The Mid-America Mental Health Technology Transfer Center (MHTTC) provides training and technical assistance in integrated primary care, school mental health, serious mental illness, and behavioral health workforce development across Nebraska, Iowa, Kansas, and Missouri (HHS Region 7).

This report provides an overview of Year 4.

Overview

With new pandemic protections in place in Year 4, the Center was able to travel again for conferences and trainings. Travel proved to be a beneficial opportunity for catching up with colleagues, forming new connections, and growing organizational reach by facilitating sessions and presenting posters. The Center’s impact was extended even further by the addition of new courses to KS-TRAIN (an affiliate of the TRAIN Learning Network) and HealtheKnowledge. The addition of these platforms allow the Center to reach new audiences and make evidence-based mental health practices even more accessible than before.

By the Numbers

- 89.42% — surveyed trainees satisfied or very satisfied with Y4 trainings
- 5,312 – number of times products + resources were accessed online
- 141 – new products + resources available online
- 104 – total events held
- 4,262 – total trainees
Interated Primary Care Technical Assistance

Technical assistance is a core component of the Mid-America MHTTC. In the past year, Integrated Primary Care Director Dr. Holly Roberts continued our efforts to provide in-depth technical assistance (TA) by working with 10 healthcare organizations from across the United States. Within these 10 organizations, Dr. Roberts provided TA to 20 organization recipients. These sessions allowed for the organizations to hold pointed conversations on the implementation and improvement of integrated primary care practices, as well as discuss workforce expansion within the field. TA was provided to the following organizations:

- Angel Kids Pediatrics (Jacksonville, FL)
- Eastern Michigan University Clinical Psychology Department (Ypsilanti, MI)
- University of Michigan Pediatric Psychology (Ann Arbor, MI)
- University of South Florida Departments of Counseling and Pediatrics (Tampa, FL)
- Children’s Mercy Hospital (Missouri)
- Bridges Behavioral Wellness and WestEd Health and Justice (Tampa, FL)
- Tidal Integrated Health (Greenville, NC)
- Bluestem Lincoln Integrated Care (Lincoln, NE)
- York Medical Clinic (York, NE)

Standout Trainings/Resources

- ARC for Professionals Workbook
  - 664 downloads
- Healing Roots: Considerations for Mental Health Accessibility and Delivery of Services Across Tribal Communities (Webinar Series)
  - 61 total toolkit downloads
  - 146 total attendees
- Implementing ACT in Kansas (Webinar Series)
  - 221 total attendees
- Leadership Institute Community of Practice
  - 75 total attendees

Online Reach

Website Statistics

- 18,289 Users
- 48,974 Pageviews
- 26,515 Sessions

Graph showing online reach from Year 1 to Year 4 with user counts for Facebook, LinkedIn, and Twitter.