



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

JOIN THE CONVERSATION: Culturally Responsive Evidence-Based and Community- Defined Practices for Mental Health

We will begin soon!

- This **webinar is being recorded** and will be posted with slides to our website within a few weeks. You will receive notification by email.
- **Participants are muted** with video off.
- Take note of the Zoom toolbox at the bottom of your screen.
 - Use Chat for tech issues
 - Use Q&A feature to ask questions
- **Certificates of attendance** will be available for those who attend.
- We are **not able to offer CEUs** for this webinar.
- We will be using **Poll Everywhere** today.
 - You can either go to <https://pollev.com/nwmhttc>;
 - Download the app and use your phone to participate;
 - Or you can send a text to **22333** with **nwmhttc** in the body of the message.

JOIN THE CONVERSATION: Culturally Responsive Evidence-Based and Community-Defined Practices for Mental Health

**A listening series led by the
MHTTC Cultural Responsiveness Working Group (CRWG)**

Session 3: Project Venture

Positive Youth Development for American Indian and Alaska Native Youth

June 24, 2021





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Housekeeping Items

- We have made every attempt to make today's presentation secure. If we need to end the presentation unexpectedly, we will follow-up using your registration information.
- All attendees are muted and cannot share video.
- Have a question for the presenters? Use the Q&A Pod, our co-chair is managing the pod and will address questions throughout the session!
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- You will receive an email following the presentation on how to access a certificate of attendance
- Closed captioning is available!
- Follow us on social media:   @MHTTCNetwork
- Series webpage: <http://bit.ly/join-the-convo>

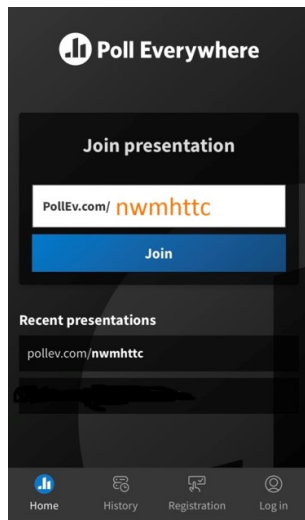
Please Note:
The session recording will be posted on our website within a week!



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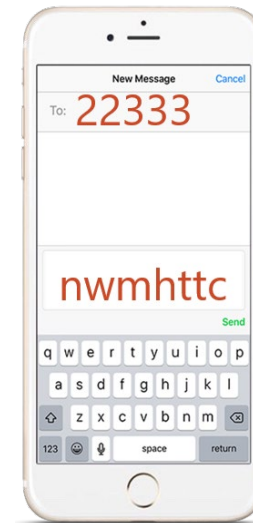
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USING POLL EVERYWHERE



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- The MHTTC Network accelerates the adoption and implementation of mental health related evidence-based practices across the nation
 - Develops and disseminates resources
 - Provides free local and regional training and technical assistance
 - Heightens the awareness, knowledge, and skills of the mental health workforce
- 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office

Visit our website at www.mhttcnetwork.org

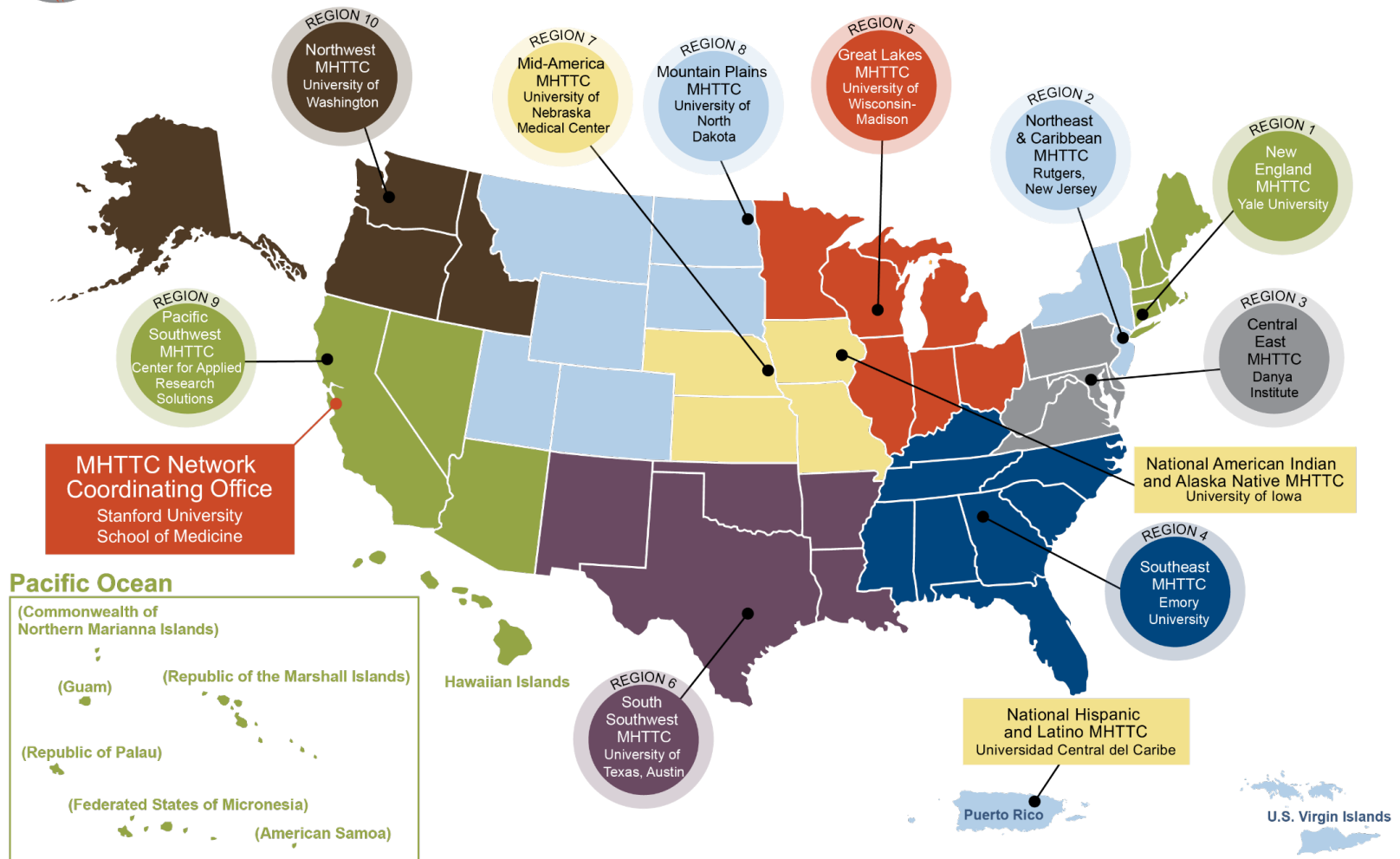


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At the time of this presentation, Tom Coderre served as SAMHSA Assistant Secretary. The opinions expressed herein are the views of the moderator and panelists and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

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The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED
AND HOPEFUL

INCLUSIVE AND
ACCEPTING OF
DIVERSE CULTURES,
GENDERS,
PERSPECTIVES,
AND EXPERIENCES

HEALING-CENTERED AND
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS
PARTICIPATING IN THEIR
OWN JOURNEYS

PERSON-FIRST AND
FREE OF LABELS

NON-JUDGMENTAL AND
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR
AND UNDERSTANDABLE

CONSISTENT WITH
OUR ACTIONS,
POLICIES, AND PRODUCTS

The MHTTC Cultural Responsiveness Working Group

The Cultural Responsiveness Working Group (CRWG) aims to disseminate culturally appropriate information and provide technical assistance for the mental health field to improve access to culturally responsive mental health services.

Recognizing the importance of Evidence-Based Practices (EBPs) in the work across the MHTTC Network, the CRWG began exploring how to adapt the principles of EBPs for diverse and underserved communities.

Through this work, the CRWG discovered the importance of also acknowledging and promoting additional culturally inclusive mental health practices that exist in the mental health field.

Therefore, the CRWG is conducting a 6-part series of 90-minute listening sessions to...

Listening Series Goals

- Engage constituents in an interactive conversation about culturally inclusive mental health practices, including Evidence-Based Practices (EBPs) and Community-Defined Practices
- Explore strengths and barriers of Community-Defined Practices and elevate them as Culturally and Linguistically Appropriate Services (CLAS) Standards
- Identify ways to increase promotion of EBPs and Community-Defined Practices in technical assistance and trainings offered by the MHTTC Network

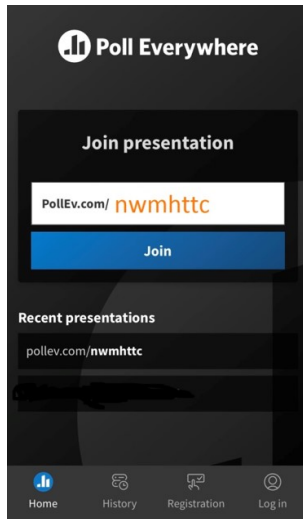


Session 3 – Agenda

- Overview of Project Venture (PV)
 - Discuss how PV is being implemented with various cultural groups across the Network/in different regions.
 - CLAS Standards as they pertain to PV
 - Conversation Starter (poll)
- Culturally responsive “PV practices” being utilized across the Network/in different regions.
 - Conversation Starter (poll)
- Examples and lessons learned during the implementation of PV (i.e. Balancing PV and the cultural needs of the people served).
 - Conversation Starter (poll)
- Q&A
- Wrap up

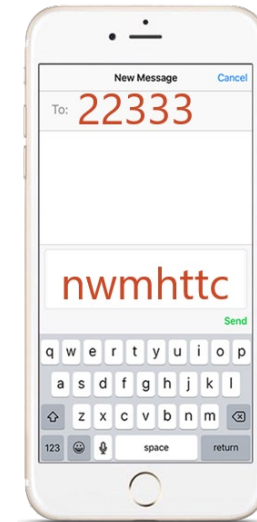
Cultural Blessing

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When poll is active, respond at pollev.com/nwmhttc

Text **NWMHTTC** to **22333** once to join



Are you familiar with Project Venture adventure-based programming that strengthens emotional wellness for youth? (On a scale of 0 to 5, with 0=not familiar at all, 5=very familiar)



Welcome our Panelists



McClellan Hall is of Cherokee descent. Member of the SAMHSA Expert Panel on Prevention (10 yrs) and a member of SAMHSA's Action Alliance on Suicide Prevention (5 yrs). Mr. Hall was the Co-lead of the American Indian/Alaska Native Task Force for SAMHSA's national suicide prevention effort for 5 years. Mac is the recipient of the Kurt Hahn Award, the Spirit of Crazy Horse Award, the Alec Dickson Servant Leadership Award and the Indian Health Service Director's Behavioral Health Achievement Award. He is the developer of Project Venture, the only Native American-developed program to attain the level of Model Program with SAMHSA and NREPP. Mac is the founder and CEO of the National Indian Youth Leadership Project.



Heather Yazzie-Campbell (Apache/Navajo) is an outdoor leadership program director for the National Indian Youth Leadership Project (NIYLP). She leads experiential and adventure-based education programs at several Indigenous schools across New Mexico. As a Project Venture trainer, she leads workshops for a plethora of Indigenous communities throughout the United States and Canada and teaches them how to construct and implement their own community-based programs.

For an overview of Project Venture, watch the short video here:
<https://stanfordmedicine.box.com/s/mzzon4c4vzw3nh5newzijz7zxfda7sx1>

Project Venture

Adventure with an Indigenous Mind

What is Project Venture

Year long program, in school, after school, weekends, school breaks, summer (New Curriculum)

Mid school youth

High School mentoring program

150-200 hours of contact over a year

Outdoor adventure

Culturally-based group development process with positive norms

Service learning

Qualitative & quantitative evaluation

Guiding Principles

Connection to the natural world

Strength-based approaches

Experiential Learning

Ethic of Service

Connection Building to family, community and culture



Behavioral Outcomes

Culturally based group development, Building Trust

Full Value Commitment

Be Here, Be Safe, Speak Your Truth, Set Goals, Let go and Move On

Healthy Relationships (Defined, discussed, practiced)

Communicating and Listening Intentionally

Group Problem Solving and Decision Making

Asking for and giving help

Emotional Health

Body Language

Lessons Learned

Communities must build capacity to support/sustain programs

Must have community support/buy in

Must use culturally appropriate approaches

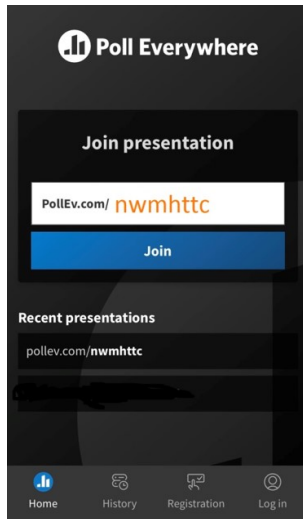
Must develop culturally appropriate evaluation approaches and measures

Must have the “right “ staff

Multiyear grants needed to successfully implement programs that get results

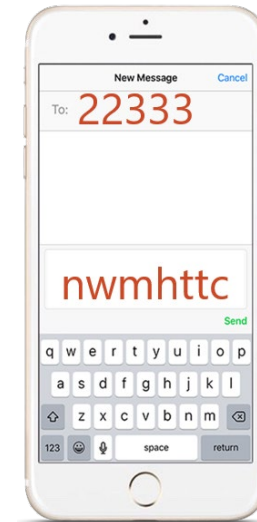
Coaching and mentoring is needed for success

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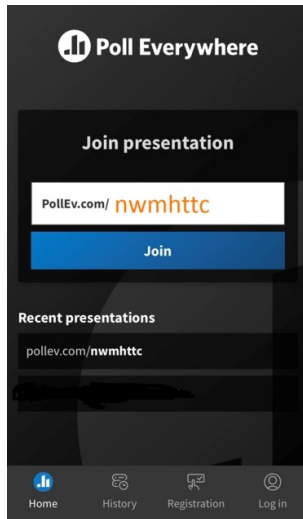




What aspects of Project Venture's philosophy or activities could benefit the population you serve?

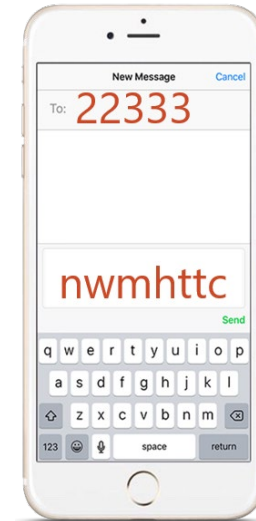


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What barriers do you anticipate in implementing a Project Venture program in your community?



Let's talk about
Community-Defined Practices

Community-Defined Evidence

Practices that **communities** have used and found to yield positive results.

Positive results as determined by **community** consensus over time

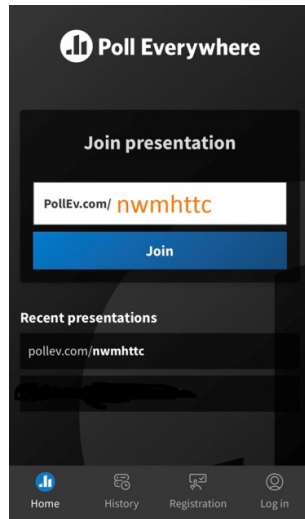
These **practices** may or may not have been measured empirically

Have reached a level of acceptance by the **community**

A population's worldview and historical and social contexts

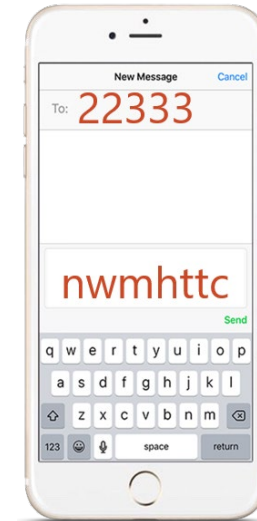
Considered a complement to evidence-based practice

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What do you need to start and sustain Project Venture evidence-based programming?



Q&A with Panelists

Coming up in this Listening Series:



Session 4: July 8 | Motivational Interviewing

Session 5: July 22 | Achieving Whole Health: Balancing Mind, Body and Spirit (AWH)

Session 6: August 5 | Preventing Long-term Anger and Aggression in Youth (PLAAY)

Register here:

<http://bit.ly/join-the-convo>

Connect with the MHTTC in your region

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Centers Across The Network

		
National American Indian and Alaska Native MHTTC	National Hispanic and Latino MHTTC	New England MHTTC
University of Iowa College of Public Health 145 N Riverside Dr Iowa City, IA 52246 United States 319-335-5564 native@mhttcnetwork.org	Universidad Central del Caribe Laurel, Av. Sta. Juanita Bayamon, PR 00960 United States 787-785-5220 hispaniclatino@mhttcnetwork.org	PRCH 319 Peck Street New Haven, CT 06513 United States 617.467.6014 newengland@mhttcnetwork.org States Served CT, ME, MA, NH, RI, VT

<https://mhttcnetwork.org/centers/selection>

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