



MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Join the Conversation!
Culturally Responsive Evidence-Based & Community-Defined Practices for Mental Health
Session 2: Familia Adelante

Ari Acosta | she/ella: So welcome again to the second session of join the conversation culturally responsive and in space and Community defined practices for mental health.

Ari Acosta | she/ella: Listening series, led by the image ttc cultural responsiveness working with.

Ari Acosta | she/ella: I am Ari Acosta under behavior behavioral health equity specials for the South Southwest image ttc which is region six and i'll be sharing some logistics information during the session.

Ari Acosta | she/ella: With me there's a great team, who are also part of the working group, we have a surveillance and but he sort of data from the national Hispanic and Latino image to DC.

Ari Acosta | she/ella: And just to give themselves from the Coordination Office, you see and hear them are in the presentation on the chat box, we have also great panelists and the real orci as well, helping us with the session today.

Ari Acosta | she/ella: let's go to the next slide.

Ari Acosta | she/ella: Just as always let's do some housekeeping items in for information for us at the mine, we have made every attempt to make today's presentation secure.

Ari Acosta | she/ella: So if we need to end the presentation unexpectedly, we will follow up using their registration information so keep in mind something happens take your now.

Ari Acosta | she/ella: All attendees are muted and cannot share video if you have a question for the presenters remember to use the q&a pod our culture is managing the pilot no address questions throughout the session.

Ari Acosta | she/ella: If you have any audio or tech issue, please use the chat box will be looking at it all the time you will receive an email following the presentation on how to access our certificate of attendance.

Ari Acosta | she/ella: Closed captioning is available, so you can use it anytime on and remember to follow us on social media Twitter Facebook at ht DC network, and of course our website, please note the session recording will be posted on the website within.

Ari Acosta | she/ella: The next slide.

Ari Acosta | she/ella: After today's session will be used simple everywhere, which is a great platform that allows us to have participation with our audience will be asking questions in a real love for you to participate.

Ari Acosta | she/ella: You can use it for your web browser info when the first part comes up we'll explain how to use it so don't worry about it just make sure that will be using this platform during the session and fly.

Ari Acosta | she/ella: So the image CDC network accelerate their adoption and implementation of mental health related evidence based practices across the nation.

Ari Acosta | she/ella: develop some disseminates resources, provides the local and regional training and technical assistance heightens the awareness, knowledge and skills of the mental health workforce.

Ari Acosta | she/ella: And we have to 10 regional centers and national American Indian Alaska native Center and national Hispanic and Latino Center and the network Coordinating Office, if you go to the next slide and see.

Ari Acosta | she/ella: You can see all the different regions highlighted in different colors.

Ari Acosta | she/ella: After today's session we suggest you to visit our website and find the regional Center so you can touch with us for more resources and training opportunities.

Ari Acosta | she/ella: To the next slide.

Ari Acosta | she/ella: This super quick disclaimer reminding us that this presentation was prepared for the entire network under a cooperative agreement from the substance.

Ari Acosta | she/ella: abuse and mental health services administration or is known some stuff and the opinions expressed here are the views of the moderator and panelists and do not reflect the official decision of sensor or the H H s.

Ari Acosta | she/ella: want to remind you that at the end of the session will have an evaluation and just ask you to please.

Ari Acosta | she/ella: At the end we'll have a reminder of this that's right alright so let's get started, for this session we're going to be talking and sharing about some media alarm.

Ari Acosta | she/ella: Go to the next room very good point.

Ari Acosta | she/ella: You and a quick reminder of course the ht DC network uses a firm and respectful and the career and language in order to.

Ari Acosta | she/ella: Do the next one.

Ari Acosta | she/ella: And this is a brief information about what the working group.

Ari Acosta | she/ella: Is the cultural responsiveness working group instance eliminate culturally appropriate information and provide technical assistance for the mental health field.

Ari Acosta | she/ella: To improve access to culturally responsive mental health services, recognizing the importance of ED piece in the word across image to this network.

Ari Acosta | she/ella: This group began exploring how to adapt the principles of these DVDs for diverse and underserved communities to this work.

Ari Acosta | she/ella: A group discover the importance of also acknowledging and promoting additional culturally inclusive mental health practices that exist in the mental health field.

Ari Acosta | she/ella: Therefore group is conducting the six part series of 90 minutes listening sessions which we have on the next slide objectives of those sessions which are engaging.

Ari Acosta | she/ella: constituents in an interactive conversations about GDP explorer strength and barriers of Community defined practices and elevate them as.

Ari Acosta | she/ella: culturally and linguistically appropriate services standards and, of course, identify ways to increase promotion of this piece and Community refined practices in technical assistance and trainings offered by the end ttc network.

Ari Acosta | she/ella: One, this is our overall agenda, as we see everything we're going to do an overview of familiarity there when when do several calls a Q amp a and a wrap up now to welcome our panelists please have my colleague, he surveillance from the national inspiring me to see.

Isa Velez: Thank you very much Gary and we will go on our panelists for today's presentation we have those are the chairs around this is a research director of behavioral assessment being.

Isa Velez: Also, that there's inbound this was the principal investigator of the NIH funded study development of the Hispanic stress inventory to.

Isa Velez: And the eye on the recently completed study familiar the land there and we'll do risk prevention program for Hispanic year we are so happy and glad to have you here today and also we have added Anna Marie de de Mello.

Isa Velez: She joined the am ma family in 2006 with over 25 years working in the HIV and communicative communicable diseases feel also.

Isa Velez: She has kieran other side of the minorities action program am ap and is committed committed to prevention.

Isa Velez: Education and maintaining aggravated climate, so thank you very much for for your time and your disposition to be here today and to present and talk about somebody and they land they I think this is going to be an amazing presentation that will help all of our.

Isa Velez: providers.

Isa Velez: So we're going to get ready and start with our poll to see we all we have in our in our audience.

Isa Velez: Thank you, so you can um you can download the APP or you can just go to the link, they will be share and our chat box, you can text.

Isa Velez: nw n ht DC to the number 22333.

Isa Velez: So they are gonna put it on the chat box, if you have any problem let, let us know, on the question marks.

Isa Velez: So I going to give you a minute to answer.

Isa Velez: Our first poll.

Isa Velez: It looks great I think now we can.

Isa Velez: star with the tourism bandage and, as we can see, almost all of the words evenings are not familiar with Familia de.

Isa Velez: That there is a semantics you're on mute.

Richard Cervantes: Thank you.

Richard Cervantes: and be silent, all of the mh ttc network family, which is good, I see I see when I started some dollars it's a pleasure to be here and again on behalf of Samsung.

Richard Cervantes: And the mh dtc network, thank you for inviting and the cultural responsiveness work group, of course, thank you all for having us today on this panel.

Richard Cervantes: will introduce my colleague, the reality bellow who's also flamini either London trainer and actually as implementing the Program.

Richard Cervantes: In the Houston Texas area so she has a lot of information to share with us today, and as we can see from the pole guess, not many of you are familiar, we are a family Atlanta is a relatively new evidence based practice.

Richard Cervantes: We continue to do research and studies on the program and i'll be talking a little bit more about how we're getting the word out about femi either land and some of the trainings that we have already conducted for samhsa so if we can go to the next slide.

Richard Cervantes: and moving forward.

Richard Cervantes: So today really quick.

Richard Cervantes: We want to take the first 25 minutes or so and just kind of give everyone an introduction to what semina Atlanta is.

Richard Cervantes: First, to meet the developer myself and some of the trainers and we want you to have a basic understanding of what our.

Richard Cervantes: program is, which is basically a mental health promotion and early intervention program for Latino youth and parents and their families, not necessarily parents, but, but their caregivers.

Richard Cervantes: we're going to provide a summary of real quick of some of the research and practice related of semi i've allowed to some of the practice related issues.

Richard Cervantes: we're going to consider any barriers challenges or other issues that that you may have in your community in terms of adopting and sustaining filming yeah the latter again.

Richard Cervantes: As the mission of the mh ttc is to get to to promote and and actually get out into the Community some of these practices, we want to make sure that you.

Richard Cervantes: That we answer any of your questions about how you can can implement the program in your communities and so with that let's move to the next slide.

Richard Cervantes: So some of the trainers here, and this is a an abbreviated list but folks that have trained with me.

Richard Cervantes: Including adrianna who's one of our trainers and, again, is implementing the program in Houston Texas Ricardo Doris.

Richard Cervantes: Out of North Carolina Cindy moderate keen and in Colorado Mr Fred sanford of all is one of our master trainers and he's also the actually the director for one of the TT sees.

Richard Cervantes: Nationally restrepo clinical social worker here in orange county California, Melissa Gomez is in Arizona and David Salinas.

Richard Cervantes: Also here in Los Angeles, so we have a representative east coast West Coast and and and Texas set of trainers so we're well represented NUTS go to the next slide.

Richard Cervantes: So let's get into the real quick overview of what what is, I mean yeah that it is a, it is a risk prevention and early intervention Program.

Richard Cervantes: it's it's a family based program model and it consists of 12 English or Spanish language 90 minute modules.

Richard Cervantes: For what we call at risk youth Latino youth ages 10 to 14 and their parents or caregivers and I highlight here that it's English or English and Spanish.

Richard Cervantes: We are working with Latinos directly the program was was built or created by and for Latinos so in this way we're we want to make sure that you, you all know that we're very aware of the class standards and that the program really touches on most all of the class standard criteria.

Richard Cervantes: The second bullet is very important, we recruit youth that have shown early signs and symptoms of behavioral or emotional problems.

Richard Cervantes: very similar to what you might find in the DSM adjustment disorder like a mixed disturbance of emotion and conduct.

Richard Cervantes: Although it's not a requirement that our kids that are recruited into the program it's not a requirement that they have a DSM diagnosis that's very important for everyone to understand is we actually want to get kids before they get into the formal mental health treatment system.

Richard Cervantes: The next bullet shows us that Familia of a lot the isn't evidence supported and culturally specific behavioral health practice as designated by samhsa and their national network for the elimination of disparities.

Richard Cervantes: We have actually trained.

Richard Cervantes: At actually over 25 now it's up to about 40 implementation sites that have been trained through the supportive Samsung.

Richard Cervantes: And those sites are located all across the country we just finished the Samsung training for five organizations, including organizations in New Jersey South Carolina.

Richard Cervantes: Connecticut.

Richard Cervantes: Washington state and in Texas so we're we continue to work with samhsa to train as many organizations, as we can, so that they can actually implement our program we have a very intensive training.

Richard Cervantes: and technical assistance program so that if you decide to use as familiar either latter we we provide you with a fairly intensive training, certification and follow up coaching to ensure that the program is in fact implemented and sustained in your Community let's go to the next slide.

Richard Cervantes: So some of the guiding principles of thumb yeah they're not, as I mentioned, it is a early intervention program three four kids tend to 14.

Richard Cervantes: These kids are typically referred into our program by school counselors by teachers by other youth workers and by parents right that want to.

Richard Cervantes: have noticed that their children are acting out there having emotional or behavioral disturbance and so, once the children and the parents agreed to participate.

Richard Cervantes: Then the groups are led by train from avoidance or other behavioral health providers, so we trained or and whatnot is promoted as or other social workers psychologists.

Richard Cervantes: But, but to know that we're capable of training and feel very confident that promo code US can run our intervention.

Richard Cervantes: Community i've allotted offers a safe space for youth and families to share share stressful life experiences sensitive cultural issues and problems in a in a group setting.

Richard Cervantes: So many other latte helps youth and parents normalize their experiences of acculturation and family stress through facilitator queries action oriented activities and role playing.

Richard Cervantes: And this every session that we have which typically is occurs once a week for an hour and a half we're using a variety of clinical and counseling skills to.

Richard Cervantes: To help families learn more about their own experiences.

Richard Cervantes: The second to the last bullet, which is really important for me yeah the last day helps youth and families develop healthy coping skills through mutual group Problem Solving and cultural resilience is very much.

Richard Cervantes: emphasized, and we want to help families relearn some of the the strengths.

Richard Cervantes: record source equal to or less that many of our families have lost for me as a lotta emphasizes, strengthening of cultural identity.

Richard Cervantes: Through affirmation of culture, our cultural values, beliefs and customs so it's it's it's the program is very much steeped in lack will do it are in cultural issues and we help we're really helping families navigate.

Richard Cervantes: The acculturation process.

Richard Cervantes: let's go to the next slide.

Richard Cervantes: We have a short video that I want to share with you for one of the sites it's been implement that has implemented our program and we thought this might be informative for you to it's a couple minute video so if we can start that please.

This program arrived at Stephen as an idea from one of our new communities her name is lori she came up to me, one day, and said happy to hear about this program.

Familiar Lambda is.

12 week curriculum that focuses on targeting the cultural barriers, the risk factors and the stressors that affect every day, the youth and the families of the school.

Saving we have a large Latino population but we had minimal voice from those parents and students, so our hope was through this program we would empower those parents those students, they would have a larger say and larger voice in the same community immigrants are afraid to express.

Their need there's fear there's that language barrier as well that they feel like they can't communicate effectively.

With the school and with their kids as well, so we felt that familiar than it would be the perfect program to incorporate with the school.

So don't have that Latino parent group formed in our school, yet that can inform some of our school decision making, so i'd say that was the primary goal the.

second goal was that the students in the families would learn skills, through this evidence, based program and apply those skills, when we hope to see increase grades for our students.

increase communications among family systems decrease behavioral incidence for students as well.

We meet with students and their families, once a week we talk about gang prevention, we talk about substance abuse prevention, we talk about.

peer pressure and stress in the families, such as acculturation stress that some families face when they're moving from a different country.

their home country to a new country, they have to start kind of figuring out the new culture, the new language.

And so that causes stress within the family two benefits that I have just seen personally number one is is the connectivity that we've seen among our Latino families.

And the amount that we're seeing families come in.

they're coming in, because they now know glory or Community liaison so they're coming into school to advocate for their children's needs to we've maintained that number of anywhere from 18 to 22 families for all 10 to 12 weeks so same piece of the law says, also a very good.

Richard Cervantes: Pro navigator of resources, so we are able, with our resources that services that allow us to connect families.

Richard Cervantes: Introducing some of the partners that we have been partnering throughout the session so we'll have.

Richard Cervantes: That we're also going to announce some of the programs that TV shows Allah has available.

Richard Cervantes: We do have the diabetes prevention program so I got to sit in on one of the sessions that was working on family dynamics and communications, and it was just.

Richard Cervantes: A powerful moment, so the parents sat and planned with their facilitator, the students sat in planned with their facilitator and they were covering three topics.

Richard Cervantes: They were covering i'm frustrated with was the prompt, I appreciate about you and then please forgive me for, and then they brought the groups together.

Richard Cervantes: and facilitated that conversation and did it in a way that was.

Richard Cervantes: really effective, it was a high emotion night, this was some of the first times for these families that they opened up with each other and were able to express some true feelings, both from the student parent perspective, I thought that was a huge bonding moment in a powerful experience.

Richard Cervantes: Thank you very much, and as you can see, this was a program that site where we trained a large organization called services la Raza located in Texas, and this this.

Richard Cervantes: This organization was very successful at recruiting a lot of immigrant families and pulling them in for the 12 week program and, as you can see, was was very much a success there in in in the Colorado springs school district, so this was actually vetted and and and.

Richard Cervantes: operated out of the Colorado springs school let's go to the next slide.

Richard Cervantes: Is they said, sometimes, the picture is better than 1000 words so we thought that video might be helpful, just a couple other comments about some of the factors or stress factors that we address.

Richard Cervantes: In Familia not including acculturation gaps, cultural and educational stress immigration stress community and gang related factors.

Richard Cervantes: Discrimination stress family and drug related stress family immigration stress and family economic stress, so all of these things we know from previous research.

Richard Cervantes: which helps our program actually be steeped in evidence of research base, we know that each and every one of these factors as kids have high levels of the stress, they also tend to have much, much greater risk for mental health problems, depression, anxiety and delinquency next slide.

Richard Cervantes: Similarly, when we work with the parents or caregivers these are some of the cultural factors and topics that also are related in our research to be.

Richard Cervantes: Connected to mental health problems, family and cultural conflict district, excuse me discrimination stress also related stress economic immigration pre migration stress which we're all becoming much more aware of these days that it's not just the stress that our families have.

Richard Cervantes: come when they once they arrived to the United States but it's that whole migration experience experience it can create a lot of trauma and stress.

Richard Cervantes: Parental stress and marital stress and cultural differences, so we we've all of these things into our sessions and let's go to the next slide.

Richard Cervantes: In addition, we are promoted as really encouraged and utilize what we call our cultural resilience and protective factors we were really very much.

Richard Cervantes: in tune with bringing back values of families more improving communication.

Richard Cervantes: reestablishing respect on in these families and some of the other things that you see that are presented here, especially the.

Richard Cervantes: On the bottom here, encouraging resilience and strengthening cultural identity and traditionally, these are all part of the the 12 lessons and 12 sessions on that we try to promote as part of any other, not the next slide.

Richard Cervantes: sample just real quickly of the some of the sessions, we have an introduction introductory session, where we typically collect.

Richard Cervantes: Consent folks if they haven't been consented already and collect evaluation data session to we're talking about some of the basic concepts around prevention resilience stress.

Richard Cervantes: session three we're exploring feelings and how those affect our behaviors session for we're giving kids an overview of stress what it is and how it affects us session five we get right into acculturation stress and how that affects families next slide.

Richard Cervantes: sessions six school related stress seven peer pressure eight family stress nine we're talking about gangs, as that is an issue in many of, especially in many of our urban areas.

Richard Cervantes: 10 is focused on substance abuse, education and finally week 11 is a is our family night, where we bring the parents and the kids back together and we have some.

Richard Cervantes: very powerful.

Richard Cervantes: Sharing exercises.

Richard Cervantes: That really culminate the program and then week 12 is simply another post test evaluation session celebration, and we typically give the kids out of graduation for the families a graduation certificate next slide.

Richard Cervantes: we've added recently some online femi I&t module so it's now available online it's an eight session program that was.

Richard Cervantes: Because of coven actually many folks were kind of in the middle of implementing and needed something so we actually develop it in association with.

Richard Cervantes: Other ganas group in Texas in Houston we created the online semi either London we've also added sections on marijuana and opioid prevention we've created.

Richard Cervantes: Youth and parent the parent curricula and we have a new youth work book, so all of these things are part of our training and part of materials that are available for implementation let's go to the next slide.

Richard Cervantes: i'm not going to go through a lot of the research stuff here but next slide, this is one of the publications that came out where we have shown that.

Richard Cervantes: for families and youth that participated, we found reductions in past 30 day drug use, increased perceptions about drugs and the perceptions of harm around drug use.

Richard Cervantes: We found reduce conduct problems, reduce learning problems, reduce hyperactivity reduced anxiety and increased parent knowledge about substances and HIV, so these were published results next slide.

Richard Cervantes: And the next slide please there's an independent evaluation that's been ongoing out of the Arizona governor's office and just to summarize this that.

Richard Cervantes: Through the hundred and 61 families that had been followed so far they've shown improved family cohesion improved attitudes towards drug use.

Richard Cervantes: improved knowledge of the risks and harms of alcohol and substance use improved parent child communication and importantly increase parental involvement in the children's activities So these are also published results next slide.

Richard Cervantes: This is this just a shot of one of our recent groups that was conducted here in orange county California, this was a.

Richard Cervantes: Family night, so this was the night, where parents and kids came back together all in one in one session.

Richard Cervantes: I know i'm going quickly, but we want to make sure that you have a just kind of get a flavor for the program and what what's what in what it's what it is encompasses and i'm going to go to the next slide and turn it over my to my colleague.

Richard Cervantes: And co trainer adrianna develop and brianna want to talk a little bit about your experiences with the media and there in Houston.

Adriana Dibello: Absolutely so Alma which stands for the Association for the advancement of Mexican Americans here in Houston Texas, we received a Samsung grant and it's a specific brand in 2019 this really allowed our organization to implement the media that monthly curriculum over the next five years.

Adriana Dibello: So doctor said want this was able to fly to Houston and facilitate this face to face training to 10 of our employees and three additional individuals from other agencies.

Adriana Dibello: We began the implementation phase.

Adriana Dibello: When like right along the time the rest of the world, and you know we're all facing that global pandemic and so quickly, we we had to.

Adriana Dibello: Think of some different strategies here to implement and we got with Dr Cervantes, as well as you know, some other training facilitators as doctors advances had mentioned before he has a that.

Adriana Dibello: practically the country covered right.

Adriana Dibello: And so we switched this intervention over to that virtual implementation i'm creating the Spanish English.

Adriana Dibello: version, and I will honestly say that working with Dr said month, this has provided you know that continued ongoing support through the challenges and barriers, you know of recruitment implementation evaluation.

Adriana Dibello: You know he's just not only they're just throwing out this implementation or this curriculum with you would I mean he's really in it.

Adriana Dibello: You know he's there to provide you that support through those challenges and and he's you know there to also share the successes of your organization.

Adriana Dibello: And i've been in this field for about 16 years i've never like not once have the experience working side by side with the developer or developer that has demonstrated that.

Adriana Dibello: true commitment and dedication and ensuring that trained facilitators and organizations have all the support to really carry out a successful implementation of the intervention.

Adriana Dibello: As far as our continued.

Adriana Dibello: Recruitment you know At first it was you know very difficult, I would say that.

Adriana Dibello: You know you had Kobe in place, so there was a lot of you know, individuals that had to be quarantine they couldn't come out.

Adriana Dibello: families were faced with just so many different stressors and to be quite honest, once we started getting enrollments and referrals families felt so good about coming they wanted to continue they wanted to keep coming back.

Adriana Dibello: And I think that everybody nobody was prepared for Kobe, so I think everybody went through stressors and so even being allowed that safe space to share.

Adriana Dibello: You know those family issues that were going on, where you had to deal with, I remember you know one kid he was like I just can't take being stuck at home with my mom all day you know, and so you know, being able to share that and get that out, you know, being able to talk about.

Adriana Dibello: You know the losses that was a huge thing for for kids they didn't know how to deal with those issues, and so you know, being able to really give them that safe space, I think has been the most impactful.

Adriana Dibello: For these families and and then coming back together, you know and being able to get through it and have a good time and move forward.

Adriana Dibello: We have done a couple of sessions, where you know it's it's doable it's somewhere face to face somewhere virtual so you just kind of we've had to do a lot of flexibility with our our Community.

Richard Cervantes: Great Thank you either again I really appreciate appreciate your your your input and adrianna, as I said, has.

Richard Cervantes: also become one of our trainers and helped us with the reason training for the Samson that learn, so thank you very much for having me on I really appreciate it.

Richard Cervantes: And you know our our goal here really was, I mean a lot is we, we know that the program model works it's just a matter of getting it out to me, and yes.

Richard Cervantes: it's not it's not an easy program to implement, I mean it's it's there's there are some moving pieces and getting.

Richard Cervantes: I think the most important thing from an implementation standpoint is getting organizations on board right and making sure that that organizationally their support for implementing a new program model, many of you probably working in.

Richard Cervantes: In cotton within the context of being funded by either state or local or county city government and sometimes they have a list of their programs of the bell fund and so.

Richard Cervantes: You know organizations will gravitate towards those programs that they know they're going to get reimbursed for.

Richard Cervantes: So there's some issues around financing and sustainability that we try to help you with at the local level.

Richard Cervantes: But again, our mission is to get the program out to the kids because there are a lot of kids out there that are hurting right now, a lot of kids Latino kids that fall through the cracks.

Richard Cervantes: That only end up you know, either in the mental health or or juvenile justice system that could have been prevented had we intervene early, so our.

Richard Cervantes: Our goal is to identify those kids early on, help your organizations identify those kids and get them into our program once they're into the Program.

Richard Cervantes: They typically really like the program parents and adults love the program model, they are excited to come back we've had actually had one school district in Florida.

Richard Cervantes: Where they wanted the program done every day so it's it's quite a popular program once it gets out into the Community I know we have a only a couple of minutes left on our end, I think we have another poll coming up, yes it.

Richard Cervantes: Did we have another poll coming up let's go to the next slide I mean there's one there's one last slide oh i'm sorry.

Richard Cervantes: In terms of the training, how can I forget So what if you if you if your organization decides to get trained.

Richard Cervantes: And the more the merrier right so more people to get trained, the better off you're going to be.

Richard Cervantes: In terms of covering the groups but you'll you'll you'll receive 16 hours of training intensive training you'll learn about the program how it was developed some of the background studies.

Richard Cervantes: you'll do a lot of the be a lot of hands on learning using the youth and parent manuals a lot of role, playing on unfamiliar and a lot of the implementation.

Richard Cervantes: they'll be an opportunity to develop your organization specific recruitment and implementation plan you'll learn how to use evaluation as a tool for monitoring your successes.

Richard Cervantes: And you'll become part of our Familia a lot a learning community to share challenges barriers and successes through.

Richard Cervantes: A series of four post training ta webinars or coaching calls and then individuals that's the complete the program training will receive a certification as as an official facilitator so that's our training and next slide.

Richard Cervantes: So you can learn much more about the program itself about our training either contacting myself at, and you can see the website, there are the email address or contacting our coordinator danica Macondo at that phone number 310626449 or you can visit our website that feminine octave.com.

Richard Cervantes: So with that i'm going to turn it back over Thank you all for your attention, I really appreciate you joining in today and learning a little bit about our program i'm going to turn it back over to the mh ttc staff.

Isa Velez: Thank you very much, that there's inbound day and so thank you deanna this information, I think, is is so valuable for our providers so we're gonna go to our next poll question, we can go to the next slide i'll still be you.

Isa Velez: send a text message you can send it to n w m m ht DC to the number 22333 and also, they will share it information on the chat box.

Isa Velez: I think that's a little bit more easy for everyone, and the question is, what interests you, you have about this particular practice, the most.

Richard Cervantes: Also, there are several questions in the Q amp a and several.

Richard Cervantes: inquiries in the chat box, so I know we will get to all of them, we may not get to all of them this afternoon, but.

Richard Cervantes: i'm sure that we'll be able to provide you some written responses as well, so I see what interests you about the practice most feminine family oriented.

Richard Cervantes: solution focused, yes, culturally appropriate the cultural sensitivity is another comment, the generational aspect of planning and centering on family right as a source of support absolutely that's what we do, promote.

Richard Cervantes: we've known for a long time that he really because of the strong cultural values towards families more.

Richard Cervantes: If we can do a family oriented program it works much better for our Latino for our Latino communities here's another one that says they liked.

Richard Cervantes: The methodology, the evaluation yes uh huh we have more so, there was a comment in the question and answers about sharing.

Richard Cervantes: Some of the research studies and we'd be happy to make those available through the image ttc and give you all the pdfs of what we have and more here preparing involvement culturally relevant.

Richard Cervantes: Yes, the pro here's an interesting comment, the program for teens who are always confused about their in between cultures, I would like to do something like this program but i'm in private practice.

Richard Cervantes: it possible that you know you take a look at the research papers and you might glean something from that or when we share this this.

Richard Cervantes: We share this PowerPoint with you you'll you saw the sample listening of the lesson plans you might be able to use some of that to kind of at least work with your individual clients on.

Richard Cervantes: Okay.

Isa Velez: Is there anyone for your participation and answering the poll questions, I think we have another question.

Isa Velez: Also you're going to text and our question is how likely, are you to be able to use familiar, the last day in your work if you got more training on a scale of zero to five zero means not likely and five very nicely.

Richard Cervantes: Okay, and then the magic of instant polling we're seeing a lot of a lot of responses coming in here.

Richard Cervantes: In the moderately likely.

Richard Cervantes: To very likely we're getting a lot of people that would very much be able to use the program if they got more training.

Richard Cervantes: Thank you for your responses.

Richard Cervantes: So for mh ttc yes, it looks like our audience would benefit much more from from continued training on the program and and there's certainly an interest here.

Isa Velez: yeah that's and looks amazing, so the majority of the participants outs are very lightly.

Isa Velez: I think we have another poll question, yes.

Isa Velez: And here, please share any perspective to go see there if you were to use amelia on the last day so feel free to to ride to share any purpose perspective, then you have.

Richard Cervantes: Okay, so we can see some answers coming in here.

Richard Cervantes: Any perspectives you consider.

Richard Cervantes: If you were able to use for me so keeping families involved.

Richard Cervantes: Another person likes, in fact, that it includes families.

Richard Cervantes: there's a question here about attrition rates, the attrition rates, at least in some of our studies are there they're not high that the completion rates are.

Richard Cervantes: Over 70% closer to 80% over the 12 week period.

Richard Cervantes: And one of the things we like to do if a if a family or a youth, Mrs a session is to offer.

Richard Cervantes: makeup session, they can be done either individually or, if you have more than one or two kids that more than a couple kids that missed, you can pull them all together as a group, but we do like to encourage at the Agency level that you offer those makeup sessions.

Richard Cervantes: We do also have a fidelity monitoring tool that kind of tracks.

Richard Cervantes: kids participation and and and also it's a way to help sort of keep program staff on track in terms of the actual curriculum materials.

Richard Cervantes: and making sure that they cover all the activities that are in each of the sessions there's some other comments that they, like the program is prevention and nature youth intervention helping raise awareness in the school district yes that's very important.

Richard Cervantes: Budget exciting existing barriers of structural issues in my organization.

Richard Cervantes: that's what I was mentioning, we have to, we have to figure out a way to get by in organizationally and we have some techniques and things that we like to offer for.

Richard Cervantes: For organizations at that level as well, we also encourage if you're going to get trained in something down the line that you have somebody at that administrative or or decision making sort of level that participates in the training.

Richard Cervantes: here's another one that.

Richard Cervantes: says parents are always at a loss, with their team behaviors since they do not understand the cultural elements I like.

Richard Cervantes: to educate parents about the cultural differences, but a program that is designated for both children music would be in a better proposition yes.

Richard Cervantes: So that's that's part of what we do is we help parents understand from a developmental perspective, what their kids are going through.

Richard Cervantes: During that acculturation process how it's affecting the kids emotionally, and vice versa, and try to help sensitize the kids to the fact that their parents were raised in a certain way and that they're going through a transition as well.

Richard Cervantes: So these are all very nice comments and very.

Richard Cervantes: very, very much very much informative in terms of helping us think through how we can help organizations implement an adopted program here's another one that really likes to focus upon promo taught us.

Richard Cervantes: Enhancing family communication skills, yes.

Richard Cervantes: Very well, thank you.

Isa Velez: Thank you, everybody, we have.

Isa Velez: We have another poll questions is our third question, and it says, can you envision family on the last day being funded or sustain in your community.

Richard Cervantes: And adrianna maybe while we're getting those poll questions beyond your Samsung grant what are your plans for sustaining the Program.

Adriana Dibello: So of course ours, right now, our agency does have to charter schools here in Houston and so part of that is also looking at our I guess charter schools budget right to implementing that the other would be to you know.

Adriana Dibello: there's always the need for interventions such as this, with child protective services and in some of even the juvenile justice court systems right and so being able to do.

Adriana Dibello: You know that that type of relationship independent school districts, you know we.

Adriana Dibello: We get calls from all over the the Houston and surrounding counties, you know, asking for us to deliver certain types of.

Adriana Dibello: Services and we've been approached specifically on on certain topics that relate to this particular intervention.

Adriana Dibello: And so, being able to approach the districts, you know what some type of proposal, you know, sometimes they have after school funds there's there's a.

Adriana Dibello: You know I would even say like certain schools do fundraising and and other things that can probably find either a prevention specialist or a Community health worker.

Adriana Dibello: The other thing is that you can also look at it, as perspective of you know you're educating families on HIV related topics, and so this you can look at you know.

Adriana Dibello: talking to.

Adriana Dibello: funders you know state funding sources are looking at that avenue, maybe even the city or counties that you might work under so there's funds under Ryan white.

Adriana Dibello: Of course samhsa sometimes puts out grants and and there's there's also private donations, you know at times so there's other funding streams that you could potentially look into.

Richard Cervantes: Because we are very much appreciate it and we're seeing a lot of polling questions here, which is the you know where the rubber meets the road it's always about funding and and.

Richard Cervantes: And yes, it's an interesting question, there are a lot of you saying yes, you think that you could get the the communities to buy in and.

Richard Cervantes: I think everybody that's chiming in here saying there's definitely a need i've seen a couple that say unfortunately there wouldn't be a way to fund the program in their communities, so it would be interesting to see why not.

Richard Cervantes: guessing it's because of organizational and structural.

Richard Cervantes: structural barriers but.

Richard Cervantes: These are interesting comments and again these comments will really help us think through our strategies and, particularly, you know our.

Richard Cervantes: Our during our training, how we can help address some of these issues for communities, these are the kinds of questions that come up during the trainings around sustainability.

Isa Velez: Thank you very much, and then other things around this and now we're gonna pass to the next slide We talked briefly about Community define practices.

Isa Velez: And there are practices that communities have use and phone to yield positive results again go to the next slide.

Isa Velez: Also committee define evidence are provide positive results, as it turned in by Community consensus over time.

Isa Velez: Also, these practices may or may not have been measure empirically have reached a lover of acceptance by the Community.

Isa Velez: Also, have Malaysians will view and history go by, take into consideration right appalachians we'll we'll and historic on social context and can see there and complement to evidence based practices.

Isa Velez: And then also we're gonna go to our we're almost finished for today, we have another poll question if you can also participate on this one, this is our last one.

Isa Velez: feel free to do it.

Isa Velez: And the question is what challenges or barriers, do you foresee in the implementation of Familia de Landa in your work.

Richard Cervantes: While we're waiting for those responses, let me again just remind people if there is an interest in learning more about our program to go to the website or reach out to the.

Richard Cervantes: Staff and they would be happy to work with you and make make our connection with you i'm seeing some.

Richard Cervantes: Some polling responses coming in keeping constant awareness of activities.

Richard Cervantes: Again, these are barriers or challenges that you've received engaging appropriate partnering for funding yes here's a group that says, we have a small population.

Richard Cervantes: here's one implementation overload not sure what that means other than this this person is being inundated with with a lot of new programs implement perhaps.

Richard Cervantes: Management approval political red tape.

Richard Cervantes: The novelty of the process i'm guessing That means that the newness of.

Richard Cervantes: an unknown.

Richard Cervantes: And let me remind everybody that Familia identity is being used in several samhsa grants, so if you decide, you want to propose the program as part of a grant, at least at samhsa they know about our program and have vetted it and so.

Richard Cervantes: it's certainly possible to include the program as part of a proposal here's a couple of barriers around physical space.

Richard Cervantes: Finding bilingual trainers to deliver being able to talk with management and having an approved yes funding administrative decision making, yes.

Richard Cervantes: Again, these are the kinds of things we see in organizations that come to our trainings I like working with groups, but the challenge, would be to find a partner to present the Program.

Richard Cervantes: I really do not see budget being so much of a problem here, if I could find a partner, I would like to promote and do the Program.

Richard Cervantes: Interesting living in a primary white city i've done trauma and forum with us, but when it comes to Latinos population there's little or nothing being done yeah that's problematic so.

Richard Cervantes: So thank you guys, this is, these are again, these are the kinds of comments that help us as we do our work and, as we think about our training and how to work with organizations across the field to learn more about.

Richard Cervantes: You know betting the program within your organization within your community and then, as well as getting resources for funding and sustaining the Program.

Isa Velez: Very much that's around this, and now we are going to cue any to our panelists so feel free to ask a question.

Isa Velez: question marks.

Isa Velez: Are in the chat.

Richard Cervantes: So we've had a couple of questions that came up in the question box One was about the evaluation and how we do the evaluation and whether another.

Richard Cervantes: question was whether or not some of the studies were available so i'll talk a little bit on that, yes, we do have a couple of published studies that we would be happy to share with you and I can make those available to.

Richard Cervantes: The mh ttc staff and they can distribute to those that were on the webinar today.

Richard Cervantes: As far as evaluation.

Richard Cervantes: There are a number of different ways to evaluate the program where we tried all kinds of different variations in in doing evaluation, right now, for example, with our ritual.

Richard Cervantes: I mean either lantus sessions we're using a qr code method of so when the it's more of a client satisfaction evaluation.

Richard Cervantes: So when the kids finished the the 10 to 12 of the eight eight sessions, with the virtual then they get a qr code and they're able to sort of do a it's about a 15 question.

Richard Cervantes: Satisfaction tool for more intensive evaluations we've done pre pre post and follow up assessments, using a different.

Richard Cervantes: different sets of behavioral measures of family communication measures stress measures, including measures like the Hispanic stress inventory.

Richard Cervantes: So there are many ways to think about evaluation for the program there's another question the identity issue is included personal group old immigrant new immigrant.

Richard Cervantes: The program really is developed in a way that we think that it it's a can be applied to both us born Latinos as well as immigrant groups.

Richard Cervantes: In one of our recent data analysis, we found that actually the program helps reduce cultural stress more more.

Richard Cervantes: If it's more effective in that area for for immigrants, not necessarily new or old, but immigrants compared to us born Latinos so we do know that but, but the program is is developed in a way that.

Richard Cervantes: questions in the way that the way that the material is presented that it's very much appropriate for immigrants, both new and older immigrants.

Isa Velez: there's advantages we have my coworker here on Dr daddy's.

Isa Velez: Age she will be also.

Isa Velez: Providing some of the questions.

Darice Oorbitg: Thank you.

Darice Orobity: Thank you Lisa and thank you to our presenters For those of you don't know me, and that is our vision and.

Darice Orobity: ta and training content consultant for the national Hispanic or Latino mentality etc so Dr samantha's you've been already answering our questions, the ones that have been coming up, so we have another question i'm going to share with you.

Darice Orobity: This for this participant is saying i'm a new employee at my organization, I can see, they need help developing a program like this, but I don't know how do we how the administrative responsible we, how do you recommend I approached them to implement we'll change.

Richard Cervantes: It However, you want to respond to that you're you've been dealing with that issue organization.

Adriana Dibello: um so with that I actually come from an investigative background right, so it was a disease intervention specialist and you know I I.

Adriana Dibello: provided a lot of support to nonprofits.

Adriana Dibello: And it was a liaison it time, so I think part of it is also really talking about and making it distinguish men behind your community needs so if you're able to really identify the needs of the Community and then.

Adriana Dibello: You know present this and intervention as something that it's going to help the Community get better and then, what is it in the long run, how does it fit in to the organization, you know their mission their goals.

Adriana Dibello: You know all of those you know what's their vision and so really looking at how it aligns with Community the organization and you know program services are the delivery.

Adriana Dibello: They more than likely, you know well, the questions will come up like you know what How do you expect us to pay out of this or what what's the you know how are we going to be able to sustain this and so Those are all these questions that are going to pop up.

Adriana Dibello: When you're approaching upper management.

Adriana Dibello: And it could be a you know.

Adriana Dibello: A lot of times it's the coordination of between task forces or coalition's so you're partnering up with other people not doing it alone, you know when you start doing things in silos things never get done or they're not completed.

Adriana Dibello: So really looking at you know what how how it's going to be carried out, and so, putting together that plan.

Richard Cervantes: The other thing I would say, for this person this this question.

Richard Cervantes: You know if you can help your organization see see that there's an opportunity for providing more services to a different group of people with.

Richard Cervantes: programs like performing on Atlanta or other evidence based and Community defined programs, so, in other words, they need to understand what the need is out there in the Community.

Richard Cervantes: And I recommend that you look at some of the recent samhsa data on on children and youth, I know, there was a another report that I just saw I think it was the Pew Pew research Center looking at CDC data for.

Richard Cervantes: And it absolutely shows that that, for example, suicide and depression suicidality or suicidal ideation and depression in Hispanic youth ages 12 to 17 has doubled.

Richard Cervantes: Since 2019 so I mean those are the kind of statistics that sometimes administrators pay attention to.

Richard Cervantes: So you have to demonstrate that there's a need in your community, and you have to be an advocate and a champion for that.

Richard Cervantes: In your community and know the data know what the needs are and as adrianna said developing partnerships with other Community organizations or other Community advocates can be a really good thing.

Darice Oorbitg: Great thank you both for your answers um we have another participant asking what is an estimate of costs for startup.

Richard Cervantes: I can tell you about the training and then maybe adrianna can talk about staffing and startup issues.

Richard Cervantes: For training in our pricing for the training is listed on the website I think it's fairly reasonable if we can get a group of people as as an admin jada did she had like 12 or.

Richard Cervantes: More people that got trained 15 people at one time so that's how you can reduce the cost of that that the costs are minimal they're pretty much in line with other.

Richard Cervantes: Actually, the holy even much less than some of the more popular evidence based practice staff trainings that are the reality, you want to talk about the actual.

Richard Cervantes: The cost of implementing the Program.

Adriana Dibello: Sure, so I think Gilbert yeah, of course, you have to take into consideration the the training cost, you are going to look at you know, are you what type of.

Adriana Dibello: who's actually going to be implementing the project, so you know as far as is it going to be a prevention specialist a Community health worker your promo thought us.

Adriana Dibello: And so, those are really important to consider because their salaries are different, you know who is is going to be doing your evaluation and you're the monitoring the fidelity is that a program manager or project coordinator, you know.

Adriana Dibello: And then you have also the expense, you know, are you doing it virtually or is it in person, if it is virtually you want to plan on on getting you know something that hat is hipaa compliance zoom has hipaa compliance features now, and I think their cost is something like a.

Adriana Dibello: Maybe seven to nine or 10.

Adriana Dibello: Individuals signed on at a cost for like \$1,000 or roughly you know the other.

Adriana Dibello: Things that you have to take under consideration is that what you're you're spending less money if you're not using a place.

Adriana Dibello: Right you're doing it virtual but if you're doing it at an actual location is this an in kind donation, are you able to you know actually go and do the the sessions.

Adriana Dibello: At a facility that they're not going to charge you anything for or they're going to charge you, you know so most of the times they won't charge you're you're doing it at no cost right.

Adriana Dibello: and

Adriana Dibello: You know, we provide light snacks for for families so like I would add on an average budget, maybe about \$3 per person roughly you know you, you can come a long way with, especially if it's a large group.

Adriana Dibello: And then there's a lot of times it's it's the donations that we get you know, so we work very closely with the Houston food bank and you know they're able to provide you know different.

Adriana Dibello: Different items for the families.

Adriana Dibello: um.

Adriana Dibello: I can't think of like much more other than you know your your typical you know your other cost and it just depends on on your organization how large it is.

Adriana Dibello: If there's any administrative you know cost that that Intel to programs.

Richard Cervantes: Let me add to that, I mean just to break it down even further on the implementation so you really you know if you have.

Richard Cervantes: We typically like to see about 10 youth to eight to 10 years and eight to 10 parents in one group so if you think about those groups, you know let's say you're doing a group after school group every week right with eight to 10 kids eight to 10 parents.

Richard Cervantes: you're going to need to facilitators right to do the planning and preparing for that session.

Richard Cervantes: Then you're going to need the same two people to run this session, and then, if you want any evaluation or data collection done or any other post meeting time, so you know you can figure two people.

Richard Cervantes: Minimum of like a full day to run one group session per week and then the same for the parents if you're having the parent lessons parents sessions down.

Richard Cervantes: At the same exact time you're going to need two additional staff people so so you know we recommend that at a minimum, you have for staff people.

Richard Cervantes: Right part time not full time people but part time running familiar Atlantic again it's an hour and a half, but then there's prep time there's you know case management time afterwards in case.

Richard Cervantes: An individual family needs special one on one time with you that sort of thing I also highly recommend if you do train promote us.

Richard Cervantes: To do the program that you also have a licensed clinical person as a backup right because you're off you're always going to find that one family or more who either at the beginning.

Richard Cervantes: or during the middle of the.

Richard Cervantes: Of the of the program you know something's going to happen with that family and they're going to need a clinical intervention right like a an intention, one on one child might.

Richard Cervantes: You know, God forbid, you know become suicidal or that you know the parents might separate or there may be other issues that cause a big family crisis and it's going to require.

Richard Cervantes: An assessment and clinical intervention so you've got to have at least a backup licensed person, you know there to kind of help oversee these families So hopefully Gilbert That gives you a sense for for COs.

Darice Orobityg: Thank you, both again for your responses.

Darice Orobityg: there's a question here regarding the curriculum and if we will work with non immigrant families, third and fourth fourth generation families and there was a previous question regarding adaptability to.

Darice Orobityg: lack communities on thinking that our participants want to know about the flexibility of the of the curriculum.

Richard Cervantes: Let me speak to that because we're working with a group in there a Samsung grantee and they're actually working with native American and Latino.

Richard Cervantes: Third, and let it later generation Hispanic families, and so there they went through a process of.

Richard Cervantes: Making some what I call surface level.

Richard Cervantes: adaptations.

Richard Cervantes: To some of the language that used in the in the curriculum, but they found that the you know the the emphasis on culture in general.

Richard Cervantes: is highly applicable and relevant for even non immigrant kids and native American kids so of course we're evaluating the effectiveness of that right now with the native.

Richard Cervantes: American youth, but they weren't able to make those adaptations in our original study, not all of the kids were immigrants.

Richard Cervantes: In the published study and we report out on the effectiveness of working with non non immigrant youth as well, we know the program again.

Richard Cervantes: Because of the way that the open the open ended nature, the discussion, the free discussion that it involves during the process of the groups, you can have an immigrant.

Richard Cervantes: Youth in the same room with a third generation Latino Mexican American kid, for example, and it still allows them the opportunity to have their voice to make their concerns known and to.

Richard Cervantes: have some of the other kids helping that problem solving process so so they don't need to be like all immigrant groups are all non immigrant groups.

Richard Cervantes: And, and as I said, we are now in the process of making adaptations for native American families, we have not.

Richard Cervantes: worked to make adaptations for African American families, I think it would be fascinating to do that because of some of the cultural issues um I think it would be doable, but it would take some planning to make those adaptations.

Isa Velez: I think that that is having trouble with with her connection with her Internet.

Richard Cervantes: Any other questions that you all might have please feel free to put them in the Q amp a box.

Adriana Dibello: So doctor said, what does it looks like there's a question there, it says how would this curriculum work with non immigrant families, third and fourth generation, I mean just.

Richard Cervantes: Right, I think I kind of touched on that I don't know.

Richard Cervantes: If you want to mention that because I know you got a lot of.

Richard Cervantes: Chicago Hispanic families that you're working with.

Adriana Dibello: We do yeah I was just thinking about one particular family, so this is this really a.

Adriana Dibello: third and fourth generation family combined and.

Adriana Dibello: I would say that.

Adriana Dibello: We have been able to to continue, you know with the lessons.

Adriana Dibello: it's really important, I think that, because if it's in a group, and you have a combination of of individuals and the backgrounds and so when you get to talking.

Adriana Dibello: You know you, you see the the parents really reflecting on what the other parents are really sharing or talking about.

Adriana Dibello: And then they they kind of come in and really start thinking well why how important you know the continuation of some cultures and and the things that are being done and.

Adriana Dibello: You know one family got away from sitting together at the table for dinner, and that was something that they had traditionally done.

Adriana Dibello: You know them growing up and.

Adriana Dibello: As as her new family came together that wasn't something no longer being done, and so.

Adriana Dibello: She recognized the loss right that loss of opportunity, and so I think that there was opportunities there for them to kind of engage with each other.

Adriana Dibello: And so that was really helpful, it also allowed individuals who are non immigrants versus the immigrant families to really talk about you know trauma what they lived through what their experiences are and it's kind of like an eye opener for for those.

Adriana Dibello: Because they don't see it that way, and then they recognize well, maybe some of the things that are going on.

Adriana Dibello: And how they can really teach their kids.

Adriana Dibello: About facing fears and and you know the the other stressors that may come into place, and so it really is it becomes a little bit more of us support for one another as it continues.

Richard Cervantes: Thank you.

Richard Cervantes: Thanks.

Adriana Dibello: Did we touch on also the identity issues.

Richard Cervantes: Well, I get identity in familiar, the latter we We strongly encouraged and support and try to reinforce.

Richard Cervantes: Our cultural identities, regardless of what those might be and that's why I say for the native American kids that's really important.

Richard Cervantes: African American kids would be extremely important as well, but we encourage and as part of we have several activities where we are.

Richard Cervantes: We are engaging kids about who they are, what their ethnicity is.

Richard Cervantes: What you know help helping us learn about what some of their cultural practices our practices of their families and so.

Richard Cervantes: We we try to make those front and Center as part of our lessons obviously when we're talking about things like acculturation stress right and we're talking about identity conflicts between parents and kids.

Richard Cervantes: Those those come up a lot, both in the parents sessions and the US session.

Richard Cervantes: What we what we promote and what we encourage and what we value our the cultural identities and cultural the way culture is formed in our kids because oftentimes that is.

Richard Cervantes: kids are either discriminated against because of their cultural identity or they're called bad names or they're bullied on social media and, and so we have to, as you know, as healing adults, help them.

Richard Cervantes: Have a safe place to talk about that and to let them know that it's it's okay and it's encouraged for them to have a strong sense of cultural identity and a strong sense of ethnic ethnic and cultural belonging So those are things that we definitely promote as part of our Program.

Adriana Dibello: is another question here.

Adriana Dibello: It says, have you run into challenges with LGBT Q plus youth and acceptance from their families, how do you address these challenges.

Adriana Dibello: You know, with with this particular implementation, we have not had that run, I will say that in.

Adriana Dibello: In a previous intervention that we were conducting we have and.

Adriana Dibello: With that particular intervention, we were also conducting that intervention actually at the school.

Adriana Dibello: So.

Adriana Dibello: it's this idea of okay i'm just kind of going through the.

Adriana Dibello: Questions there i'm.

Isa Velez: Just thinking.

Adriana Dibello: Great um, and so I can't really tell you right now, but I do again, you know as doctor said, a month, as mentioned earlier, you know, having a clinical personnel on staff is really important, if not having also the.

Adriana Dibello: Collaboration establish you know to where you can be able to have somebody come in and support that family through those.

Adriana Dibello: You know the through that that timeframe that you know, trying to figure things out as a family and.

It.

Adriana Dibello: For the most part i've never really experienced anything absolutely negative.

Adriana Dibello: You know it's just kind of getting through the the hoops of you would and and more about educating.

Adriana Dibello: Families as a whole and being able to.

Adriana Dibello: Give.

Adriana Dibello: The family, an opportunity to to learn how to communicate with each other, because it's sometimes a lot of times it's it's it's the communication kids don't know how to talk to the parents parents don't know how to talk to the kids you know, and so it goes from there.

Adriana Dibello: I think the next question asked how do you address or active spiritually as a forgotten asset.

Richard Cervantes: know we we talk about that in some of the family related sessions and in the acculturation stress session.

Richard Cervantes: We very much encourage and, in fact, you know some of our newer research is showing how important spirituality is in.

Richard Cervantes: In terms of being a protective factor, or as a resilience factor in a lot of the families in a lot of the Latino family so.

Richard Cervantes: We very much encourage that discussion, as you know, we will Catholicism is very powerful in many of our communities and so to the extent that that that the church or a strong sense of spirituality serves to help families cope.

Richard Cervantes: And to have hope, then, we very much want to encourage that.

Isa Velez: Thank you so much again to our presenters that will be the last of our questions, and we would like to remind participants, that there will be a Q amp a document that will be share with you so as we come to the end of our presentation, I will leave you with our ecosystem, thank you, everybody.

Ari Acosta | she/ella: Thank you, that is.

Ari Acosta | she/ella: All right, well, thank you so much again to our wonderful panelists and presenters of Vienna and Richard Thank you Thank you so much.

Ari Acosta | she/ella: As that he said we'll be putting together a Q amp a and research document for this session so if there's any question that couldn't.

Ari Acosta | she/ella: We couldn't answer during the live session today don't worry that document will be sent to you in the next couple of weeks, as well as the access for this recording and the slides.

Ari Acosta | she/ella: Just a quick reminder that we, this is a listening series, so the next session is going to be in June 24 and it's going to be about project enter positive youth development for American Indian Alaska native youth.

Ari Acosta | she/ella: let's go to the next slide.

Ari Acosta | she/ella: And, of course.

Ari Acosta | she/ella: Just a reminder to connect with us, with the image ttc in your region go to our website to find your Center or you can connect with our national centers as well, and for the next slide.

Ari Acosta | she/ella: I reminder to please, please complete our brief survey, we want to know your feedback and be able to continue to provide trainings and sessions, like this one.

Ari Acosta | she/ella: This service should automatically pop up on your browser window upon closing today's webinar you can also access it through the link that I can JESSICA put on the chat but i'll put it one more time, just in case.

Ari Acosta | she/ella: Go.

Ari Acosta | she/ella: Thank you again everyone and before we finish the session, I would like to think.

Ari Acosta | she/ella: That, even though the Lead is available JESSICA on salaries and I want to give a special thanks to gabrielle or see from the Northwest image ttc who has been our support on the back end with the slides and our wizard with the poll everywhere.

Ari Acosta | she/ella: platform Thank you so much gabrielle and Thank you everyone for being with us today hope you have a great rest of your day.

Adriana Dibello: Thank you.

Richard Cervantes: Thank you all very much.

Richard Cervantes: Have a great day.