



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

MHTTC NETWORK YEAR END HIGHLIGHTS

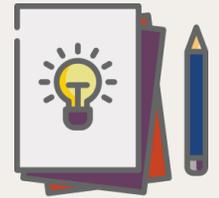
2020-2021

ABOUT THE MHTTC NETWORK

The MHTTC Network's purpose is technology transfer – accelerating adoption and implementation of evidence-based practices for mental health prevention, treatment, and recovery. Comprised of 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office, our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.



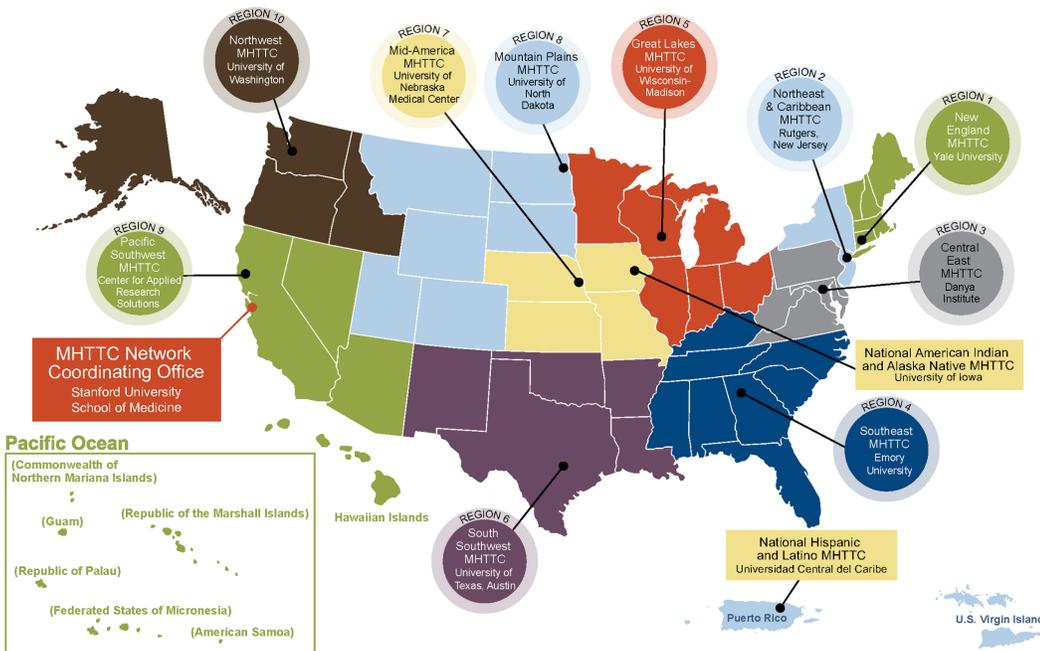
1,358 events



1,048 products



101,166 attendees



ADAPTING TO COVID-19



Now in the second year of COVID-19, each of our Centers continues to respond and adapt to the evolving global health pandemic by addressing the emerging needs for people with mental illness, their families, and caregivers; the mental health workforce; and the mental health treatment system. To find out what each Center has done, and for regionally and population tailored resources, view our Network's products and resources related to COVID-19 [here](#).

SUPPORTING THE MENTAL HEALTH OF ASYLUM SEEKERS



Providing care and support for children, youth, and families as they navigate the asylum system can be challenging. At times, it may be difficult to determine how to be helpful, especially when communication is a barrier. As the situation escalated near the Southern Border, our Network developed several resources to provide volunteers, staff, and the behavioral health workforce with necessary tools to address the mental health of asylum seekers. View our resources and webpage by clicking [here](#).

GRIEF IN THE TIME OF COVID-19 AND BEYOND



The COVID-19 pandemic and its consequences have caused significant loss, including lives, livelihoods, social and physical connections, our usual ways of life, and how we grapple with death and mourning. In response to the need for grief resources, our Network hosted a National Grief Sensitivity Virtual Learning Institute, produced a series of Grief Fact Sheets, and maintains a [Grief, Loss, and Bereavement Webpage](#), where you will find these resources and more.



1,449 course completions



1.3 million web views

Total Across Main Project, School Mental Health, and Provider Well-Being Initiatives

ACROSS THE NETWORK

IN ADDITION TO REGIONAL AND POPULATION TAILORED ACTIVITIES, OUR NETWORK COMES TOGETHER AROUND TOPICS OF NATIONAL IMPORTANCE.

CULTURALLY RESPONSIVE EVIDENCE-BASED AND COMMUNITY-DEFINED PRACTICES FOR MENTAL HEALTH



With representation from all Centers, our Cultural Responsiveness Working Group (CRWG) aims to disseminate culturally appropriate information and provide technical assistance for the mental health field to improve access to culturally responsive mental health services. The CRWG recognizes the importance of Evidence-Based Practices (EBPs) in the work across the MHTTC Network, as well as acknowledging and promoting culturally inclusive mental health practices that exist in the mental health field. To explore this topic further, the CRWG conducted a [six-part series of 90-minute listening sessions](#).

BEST AND PROMISING PRACTICES FACT SHEET LIBRARY



One of the first steps in implementing new mental health services is to explore best and promising practices that may help resolve gaps in care. Recognizing the need for succinct summaries, our Centers worked to develop a [Best and Promising Practices \(BPP\) Fact Sheet Library](#). Fact sheets provide information about EBPs to help organizations and providers match a practice to the needs of their clients, staff, and funders. Each fact sheet provides a comprehensive overview of a specific behavioral health practice, including the population for whom the practice is appropriate, the providers and systems who can implement the practice, and the investment of resources needed to deliver the practice effectively.

PERINATAL MENTAL HEALTH



The mission of the Perinatal Mental Health Coordination Group (PMHCG) is to help the MHTTC Network effectively assist the behavioral health workforce to achieve successful, sustainable implementation of evidence-based practices for perinatal mental health. The PMHCG hosted a [2-part learning series](#), conducted a needs assessment, authored a white paper, and developed a resource [webpage](#). The page provides basic information about perinatal mental health conditions and provides resources from the MHTTC Network and other reputable sources for the medical and mental health workforce. Access these resources [here](#).

WORKFORCE DEVELOPMENT

All of our Centers are aware of the acute workforce issues related to the pandemic and provide workforce and leadership development activities. Our Network's Workforce Development Working Group (WDWG) identifies and addresses mental health workforce shortages and other barriers to increasing access to mental health services and supports. This group cultivated resources and shares information via the [Workforce Development](#) section of our website.

DISSEMINATION & IMPLEMENTATION

Recognizing that one time training and workshops, and dissemination of materials via publications and manuals increase awareness but do not lead to practice change, our Network is actively working toward using research findings from D&I science to increase the impact of our work. For each technical assistance project, this includes considering the local/regional barriers and facilitators to implementation, and using that information to design precision implementation/TA strategies specific to the need to maximize impact on service delivery systems.

OTHER INITIATIVES AND RESOURCES

In addition to our broad focus across mental health EBPs, our Network has two special initiatives. View highlights from each by clicking below.

- [School Mental Health Year End Highlights](#)
- [Provider Well-Being Year End Highlights](#)

To access additional MHTTC activities and resources, visit the [Training and Events Calendar](#) and [Products and Resources Catalog](#) on the [MHTTC website](#).



MHTTCs IMPLEMENTING CHANGE (MIC) STORIES

To illustrate the intensive Training and Technical Assistance projects our Network conducts around the country, we developed our MHTTCs Implementing Change (MIC) Stories. This series features examples of implementation projects that led to a significant change in practice. These special highlights may be accessed [here](#).

VOICES FROM THE FIELD



I cannot remember the last time I was taught using a story format and I absolutely loved it.

We are doing work as a community health clinic to improve ourselves in anti-racist work and your entire presentation speaks to everything we all need to explore and address.

I look forward to working with clients after this presentation. Thank you!

I'm definitely feeling more confident as a result of this training. I really appreciate all you've shared.



QUESTIONS?

Contact your Regional Center or National Focus Area Center Visit www.MHTTCnetwork.org and click on 'Your MHTTC'

You may also contact the MHTTC Network Coordinating Office at networkoffice@mhttcnetwork.org

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