

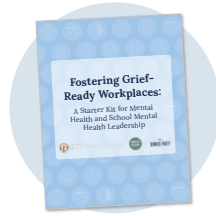


PRODUCTS DEVELOPED



CORE

Ripple Effects: The Impact of Anti-API Violence on Asian American and Pacific Islander Behavioral Health Providers in California



SCHOOL MENTAL HEALTH

Fostering Grief Ready Workplaces A Starter Kit for Mental Health and School Mental Health Leadership



WELLNESS

Trauma-Informed Expressive Arts Therapy Toolkit



TOP 5 MOST VIEWED VIDEO PRODUCT PAGES

1. Trauma-Informed Expressive Arts Therapy Toolkit (March 15, 2022)
2. Fostering Grief Ready Workplaces: A Starter Kit for Mental Health and School Mental Health Leadership (March 30, 2022)
3. School Mental Health Crisis Leadership Lessons: Voices of Experience from Leaders in the Pacific Southwest Region (June 8, 2020)
4. Trauma-Informed Suicide Prevention for Educators: Stories, Science, and Strategies (April 4, 2019)
5. Culturally Responsive and Socially Distanced Suicide Prevention: Safety Planning and Other Resources in Pandemic Times (August 5, 2020)



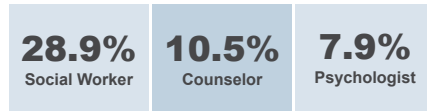
TOP 5 DOWNLOADED PRODUCTS

1. Telehealth Clinical and Technical Considerations for Mental Health Providers (May 19, 2020)
2. HIPAA and FERPA Laws: A School Mental Health Navigation Tool for Pacific Southwest States of Hawaii, California, Nevada, and Arizona (January 17, 2019)
3. Trauma-Informed Expressive Arts Therapy Toolkit
4. Assessing Workforce Diversity: A Tool for Mental Health Organizations on the Path to Health Equity (December 20, 2018)
5. Family Navigator Model: A Practice Guide for Schools (February 26, 2019)

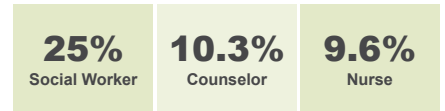
RESPONDENT PROFESSIONION



CORE



SCHOOL MENTAL HEALTH



WELLNESS

WELLNESS WORK



Resilience Oriented Approaches to Provider Self-Care

Cultivating Our Best Selves as Behavioral Health Care Workers



Culturally Responsive, Self and Communal Care

Peer Wellness Supports for Healthcare Providers



Stress Management/Burnout Prevention and Professional Community Building

Peace from Anxiety Learning Series, Book Club, Small Coaching for Teams and Summer Check In and Reboot

PARTICIPANT FEEDBACK

“ This event gave me space to connect with other API professionals and unpack and release some of the racial trauma that is collectively and individually being experienced by ourselves and our community. It was a much-needed healing space where I felt very connected to other despite the online format and the fact that it was essentially a room full of strangers. The lead facilitator was excellent.

Participant, Reflection and Renewal Circles: A Space for AANHPI Providers

“ Meeting regularly allowed us to connect as a community of practice in support of the AWARE grant across the southwest region. We were able to share our triumphs and challenges in order to learn from one another. This connection was invaluable to the work I am doing to support grant deliverables.

Participant, Region 9 Project AWARE CoP

“ [T]his was a great way for me to build in a break for self-care and community building which helps me relieve some of that work stress. I liked how [the book] connected personal mental health to larger social structures.

Participant, Peace from Anxiety Book Club



TARGETED TA



GPRA EVENTS

36 CORE | 20 SMH | 8 WELL



GPRA EVENT PARTICIPANTS

1208 CORE | 1896 SMH | 720 WELL



GPRA SURVEY RESPONDENTS

387 CORE | 693 SMH | 188 WELL



88.1%

of survey respondents expect to use the information gained

Y4 LEARNING COHORTS:

» CORE & SMH Partnered Series

1. Motivational Interviewing (MI) in July
2. Pacific Southwest School and Mental Health Grief Readiness Series
3. Rising Practices & Policies in our Workforce: Region 9 Pacific Southwest MHTTC's Spring & Summer Learning Series 2022

» CORE

1. Achieving Whole Health: Balancing Body, Mind, and Spirit
2. Bold Conversations
3. Leadership Practice Community
4. Soul Ties Circle: A Black Affinity Group Experience
5. Workforce Diversity Leadership Community
6. Youth Advocacy Leadership Academy; Pacific Islands, Region 9 and National Cohorts

» SMH

1. Cultivating Our Best Selves as School Administrators
2. Region 9 Project AWARE Community of Practice
3. SMH Champion Learning Collaborative
4. Trauma and Grief Component Adolescent Therapy Learning Collaborative

» WELLNESS

1. Cultivating Our Best Selves as Behavioral Health Care Workers
2. New Year, New Approaches to Anxiety Learning Series
3. Peer Wellness Supports for Healthcare Providers

ADVISORY BOARD

We have an operating Advisory Board that meets quarterly. Below are the number of representatives by state/region.



MHTTC NATIONAL NETWORK COLLABORATIONS

Our region is excited to be a part of numerous collaborations with the NCO.



WORKGROUPS

» CORE

1. Dissemination & Implementation Science
2. Workforce Development
3. Cultural Responsiveness
4. Mental Health & Equity
5. First Episode Psychosis
6. Evaluation
7. Grief Counseling

» SMH

1. Healing School Communities
2. Grief Counseling



NATIONAL EVENTS & PROGRAMMING

- » Grief Sensitivity Virtual Learning Institute 2022
- » The Mental Health of Refugee and Asylee Communities



Pacific Southwest
MHTTC

» | NATIONAL PRODUCTS

- » The Mental Health of Refugee and Asylee Communities, 2-day event series recordings
- » Grief Sensitivity Virtual Learning Institute program recordings, Faculty Curriculum Vitae and Resources and 2022 summary report
- » Youth & Young Adult Tip Sheets: Self-Care; Ethics and Boundaries; Trauma Informed Youth Peer Support Brief