



Year Three At-A-Glance Summary: August 15, 2020 – August 14, 2021

Recovery-Oriented Practices, Supports, and Systems of Care in the New England Region



The New England MHTTC provides training, technical assistance, and tool and resource development to the mental health workforce. We serve Health and Human Services (HHS) Region 1, which includes the states of Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. Our Center is dedicated to promoting the implementation and sustainability of recovery-oriented practices, including recovery supports, within the context of recovery-oriented systems of care. These include, but are not limited to, person- and family-centered care planning and shared decision-making; peer support; supported employment, education, parenting, and spirituality; and other strategies to promote the community inclusion of children/youth and adults with mental illnesses and their loved ones.

Our team consists of faculty and staff from **Yale University Program for Recovery and Community Health**, **Harvard University Department of Psychiatry**, **C4 Innovations**, and the **Center for Educational Improvement**, which gives us a unique lens to address mental health priorities.

Throughout the uncertainty of the COVID-19 pandemic, we continued to support the mental health workforce by rapidly changing our service delivery formats, with an emphasis on the heightened needs of the region, including telehealth, grief, loss and bereavement, mental health disparities, organizational well-being, and racial equity and cultural diversity.

Read our *Year Three At-A-Glance Summary* to learn more about the collaborations, products, resources, and services developed this year as a part of our efforts to respond to the COVID-19 pandemic and offer development opportunities related to the foundational practices that support recovery from mental illnesses.

SERVICE DELIVERY OUTCOMES





Year 3: Events and Products

New England MHTTC products included webinars, infographics, podcasts, resource guides, toolkits, and e-newsletters.

Area of Focus: Recovery

Competencies for Peer Workers in Crisis

Early Episode Psychosis

LET(s)Lead Fellows

Mental Health

School Mental Health

Wellness Initiative



Podcast Series Listening Sessions

In Year 3, we continued to support and enhance the region’s capacity to provide recovery-oriented practices. We engaged leaders with lived experience and brought together experts in crisis services, individual and organizational well-being, peer support, trauma-informed care, and tribal behavioral health to share promising practices.

Year 3: Additional Activities/Information

Better Together: Our BIPOC Strategic Outreach Initiative

The New England MHTTC prioritized outreach to Black, Indigenous, and People of Color (BIPOC) in Year 3 to strengthen our efforts to support historically underserved communities in culturally responsive ways. This strategy extends to our specialized mental health and well-being supports to BIPOC students and community colleges; our Racial Equity and Cultural Humility (REACH) for Organizational Change initiative; and our Wellness and Mental Health Among Hispanic/Latinx Communities activities, supported in collaboration with the National Hispanic and Latino MHTTC.

Our collective efforts to ensure increased numbers of and engagements with diverse individuals and communities support the development and implementation of culturally responsive and humble practices in New England. Through this proactive and positive approach, we are addressing the multiple levels of cultural responsiveness needed for optimal behavioral health treatment, recovery, and care at the service delivery, provider, systemic, organizational, and treatment philosophy levels.

Year 3: Collaborations

Following are notable examples of collaborations integral to our Year 3 work:



Regional Partners:

SAMHSA, Region 1 Office

HRSA, Region 1

New England Advisory Team

New England Addiction Technology Transfer Center

New England Prevention Technology Transfer Center



New England MHTTC representation on MHTTC-wide and TTC-wide workgroups.

Cultural Responsiveness: *Chair and Members*

Evaluation Special Interest Group: *Members*

Dissemination and Implementation: *Members*

Early Psychosis: *Members*

Healing from Racial Violence: *Members*

Implementation Practices: *Members*

Workforce Development: *Chair and Members*

Notable Presentations:

52nd New England School of Addiction and Prevention Studies

Annual Conference on Advancing School Mental Health

Mental Health Disparities Among Hispanic and Latino Populations

