Harm Reduction Basics

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History: coined during the height of the HIV pandemic; rooted in radical belief that we have to take care of each other, because no one else would







Political Context

- War On Drugs
- OI's IDU HS History





Grounded in Public Health and Social Justice:

- HIV > HCV > Overdose Crisis
- Equity has to be at the forefront of the work, as our systems have been created to harm.



Artist: Dicardo Lovine Moralos

What is Harm Reduction?

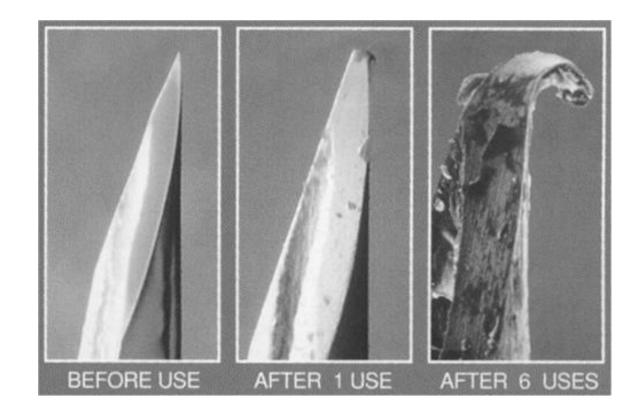
• Harm reduction is a set of **practical strategies and ideas aimed at reducing negative consequences associated with drug use**. Harm Reduction is also a movement for social justice built on a **belief in, and respect for, the rights of people who use drugs**.

• Harm reduction incorporates a spectrum of strategies from safer use, to managed use to abstinence to meet drug users "where they're at," addressing conditions of use along with the use itself.

• Source: Harm Reduction Coalition

Harm Reduction Principals

- Focus on Health and Dignity
- Participant-Centered Services
- Participant Involvement
- Participant Autonomy
- Socio-cultural Complexity
- Pragmatism and Realism



Tools for Reducing Harm



Syringe Access















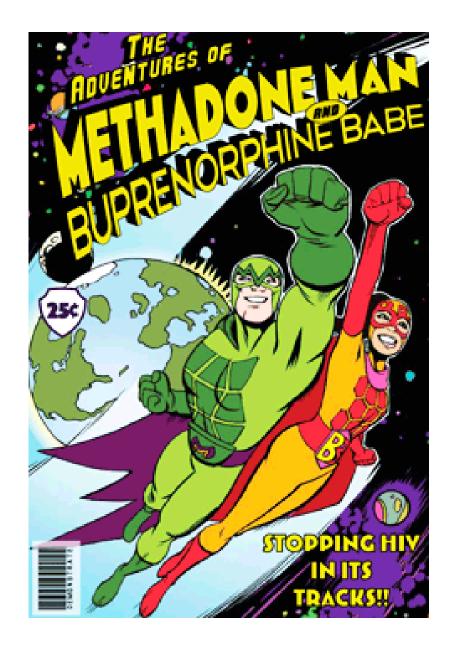


HIV & HCV Testing

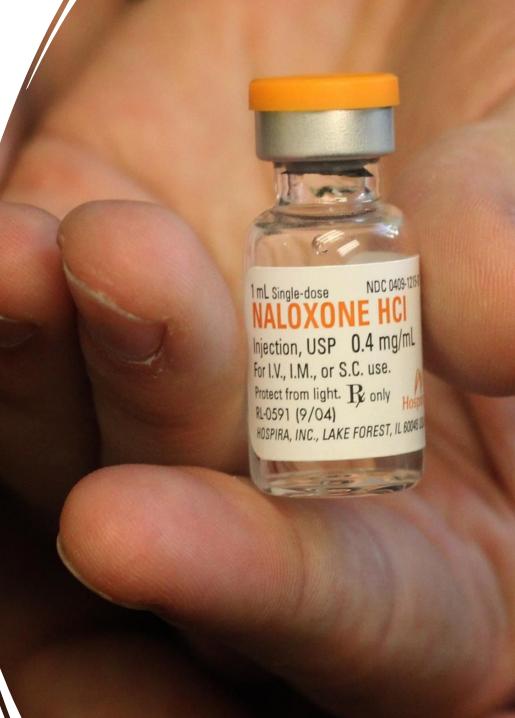
- Education
- Prevention
- Treatment

Medications

- Methadone
- Buprenorphine
- Naltrexone

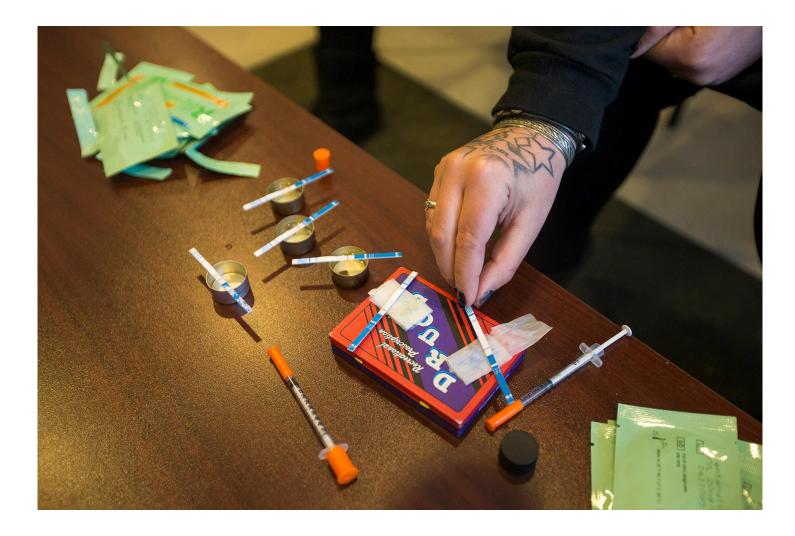


Naloxone



Fentanyl Surveillance and Testing

- Test Strips
- Comprehensive



Safer Consumption Spaces

• A place where people can bring their previously obtained drugs and use under the supervision of trained staff.



How SCS work to prevent risks

- Have naloxone
- Reduces sharing
- Hand washing
- Onsite syringes





The thumb of the left hand, in rotation in the palm of the right hand and vice versa

10.00





Questions?

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Outside In

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