



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Join the Conversation!
Culturally Responsive Evidence-Based & Community-Defined Practices for Mental Health
Session 3: Project Venture

Maria Restrepo-Toro: Welcome everybody to join the conversation a cultural responsive evidence, based in Community find practices for mental health.

Maria Restrepo-Toro: This webinar is being recorded all participants gonna be muted, with the video of end.

Maria Restrepo-Toro: We are going to be using the zoom today on the bottom of your screen, so we can answer any kinds of questions or ourselves any kind of technical issues that may arise.

Maria Restrepo-Toro: certificates of attendance will be available for all of those that are interested, we are not offering see us and, as we had indicated on the email we're going to be using poll everywhere today.

Maria Restrepo-Toro: So make sure you have your phones ready or your browser ready, so you can text them participate, this is really going to be a very interactive conversation, and it is a pleasure to be here with you today.

Maria Restrepo-Toro: So, formally, I want to welcome you and I should have done that, from the beginning, my name is Mary as a stripper total I am the Chair of the cultural responsiveness working group.

Maria Restrepo-Toro: And in behalf of the entire cultural responsiveness working group my co chair Christina clayton and Jessica Gonzalez, we welcome you into this wonderful it, this is our third listening session of the series next.

Maria Restrepo-Toro: As this conversation is our third and today we're here gather to talk about project venture, which is a positive youth development for African American Indian and Alaska native youth.

Maria Restrepo-Toro: Next.

Maria Restrepo-Toro: This serious.

Maria Restrepo-Toro: I just mentioned, that they house items so i'm going to move to the next one.

Maria Restrepo-Toro: I already talked about poll everywhere.

Maria Restrepo-Toro: The mental health safety net network, if this is the first time you join us, this is a very large network, there is a total of 10 mental health entities across the nation, plus two national.

Maria Restrepo-Toro: Mental health etc in our mission for the mental health, technology transfer Center is to facilitate the adoption and implementation of men mental health evidence based practices.

Maria Restrepo-Toro: We also have a nation, a national American Indian Alaska native Center in a national Hispanic and Latino Center so please make sure that you check the mental health, etc, on your region.

Maria Restrepo-Toro: If you want more information about this, make sure that you go on the website here on the screen you get to see the fantastic network that we have and we really invite you to do that, next.

Maria Restrepo-Toro: The presentation that we're prope here today is under agreement from the substance abuse mental health services administration, all the materials that are appearing going to be appearing this presentation, except.

Maria Restrepo-Toro: That taken directly from corporate right sources and the public domain, maybe reproduce or copy without any permission from Samsung or view authors.

Maria Restrepo-Toro: citation of the source is appreciate it please do not reproduce or distribute this presentation for a fee without a specific region authorization of our network by the NCO office at this time.

Maria Restrepo-Toro: The bit of this presentation, the Tongue could be your search is serving as the Samsung Assistant Secretary, so therefore the opinions that are expressed here on the views often Moderator of the panelists do not reflect any official position of sensor okay next.

Maria Restrepo-Toro: After the meeting you're going to receive an evaluation information is very important for us to for you to complete this information is valuable feedback for us and the network, because it's funded by sansa.

Maria Restrepo-Toro: We need to provide, and this is a very brief survey it's only two minutes long, so please make sure you complete you can also do that by scanning the code on your phone or you can just link on the link that you're going to be appearing on the screen.

Maria Restrepo-Toro: So we are now getting, as I said earlier, this is the third conversation.

Maria Restrepo-Toro: On cultural responsiveness evidence based practices and Community if i'm practices for mental health.

Maria Restrepo-Toro: Next, this john conversations.

Maria Restrepo-Toro: Oh, this conversations, like many other activities on the network are filming on using respectful and recovery oriented language.

Maria Restrepo-Toro: We hope and we bind you all during this presentation to really use language that strength base that is inclusive of accepting of many diverse cultures that's healing Center and trauma responsive and that is respectful clearly and understandable.

Maria Restrepo-Toro: Regarding the serious this is put by the cultural responsiveness working group and the aim of this group is to really provide disseminate and provide training on information about.

Maria Restrepo-Toro: Accessing quarter or responsive mental health services because would recognize the importance of evidence based practice, we also our knowledge and are very interested in those in how those evidence based practice can be adopt.

Maria Restrepo-Toro: For diverse are underserved Community and at the same time, throughout this work, we know that sometimes there are practices that have to be.

Maria Restrepo-Toro: The other way around, and we need to start with the Community be to be in order to be inclusive, we want to hear and learn what the Community feels and and really build the evidence from the Community so that's what we're here to do today, this is going to be a 90 minute session.

Maria Restrepo-Toro: And I will tell you at the end of the session the remaining of the of the sessions that will continue.

Maria Restrepo-Toro: On next.

Maria Restrepo-Toro: I think, then the goals I just mentioned briefly describe for today really what we're going to be doing is learning about project mentor we want to, we are going to you're going to be learning districts and barriers.

Maria Restrepo-Toro: Of the practice and how really the ways that is important to increase those evidence based practices.

Maria Restrepo-Toro: So i'm going to turn it over to holly who is going to be actually a walking us through the agenda holly.

Maria Restrepo-Toro: is actually a colleague of mine, like myself, we both work in region, one and we she is a fantastic facilitator.

Maria Restrepo-Toro: I think i'm just trying to look here i'm sorry.

Maria Restrepo-Toro: holly comes to us she's a former tribal and mainstream behavioral health director with 30 years of experience in the administration and development of accredited mental health and substance abuse treatment service.

Maria Restrepo-Toro: holly is a behavioral health subject matter expert with the national popular Response Network, then you England mental health etc technology Center when we try to work together and see 40 innovation.

Maria Restrepo-Toro: She is an enrolled member of the pawnee nation of Oklahoma so holly is referred to do that i'm going to introduce you and you can walk us over the agenda, thank you.

Holly Echohawk: Great hi everybody.

Holly Echohawk: i'm holly ECHO Hawk and i'm happy to be here and happy to moderate the session as Maria said i'm.

Holly Echohawk: Remembering the pawnee nation in Oklahoma and i'm a former behavioral health director and I have the great privilege of serving as the tribal behavioral health.

Holly Echohawk: lead in region, one with the New England tribes, so the session today is we really had a wonderful day hour and a half planned and you'll get to hear all about project venture, which is a very exciting tribal in turn tribal developed tribal run.

Holly Echohawk: Oregon organization, so you will hear about how project ventures being implemented.

Holly Echohawk: across the country and you'll hear us talk about the class standards and how they pertain to project venture actually project ventures the classic example of class standards in real time.

Holly Echohawk: And then we have a series of polls, so that is your poll everywhere, which I hope you all have download it to your cell phone or to your.

Holly Echohawk: Computer because you have to have a download it in order to respond to the questions and we also are going to talk about examples and lessons learned about the implementation project venture, and most importantly.

Holly Echohawk: The cultural grounding of project interest work is a really great example you know everyone is always trying to be more culturally responsive to.

Holly Echohawk: paying attention to diversity equity and inclusiveness and not everybody sure how to do that, but project venture is going to give you a lot of examples of.

Holly Echohawk: How they did it and give me some good ideas on how you can increase up your cultural responsiveness to the population that you serve.

Holly Echohawk: And I see a question that people are asking on how to.

Holly Echohawk: Access the poll everywhere, so I can sure that somebody's going to put in the chat box on how to do that.

Holly Echohawk: And then we're going to end with questions and answers and wrap up and tell you about the next session that will be coming up this is session number three Okay, so the next slide.

Holly Echohawk: we're going to start with a cultural blessing travel blessing and we're lucky to have rained down with us.

Holly Echohawk: Ray and i've worked together in often on for a long time and it's always a pleasure to speak to him and i'll just turn it over to him and he can introduce himself.

Holly Echohawk: Right.

Ray Daw: Okay.

Ray Daw: Good afternoon, everyone i'm Rachel Ray dog, and I will from the.

Ray Daw: New Mexico welcome everyone again also i'll do the career my plans are in Navajo we introduce our class.

Ray Daw: I am kiani.

Ray Daw: My father's friend or miracles.

Ray Daw: paternal grandfather so maternal grandfather so let's treat people with a jd.

Ray Daw: And my maternal or.

Ray Daw: paternal grandfather so bitter bitter water.

Ray Daw: coulda woulda shoulda listeners marcia Clark international connection going to start off on the quite got 19 D or anything but it out of the store.

Ray Daw: Since the case with on scope so whichever buttons total is changing it to natalie question for your party.

Ray Daw: About Ecuador eugenic it should not go into it a little bit so just to quality and quit by Ecuador engineer equated national national of the token.

Ray Daw: became not a solution that's going on in.

Ray Daw: My head cody.

Ray Daw: So there's enough facets of initial thought is.

Ray Daw: That it was actually a lot of history with the clippers past it was nasty nasty Thank you.

Holly Echohawk: Thank you Ray.

Holly Echohawk: always good to see you my friend.

Holly Echohawk: Alright, so the next slide.

Holly Echohawk: we're going to do.

The first poll question.

Ray Daw: sort of circular.

Ray Daw: In the middle there six.

McClellan Hall: Was that.

Holly Echohawk: Well, so we're going to that was just some background noise so we're going to do the first poll, so if everyone can.

Holly Echohawk: Be ready to answer the question and the next slide is the poll question.

Holly Echohawk: So we just want to get an idea of get a feeling on how many of you are familiar with project ventures so.

Holly Echohawk: The question is, are you familiar with project venture venture based programming that strengthens the emotional wellness for you.

Holly Echohawk: So you can respond there's no right or wrong answer, of course, we're just trying to get a feel for the audience and the, ranging from not familiar to all the way to very familiar.

Holly Echohawk: So it looks like most people.

Holly Echohawk: are responding or not familiar with project venture venture so you're in for a treat you're going to learn a lot about project venture.

Holly Echohawk: And no one is no one is so far has indicated that they are.

Holly Echohawk: familiar.

Holly Echohawk: But you are in for.

Holly Echohawk: A treat you know I guess.

Holly Echohawk: till the numbers across the bottom are numbers that have responded.

Holly Echohawk: Or is that just the numbers I think that's just the number 01234 would just give it another second or two here.

Holly Echohawk: Some people may not quite be engaged in the poll everywhere, yet, but I know we have 61 people on the call.

Holly Echohawk: and JESSICA, thank you for putting in the chat of how people can access it on one person doesn't see the poll um.

Holly Echohawk: So what we're showing so far is that the people responding.

Holly Echohawk: Most people are not familiar with project venture.

Holly Echohawk: So we'll we're going to have several other polls throughout the presentation, so if you're not connected to.

Holly Echohawk: The poll everywhere.

Holly Echohawk: it's in the chat on how to get connected and so, if you don't if you weren't able to respond to this question don't worry about it, you can join other questions as we go forward so let's go ahead and move to the next slide.

Holly Echohawk: So our panelists this morning from project venture, I just wanted to say.

Holly Echohawk: I have enormous respect for project venture project venture has been and that call and heather Yossi camp camp board going to tell you all about it but.

Holly Echohawk: You know i've worked in travel behavioral health for a long time, many decades has has raised and and that can.

Holly Echohawk: it's always been a.

Holly Echohawk: struggle and we know how valuable our approach and our services are our communities know that that in order to receive funding to support our services we collectively all have to respond to evidence gathering of determination, if our approaches are evidence based.

Holly Echohawk: worthy, so to speak, and matt call and his team were early.

Holly Echohawk: Early in the battle, I would say, of recognition they they became one of the few, and there were only three out of the hundreds of practices on the Internet website.

Holly Echohawk: They were there's only three there were only three tribal.

Holly Echohawk: programs and then project venture was one of those three and they're going to talk to you about how they did that that I have enormous respect and always have had for project venture in their belief.

Holly Echohawk: I think we have a shared belief that all native children are brilliant they're born brilliant it's in their DNA.

Holly Echohawk: Its life circumstances around them that squash that brian's down and its programs like project venture and the good work that MAC and his team have done that's an example, how we can.

Holly Echohawk: lift aside those other burdens to let that natural growth of native children kind of help so with that i'll just turn it over to MAC and he will introduce himself and then same with heather and then we'll they're going to go through some great information about project so back.

McClellan Hall: Well, thank you for that background, we were actually the first ones to get the evidence based status ever and we.

McClellan Hall: I don't know if it was how intentional, it was, but I really wanted to show that it could be done, that was one thing that we really set out to do, but.

McClellan Hall: Anyway, my name is mack hall I mccllellan just calls out for a nickname so I go by MAC anyway i'm.

McClellan Hall: i'm a recovering teacher and principal of some tribal schools and kind of evolved into the role of funding nonprofit about 35 years ago and.

McClellan Hall: And you'll learn more about the kind of a history of project venture, as we go along here but i've worked with Samsung for a long time was on their expert panel on prevention, for many years and part of the action alliance on Suicide Prevention for several years and co lead of the.

McClellan Hall: Task Force on Suicide Prevention.

McClellan Hall: Not that I know anything about that, but I know how to prevent it, I guess.

McClellan Hall: I received a lot of awards one interestingly, is the current on award current on was the founder of outward bound and his philosophy was.

McClellan Hall: In keeping with what holly just said, his philosophy was that children are inherently decent and get corrupted as a as a part of your process of going out, and so we really have to intervene in that process and that's an our cultural ways of doing that we're.

McClellan Hall: we're on the appropriate but we've lost a lot of that along the way, so we're we're trying to bring a lot of that back into our work and.

McClellan Hall: I developed project venture and i'll and when you when you see the video you'll you'll get an idea of what that's about I had a dream back in the 70s, that I didn't understand and.

McClellan Hall: I filed it away and I met an elder medicine man in Oklahoma who helped me interpret that dream and that dream turned into project ventures so it's kind of an interesting story how that evolved and.

McClellan Hall: So i'm the founder and CEO of the national youth leadership project which is Japan and organizational.

McClellan Hall: Project venture so that's my intro.

McClellan Hall: And we'll go to heather heather is one of our is our lead trainer and curriculum developer and master of many anything.

Heather Yazzie-Campbell : Thanks MAC I am heather yahtzee Campbell i'm originally from white river Arizona I grew up on the white mountain Apache reservation and i'm.

Heather Yazzie-Campbell : So i'm waiting on Apache and i'm also Navajo my plans are to just in total kidney.

Heather Yazzie-Campbell : And i've been with the national youth leadership project for about 13 years I have lived in new Mexico about see many years and some absolutely love my job I love, what I do working in native communities.

able to.

Heather Yazzie-Campbell : spread this message.

Heather Yazzie-Campbell : Project venture and so i'm really grateful to be here.

McClellan Hall: Okay, I guess, we can.

McClellan Hall: we're just going to show a few slides from a PowerPoint presentation just give you an overview of what project venture really is.

McClellan Hall: Again, it came from an inspiration on sort of a spiritual level and interpreted by some elders who helped us kind of put it together, so what resulted was.

McClellan Hall: Project venture it's a it's a year long program that has an end school component and after school component weekends multi day trips on school breaks.

McClellan Hall: A summer camp that we until the pandemic interrupted it we have 38 years in a row of our leadership camp and we have a new curriculum that guides people who try to implement project venture.

McClellan Hall: We went many years without a curriculum and a lot of native communities don't want to be told how to do it, so we kind of.

McClellan Hall: had to work around that but we decided when we branched out and started doing programs in Canada and Hawaii and other places, we had to come up with a curriculum so.

McClellan Hall: Our focus is on mid school us.

McClellan Hall: But we have a high school mentoring program that that goes along with that, so that.

McClellan Hall: When the kids go through project mentor and they go into high school, they can continue to be involved and become mentors and we actually have some people on our staff, now that are.

McClellan Hall: Originally originally in our program from sixth grade on and now we're working full time for us so and we have a couple of those on our board as well, so.

McClellan Hall: it's a it's a long term process keeping these kids involved and the national rescue study discovered that kind of the magic number.

McClellan Hall: For effectiveness was around 200 hours a year of contact in a program and we were already doing that, before the I rescue study we'll talk about that a little bit later, but.

McClellan Hall: So there's an intensity.

McClellan Hall: involved in project venture of building a bonding and relationship with the kids over over the course of beers.

McClellan Hall: Our focus is really.

McClellan Hall: Using outdoor adventure as a medium for the work we do reconnecting kids to the natural world is magical and culturally appropriate, as you can get.

McClellan Hall: We have a culturally based group development process that.

McClellan Hall: Working with kids one of the things that the elders have told us about working with Kansas, you have to stay positive all the time and everything you do with kids.

McClellan Hall: Even the most hardcore kids and we worked with kids in the treatment Center the irs treatment Center in new Mexico and we got amazing results there with the kids we worked with because we took them rafting we took them rock climbing and they they just blossom damn.

McClellan Hall: had some of the most amazing testimonials about our work.

McClellan Hall: Another key piece as a service learning part and project venture we we sort of reintroduce the ethic of service, which is already there in tribal cultures and has language for it and has many contemporary and traditional examples of how.

McClellan Hall: native communities function with the service ethic.

McClellan Hall: Giving back to the Community in some way and we've we've worked with qualitative and quantitative evaluation.

McClellan Hall: Our evaluator is really.

McClellan Hall: A qualitative researcher who.

McClellan Hall: has worked for this for almost 30 years when she retired and so we're still recovering from that but.

McClellan Hall: I think i'll i'll stop there, and we can we can move on.

McClellan Hall: heather's.

Heather Yazzie-Campbell : Well, the next slide is put up we're gonna we're going to do an activity, so the project mature have.

Heather Yazzie-Campbell : A lot of our programming is very interactive we do a lot of hands on type of activities, so if you can, if you follow, along with me i'm we're going to do this activity, so what I want you to do.

Heather Yazzie-Campbell : I want you to keep in mind the word, inclusive and thinking about that word as we do this, and what you're going to do is you're going to identify your index finger.

Heather Yazzie-Campbell : doesn't matter which hand the right hand or the Left serving identify your index finger or as my coworker would say your picker your nose picker you're going to.

Heather Yazzie-Campbell : Put that point that index finger up towards the ceiling, you want to make sure you can see the back of your hand or your nail, the entire time.

Heather Yazzie-Campbell : And as you do, that I want you to extend your arm and point to the ceiling and making sure you can see the back of that nail, and on the ceiling, I want you to draw.

Heather Yazzie-Campbell : A clock going clockwise so a circle so seeing the back of that and now you're going to draw a circle going to the right so clockwise you're gonna go.

Heather Yazzie-Campbell : Starting at 12 o'clock and then go one o'clock two o'clock three down the six o'clock and then nine o'clock and then back to 12 Okay, and remember always keeping on the back of.

Heather Yazzie-Campbell : Your hand or the nail of your index finger so we're going to do that again, but this time you're going to continue to draw that clock on the ceiling so let's go ahead and try that again.

Heather Yazzie-Campbell : So go ahead and go clockwise draw that clock on the ceiling and continue that motion seeing the back of your nail.

Heather Yazzie-Campbell : And as you're doing that I want you to slowly bring your arm down continuing to see the back of that now, you should be about eye level right now.

Heather Yazzie-Campbell : Okay cool and then keep going down, maybe about chin level and keep going down.

Heather Yazzie-Campbell : About to your neck now and now to your chest, and I want you to take a look and keep doing that motion take a look at your index finger, are you still going the same direction, your clock should be now at chest level.

Heather Yazzie-Campbell : Are you still going clockwise okay.

Heather Yazzie-Campbell : And we can do that again we'll do let's do it one more time because, even in person, when we do this, we always have to do a couple times to get.

Heather Yazzie-Campbell : So again, start with your index finger in your arm raised above your head and you're going to draw that clock going clockwise so to the right on the ceiling.

Heather Yazzie-Campbell : and keep that motion make sure you can see the back of your hand or your nail and you're going to slowly bring your arm down continuing to see the back of your hand or now we're going to be about eye level right now so bring it down and now, maybe about chin level.

Heather Yazzie-Campbell : And then test level and keep it there and keep turning now take a look, are you still going clockwise now if you did that correctly, the direction of drawing your clock is now going to the left so counter clockwise and.

Heather Yazzie-Campbell : We use that in our trainings visa in our programming to talk about perspectives talk about as individuals and as human beings, when we come together in a group, as a group of youth or as a group of.

Heather Yazzie-Campbell : people wanting to do this program we all come with our own experiences we all come with our own beliefs and things that we We grew up learning, either from our elders from our families from our friends from our communities, and we want to be inclusive of all that now, with project venture.

Heather Yazzie-Campbell : Like MAC had said, we want to be positive and sometimes some of the things we come with are so positive.

Heather Yazzie-Campbell : We may come with bad habits and i'm working with working with youth I had been doing that for several years as a teacher, to begin with, and then I found project manager.

Heather Yazzie-Campbell : And I sort of had to start rethinking about my approach and how I work with youth in a positive way and, for me it was life changing I had to change my behaviors i'm someone who can be very.

Heather Yazzie-Campbell : blunt and very straightforward and things on a schedule, so I had a lot of learning to do with project venture, and it was it was a good learning was positive.

Heather Yazzie-Campbell : So I came with my own perspectives as well, and when we come with those perspectives, some of them positive some not so positive where we're changing dorms so if we if we have a group who needs to work on let's say manners.

Heather Yazzie-Campbell : You know just being kind to one another that's the norm, we want to incorporate and notice and encourage being kind to one another and.

Heather Yazzie-Campbell : With project venture, we are an outdoor adventure based program so part of our program is done in the outdoors with different types of adventure based activities so that could be anything from hiking mountain biking rock climbing.

Heather Yazzie-Campbell : canoeing.

Heather Yazzie-Campbell : orienteering things and outdoors can be cultural activities i've i've been fortunate enough to be invited to.

Heather Yazzie-Campbell : berry picking season and different native communities and I love it I wish we had more berries in the southwest.

Heather Yazzie-Campbell : So so with the guiding principles here, that is what makes project venture and out among other outdoor adventure programs.

Heather Yazzie-Campbell : If you're looking at fidelity or when you're planning and you're wondering, is this project venture, this is what we turn to are the guiding principles and I talked about connection to the natural world So those are things with within and around your community that you have so.

Heather Yazzie-Campbell : You know if there's hiking sites around or.

Heather Yazzie-Campbell : time of year when your Community does things in the outdoors like I mentioned very picking you know those things are incorporated into project venture strength based approaches.

Heather Yazzie-Campbell : Being positive talking with our participants and use instead of tap them experiential learning so more of the hands on learning by doing type activities, just like we did with the perspective activity and then.

Heather Yazzie-Campbell : I think of service MAC had mentioned, you know as indigenous people, a lot of our communities, we it's it's ingrained there's there's things that we come together to do to accomplish and.

Heather Yazzie-Campbell : We want to encourage doing these things because it's needed for the Community, instead of.

Heather Yazzie-Campbell : always wanted to be compensated for for those services and then connection building to the family and community and culture, so this is something that we.

Heather Yazzie-Campbell : work by and the thing that's really amazing about project venture is that we give you we give you these concepts, we give you these guiding principles of what works.

Heather Yazzie-Campbell : But the job of the Community who's running project venture you put in the spices you put in the flavoring of what your project ventures going to look like based on.

Heather Yazzie-Campbell : The culture based on the language, based on the land that you're on.

Heather Yazzie-Campbell : You know so project venture from the South West is going to look totally totally different than a project venture that we may have in Canada, or even in Oregon.

Heather Yazzie-Campbell : They look totally different because communities are all different, and they have, and they have their own culture and their language.

Heather Yazzie-Campbell : The next like.

McClellan Hall: Wait wait a second, I just want to say one more thing to the can you go back for a second um.

McClellan Hall: can be back up yeah I want you to notice those flags that are hanging up there.

McClellan Hall: Those are T shirts from almost 100 camps and activities that we've done going back to 1982 and Oklahoma when I first started this thing, so we strung them up as prayer flags because they really are every activity that we do we're we're offering the prayer and the blessing and investing.

McClellan Hall: positive energy into those kids and every one of those flags there's over 100 of them and they represent anywhere from 20 to 100 kids so you can do the math there's a lot a lot going on there, and so we always hang this up when we do our trainings just so that people can see.

McClellan Hall: Historically, it kind of captures how we go back to 1982 so just wanted to mention that.

McClellan Hall: We can go, we can go ahead now.

McClellan Hall: This is um.

McClellan Hall: behavioral outcomes we we've been doing a lot of work with trauma recently and.

McClellan Hall: The guy there who's head of the ihs unit that's attached to tomorrow we've been working on building adventure based project venture approach to into the mental health program health program and we're working on a larger.

McClellan Hall: coalition of.

McClellan Hall: Groups to to try to really integrate this into mental health throughout the country, and hopefully we'll be able to do that because it's it's just seems to work better than anything i've seen so.

McClellan Hall: Culturally based group development process where we're establishing a relationship with kids and based on cultural connections in that Community lot of.

McClellan Hall: Communities have a clan system and things like that sometimes we artificially create them to group kids together and build a bond and build trust, not only with us between the staff, but between the kids and and genders, and so on.

McClellan Hall: We have something that we.

McClellan Hall: created and adapted and called the full value of commitment and we can call it different things, you can call it group values or whatever, but.

McClellan Hall: The full value commitment idea kind of comes from the outdoor adventure field but it talks about being here being present with each other, being safe.

McClellan Hall: Being able to speak your truth setting goals, both individually and collectively and and then, when something comes up.

McClellan Hall: They have a conflict or disagreement, or something we work it out, and then we let go and move on, so we don't have.

McClellan Hall: kids carrying this 80 pound backpack of stuff around anymore, the historical trauma stuff and all of that we're trying to really give kids some tools to be able to manage.

McClellan Hall: Those things and and resolve them and let go of them and we work on unhealthy relationships, this is really important.

McClellan Hall: we've had two different grants now from the office of adolescent health where we've adapted.

McClellan Hall: Project venture to a teen pregnancy program and created a curriculum around that heather was instrumental in doing that and.

McClellan Hall: it's amazing how instead of focusing on sex and condoms we're talking about healthy relationships and what are those look like and how do people treat each other with respect and we draw on the.

McClellan Hall: Traditional rites of passage ceremonies to.

McClellan Hall: To give examples of how young men and young women are supposed to behave towards each other in the respect that supposed to be there and a lot of times it's not there and so.

McClellan Hall: With the full value commitment also I wanted to mention that we've taken that concept and translated into several native languages.

McClellan Hall: At least the ones that off the top my head Navajo lakota conditionality hawaiian we have some others too, and so you can really get into these terms just about.

McClellan Hall: being present, for example, how does that come out and Navajo How does that come out in lakota and you can really get in depth with that.

McClellan Hall: was sometimes at our trainings we budget about 30 minutes for that conversation, and sometimes it takes off for two hours because people just want to go for it and dig into what those words really mean it's really amazing.

McClellan Hall: So the healthy relationships are defined and discussed and practice, all the time in our program when we introduce the.

McClellan Hall: full value of commitment we go around the circle and ask kids how they feel about it, and this means, yes, this means no, you know, everybody buys into it and we all keep each other.

McClellan Hall: Honest by bringing it up if somebody's violating that we bring it up and, and so it becomes really comfortable and sometimes the kids even come back on us and call us on things so.

McClellan Hall: Communicating and intentionally listening to each other, carefully is really important, we focus a lot on group Problem Solving group decision making.

McClellan Hall: The schools tend to want to individualize everybody, but we were just going backwards from that and going back to more of a group orientation and how how we deal with us.

McClellan Hall: Everything from how to ask for help and how to help somebody else when they need help and how to recognize that and and really look at people's emotional health and their body language and all that sort of thing we have we have over 25 years of evaluation data.

McClellan Hall: And I can heather and I talked about this this morning we've had zero suicides in 30 years of programming in the programs that we run.

McClellan Hall: And I can't speak to all of the replication sites, but as far as the programs that we asked our staff actually runs we've had known.

McClellan Hall: And and we're not a Suicide Prevention program we're focused on building resilient kids and that's what comes from that so i'm i'm reluctant, but really proud to say that we've never had any and.

McClellan Hall: And that's something significant, I think that we've been able to accomplish.

McClellan Hall: I mentioned that we pull heavily from the traditional teachings from the rites of passage ceremonies on how young people need to develop healthy relationships and.

McClellan Hall: it's all designed to help young people survive and thrive through adolescence and reach the other end and be successful in their in their lives, so.

McClellan Hall: We can we can go on to the next slide.

McClellan Hall: yeah this one.

McClellan Hall: is really important we've learned a lot we've been doing this for a long time and heather mentioned to that we.

McClellan Hall: we've probably been in 25 or seven states and the US and nine provinces in Canada and Hawaii.

McClellan Hall: And we even had a project for a few years in Hungary, where they adapted project venture to work with gypsy kids and.

McClellan Hall: went over and work with them they're the most discriminated against group in Europe and every country has a population and so that was really cool to take recognized us and brought us over there, but.

McClellan Hall: Some of the things that we've learned is.

McClellan Hall: build a building capacity to support and sustain a program that seems to be the most difficult thing for native communities to do, and a lot of cases.

McClellan Hall: How do you sustain programs and.

McClellan Hall: and keep them going once you get something good started.

McClellan Hall: You want to sustain it and you want to keep it going but it's really hard and I think part of the part of the difficulty is defining their community.

McClellan Hall: Who are we talking about are we talking about the school and the teachers are we talking about their mental health people but we're talking about the tribal leadership.

McClellan Hall: Are they all on the same page and not very often that's that's a real challenge to figure that part out and since we have some programs in Hawaii that have been going.

McClellan Hall: 10 or 12 years and we have other programs that get all excited and up and running in three years later, when the grant runs out the program those away and we've had that happen so many times and it's all about focusing on capacity and sustainability.

McClellan Hall: To keep your program going, and so we really see the importance of culturally appropriate approaches.

McClellan Hall: They really got a we build a program we don't we don't go into.

McClellan Hall: pine Ridge and tell people the way you know to do it, the way we do it in new Mexico, they have to adapt it and we have lakota staff up in pine Ridge and we're working in six schools up there.

McClellan Hall: that's another place where we've had zero suicides in five years and six schools working in, and so it has to be adapted to the culture and the language and the traditions of the Community.

McClellan Hall: So.

McClellan Hall: Another really important thing is culturally appropriate evaluation approaches and measures, I know that.

McClellan Hall: When we got our high risk youth demonstration grant and 1990s, there were 12 projects funded native projects funded.

McClellan Hall: I think we're the only ones that are still around and part of that problem, some of those have evolved into a different program but you know the the core of it might be the same, but.

McClellan Hall: One of the things that we noticed a lot is that.

McClellan Hall: The funder kind of dictated matched up the native communities with a university based evaluator something who didn't really have any cultural.

McClellan Hall: competence and knowledge of the Community, and that was that turned out to be a problem there's probably a lot of reasons why some of those programs are really good but they're not around anymore and that's.

McClellan Hall: Again comes back to the need for consistency and sustainability and a long term vision of where you want to go with your with your work and.

McClellan Hall: And I always this I don't know how to define this, but he must have the right staff that's a really tough one, to define because.

McClellan Hall: you've got people that are can work with kids and you've got some that shouldn't be probably working with kids and.

McClellan Hall: And they're coming at it from a deficit point of view, maybe in a negative attitude and maybe the boarding school mentality that.

McClellan Hall: They might have learned in that in their their own education that authoritative don't do this don't do that stuff we don't do that we don't go there at all you'd have to maintain that positive.

McClellan Hall: And you have to have the passion for the work.

McClellan Hall: I know heather probably say the same thing you can you can tell, in the first five minutes of the conversation, whether that person is going to work out or not, because.

McClellan Hall: They if they have that positive attitude it'll it'll jump out and if they don't do that will also be obvious.

Heather Yazzie-Campbell : Individuals who are staff who like being outside like you know sleeping in a tent on the ground, you know those types of things, who.

Heather Yazzie-Campbell : Who do.

Heather Yazzie-Campbell : You have staff who don't, then you know they'll be pretty challenging to.

Heather Yazzie-Campbell : implement positive Program.

McClellan Hall: One of our early camps, we used to have all of our board members come to Camp every year and help out with the program and one of them kept disappearing several times during the day.

McClellan Hall: On from Oklahoma and then we finally discovered that she was driving into town to use the restroom and instead of using the outhouse you don't want to do that so.

McClellan Hall: Anyway, there's you know you have to be willing to get dirty and cold and go through the same thing that kids are going through.

McClellan Hall: One of the things we've learned the hard way as the length of the grants is a really big factor.

McClellan Hall: When we started working in Canada, they funded a whole round of projects and they were only three years long and that's not enough time to really.

McClellan Hall: build capacity for the program get it up and running, get some preliminary evaluation outcomes.

McClellan Hall: And also have somebody focusing on sustainability, what are we going to do after the three years runs out and all of those programs went away because there wasn't enough time and I can't fund in Canada's and public safety, Canada, which is a government agency that.

McClellan Hall: includes the police and other agencies, but we convince them to go to a five year model and that's been much more successful and almost all of those programs have sustained.

McClellan Hall: And the pandemic kind of mess things up a little bit, but generally all of those programs we're on track to sustain after their five year grant ran out to that that really was enough time.

McClellan Hall: To to to get it right.

McClellan Hall: Also, coaching and mentoring, we really do that, we took that seriously we really focus on training, we have an annual training that we do in Albuquerque every year and we've done the net training for six years in a row now and.

McClellan Hall: Once we get involved with the Community, we have, I always tell them to you have 24 seven for the rest of your life if you're doing project venture we're going to be available to help you in every way that we can.

McClellan Hall: So we have a training, we have a facilitator training that follows up the the large group training where everybody comes to Albuquerque and then we go to your community.

McClellan Hall: Heather and in the team take them out on an adventure for a few days and actually put them through a lot of activities that we do.

McClellan Hall: Every person on our staff is certified as a wilderness first responder so they have that medical training, so we bring the kids back in as good or better shape and we found them and.

McClellan Hall: So we really take that role seriously and the curriculum has really been a breakthrough, also where.

McClellan Hall: The it's structured in a way that we look at the in school, we have an in school component and we're going to be talking about that, but.

McClellan Hall: once a week we go into a classroom and work with a teacher and their whole classroom we have after school at least once a week, we have a weekend thing at least once a month.

McClellan Hall: Multi day trips and the summer camps and and it's all adapted to the culture and language and traditions of that community so.

McClellan Hall: I think that kind of covers it and we'll get into more detail, as we go along.

McClellan Hall: So we can go to the next slide now, I think the next.

McClellan Hall: This is a video that we had some help from tribal tech putting together and.

McClellan Hall: It kind of captures what we what it looks like when we take a group of kids out and work with them.

McClellan Hall: This is partly at or one of one or more of our camps and other activities that we do.

McClellan Hall: kind of speaks for itself, we use a lot of these activities as metaphors for life lessons and it's very effective and our staff really knows how to help kids draw the meaning out of that metaphor, and about that experience so.

McClellan Hall: let's go ahead and watch this and then we'll talk some more about it.

The inspiration for project venture came to me in a dream over 40 years ago I didn't understand the meaning of the dream, so I filed it away never forgetting about it.

years later, while in Oklahoma I met a traditional spiritual leader and healer and after I got to know him better I asked him what the dream was about.

He translated to dream and explain what I was being asked to do, he has guided our work and then the spiritual advisor to in a while pay for over 30 years.

Gabrielle Orsi (she/hers, Northwest MHTTC): For the past 30 years the national Indian youth leadership project has been working with indigenous youth and community.

Gabrielle Orsi (she/hers, Northwest MHTTC): Youth that are deemed high risk with elected Palace undervalued, with the careful and thoughtful process and I will LP has been able to address these issues by creating a.

Gabrielle Orsi (she/hers, Northwest MHTTC): Safe learning environment providing positive role models and facilitators empowering with skill building exercises and by reinforcing nature to use driven by guiding

principles indigenous philosophy and while P, has been able to provide a path to leadership for young people and communities.

Culture and traditional values supports to reinforce identity and resiliency.

strength based approach gives you a chance to increase the intra and interpersonal skills.

Connecting to nature helps you with appreciation for all life and resources.

Service learning helps to give you a sense of responsibility passion.

Venture education allows us to teach you about healthy risk.

This program the system is unique, but it can be implemented in any Community organization and LP has the capacity to train and mentor individuals organizations, communities and tribal nations.

The risks and challenges we provide build skills and confidence better akin to the various rites of passage.

Project venture is different than a way that we support all aspects of the individual doing so helps to create a holistic healthy.

Raising an empowering the six elements workers are part of the sets this program parking yes, we have the mental physical spiritual emotional social and environmental elements with person when these six I exercised it builds the confidence is characteristic.

Gabrielle Orsi (she/hers, Northwest MHTTC): Make your mind smooth as a stone this club is given to us by the patch chief cookies it's perfectly in body is how one can become resilient not only mentally but holistically.

Gabrielle Orsi (she/hers, Northwest MHTTC): Project venture does this and also builds on adjusting resiliency through healthy risk taking in relationship building outdoor education and connecting us to the culture.

The national Indian youth leadership project signature program project venture has been successfully implemented in various school settings.

Public charter residential VI E and alternative schools project venture, it has also been implemented in Community health centers residential treatment centers juvenile probation offices and tribal court systems.

Project venture is implemented across United States, Canada and replication sites, since 1999 and 24 states a Canadian provinces in three countries, we hope to bring this dream into reality into your home communities.

McClellan Hall: So I, I just wanted to say a few things about that video and it kind of captures what we do and and how we go about it and how we get kids involved on those the outdoor adventure pieces really obvious in the video.

McClellan Hall: there's a lot of research on the health benefits of just being outdoors but in a cultural setting in the natural world you just can't can't get any better than that and practicing this traditional wisdom that the elders shared with us about being positive.

McClellan Hall: it's been influenced by native traditions and by research.

McClellan Hall: Social emotional learning research and positive youth development, research.

McClellan Hall: content from the rites of passage ceremonies as integrated into our curriculum the developmental assets work from the searching security has played a role.

McClellan Hall: The there's some really interesting resiliency research, there was a book that came out about nature deficit disorder, many years ago that really applies to our native kids to and.

McClellan Hall: One of our former board members, Dr Greg catcher is written some stuff about biophilia and how native people just seem to be wired to affiliate with other forms in the natural world animals and the elements and all that stuff and.

McClellan Hall: elements of the various peacemaking programs are integrating into what we do and.

McClellan Hall: From the National High rescue study they found that there were eight characteristics that the most effective programs shared and we were the only group that had all eight of those already in there.

McClellan Hall: And, and so.

McClellan Hall: Dr motos worked on getting messages and water also really verified to me that.

McClellan Hall: What the Elder was telling us about being positive has been confirmed by scientific research, about what happens to water and our bodies are 80% water so.

McClellan Hall: There it is that really was an eye opener for us too, so anyway there's a lot going on there and.

McClellan Hall: That just sort of captures what we do at in the outdoor settings but there's all year round program that goes along with it.

McClellan Hall: And it's a lot of work it's hard to replicate it in a way it's difficult and challenging and you got to have the right people, but it can be done and the results are amazing and we've turned out some really amazing young people who.

McClellan Hall: Who are.

McClellan Hall: Their families, going to be really proud of them when they go so.

Holly Echohawk: Thank you MAC and heather That was really interesting I I completely enjoy the video and all that you all share it in I was really taken by the fact that you work with.

Holly Echohawk: I think he said gypsy children in Europe and.

Holly Echohawk: He reminded me that how tribal we are people will kind of think of travel with the indigenous native people but Northern Ireland children.

Holly Echohawk: lots of other children are historically come from tribal communities and had a language that they either retained or lost, and a lot of shared experiences in tribalism Community tribalism so that was fascinating and I really also appreciate what you said about building capacity.

Holly Echohawk: and your.

Holly Echohawk: Your standout work in evaluation, which is really.

Holly Echohawk: Always impressive, so we have about.

Holly Echohawk: In this last half hour, we have some more slides we're going to go through, we have a poll question coming up and then we're trying to around.

Holly Echohawk: You know, in another 15 minutes, we want to end with a question and answer session so I see that many people have questions into the chat and just want to reassure you that we will respond to those and one of the questions right now real quickly my MAC is where are the.

Holly Echohawk: programs in Hawaii.

McClellan Hall: Right now, the programs that we have operating right now we're all in maui we've we've had programs on the big island in Ottawa who man it's a matter of funding and grants running out, and all that kind of.

McClellan Hall: stuff kind of moves around, but now youth and family services has been doing project venture for 10 or 12 years.

McClellan Hall: Working in the Columbia school and other schools and we have the code they play a Community Center on molly has been doing project venture for over 10 years.

McClellan Hall: And we're getting ready to do a training with them this later in the summer and for some of their new staff and yeah we thought we had some really cool programs going on the big island and new waku but they may just kind of come and go, because, again, the sustainability.

McClellan Hall: issue a big one.

Holly Echohawk: Great Okay, thank you, so we have another poll, and so, if we go to the next.

Holly Echohawk: slide so here's, the question we want you all to respond to in near her.

Holly Echohawk: In the poll system what aspects of project ventures philosophy or activities could benefit the population you serve for let's just see what's coming your responses are.

Holly Echohawk: What do you think about project venture, what would work and what would benefit say young people to to serve.

Holly Echohawk: And won't give everyone a couple of minutes to respond.

Holly Echohawk: connection to nature in.

Holly Echohawk: The statement at the beginning that all children are born intelligent.

Holly Echohawk: Being strength based.

Holly Echohawk: Healthy relationships and leadership skills to know who to get along with others, that they don't agree with.

Holly Echohawk: spirituality teaching our youth about healthy emphasize unhealthy risk taking spreading positivity and keeping the traditions from elders.

Holly Echohawk: i'd like to comment.

Holly Echohawk: As people are typing in more things about healthy risk taking, you know we often hear about risk taking, but usually from a negative perspective.

McClellan Hall: Well adolescents are wired for risk taking, but ready to channel that energy in a positive way.

Holly Echohawk: To do it right.

Holly Echohawk: that's right building a healthy relationships, focusing on nature as a protective factor.

Holly Echohawk: That has such a high influence on our well being being outside more connected to nature, you know the pandemic has been you know, a pretty.

Holly Echohawk: Tough.

Holly Echohawk: year and a half for everybody.

Holly Echohawk: Modern people staying inside but then moving outside, what do you think MAC.

McClellan Hall: We know a lot of Reno a lot of the kids that are coming out of the pandemic are going to need a lot of mental health work and help and support and.

McClellan Hall: we're we're really trying to gear up that i'm connecting to more behavioral health people that can help us integrate into our program some support stuff for the kids and.

McClellan Hall: i've been doing a little bit of work with the children's justice Center at pine Ridge, and they work with kids that have been sexually abused and otherwise and.

McClellan Hall: And we just know that there's a lot of that going on during the pandemic as well, a lot of these.

McClellan Hall: kids are really going to be looking for some help when things get somewhat back to normal and so we're going to have to take a closer look at that and how we can help support them.

Holly Echohawk: Right and then the mental health TT TT fi network is a resource for all your programs all across the country on the mental health department for some ideas and suggestions support.

Holly Echohawk: Somebody typed in spirituality again as.

Holly Echohawk: An aspect that could benefit population here.

McClellan Hall: And I mentioned earlier Greg to head to his work on the idea of biophilia lawyer native people seem to be wired to affiliate with other life forms in the natural world and all that.

McClellan Hall: kind of stuff and.

McClellan Hall: Then the flip side of that is what he calls bio phobia where you have people that are afraid of the natural world and want to conquer it and.

Holly Echohawk: Then kind of.

McClellan Hall: These down and do all that stuff and kill all the animals and stuff, and so we have both of those things going on and.

McClellan Hall: We want to encourage the biophilia portion of that we're kids really connect to the natural world and.

McClellan Hall: and learn to not be afraid of it, but the party.

McClellan Hall: Our staff is really good at how to how to how do you conduct yourself in the natural world, how do you conduct yourself in a spiritual place.

McClellan Hall: Like we had a camp for 15 years that was one of the sacred mountains for the Navajo people and a lot of the pueblos and so.

McClellan Hall: We could begin the camp every year with the conversation about how do you conduct yourself in a sacred place.

McClellan Hall: And so it was made it easier for us to say Okay, no headphones, no, no, none of that stuff because we're you know and they bought into it the kids didn't know they understood it, but again we're coming from a positive place not it's not a negative one, so.

Heather Yazzie-Campbell : One thing to keep in mind too with the staff that we have is we model that behavior we want to see our kids that's that's really important, so when we when we.

Heather Yazzie-Campbell : Give them the or introduce the full body commitment to the group that include staff as well.

Heather Yazzie-Campbell : Oh, you know with we're not being here we're not being present or you know if we're not letting go and when you know they they have that they can voice that to us and let us know, like hey heather you keep looking at your phone you know so.

Heather Yazzie-Campbell : You know, so they can sort of check check us on that too, if we're if we're kind of.

Heather Yazzie-Campbell : going away from that provide commitment or with the group we empower them as well.

Holly Echohawk: yeah that's when it's born so really fundamental another fundamental pieces, you talked about is having the right staff, you know, with the right mindset that can model, the behavior in that you want to see, so I think that's just so I can see why you would have oh eight areas of.

Holly Echohawk: An effective practice in place so.

McClellan Hall: it's hard to quantify the right stuff.

McClellan Hall: to interrupt me a lot going on there and and you, you have to have the right people.

McClellan Hall: I mean we've had people who have began to replicate project venture and actually sabotage the program for one reason or another, and without have seen a lot of where we've seen it all over the years.

McClellan Hall: And we know we kind of narrowed it down, now we know what works, we know what it takes to get there and then what kind of people, you have to have to get there, and it can work in any community.

McClellan Hall: As they're willing to.

McClellan Hall: Work with us and take our advice and find the right people they can really accomplish something amazing.

Holly Echohawk: So let's go on to the next slide, which is another poll, I believe, so the next poll question that we have three law is what barriers, do you anticipate and implementing a project venture program in your community.

Holly Echohawk: We are not trying to be negative, but we didn't know that there are obstacles and barriers.

Holly Echohawk: That are there in real time until we wanted to hear from you all, if you think there are some barriers that you might anticipate and trying to start a project venture program and that will help with MAC and heather in reach out to you.

Holly Echohawk: recruitment.

Holly Echohawk: Funding of course buy in from partner entities in the Community, I think that's a really.

Holly Echohawk: A real common obstacle that's.

Heather Yazzie-Campbell : Something.

Heather Yazzie-Campbell : Something with the you know the buying of.

Heather Yazzie-Campbell : different partners and that.

Heather Yazzie-Campbell : That my coworker and I have found ourselves in is.

Heather Yazzie-Campbell : we're doing a training a project venture training in the Community and there's a person there, who spent the whole day or two with us and then they've invited us to dinner, so we show up and he's you know show up to dinner and then find ourselves in a Council meeting.

Heather Yazzie-Campbell : meeting and wanting us to relay that info leaving doing in the training and the Council meeting, so you know Council meeting, turning into doing different project venture activities and.

Heather Yazzie-Campbell : Others so we've definitely done things like that, where we've presented project vector to different Councils in boards.

Holly Echohawk: That.

Heather Yazzie-Campbell : help with that buying in getting that support for that Program.

Holly Echohawk: And for people that may not be aware, when heather's referring to a Council meeting, she means the tribal government elected officials have.

Holly Echohawk: So quick spin off of how valuable it is for the people who attended the training to go right to the tribal leadership and elected officials.

Holly Echohawk: And that is a really important step, and in the travel by him for sure so other barriers language and not quite understanding the last one language and founders i'm not sure what the last word means but.

Holly Echohawk: And that there may not be access to nature in their location and.

Holly Echohawk: i'm sure MAC has some ideas about that.

McClellan Hall: yeah you can everybody's close enough to a natural environment, I think that.

McClellan Hall: You can you can get kids away from the city and out in out in the woods somewhere we do rafting trips we do all kinds of different variations, I wanted to say something about.

McClellan Hall: Experience we just finished the program up in Canada.

McClellan Hall: Last year prior to the pandemic a really isolated Community up in northern Ontario and the evaluation, you know was pretty good it wasn't as good as it could have been.

McClellan Hall: Lots of factors there, but to have the outcome, this was this was a grant that was funded by public safety, Canada, where we work with the police in the Community.

McClellan Hall: And i'm actually mentoring, a police officer, who was the facilitator for that program I mean, so the cool thing that happened was, in addition to the regular evaluation outcomes.

McClellan Hall: They found that there was a dramatic and improvement in the relationship between the police and the Community.

McClellan Hall: Which is really amazing and a dramatic decrease in juvenile crime and address and so mean how how much better, can you get I mean that that's Those are two really amazing outcomes, in addition to zero suicides oh hey um yeah so this program can do a lot of different things.

McClellan Hall: What you're focusing on but.

McClellan Hall: It really brought the Community together, it was a five six year project and it's still going, but some of the original cast isn't there anymore, but.

McClellan Hall: You know, we were able to take a community that had.

McClellan Hall: an unbelievable suicide problem man and calm that down and the kids were just awesome and.

Holly Echohawk: You know the nominal outcomes makin and building community and building family family and maybe biological family but also Community family, including the police in this example.

McClellan Hall: And those some of those remote communities that police are that sort of glue that holds the Community together in a way, and that was one of those communities so.

McClellan Hall: It was amazing to me and there's a really cool video, if you want to just go go on YouTube and look up.

McClellan Hall: Project journey canoe trip I think that's what it's called and video their of their culminating event, instead of doing a camp up there, we did a multi day canoe trip and the kids and elders and police officers all went on the trip it's just amazing to watch a few.

Holly Echohawk: yeah.

Holly Echohawk: One point that somebody brought up about that I wanted you to respond to MAC in the barriers is covered 19 barriers related to in person activities.

McClellan Hall: Well yeah I mean that's you know that's not everybody out of the water for the last year, but we're we're starting actually some of the schools, we work, because in Canada kept on doing.

McClellan Hall: A regular in person schooling and in person project venture, but not everywhere, most people weren't able to do that, but.

McClellan Hall: we're starting to get back now heather and a lot of our staff are doing virtual stuff with kids and.

McClellan Hall: we're actually planning to do a camp again this summer, and if we can find a way to do it.

McClellan Hall: In person camp.

McClellan Hall: and keep it.

McClellan Hall: We can do it.

Holly Echohawk: The other.

Holly Echohawk: own Thank you heather for putting a.

McClellan Hall: Video for that.

Holly Echohawk: yeah it's in the chat the.

Holly Echohawk: Video that you're talking about.

yeah.

Holly Echohawk: Excellent and then I was just wanting this one question that somebody a barrier that someone put in about not having.

Holly Echohawk: Steve.

Holly Echohawk: Is not feeling like they have there is access to nature, where they're at and i'm just thinking, even in a city.

Holly Echohawk: There are resources within an urban environment.

Holly Echohawk: That may not be.

Holly Echohawk: A mountain or or a canoe journey but there's resources and people within a city that I would imagine, could the resources yeah.

McClellan Hall: We could you know we can help you find ways to we've had urban programs before and we've figured out ways to do things and we can help with that.

Holly Echohawk: Okay perfect well, thank you, everybody for responding.

Holly Echohawk: And about the barriers let's go on to the next slide we only have a few more slides left, and then we want to have some open questions.

Holly Echohawk: can be Community defined evidence and Community Community defined practice.

Holly Echohawk: One of the pieces of.

Holly Echohawk: Important elements of sustainable success that makin heather been talking about is their ability to evaluate the effectiveness of their work and.

Holly Echohawk: Even though the image ttc.

Holly Echohawk: In language.

Holly Echohawk: focuses on evidence based practice we just want to remind everybody, and this was discussed in session one and remember this is session three now about Community to find Community defined evidence and sometimes known as practice based evidence the flip of the initial set CBP.

Holly Echohawk: Very important work.

Holly Echohawk: That is Community driven culture driven.

Holly Echohawk: practices, and this is the chart that you all, if you were in the first session of the series of it's a graphic of Community community to find evidence that, basically, is Community driven.

Holly Echohawk: practices and identifying elements of often culture that support or not just support service, the foundation of the work like in project venture.

Holly Echohawk: So we don't have to go through all this, but I just wanted we just wanted to remind you all that there is a companion that to evidence based practice.

Holly Echohawk: And there's evidence based practice which are primarily not culture driven, with the exception of Max program, which is one of the few that was in the interrupt the first in tribal program in interrupt.

Holly Echohawk: But there is evidence based practice there's also cultural adaptations of evidence based practices, and then there are Community Community defining or practice evidence or practice based evidence it's kind of.

Holly Echohawk: The same.

Holly Echohawk: So we just wanted to remind you all in the first session there was discussion about Community to find evidence and just want to remind you that there are.

Holly Echohawk: alternatives that are that are effective in the Community driven Community buy in is the foundational piece of Community defined evidence.

Holly Echohawk: Okay, so let's go on to the next slide.

Holly Echohawk: Which put on one more poll, this is our last poll question so as all y'all have listened to this wonderful.

Holly Echohawk: story of project venture and their success and how widespread they are, and I know you're interested in project venture So what do you need to start and sustain project fincher programming evidence based programming, so you can just type into your.

Holly Echohawk: phone or your computer and give us some ideas of what you think you would need to start and sustain project venture programming in your community.

Holly Echohawk: will give you all a minute or two to.

Holly Echohawk: do that.

Holly Echohawk: And that's they're.

Holly Echohawk: typing in, we know that, in the previous question that some of the what they needed by n by n for partners funding i'm just trying to think of what was, on the other, slide but some of those barriers were also what is, I would imagine, or what is needed.

Holly Echohawk: Funding training.

Holly Echohawk: And how does the training, work for when people request training from you matt can you say something about that.

McClellan Hall: Well, we our annual training, there was disrupted by the all the coven situation, but we will be back on track with that again in the coming year and we bring people together in albuquerque for three and a half days for an intensive training and then.

McClellan Hall: that's generally followed up by a facilitator, training, if the Community really wants to go for it, we go to their community and heather and her team take their key staff people out and do a multi day outdoor adventure activity with them and just.

McClellan Hall: And then we have a whole kind of.

McClellan Hall: professional development recommendation for them about what they need to get certified and we can you know activities that you can't do yourself, you can contract with groups that have like a raft trip when we do raft trips we.

McClellan Hall: contract with somebody who's licensed and insured and competent doing that kind of stuff we don't try to do that ourselves but.

McClellan Hall: Most of the activities, we will do ourselves and.

McClellan Hall: And then it develops into sort of a mentoring relationship where we will work with you.

McClellan Hall: i'm not kidding when I said 24 seven ta for the rest of your life, where we do that niche and we really go to there we do we give a lot of way to I mean real if we've done things where the.

McClellan Hall: Community wanted to training and they didn't have the money to get us up there we've we've gotten paid or lay some time still do that and.

McClellan Hall: So we've been through the process many times we've seen it all.

McClellan Hall: And some of these programs that want to start up are successful and some aren't and.

Holly Echohawk: We.

McClellan Hall: We have to accept that that that's going to be the reality, but we really want the successful ones down number of the not so successful one, so we really work hard and try to make it happen.

McClellan Hall: Again, it takes the right people it takes the right attitude to want to go.

McClellan Hall: Learn educate yourself get certified as a lifeguard whatever it is.

McClellan Hall: and

McClellan Hall: And will will will work with you will advise your will we've got a manual that contains all the safety standards for any outdoor adventure thing that you can think of.

McClellan Hall: So the Community can understand what it's going to take to do a mountain biking program, for example.

McClellan Hall: We have all the safety standards for that, and what you need to do to help competent staff and certifications and stuff like that.

McClellan Hall: We can help you build a program that's suited to your natural environment if you're up in Alaska you know all situations, different than it's down here in the southwest, for example, but.

McClellan Hall: We can help you figure that out we've had several projects and Alaska and a bunch of in Canada to and.

McClellan Hall: So we can we can work all those things out and.

McClellan Hall: yeah it's it's a lot it's a it's an attitude know thing I guess you have to commit to the long term.

McClellan Hall: This is a long term process and it's going to take years and maybe a lot of people have the unrealistic view that.

McClellan Hall: In a three year grant you're going to be able to get there, fully developed and and you're going to be partly developed but you're not going to be fully they're probably.

McClellan Hall: You gotta you gotta be thinking long term what the next five years, and the next maybe 10 years down the road and which is what we should be doing anyway, with our kids Thank you want long term and.

McClellan Hall: We have this thing that we do sometimes it's called a pie chart but not like a pie, that you eat but.

McClellan Hall: The pie symbol.

McClellan Hall: yeah when you have the Community think ahead three or five years and write down in five years if we're really doing it well, what will it look like and sound like and feel like when you walk around in the Community and talk to kids.

Heather Yazzie-Campbell : Young and.

McClellan Hall: Having that.

McClellan Hall: In your mind that this is what we want to see, and this is what we're working towards, and like visualizing it to make it happen.

McClellan Hall: To them that's a cultural way of doing things you visualize it pray about it sing about it whatever you do.

McClellan Hall: And you can make it happen and that's how project venture came to be.

McClellan Hall: And we encourage people to do that and.

Heather Yazzie-Campbell : The training and seeing the chat about dates for the next trainings.

Heather Yazzie-Campbell : We can do to instead of.

Heather Yazzie-Campbell : Having to have your staff travel to Mexico, we can also go to you.

Heather Yazzie-Campbell : yeah the dates that you need shape the dates that we go for the bigger training if that doesn't work we've also customized training to on the needs of your groups, she after.

Heather Yazzie-Campbell : The introduction training and maybe become started a project venture but there's just some skills that your staff are needing we can definitely do the facilitator, training, but we can also customize it to to work on those things that your your staff or your community.

Holly Echohawk: and

Heather Yazzie-Campbell : With the mentoring part i've definitely you know, help the sites that i've trained and i've gone there and help them plan and outing.

Heather Yazzie-Campbell : And then do the outing with them so really making sure that they they got the skills and that their confidence to be able to implement project venture with fidelity so that's that's something we do as well, and then I noticed that there was a question about.

Heather Yazzie-Campbell : having a hard time getting in contact with someone you can contact me.

Heather Yazzie-Campbell : And i'll definitely really out to.

McClellan Hall: put up our email and.

Contact yeah.

Holly Echohawk: Your email your email in the chat, but I have to to closing questions for you heather.

Holly Echohawk: of questions from the chat in the polls.

Holly Echohawk: How do you find we only have a few minutes left, how can we have a couple more slides that we need to get through, but how do you find the population of young people first question, the second one is how to and how do you engage them.

Holly Echohawk: Okay, and you respond to that.

Heather Yazzie-Campbell : So there's different ways in which we recruit our kids now understand that project mentor is developed for like middle school age kids so fifth sixth, seventh, eighth grade.

Heather Yazzie-Campbell : And the number one place we go to where we know all the kids are going to be hopefully this fall is school, so he identify a Community identifies a school that they can work with.

Heather Yazzie-Campbell : An encounter with administration ask them, let them know about project venture, you may have to present to school board we've definitely done that, before.

Heather Yazzie-Campbell : To get buy in, and we also have been a part of teacher in services in service and have done project venture activities within to let them know who we are, what we're doing there and working with the students there and then.

Heather Yazzie-Campbell : Once we get that and the administration is on board, we identify a teacher who's willing to work with us and that's where in school component comes in, and so, then know the kids aren't there at the.

Holly Echohawk: Schools great.

Heather Yazzie-Campbell : yeah and then it just funnel we kind of work on this funnel thing we get a majority of our kids for the school down for after school, you know because kids are busy summer sports and there's all these different types of clubs with so we're pretty flexible.

Heather Yazzie-Campbell : And then, yes, and then Community Community I guess use use activities or programs within the Community, if you can identify.

Heather Yazzie-Campbell : School so I know there's already Community centers that gravitate towards to an after school so we've also gone that route that's right.

Holly Echohawk: And another suggestion of for the audience is so if there is a tribe in your state, you could always reach out to the tribal.

Holly Echohawk: The go to the tribal website almost every tribe has a website goes, you can contact their behavioral health department or their youth services department which normally will be on their website, we only have one minute.

Maria Restrepo-Toro: Left, yes, yes, yes.

Holly Echohawk: I think we did go on to the rest of the finished i'll hand it back to.

Holly Echohawk: Marina.

Maria Restrepo-Toro: Thank you all so much Thank you so much.

Maria Restrepo-Toro: Oh, my God what a great presentation.

Maria Restrepo-Toro: holy for heather MAC this is amazing to have you on board, please come up the next series, this is.

Maria Restrepo-Toro: Next week in two weeks we're going to be talking about motivational interviewing then after that achieving whole hell balancing my body and spirit.

Maria Restrepo-Toro: And the last session will be August 5 which is preventing long term anger and aggression in youth.

Maria Restrepo-Toro: Please register our in our website and remember to complete the evaluation is very important that you gave us the feedback.

Maria Restrepo-Toro: And we really appreciate your time this was a lovely lovely lovely presentation will send up a document.

Maria Restrepo-Toro: With all the questions and answers with discuss here today and the recording will be available and make sure to connect with all the website on the region.

Maria Restrepo-Toro: Have a beautiful rest of the afternoon holly Thank you so much for leading us and we'd really appreciate your time and with us today.

McClellan Hall: yeah, we need a couple more hours.

Holly Echohawk: We definitely do.

McClellan Hall: Do.

Holly Echohawk: They know how to connect with you directly, that can tether in everyone have a great day, and thank you for joining us today.

McClellan Hall: Thank you for facilitating to appreciate it.

Holly Echohawk: No problem anytime.

Holly Echohawk: bye everybody.

Okay.