>**



What's next?

**How might we support  
and continue this work  
for you?**

**With you?**

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THANK YOU SO MUCH FOR COMING.

THANK YOU TO GSVLI FACULTY.

TAKE CARE OF YOURSELVES & EACH OTHER.

And: We're Here For You

Your MHTTC GSVLI Event Staff