

# The Zoom Interface

The screenshot shows the Zoom Webinar interface. At the top, it says "Zoom Webinar" and "You are viewing David Terry's screen". Below that, there's a "Click here to maximize your session view" button and an "Enter Full Screen" button. The main content area displays the TTC logo (Technology Transfer Centers, Funded by Substance Abuse and Mental Health Services Administration) and a message: "Thank you for joining us today! You will not be on video during today's session".

Annotations explain the Q&A feature:

- "You can use the Q&A feature to ask questions of the host and presenters. These questions can receive text or live responses. To begin asking a question use the field below. You can see a test question above."
- "You can switch between questions you've asked and those asked by others using these buttons." (referring to "All questions (1)" and "My questions (1)")

Annotations explain the Chat feature:

- "The chat feature will allow you to talk with other people in today's webinar."
- "The To field will tell you who will receive your message. Be mindful of who you are chatting to." (referring to "To: All panelists")
- "Your text can only be seen by panelists"

At the bottom, there's a "Select a Speaker" menu with options: "Speakers (Realtek(R) Audio)", "Same as System", "Test Speaker & Microphone...", "Leave Computer Audio", and "Audio Settings...". There are also buttons for "Audio Settings", "Click Here to adjust your audio settings", "Chat", "Raise Hand", "Q&A", "Click here to leave the session", and "Leave".

All attendees are muted. Today's session will be recorded.

# Introduction to Supportive Housing

Leslie Small, MS, LPC, NCC, ACS, CPRP

Kim Ewell, MA

Marcus Kellam, MPA

Emilie Banz, MS, LPC, CPRP

September 8, 2022



# About Us

The Northeast and Caribbean MHTTC received 5 years (2018 – 2023) of funding to:

- Enhance capacity of behavioral health workforce to deliver evidence-based and promising practices to individuals with mental illnesses.
- Address full continuum of services spanning mental illness prevention, treatment, and recovery supports.
- Train related workforces (police/first responders, primary care providers, vocational services, etc.) to provide effective services to people with mental illnesses.

Supplemental funding to:

- Support schoolteachers and staff to address student mental health
- Support healthcare providers in wellness and self-care activities

# House Keeping

## Audio and Video

- Please connect to audio
  - You can use computer audio or call in
- You can choose to have your video on or off
  - If your video is on, make sure your appearance and background are appropriate
- We reserve the right to mute your audio or video at any time

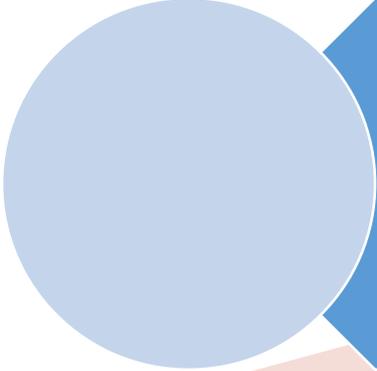
## Asking and Responding to Questions

- To ask or respond to a question use the chat box or unmute yourself
  - You will have the ability to mute or unmute yourself

## Webinar Recording

- The recording and presentation will be sent out by MHTTC

# Group Norms



Please ensure comments are respectful and relate to the topic at hand



We encourage *everyone to* engage in the discussion topics

- We have a diverse crowd and want to hear everyone's voices, not just a few!



# Our Presenters

## Triple C Housing, Inc.

- Leslie Small, Director of Clinical Services
- Kim Ewell, Chief Operating Officer (COO)
- Marcus Kellam, Director of Community Engagement & Development

## Rutgers School of Health Professions

- Emilie Banz, Lecturer



# Grow Your Knowledge and Skills

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All activities are free!

<https://bit.ly/3IU0xF4>



# We Want Your Feedback

Our funding comes from the Substance Abuse and Mental Health Services Administration (SAMHSA), which requires us to evaluate our services. We appreciate your honest, ANONYMOUS feedback about this event, which will provide information to SAMHSA, AND assist us in planning future meetings and programs.

Feedback about this training will assist us in developing future trainings that are relevant to your professional needs. Therefore, your feedback counts!



Northeast and Caribbean (HHS Region 2)

**MHTTC**

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# Video Recording Information

## *Please Note:*

We will be recording this webinar and posting it to our website along with the presentation slides and any relevant resources.

# Disclaimer

This presentation was prepared for the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC) under a cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA). All material appearing in this presentation, except that taken directly from copyrighted sources, is in the public domain and may be reproduced or copied without permission from SAMHSA or the authors. Citation of the source is appreciated. Do not reproduce or distribute this presentation for a fee without specific, written authorization from the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC). This presentation will be recorded and posted on our website.

At the time of this presentation, Miriam Delphin-Rittmon served as Assistant Secretary for Mental Health and Substance Use at SAMHSA. The opinions expressed herein are the views of the speakers, and do not reflect the official position of the Department of Health and Human Services (DHHS), or SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.

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# Your Interactions With Us

## Question and Answers

- Q & A will occur at the end of the call.
- Type your questions in the Q & A feature in Zoom located on the task bar (hover over task bar).
- Note: your question is visible to all participants.

## Chat and Polls

- Throughout the webinar, we will be asking for your input.
- Use the Chat or Poll features in Zoom located on the task bar.
- You can control who can see your chat comments.

The MHTTC Network uses affirming, respectful and recovery-oriented language in all activities. That language is:

STRENGTHS-BASED  
AND HOPEFUL

INCLUSIVE AND  
ACCEPTING OF  
DIVERSE CULTURES,  
GENDERS,  
PERSPECTIVES,  
AND EXPERIENCES

HEALING-CENTERED AND  
TRAUMA-RESPONSIVE

INVITING TO INDIVIDUALS  
PARTICIPATING IN THEIR  
OWN JOURNEYS

PERSON-FIRST AND  
FREE OF LABELS

NON-JUDGMENTAL AND  
AVOIDING ASSUMPTIONS

RESPECTFUL, CLEAR  
AND UNDERSTANDABLE

CONSISTENT WITH  
OUR ACTIONS,  
POLICIES, AND PRODUCTS

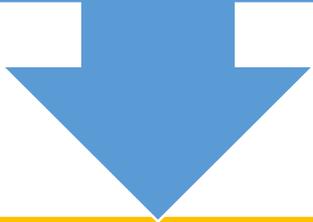
# Ice Breaker:

Tell us about the “craziest” experience you have had with a landlord



# Building Relationships with Landlords

Begins when a person starts the application process



Engagement with the landlord is key

# Building Relationships with Landlords

## Staff must consider:

### What information to disclose

- The importance of honesty and accuracy about the information
- Informing the landlord if they cannot pass a background check

### Apartment Location

- The floor of the unit (medical issues)
- Reasonable accommodations needed
- Gathering information upfront

How is the consumer presenting to the landlord or leasing office?

What policies and procedures are in place at agencies?

What is the consumers housing profile?

What barriers are there to working with the consumer?

# Maintaining Relationships with Landlords

Services will shift toward working with individual in their role as tenant



Provide education on tenant rights versus abiding by the lease:

Review tenants' rights, laws, and protections in the consumers residence

Educate the tenant on understanding their lease



Teaching advocacy skills and advocating for the individual

# Resources

## Tips for Supportive Housing Staff

- Hud Exchange Housing Search Assistance Toolkit: Tips for Working with Landlords  
<https://www.hudexchange.info/resources/housingsearchtool/?housingsearchtoolaction=public:main.tips-for-working-with-landlords>

## Tips for Landlords

- Forbes: Five Tips on Building Better Relationships with Renters  
<https://www.forbes.com/sites/forbesrealestatecouncil/2021/07/16/five-tips-on-building-better-relationships-with-renters/?sh=4161280517b6>

## Tips for Renters

- Money Crashers: 12 Tips for Being a Great Tenant That Landlords Love for Apartments  
<https://www.moneycrashers.com/tips-tenant-landlords-find-apartment/>
- WFLP Property Management: How to be a Good Tenant <https://www.wflpmanagement.com/how-to-be-a-good-tenant>
- Truth in Renting Guide, New Jersey [https://www.nj.gov/dca/divisions/codes/publications/pdf\\_lti/t\\_i\\_r.pdf](https://www.nj.gov/dca/divisions/codes/publications/pdf_lti/t_i_r.pdf)

# Question and Answer



# Toward Wellness and Recovery

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Northeast and Caribbean (HHS Region 2)

**MHTTC**

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# Connect With Our Center

Phone: (908) 889-2552

Email: [northeastcaribbean@mhttcnetwork.org](mailto:northeastcaribbean@mhttcnetwork.org)

Website:

<https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/home>

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- LinkedIn: @Northeast and Caribbean MHTTC



# MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The purpose of the MHTTC Network is technology transfer - disseminating and implementing evidence-based practices for mental disorders into the field.

Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the MHTTC Network includes 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office.

Our collaborative network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support.

## CONNECT WITH US



[MHTTCnetwork.org](https://MHTTCnetwork.org)



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