
The New England MHTTC is one of 10 regional Centers funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Our mission is to support the dissemination of evidence-based mental health practices across Health and Human Services (HHS) Region 1, which includes the states of Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Our team is led by the Yale Program for Recovery and Community Health, in partnership with the Harvard Department of Psychiatry, and C4 Innovations. Our activities are guided by a robust advisory team consisting of people with lived experience, direct care practitioners, family advocates, and organizational and state leaders. Collectively, these partnerships support our efforts to address mental health priorities across the lifespan in a manner that is responsive to the needs of all stakeholders.

The New England MHTTC offers training and technical assistance and develops and disseminate tools to promote the adoption of recovery-oriented practices across the behavioral health workforce. We also curate resources to meet the needs of a broader audience of critical partners including educators and school leaders, individuals and families, people with lived experience, community-based organizations, nonprofits, governmental agencies, and faith-based institutions.

The content and process of our work is grounded in our Guiding Principles on Resilience and Recovery. Consistent with these principles, we take an equity-minded approach to recovery-oriented care which recognizes that even the most progressive treatment systems exist within a social context where people of color and other historically marginalized groups often experience—both individually and collectively—an additional layer of trauma that has devastating consequences on their health and well-being.

Read our Year Four At-A-Glance Summary to learn more about the collaborations, products, resources, and services developed this year as a part of our efforts to respond to the COVID-19 pandemic and offer development opportunities related to the foundational practices that support recovery from mental illnesses.
Year 4: Events and Products

**Area of Focus: Recovery**

We provide training and technical assistance and develop and disseminate tools to promote the adoption of recovery-oriented practices across the behavioral health workforce.

New England MHTTC products included webinars, infographics, podcasts, resource guides, toolkits, and e-newsletters. In Year 4, we continued to support and enhance the region’s capacity to provide recovery-oriented practices. We engaged leaders with lived experience and brought together experts in crisis services, individual and organizational well-being, peer support, trauma-informed care, school mental health, and tribal behavioral health to share promising practices.

**Better Together: Our BIPOC Strategic Outreach Initiative**

The New England MHTTC continued to prioritize outreach to BIPOC individuals and communities in Year 4. This is an intentional engagement strategy that strengthens our efforts to support the mental health and workforce of historically under-served communities in culturally responsive ways. Features of our Better Together initiative included:

- Feedback opportunities, including listening sessions, surveys, and interviews, to help us gather and distill the needs and perspectives of diverse individuals and communities in the New England region.
- A landscape scan to ensure an active directory of organizations in the recovery-oriented practice space with specific initiatives supporting individuals and communities of color.
- Development of a Racial Equity and Advancing Cultural Humility (REACH) for Organizational Change Learning Community.

Through our REACH Learning Community training and technical assistance efforts, we offer practical guidance and evidence-based materials to help individuals and teams gain strategies to help them develop an action plan to shift policies and practices to ensure cultural responsiveness and workplace equity within their agencies and organizations. Our trainings are specifically designed to support teams of staff members and/or individuals from the behavioral health, education, government, health care, and nonprofit sectors.

Our BIPOC outreach strategy extends specialized mental health, and well-being supports to our: REACH for Organizational Change initiative; to BIPOC students and community colleges; and our Wellness and Mental Health Among Hispanic/Latinx MHTTC. Through this proactive and positive training and technical assistance approach, we are addressing the multiple levels of cultural responsiveness needed for optimal behavioral health treatment, recovery, and care at the service delivery, provider, systemic, organizational, and treatment philosophy levels.

Year 4: Collaborations

Following are notable examples of collaborations integral to our Year 4 work:

**Regional Partners:**
- SAMHSA, Region 1 Office
- HRSA, Region 1
- New England Advisory Team
- New England Addiction Technology Transfer Center
- New England Prevention Technology Transfer Center

**New England MHTTC representation on MHTTC-wide and TTC-wide workgroups**
- Cultural Responsiveness: *Chair and Members*
- Evaluation Special Interest Group: *Members*
- Dissemination and Implementation: *Members*
- Early Psychosis: *Members*
- Healing School Communities: *Members*
- Implementation Practices: *Members*
- Workforce Development: *Chair and Members*

**Notable Presentations:**
- 53rd New England School of Addiction and Prevention Studies
- Annual Conference on Advancing School Mental Health

For more information on the New England MHTTC, contact us at newengland@mhttcnetwork.org.