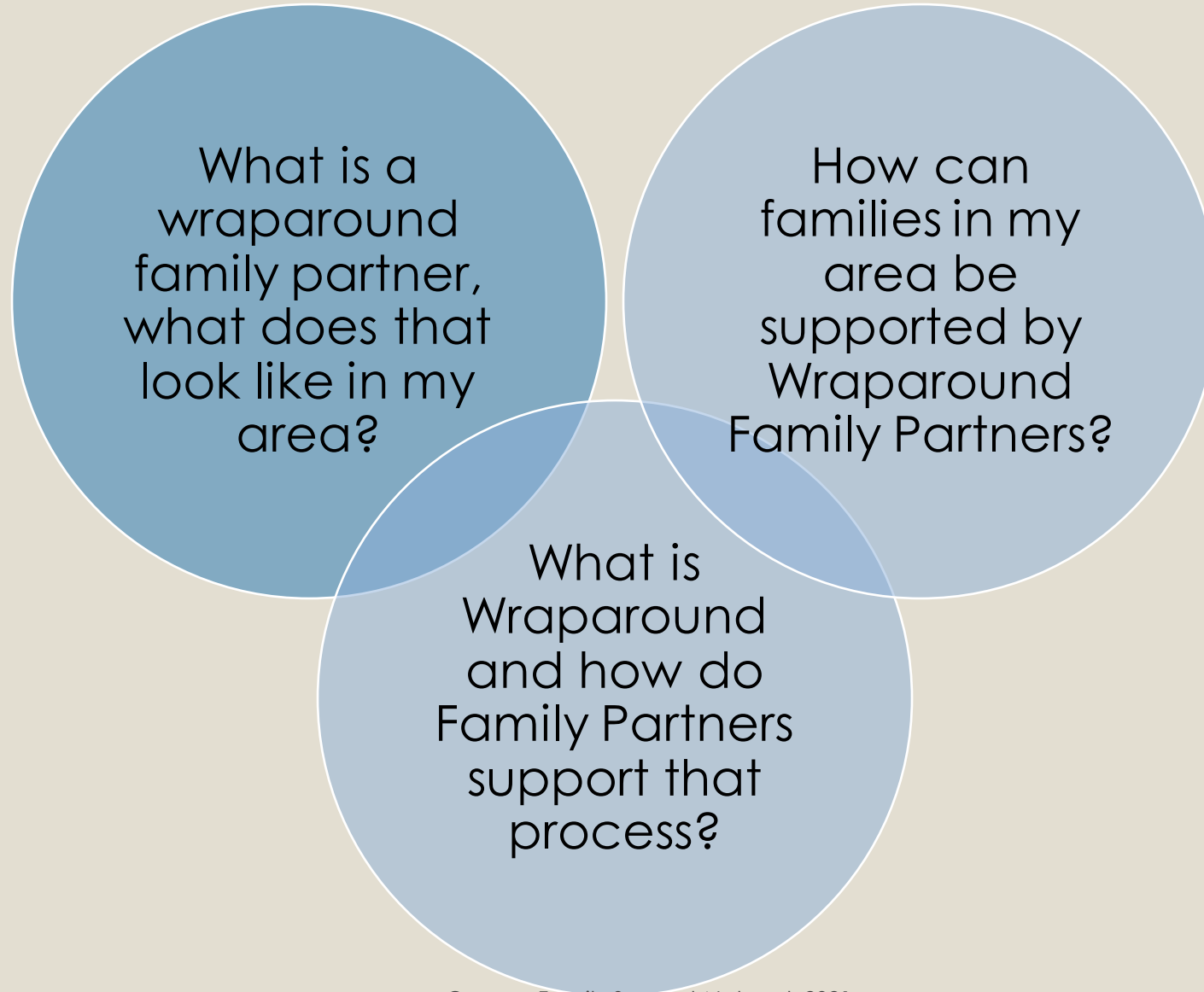


Wraparound Family Partner Orientation



Oregon
Family Support
Network

Wraparound Family Partner Orientation



WHO ARE WE?

OFSN

OFSN is a 501-c3 nonprofit founded in 1991. We support families of children who experience emotional, behavioral, and mental health challenges.

PARENTS AND CAREGIVERS

We know how difficult parenting can be. We've been there and understand.



Oregon
Family Support
Network

MISSION

We are families and youth working together to promote mental, behavioral and emotional wellness for other families and youth through education, support, and advocacy.

VISION

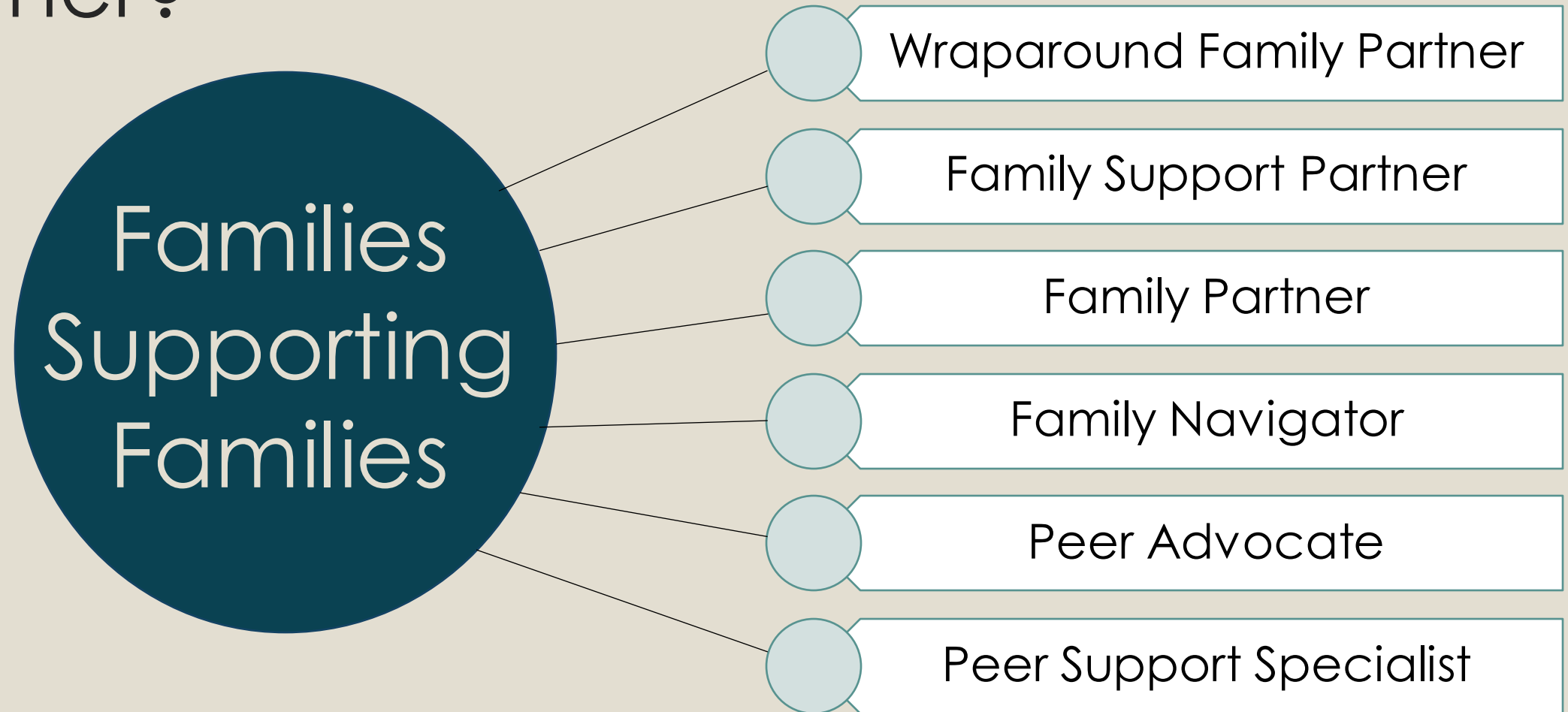
Every family deserves to be heard and understood.






Families Supporting Families

What is a Wraparound Family Partner?





For this training we will use the term
“Wraparound Family Partner” (WFP)



*What are some
of the titles/roles
in your area?*

At OFSN we adhere to the workforce ethics and standards set by



Oregon
Family Support
Network

The National Federation of Families for Mental Health and FREDLA

*(Family Run Executive Director Leadership
Association)*



fredla

There are 6 skill sections with multiple competencies living in each section.

- Wellness and Recovery
- System Supports
- FSS Skill Sets
- Planning
- Research and Documentation
- Legal



What is a Wraparound Family Partner?



direct lived experience

works directly with the family to engage

supports, coaches and empowers

bring the family voice

Are there requirements to be a Wraparound Family Partner?

Lived Experience:

- Means firsthand direct experience seeking and receiving services for a child you have raised in a permanent relationship



Direct System Involvement:

- Some sites have multiple systems involvements, others have less



Willingness To Disclose:

- Ability to share personal experiences as a peer rather than a role model. Ability to navigate disclosure with family members.

PEER
WORK
STARTS
WITH
EMAPTHY
WORK



RSA

10/10/2021



Shorts

Empathy *vs* Sympathy



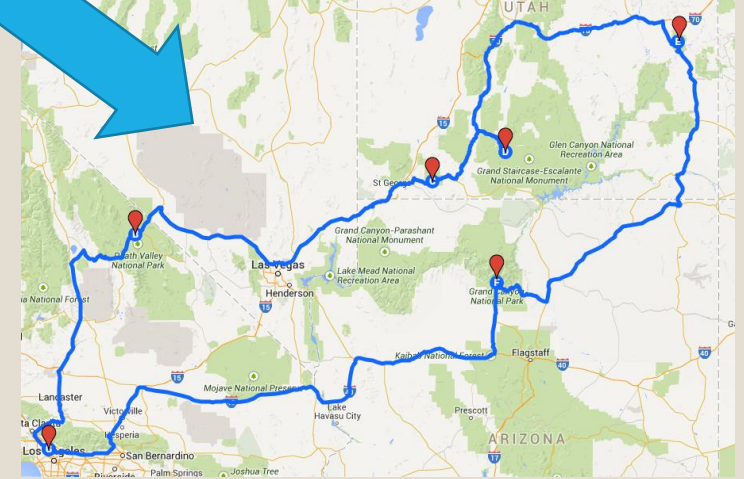


OREGON SYSTEM OF CARE



System of Care

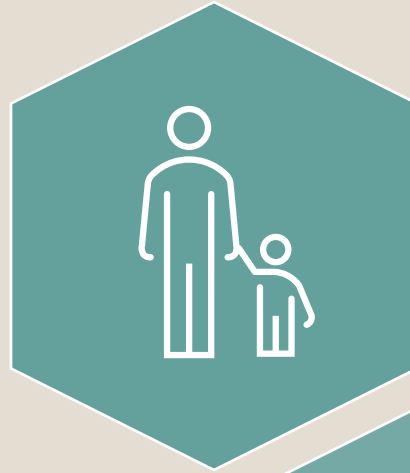
(multiple providers,
connected and serving
families)



System Navigation Processes

(Wraparound, Intensive
Care Coordination, self
navigation, etc.)

Oregon System of Care Principles



Family
Driven and
Youth
Guided

Culturally
and
Linguistically
Responsive



Community
Based



HIGH QUALITY WRAPAROUND IN

OREGON



4 phases.

10 principles.

1

2

3

4

Engagement

Initial Plan
Development

Plan
Implementation

Transition



WRAPAROUND PLANNING PROCESS



Wraparound Phase 1: Engagement

Building trust and mutuality with families

**Understand the
Wraparound
Process**

**Build mutuality
with the family by
sharing parts of
their lived
experience and
story**

**Demonstrate
respect for
family's culture**

**Develop
meaningful
relationships with
families**

**Encourage and
model
commitment to
family and team**

What **Engagement** looks like in practice



Organic conversation



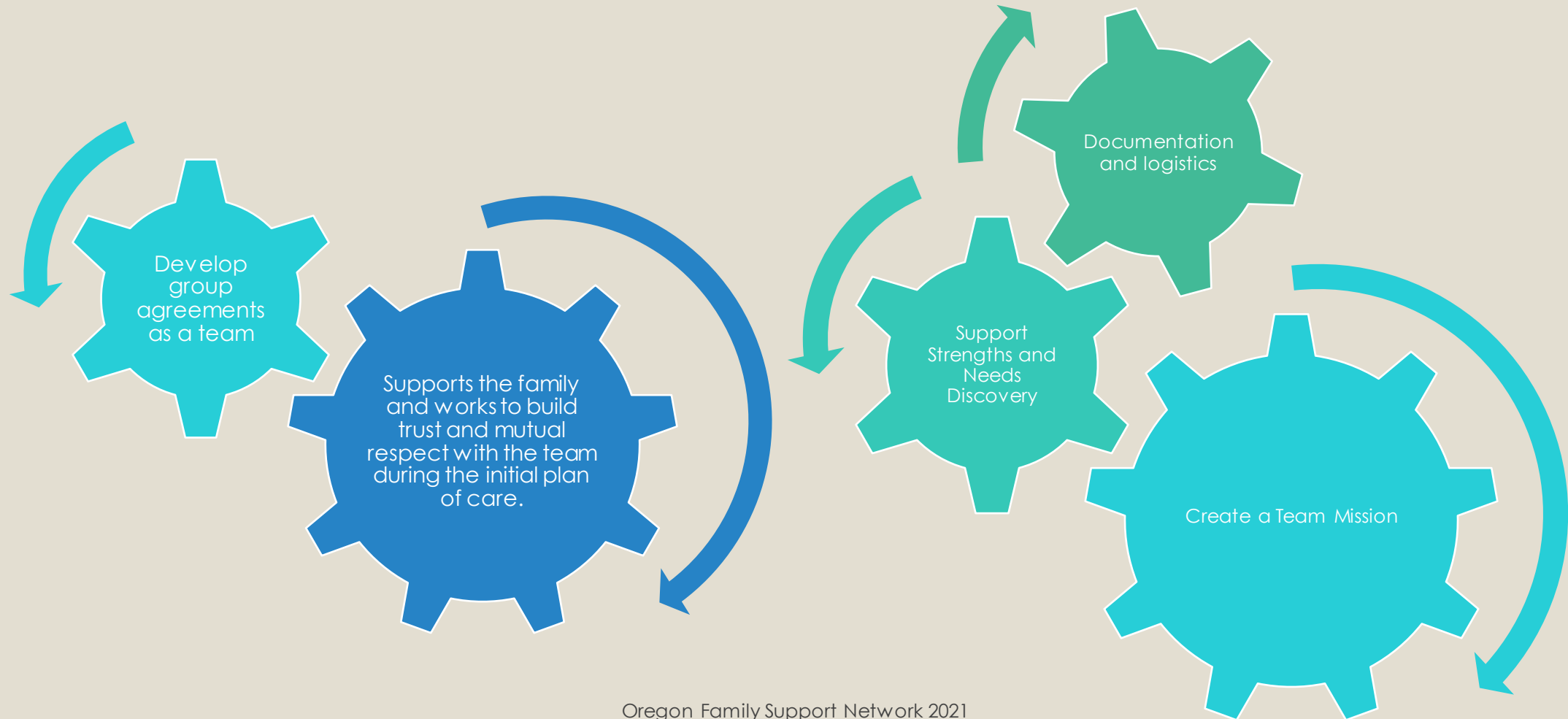
Get to know the family's culture and values



Meeting the family where they are comfortable

Wraparound Phase 2: **Plan Development**

Working Together



What **Plan Development** looks like in practice



Attend and participate in
team meetings



help family identify
their vision



holistic family led crisis
planning

Wraparound Phase 3: **Plan Implementation**

Moving forward together as a team



**Work towards
team mission**



**Review
strategies and
celebrate
successes**



**Make changes
to the plan as
needed**



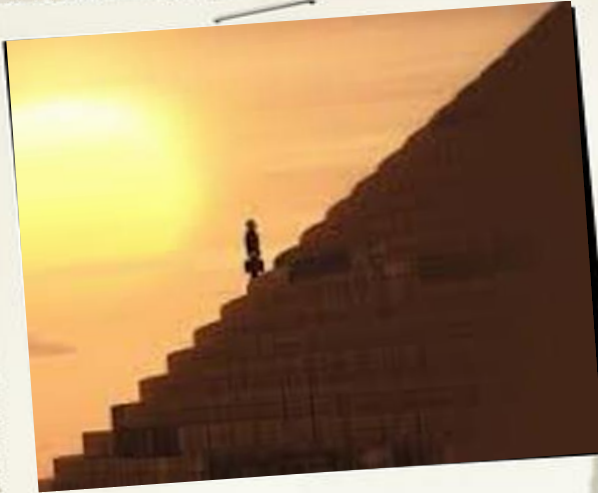
**Build team
cohesiveness
and mutual
respect**



What **Plan Implementation** looks like in practice



Open communication with
the family and team



Practice persistence



Review the plan

Wraparound Phase 3: Transition

Solidifying Supports and Celebrating Work Done

Celebrate the work done by the youth, family and whole team!

Plan for supports after Wraparound

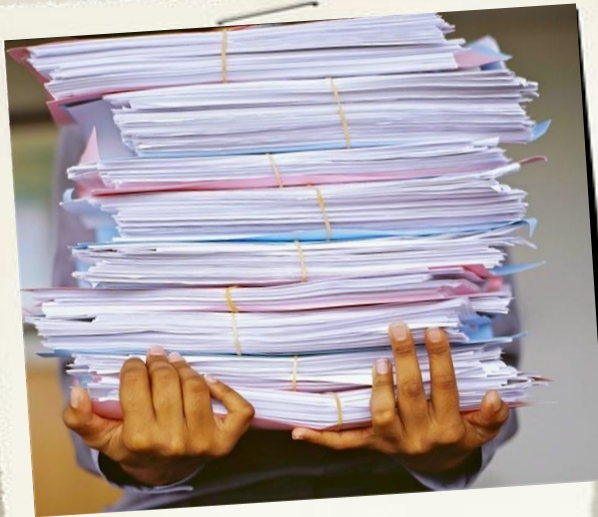
Assess the family's readiness.

Supports the family in feeling comfortable with transition.

What **Transition** looks like in practice



celebration



Paperwork/plan



Assess readiness

Q: How do we celebrate?



A: How the family wants too! It's up to them!

TIPS IN SUPPORTING THE WRAPAROUND FAMILY PARTNER ROLE IN YOUR COMMUNITY

Do's and don't
as well as ways
to support and
maintain
Wraparound
Family Partners in
your community

The
wraparound
process works
best when:

Everyone
understands the
role of a
Wraparound Family
Partner

Wraparound Family
Partners have good
support, supervision
and consultation
both with a clinical
supervisor as well as
a peer supervisor

Everyone
understands the
role of the
wraparound team,
and perspectives of
all team members



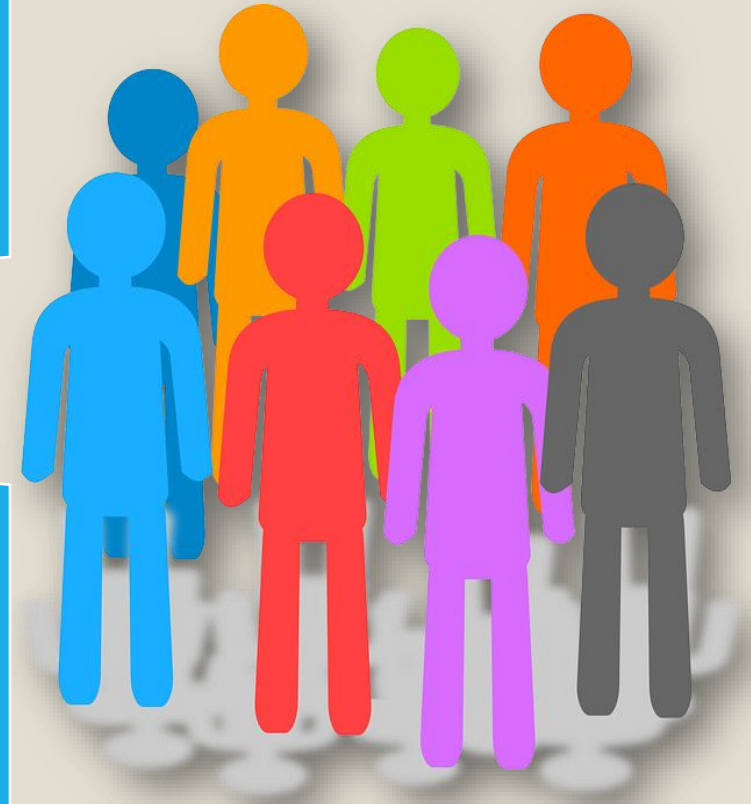
1. Establishing Healthy Boundaries

Collaboration:

- Maximize the effectiveness of the Wraparound Family Partner Role
- Support the family's vision as well as the team mission
- Enhance the family engagement in Wraparound

Empower:

- Choose options for services and supports that fit their family culture and preferences
- Prioritize and advocate for their unique needs
- Access natural supports
- Develop skills that will enhance independence



2. Collaboration and Empowerment

Wraparound Family Partners share lived experience to:

Build trust and validate the family experience

Model to families that they can advocate for their own needs.

Answer family's questions and assist in system navigation



3. Mutuality Through Lived Experience

Provide education and receive training around **Vicarious Trauma**, **Burnout** and **Countertransference**

Use supervision to assist in developing a plan or discussing **potential activations**.

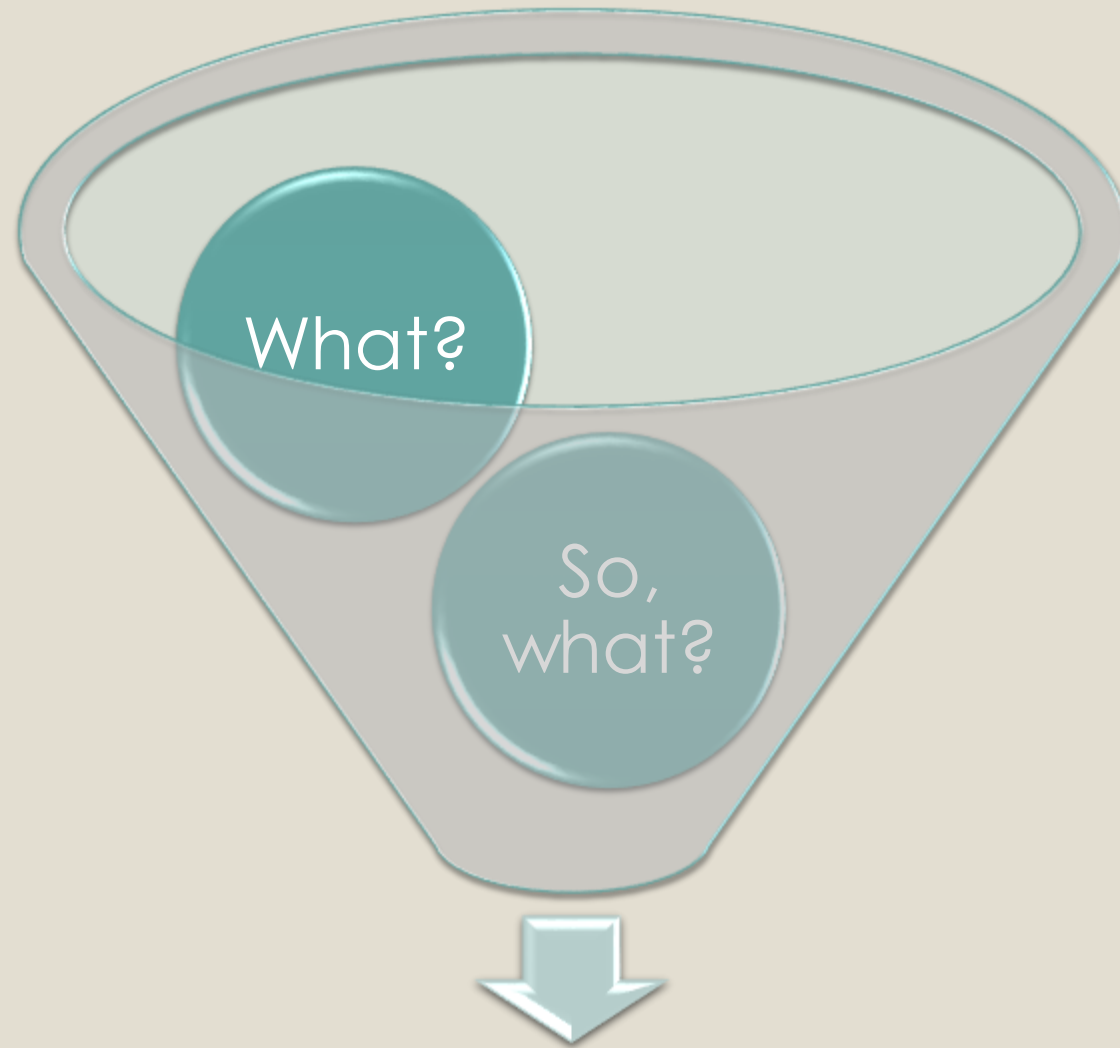
EMOTIONAL CHECK-INS should be part of regular supervision

The **'burn out'** rate is significantly higher in mental health and peer work

Self-care is important to model for families



4. Trauma Informed



Now what?

QUESTIONS



Resources

- **The Institute for Innovation and Implementation**
- **<http://ssw.umaryland.edu/theinstitute>**
- **National Wraparound Initiative <http://www.nwi.pdx.edu>**
- **Trauma Informed Oregon**
- **<http://traumainformedoregon.org/>**

FIND US ONLINE



Oregon
Family Support
Network

www.ofsn.net



www.reachoutoregon.org

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