



YEAR IN REVIEW

August 15, 2021- August 14, 2022



National American Indian and Alaska Native Mental Health Technology Transfer Center

The National American Indian and Alaska Native MHTTC works with organizations and treatment practitioners involved in the delivery of mental health services to American Indian and Alaska Native individuals, families, and tribal and urban Indian communities to strengthen their capacity to deliver effective evidence-based and experience-based practices. This includes the full continuum of services spanning mental illness, prevention, treatment, and recovery support.

Events: **48**

Unique website users: **9,728**

Participants: **2,159**

Downloaded files: **222**

Highlights

Urban Indian Health Program COVID-19 Needs Assessment Townhall

- ◇ Leaders from Urban Indian Organizations (UIOs), SAMHSA, IHS, and the Native Center for Behavioral Health (NCBH) hosted a special Town Hall to discuss findings and define actionable steps to address the needs identified in the recent Qualitative Needs Assessments of Urban Indian Health Programs and Behavioral Health Providers Serving AI/AN Populations Pre- & Mid-COVID.

August 15, 2021- August 14, 2022

- ◇ 25 events
- ◇ 1175 participants
- ◇ 341 Post-Event surveys completed

Demographics

- ◇ 51% American Indian/Alaska Native
- ◇ 27.96% White
- ◇ 8.14% Hispanic/Latino
- ◇ 6.06% Black
- ◇ 1.03% Native Hawaiian/Pacific Islander
- ◇ 3.10% Missing/Other

Products



K-12 School Supplement Highlights

The NAIAN MHTTC also has a **K-12 School Mental Health Initiative**, which is committed to providing culturally informed, evidence-based and experience-based programs and services to support Native students' spiritual and emotional wellbeing. We provide a forward-thinking approach that gives respect to their identity, culture, and sovereignty.

K-12 Highlights

Sacred Seeds: Curriculum and training for IEP Advocates serving AI/AN youth

- ◇ After years of planning, in July 2021, we began working with COPAA, the Coalition of Parents, Advocates, and Attorneys to develop a curriculum and training for parents, guardians, and community members serving Native youth attending public schools, Tribal Controlled Schools and BIE schools. Sacred Seeds is one of a kind introductory course to Special Education Advocacy for those serving AI/AN students with disabilities.

K-12 Products



August 15, 2021- August 14, 2022

- ◇ 23 events
- ◇ 984 participants
- ◇ 238 Post-Event surveys completed

Demographics

- ◇ 63.56% American Indian/Alaska Native
- ◇ 14.98% White
- ◇ 7.69% Hispanic/Latino
- ◇ 5.7% Black
- ◇ 12.15% Native Hawaiian/Pacific Islander
- ◇ 4.45% Missing/Other

Full Grant Feedback

More than 96% of participants would recommend events and more than 95% of participants have been satisfied or very satisfied with our events.

“I enjoyed learning about national resources that families can use in the event of a crisis. I have a variety of teens and adults that need additional services when they discharge from my program.”

“It was useful knowing that others have experienced some of the same challenges I have and they've found ways to incorporate/collaborate to implement the services/resources/support the students needed. Very Hopeful!”

“Everything was useful, I am just entering this field as a SUD Counselor trainee for my tribes.”

“I appreciate the knowledge of the presenter and the comments and input from the attendees helps to amplify that.”