



MHTTC

Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## National School Mental Health Curriculum 'Always and Now' Learning Series Module 1: Foundations of Comprehensive School Mental Health

### Presenters:

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### Participant Question & Presenter Response

**Q1** *Are there suggestions on needs assessments for elementary students?*

**A1** This curriculum can definitely be a guide for your community experts to create a needs assessment which is culturally and age appropriate. The MHTTC center would be able to help draft some possible assessments for you. Please reach out to your regional MHTTC center by visiting: <https://mhffcnetwork.org/centers/selection>

**Q2** *Do you have a good graphic organizer to help map resources that will help structure the information for better communication and more efficient utilization?*

**A2** In the complete School Mental Health Curriculum, there are several worksheets to help visualize resource allocation. Access the curriculum on our MHTTC website here: <https://mhffcnetwork.org/centers/mhffc-network-coordinating-office/national-school-mental-health-curriculum-and-related>

**Q3** *Is there a guide as to how to define School Mental Health and SEL so that our teams understand that we need to do both and in combination with MTSS terminology?*

**A3** There are some great resources in Module 1 of the [School Mental Health Curriculum](#) around the benefits of both SMH and SEL. These can help gain buy-in from administration by helping them see how SMH and SEL can meet their academic, behavior and attendance goals. In Module 5 there is more extensive information about SEL specifically as well as integrating school mental health and multi-tiered systems of support.





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**Q4** *Do you have an example of a resource mapping document? Do you have any templates for writing up the needs assessment results in a report?*

**A4** Please access Module 3 of the [School Mental Health Curriculum](#). We also have a Curriculum Resource Index available that provides some great resources free of cost. Access it here: <https://mhttcnetwork.org/centers/southeast-mhttc/product/national-school-mental-health-curriculum-index-supplementary-guide>.

### Additional Resources:

- Access the COMPLETE National School Mental Health Curriculum, free of charge, [here](#).
- For information about local, state, and regional school mental health training and technical assistance activities, access your MHTTC Regional Center [here](#).
- The SHAPE System, developed by the [National Center for School Mental Health](#), is a free, private, web-based portal that offers a virtual workspace for school mental health teams at school, district, and state levels to document, track, and advance quality and sustainability improvement goals as well as assess trauma responsiveness. Click [here](#) to learn more
- Resource from Dr. Romero:  
[http://www.virtualcap.org/downloads/VC/US\\_Needs\\_Assessment\\_ERIC\\_Community\\_Asset\\_Map\\_ping.pdf](http://www.virtualcap.org/downloads/VC/US_Needs_Assessment_ERIC_Community_Asset_Map_ping.pdf)
- Programs identified by participants via the chat box during the live session:
  - Harmony- [www.harmonysel.org](http://www.harmonysel.org)
  - Overcoming Obstacles [www.overcomingobstacles.org](http://www.overcomingobstacles.org)
  - Positive Action-SEL curriculum <https://www.positiveaction.net>

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