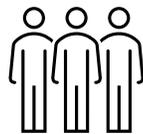


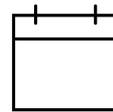


YEAR 3 REVIEW 2020-2021

The National American Indian and Alaska Native Mental Health Technology Transfer Center (NAIAN MHTTC) works with organizations and treatment practitioners involved in the delivery of mental health services to American Indian and Alaska Native individuals, families, and tribal and urban Indian communities to strengthen their capacity to deliver effective evidence-based and experience-based practices. This includes the full continuum of services spanning mental illness, prevention, treatment, and recovery support.



3,918
trained



80
events



3,150
downloads



13,117
web users

MHTTC Highlights

Strategies of Support for Mental Health Providers

Listening session series created to address the needs of mental health providers working in Native communities during COVID-19.

- Apr. 2020 to Sep. 2020
- 21 sessions, averaging 146 people per session
- Created a living resource guide from discussions covering:
 - general resources
 - self-care
 - telemental health
 - resources for children/youth
 - upcoming relevant events

Newsletters



K-12 School Supplement Highlights

The NAIAN MHTTC also has a **K-12 School Mental Health Initiative** which is committed to providing culturally informed, evidence-based and experience-based programs and services to support Native students' spiritual and emotional wellbeing. We provide a forward-thinking approach that gives respect to their identity, culture, and sovereignty.

K-12 Exploratory COVID-19 Needs Assessment for School Professionals

- Covered Nov. 2020 to Feb. 2021
- 235 participants from 21 states provided info about:
 - the behavioral health services in their schools
 - barriers to implementation
 - needed resources
 - impact of COVID-19 on themselves and their students
- The information gathered will help the AI/AN MHTTC and other partners best meet the needs of school professionals working in Native communities.



Teacher Training and Professional Development Curriculum



Children's Teachers Curriculum Series Using AI/NA Pedagogy



Native IEP Advocate Training with COPAA

Participant Demographics



In the past year, we have had participants from **48 states, D.C. and Puerto Rico.**



43% Native American/
Alaska Native
35% White
11% Hispanic/Latino
11% Other

FEEDBACK



Over **96%** of participants have been either **satisfied** or **very satisfied** with our events.



Quotes from participants:

"[The presentation] incorporated and accounted for cultural factors. It seems to be that Western modalities are emphasized when it comes to behavioral and mental health. Communities and leaders do not realize that grass-root, culturally-based practices are just [as], if not more impactful."

"I enjoyed that it was universal, strength based, culturally relevant, and had initiated reflection on our stories, our medicines and healing."

"...Having the Indigenous perspective is greatly needed. These events are a treasure."



Native Center for Behavioral Health

IOWA SAMHSA
Substance Abuse and Mental Health Services Administration