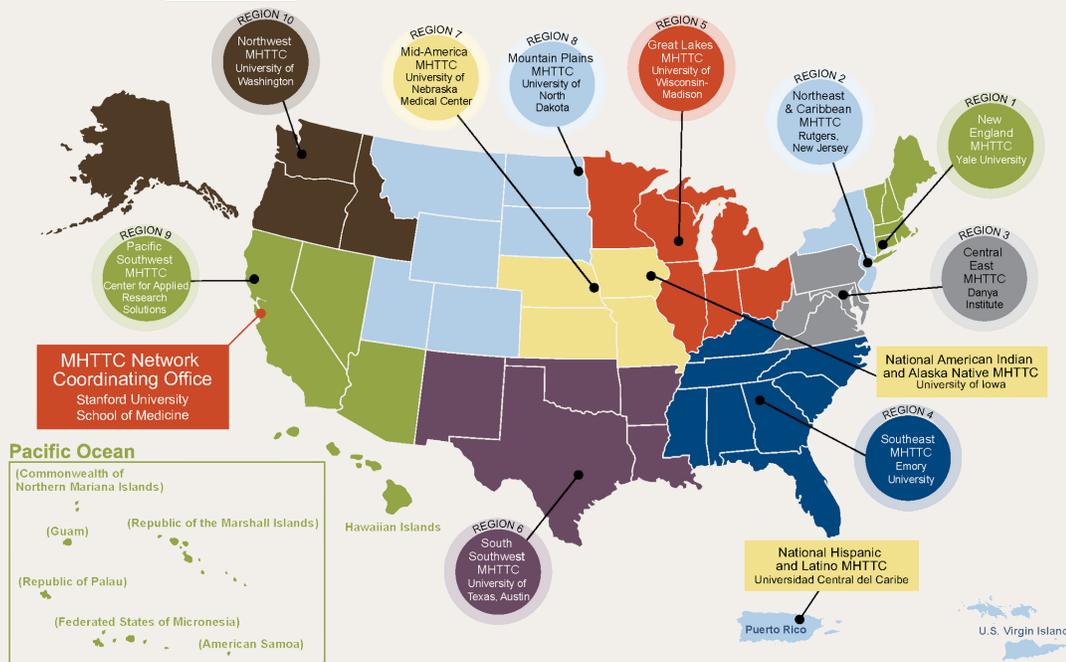


ABOUT THE MHTTC NETWORK

The MHTTC Network's purpose is technology transfer – accelerating adoption and implementation of evidence-based practices for mental health prevention, treatment, and recovery. Comprised of 10 Regional Centers, a National American Indian and Alaska Native Center, a National Hispanic and Latino Center, and a Network Coordinating Office, our collaborative Network supports resource development and dissemination, training and technical assistance, and workforce development for the mental health field. We work with systems, organizations, and treatment practitioners involved in the delivery of mental health services to strengthen their capacity to deliver effective evidence-based practices to individuals. Our services cover the full continuum spanning mental illness prevention, treatment, and recovery support. This summary highlights the 4th year of our Network (2021-2022). You can also **view highlights for each of our Centers on our website.**



**1,033
LEARNING
OPPORTUNITIES**



**867
PRODUCTS**



**60,139
ATTENDEES**

AREAS OF FOCUS

MHTTCs have multiple areas of expertise; the area of focus is a specific topic for which Centers serve as consultants to the Network, develop national products, and host topic areas on our website. Each Center developed an Area of Focus Summary highlighting this work. Click on each Center name to view their highlights, and visit our [Area of Focus webpage](#).

National American Indian & Alaska Native MHTTC

Culturally-informed EBPs in treatment and assessment of mental health disorders in Native populations

National Hispanic & Latino MHTTC

Mental health promotion, prevention, intervention, and recovery support services for Hispanic and Latino populations

New England MHTTC

Recovery-oriented practices, including recovery support services

Northeast & Caribbean MHTTC

EBPs for SMI: illness management and recovery; supported employment, housing, and education

Central East MHTTC

Suicide prevention in the context of race, ethnicity, age, and sexual orientation

Southeast MHTTC

Population-based approaches to managing SMI

Great Lakes MHTTC

Process improvement for mental health care delivery systems

South Southwest MHTTC

Early childhood mental health

Mid-America MHTTC

Integration of primary and mental health care

Mountain Plains MHTTC

Rural mental health

Pacific Southwest MHTTC

Youth and young adults of transitional age with or at risk for SMI

Northwest MHTTC

EBPs for psychosis including CBT for psychosis and assertive community treatment (ACT)



**8,122
COURSE
COMPLETIONS**

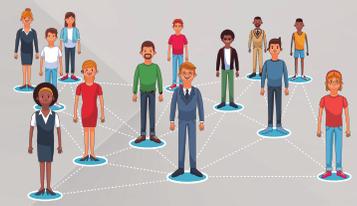


**967,717
WEB
VIEWS**

Totals are across our Main Project and the School Mental Health Initiative

ACROSS THE NETWORK

IN ADDITION TO REGIONAL AND POPULATION-TAILORED ACTIVITIES, OUR NETWORK COMES TOGETHER AROUND TOPICS OF NATIONAL IMPORTANCE.



MAKING IT STICK: A PRACTICAL APPROACH TO DISSEMINATION & IMPLEMENTATION

Our learning community helped build the TTCs' capacity in using D&I science to plan technical assistance activities. Our first session introduced participants to D&I science and concepts. Our second session introduced participants to multiple D&I frameworks. Our third session showed how to incorporate D&I science into evaluating technical assistance activities. The contents have been translated into a D&I guide, now available and accessible [here](#).



BUILDING CULTURAL RESPONSIVENESS & HEALTH EQUITY

Our Network convened meetings internally, externally, and with SAMHSA's Office of Behavioral Health Equity (OBHE) to identify ways to enhance equitable and culturally responsive practices. Our Building Health Equity and Cultural Responsiveness Working Group conducted and invited staff to participate in an internal learning series that afforded connection and humble inquiry, and aided in identifying ways to integrate equity in our work. This group also led a [2-part panel series](#) and revamped a [collection of resources](#) to support the mental health of refugee and asylee communities. In addition, view [our curated webpage](#) for resources promoting racial equity and cultural diversity.



2021 NEEDS ASSESSMENT

Building upon work in Year 3 to establish a cross-MHTTC standardized needs assessment, our 10 Regional Centers completed their survey of key stakeholders, mental health organizations and practitioners, and others in their regions. Questions focused on technical assistance and training needs, telehealth services, and culturally responsive care specific to Hispanic and Latino and American Indian and Alaska Native populations (the MHTTC Network's two national focus area centers). Our [report](#) focuses on key findings from 2,321 participants across the US states and territories.



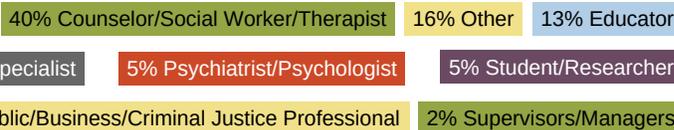
MHTTCS IMPLEMENTING CHANGE (MIC) STORIES

To illustrate the intensive Training and Technical Assistance projects our Network conducts around the country, we developed MHTTCs Implementing Change (MIC) Stories. This series features examples of implementation projects that led to a significant change in practice. 12 stories are related to School Mental Health projects, while the other 12 are related to general mental health topics, for a total of 24 stories. Access these special highlights [here](#).

GRIEF SENSITIVITY VIRTUAL LEARNING INSTITUTE (GSVLI) 2022

Our Grief, Loss, and Bereavement Coordination Group developed the Grief Sensitivity Virtual Learning Institute (GSVLI), a virtual, no-cost learning space designed for frontline workers (mental health and school mental health) supporting individuals experiencing grief and loss through COVID-19 and beyond. The first two GSVLIs were held in 2020 and the third round took place in February 2022, with 1,157 unique participants and 2,296 views across sessions. 97% of attendees were satisfied with the overall quality of the Institute and 86% indicated they would use the information gained in their practice. View GSVLI info and more [here](#).

AUDIENCE PROFESSION BY %



OUR NETWORK COLLABORATED WITH 350 ORGANIZATIONS AND OTHER TA CENTERS THIS YEAR

CRISIS CONTINUUM OF CARE

This year, our Network hosted 31 events related to the continuum of crisis services, including the role of peers in crisis, safety planning, mental health & social conditions in rural communities, suicide prevention, and intervention and postvention in primary & integrated care. On this topic we offer: on-demand webinars, evidence based print resources, online courses, and interactive data maps (illustrate county-level suicide rates and the availability of crisis intervention teams, emergency mobile services, and suicide prevention services). Access these resources and more [here](#).

SCHOOL MENTAL HEALTH INITIATIVE AND OTHER RESOURCES

In addition to our broad focus across mental health EBPs, our Network has one special initiative. View highlights from our School Mental Health Initiative by clicking below.

- [School Mental Health Year End Highlights](#)

To access additional MHTTC activities and resources, visit the [Training and Events Calendar](#) and [Products and Resources Catalog](#) on the [MHTTC website](#).

VOICES FROM THE FIELD



"The information I've received was so powerful! Not only will I be able to use this in my work, but in my life and with my family and friends."

"My mind is blown with regard to how enlightened and on fire I am to share the knowledge and perspectives I have gained with others."

"Every session was so engaging and made me understand not only my emotions, but how I can be present and bear witness with others."

"I was super impressed with the knowledge and high quality of the presenters' experiences, both professional and personal. To a person, they were relatable, vulnerable and wise."

KEEP IN TOUCH WITH US!

- [Follow us on Facebook](#)
- [Follow us on Twitter](#)
- [Sign up for our newsletter](#)

QUESTIONS?

Contact your Regional Center or National Focus Area Center Visit www.MHTTCnetwork.org and click on 'Your MHTTC'

You may also contact the MHTTC Network Coordinating Office at networkoffice@mhttcnetwork.org

