

Here are some additional resources shared in the chat during Session 2:

An educational offshoot of Lisa Dion training <https://synergeticeducation.com/>

Another great Dr. Perry resource can be found on PBS: <https://www.pbs.org/show/cetthinktv-education/collections/stress-trauma-and-brain-insights-educators/>

iChill is a great (free) app for self-regulation practices created by Elaine Miller-Karas and can be found here: <https://www.ichillapp.com/>

Two great new books with lots of awesome TI approaches are:

- The Classroom Behavior Manual: How to Build Relationships with Students, Share Control, and Teach Positive Behaviors by Scott Ervin
- Intentional Neuroplasticity by Dr, Lori Desautels.