



Classroom **WISE**

Well-Being Information and
Strategies for Educators

Classroom WISE School
Technical Assistance Opportunity

REQUEST FOR APPLICATIONS

DEADLINE: DUE December 15, 2022, 8 PM ET

The Mental Health Technology Transfer Center (MHTTC) Network and the National Center for School Mental Health (NCSMH) invite schools to apply to participate in an opportunity focused on implementing (helping schools adopt and use) our new educator mental health literacy training package, Classroom WISE (Well-Being Information and Strategies for Educators), during the Spring 2023 term.

Classroom WISE Overview

Educators and school personnel can play a vital role in promoting mental health and well-being and identifying and responding to mental health challenges in children and adolescents. However, they often have not received the education, training, and/or ongoing support needed to respond in the classroom. To address this need, the MHTTC Network, in partnership with NCSMH, has released a three-part package of a free online course, high impact video series, and website with a resource collection, all focused on educator mental health literacy. Classroom WISE is informed by and co-developed with educators from across the nation. The package presents concrete, universal approaches to promoting student mental health and creating safe and supportive classroom environments, describe student behaviors that may indicate a mental health concern, and provide specific skills and strategies to engage and support students with mental health concerns.

Classroom WISE School Technical Assistance Opportunity

We're inviting 20 schools and school districts across the US to help us understand what types of assistance they need to help schools adopt Classroom WISE (e.g., how many school personnel complete the online course and access the materials on our website, and how the skills and materials in Classroom WISE are used in practice).

A small leadership team from each participating school/district will receive, at no cost, an orientation webinar, a written guide about Classroom WISE, an individual facilitation meeting with Classroom WISE developers who are national school mental health experts, and an invitation to participate in two virtual community of practice sessions. All leadership teams will be asked to complete baseline and follow-up surveys. Half of the selected schools/districts will also receive will also receive a planning support session to develop an implementation plan for Classroom WISE in your school/district.

Note: If you are part of a leadership team, you will receive a \$10 gift card for completing each of the baseline and follow-up leadership teams surveys.



Why Participate in the Classroom WISE School Technical Assistance Opportunity

Improve your school's ability to support students with mental health challenges: Through this opportunity, your school personnel will be better equipped with strategies to promote student mental health and support students experiencing adversity, distress, and mental health challenges in the classroom. A detailed list of learning objectives is available [here](#).

Utilize content to improve access to school mental health services: Participating schools will learn how to integrate course content into their existing policies and practices to improve access to mental health prevention, promotion, and intervention services and supports in their local schools and districts.

Be on the cutting edge of school mental health practice: Mental health literacy strategies shown in the course, high impact video series, and resource collection on the [Classroom WISE website](#) are on the cutting edge of school mental health practice. By implementing these strategies, project participants are interested in being leaders of this work to elevate school mental health across the United States and territories.

Give tips to and learn from other schools across the country: By participating in this opportunity and sharing best practices learned through this implementation process, your feedback will help us successfully disseminate Classroom WISE to schools nationwide, increasing their ability to use the strategies from Classroom WISE to be aware of and respond to mental health challenges in their schools.

Study Eligibility, Participants, and Roles.

Schools and school districts from all states, territories, and the District of Columbia, as well as Tribal schools, are eligible to apply. Each participating school will designate a school team of at least 4 people, including representation from each of the following:

- School administrator (e.g., principal, vice principal, etc.)
- Teacher with interest in increasing their awareness of student mental health issues
- School mental health professional (e.g., social worker, psychologist, counselor)
- School district representative
- Optional: additional school staff, parent organization representative, parent, student
- Please designate one of the team members to serve as the champion or team leader who will be responsible for/have authority to facilitate the implementation of Classroom WISE

Expected Responsibilities

If selected to participate, schools will be assigned to one of two technical assistance groups.

The School Teams from both groups will be expected to:

- Attend an orientation webinar on **January 31, 2023, 12-1 PM ET** that describes the Classroom WISE package.
- Utilize a written guide to facilitate getting school personnel to access the Classroom WISE package.
- Provide school staff an opportunity to complete the online course and access the Classroom WISE materials during a 3-month window from January – April 2023.
- Complete surveys at baseline and at the end of the opportunity (late April)
- Participate in two virtual community of practice sessions to share how they are having school personnel access and use the Classroom WISE materials.
- Participate in one individual facilitation meeting with Classroom WISE developers who are national school mental health experts.

In addition to the above, the School Teams from one group will also be expected to:

- Participate in a planning support meeting to discuss plans to implement Classroom WISE in your school(s).

School personnel from both technical assistance groups will be asked to:

- Take the free 5-hour online course and interact with the high impact videos and website.
- Complete surveys before and after taking the online course to report on the impact of course participation and share experience, progress, and outcomes.

How to Apply

Interested applicants should complete the [online application](#) by **December 15, 2022, 8 PM ET**. The application asks you to share the names of your team members and respond to brief essay questions. Essay responses should be no longer than 250 words. Faxed, mailed, or emailed submissions will not be accepted. Applicants will receive an email confirmation of receipt of the application.

Notification of Acceptance

20 schools will be selected to participate in this opportunity. Notification of acceptance and group assignment will be sent by **December 20, 2022**.

Questions

Please contact Ricardo Canelo (rcanelo@stanford.edu) with the subject line “Classroom WISE School Technical Assistance Opportunity Application.”

Timeline

November 14, 2022	Request for Applications released
December 15, 2022	Applications due
December 20, 2022	Selected schools and districts announced
For All School Teams	
January 31, 2023, 12-1 PM ET	Orientation Webinar Co-facilitated by the MHTTC Network Coordinating Office and the National Center for School Mental Health, 60 minutes. Teams will receive the Implementation Guide.
January 31, 2023	Implementation Guide released
February 17, 2023, 2-3:30 PM ET	Sharing session 1, virtual, 90 minutes
March 7, 2023, 11:30 AM-1 PM ET	Sharing session 2, virtual, 90 minutes
TBD	Individual facilitation session, virtual, 60 minutes
For Half of the School Teams	
February 14, 2023, 3-4:30 PM ET	Planning support meeting, virtual, 90 minutes

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Classroom WISE School Technical Assistance Opportunity Application

School Leadership:

Champion (who will serve as team leader and be responsible for/have authority to facilitate the implementation of Classroom WISE; they can be one of the individuals listed below) (name, title, email, phone number):

School Team Members (at least 3 other members, which must come from the first 4 categories):

School administrator (name, title, email, phone number):

Teacher(s) (name, title, department, email, phone number):

School Mental Health professional(s) (name, title, department, email, phone number):

School district representative (name, title, email, phone number):

(Optional) Other team member (e.g., parent organization representative, parent, student) (name, title, department, email, phone number):

School Information:

District Name and Address (if submitting on behalf of a school district)

Name and Address of Participating School(s):

Total number of students in school(s):

Total number of classroom teachers in school(s):

Total number of other staff in school(s):

Number and type of school mental health staff in school(s):

Which teachers or school staff are you expecting to take the Classroom WISE course and access the materials (e.g., all teachers, all staff, some, other)?

How many people do you expect to take the Classroom WISE course and access materials for each school?

Is each school able and willing to have people take the course and access course materials in the spring (January-April 2023)?

Is your whole school team available to participate in the **Orientation Webinar** on January 13, 2023, 2-3 pm ET?

Background Questions: (Limit 250 words per question)

How would participating in this opportunity advance your school's commitment to promoting student mental health?

What do you see as the top barriers and facilitators in your school to implement the strategies included in Classroom WISE?

Describe why your school would be a good candidate to participate in this opportunity.

Describe the process that you used to select the staff that will be a part of the team leading the implementation of Classroom WISE in your school.

By checking this box, I understand that, if selected, the MHTTC Network Coordinating Office will communicate with my school or school district regularly via email and the various activities they will provide. By checking this box, our school or district also agrees to fully participate in all activities to the best of our ability and will complete all surveys to help the MHTTC Network Coordinating Office improve technical assistance around Classroom WISE.