

TTC Leadership Institute

Community of Practice

September 15, 2022

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Description

Lumina practitioners will share how our personality aspects influence our leadership traits. Participants will be guided through an interactive experience to create a unique picture of their personalities, strengths, weaknesses, and overextensions that will lead to improving team communication and collaboration. Additionally, participants will learn the 5 thinking styles and uncover how to quickly build rapport with each. Finally, this session will guide the participants through an exercise that helps them identify what helps them be at their best and identify barriers that keep them from being their best.

Objectives

- Examine individuals' own multi-faceted personality, strengths and growth opportunities to improve team communication and collaboration.
- Recognize the diversity and strengths of each individual team member and what they bring to the table.
- Identify individuals' overextensions and examine strategies for personal growth.
- Describe the 5 thinking styles and strategies to quickly build rapport with each.

Creating Your Splash

1. Download the Lumina Splash App.
2. Build Your Own Splash.

Scan me



<https://splash.luminalearning.com/>

Peer-to-Peer Introductions

Introduce yourself and share one thing that stood out to you in your Splash.



The Four Principles for Leadership Growth



The Five Types of Thinking



The way our brains use when we process new information.

1. **Data** - what we notice, see, hear, know
2. **React** - the emotional response
3. **Visionary** - based on data and reactions, we begin to imagine the different possibilities and options
4. **Critical** - naturally narrowing down the new ideas presented
5. **Action** - coming to a point where you are compelled to act.

Key Points... HUE Conversation Theory

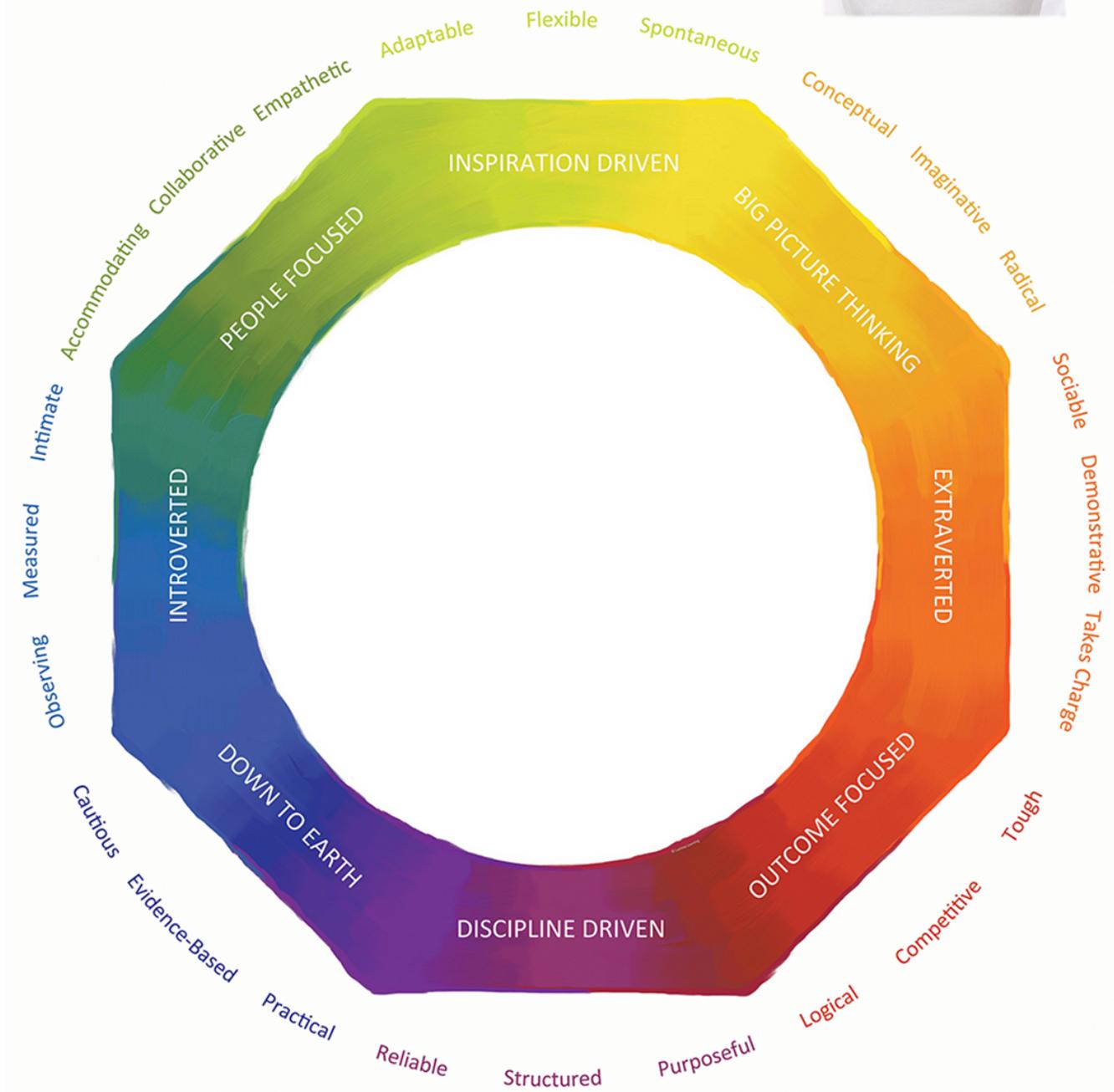
|  Database Thinking |  Emotive Thinking |  Visionary Thinking |  Critical Thinking |  Action Oriented Thinking |
|--|--|---|---|---|
| Facts and information Data you might still need Assumptions people have already made | State individual feelings Share the emotions that are surfacing Tap into your intuition (gut reaction) | Surfacing new, innovative ideas Discovering what is possible Leveraging future opportunities | Uncovering logical errors Filtering ideas via objective criteria Implications of choices made Alignment with purpose | Making a decision Getting commitment Establishing accountability |

Unpacking Over Extensions

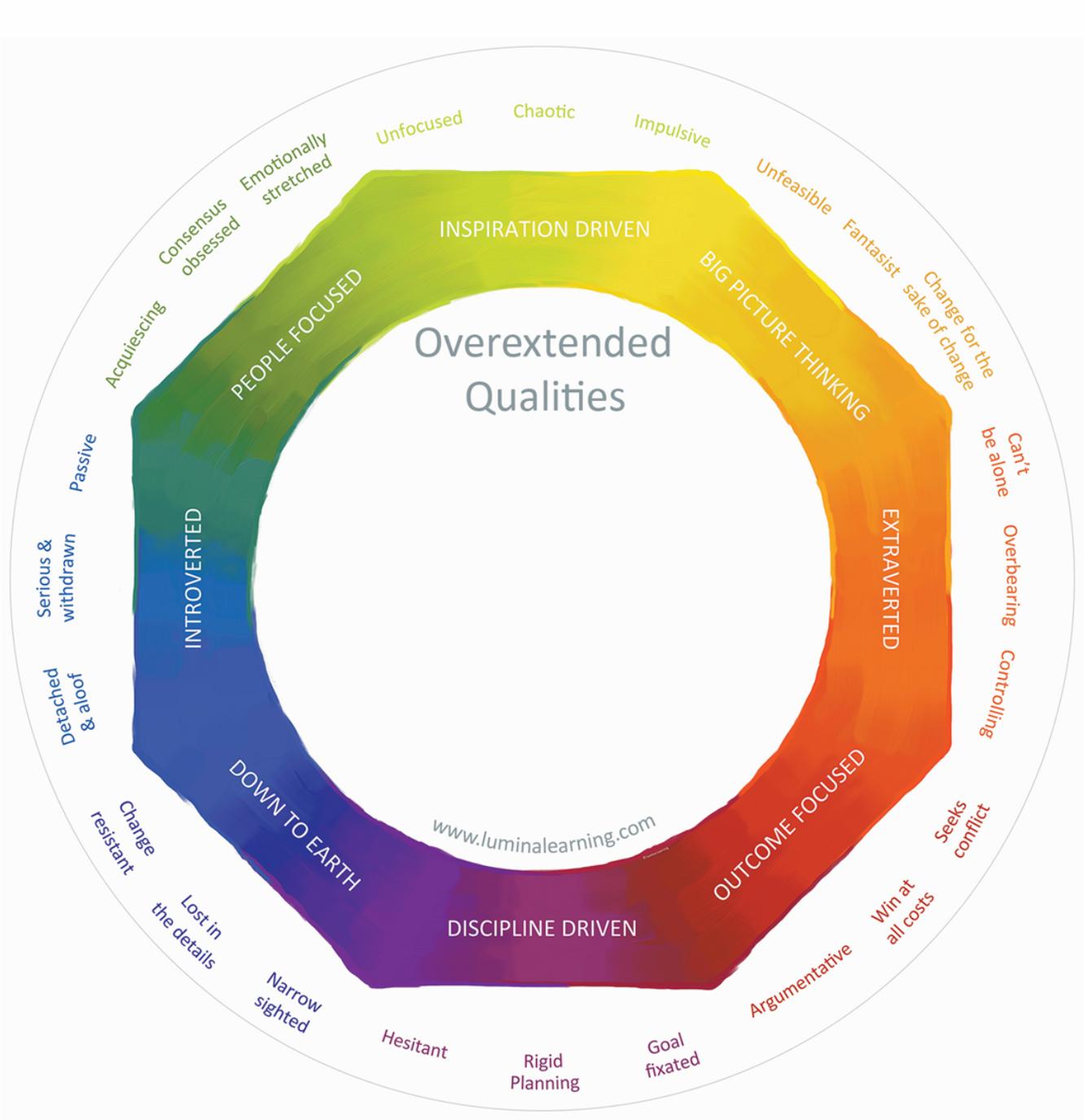
- Who you are when put under stress
- How you react to unexpected events
- This can come into effect unconsciously



From This....



To This...



Bringing Your A-Game vs My B-Game

| You Get My A-Game When... | You Get My B-Game When... |
|--|--|
| <ul style="list-style-type: none"> • You pause and ask me my thoughts. • Create safe and non-judgmental space to communicate. • Allow me time to think quietly and/or out loud. | <ul style="list-style-type: none"> • I don't have time to process my thoughts or responses. • I get interrupted. • My thoughts are put down disrespectfully. • Thoughts aren't written down. |

My Notes

| You Get My A-Game When... | You Get My B-Game When... |
|---------------------------|---------------------------|
| | |

If you are interested in upgrading your Lumina Splash, we're only one email away!

- *Speed reading is just a taste.*
- *To access your Three Persona details, upgrade to a Lumina Spark Full Portrait.*

Email | Dave@DaveClosson.com

