



The Southeast Mental Health Technology Transfer Center (MHTTC), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) in 2018, is dedicated to promoting the implementation and sustainability of evidence-based mental health services in the eight states of HHS Region 4: Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee. Our expertise in public health programs, systems, and evaluation provides a unique lens through which we can address mental health priorities.



Year 3 Review: August 15, 2020 - August 14, 2021

The Southeast MHTTC worked with regional and national experts, stakeholders, and partners to offer virtual trainings, develop products, and provide intensive consultation during Year Three.



56

Events



3,600+

Trained



56

Products



6,800+

Subscribers



46,200+

Visitors

Area of Focus: Public Mental Health

Using a public health framework to develop leadership capacity and train providers the Southeast MHTTC hosted virtual training events to improve population outcomes, developed interactive data maps to provide information on regional priorities, and facilitated intensive consultation to achieve organizational change. Notable activities included:

- Bridging Mental Health and Public Health: Townhall event featuring a mental health and public health agency representative discussing the value of partnerships
- Tele-Health Accessibility: Interactive data map displaying availability of mental health professionals and household access to broadband
- Practice Coaching: Improve quality and methods of care

Additional Training Areas:



Evidence Based Practices



Cultural Competence



School Mental Health



Treatment Engagement

Assertive Community Treatment | Certified Community Behavioral Health Clinics | Clinical Applications of Cultural Elements in Treating Hispanics and Latinos | First Episode Psychosis Care | Person and Family-Centered Care | Psychiatric Advance Directives | Recovery-Oriented Cognitive Therapy

Year 3 Highlights

Our Products

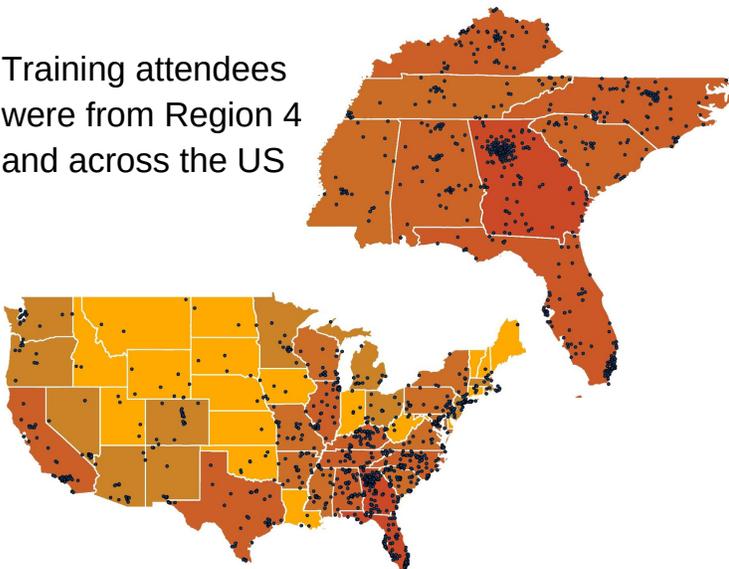


2,100 +
Downloads

Our products, including webinar recordings, interactive data maps, infographics, and newsletters have been downloaded over 2,100 times.

Our Reach

Training attendees were from Region 4 and across the US



Our Impact

93% would recommend to a colleague

90% satisfied with the overall quality

“ I appreciated the efforts to engage participants during the training. ”

“ The training helped enhance my knowledge and I will use the info in my work setting. ”

“ This is an excellent resource! My supervisor encouraged our office to participate in your trainings. ”

Spotlight: Provider Well-Being

Our Provider Well-Being focus included a 3-module BREATHE focusing on building provider resilience and skills: understanding the concept of burnout; identifying approaches to reclaim time and manage time-pressures; and building social support. Year 3 culminated with a 3-hour interactive virtual workshop focusing on strategies to build and maintain a resilient workplace that helps employees be at their best.

Spotlight: Race and Recovery

In collaboration with Georgia Mental Health Consumer Network, our 6-part Race and Recovery series included a listening session, virtual training, and four monthly continuing conversations with Certified Peer Specialists to better understand how race creates barriers and impacts recovery supports in the community.

Collaboration

The Southeast MHTTC co-sponsored events with Region 4 partners and participated in MHTTC-wide and TTC-wide workgroups.

- Southeast Addiction Technology Transfer Center & Southeast Prevention Technology Transfer Center
- Region IV Public Health Training Center
- National Hispanic and Latino Mental Health Technology Transfer Center
- Cultural Responsiveness | Dissemination & Implementation | Early Psychosis | Mental Health & Equity | Workforce Development | Cross-TTC Evaluators

